



COUNTY OF YOLO

Health and Human Services Agency

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HEALTH ADVISORY

To: All Healthcare Providers
From: Yolo County Health and Human Services Agency Public Health
Dr. Larissa May, MD, MSPH
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Subject: COVID-19 Healthcare Provider Updates

COVID-19 Clinical Diagnosis and Contact Testing Updates October 10, 2020

SITUATION UPDATE

This Cold and Flu Season will be challenging due to the presence of multiple respiratory viruses co-circulating, which will complicate the diagnosis of COVID-19. Families, schools, and businesses are relying on medical providers to help differentiate COVID-19 from other respiratory illnesses.

MAKING A CLINICAL DIAGNOSIS OF COVID-19

A clinical diagnosis of COVID-19 is made when the following conditions have been met, in the absence of a confirmatory lab test.

1. All suspected cases of COVID-19 should be tested.

- If your facility is experiencing a shortage of testing supplies, contact the MHOAC (530-321-3620)
- There is currently no shortage of testing capacity in Yolo County. If your facility cannot perform COVID testing, refer to the county testing website for current public testing sites: <https://www.yolocounty.org/health-human-services/adults/communicable-disease-investigation-and-control/novel-coronavirus-2019/coronavirus-testing/>.

An updated testing schedule shall be sent by CAHAN every month. Please find linked below the October testing schedule in English and Spanish which may be printed and provided to beneficiaries by providers.

- [Testing Schedule October \(English\)](#)
- [Testing Schedule October \(Spanish\)](#)

- Consistent with CDC testing guidance (see Resources below), Yolo County strongly recommends that all close contacts of confirmed or probable cases be tested, even if they are asymptomatic.

2. Making a clinical diagnosis of COVID-19:

- COVID-19 test is negative or not completed
- All other alternative diagnoses have been ruled out by testing
 - This includes:
 - Respiratory Viral Panel (RVP)
 - Rapid Flu
- Clinical Criteria:
 - At least two (2) of the following symptoms:

Davis
600 A Street
Davis, CA 95616
Mental Health (530) 757-5530

West Sacramento
500 Jefferson Boulevard
West Sacramento, CA 95605
Service Center (916) 375-6200
Mental Health (916) 375-6350
Public Health (916) 375-6380

Winters
111 East Grant Avenue
Winters, CA 95694
Service Center (530) 406-4444

Woodland
25 & 137 N. Cottonwood Street
Woodland, CA 95695
Service Center (530) 661-2750
Mental Health (530) 666-8630
Public Health (530) 666-8645

- Fever (measured or subjective), chills, rigors, myalgias, headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose
- OR
- Any one of the following symptoms:
 - Cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder
- OR
- Severe respiratory illness with at least one of the following:
 - Clinical or radiographic evidence of pneumonia (often with ground glass opacities)
 - Acute respiratory distress syndrome (ARDS)
 - Have no other reasonable etiology explaining symptoms

REPORTING SUSPECT/CLINICALLY DIAGNOSED COVID-19:

Under Title 17 all suspected COVID-19 cases must be reported to Yolo County Public Health.

- Use the COVID-19 CMR (link) or report through the CalREDIE Provider Portal
- Submit clinical notes and all lab results relevant to the COVID-19 workup
 - If not provided, members of the Yolo County COVID team will contact you to request them for clinically diagnosed cases
- Reporters must include under the “Occupation Field”
 - Occupation, including worksite name,
 - For School community, identify
 - Student or staff (job title)
 - School name
- Suspect (clinically diagnosed cases with no laboratory confirmation) will not be included in the official COVID-19 case counts reported publicly on the Yolo County Dashboard.

PLACE ALL CONFIRMED/SUSPECTED/CLINICALLY DIAGNOSED PATIENTS ON ISOLATION

Providers must educate all patients receiving a lab confirmed or clinical diagnosis of COVID-19 information on the Yolo County Isolation Orders and provide instructions for isolation or quarantine ([Instructions for Home Isolation and Health Monitoring](#); [Instructions for Home Quarantine and Health Monitoring](#)).

- Umbrella Orders of Isolation orders that were signed into effect, July 24, 2020. (See Resources Below)
- Umbrella Orders for Quarantine for close contacts were signed into effect July 24, 2020. (See Resources Below)

REQUESTING A CLINICAL CONSULT

To request a clinical consult, call the Yolo County COVID-19 Provider Line (530) 666-8614.

For urgent clinical or infection control matters contact the MHOAC at (530) 321-3620.

Defining Close Contact:

Close contact is generally defined as being within 6 feet for at least 15 minutes within the 14 days prior to symptom onset. While the general rule is 15 consecutive minutes, data relating to cumulative or consecutive close contact is imprecise, requiring thoughtful assessment of an individual’s risk based on the circumstances of exposure.

RESOURCES:

September 18, 2020 CDC Guidance Update recommending testing for all close contacts of confirmed or probable COVID-19 patients.

<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/contact-tracing.html>

[Yolo County COVID-19 CMR](#)

[Yolo County Order of Isolation](#)

[Yolo County Order of Quarantine](#)