



# COUNTY OF YOLO

Health and Human Services Agency

*Karen Larsen, LMFT*  
Director

Aimee Sisson, MD, MPH  
Public Health Officer

MAILING ADDRESS  
137 N. Cottonwood Street • Woodland, CA 95695  
www.yolocounty.org

## Yolo County Health Advisory

**Date: November 19, 2020**

**To: Yolo County Residents, Employers, and Employees**

**From: Dr. Aimee Sisson, Health Officer**

**Subject: Self-Quarantine after Travel**

Cases of COVID-19 are increasing worldwide, including in the United States, in California, and in Yolo County. However, not all areas are equally impacted by disease increases; currently, California's COVID-19 prevalence is relatively low compared to other parts of the United States. Based on possible exposure to COVID-19 during their travel, Californians who travel to areas outside California with higher COVID-19 rates pose a risk to California communities when they return to their homes.

On November 13, 2020, the California Department of Public Health (CDPH) issued a [Travel Advisory](#) to all Californians. CDPH's Advisory is a recommendation, not a mandate. The Advisory recommends that anyone arriving in California (including California residents) after non-essential travel to another state or country should self-quarantine for 14 days upon arrival. During this self-quarantine, CDPH recommends that persons limit their interactions to their immediate household.

This Health Advisory is being issued to provide clear guidance to all Yolo County residents, employers, and employees who travel for any reason. **In general, travel is discouraged unless absolutely necessary.**

**The Yolo County Health Officer recommends that any person who returns to Yolo County after travel to a higher-risk area outside of California should quarantine in their place of residence for 14 days upon their return.**

- This is a recommendation, not a requirement.
- Individuals should quarantine regardless of the purpose of their travel. The risks presented by essential and non-essential travel are identical.
- Yolo County is currently in the most restrictive Purple tier of the State's Blueprint for a Safer Economy, and CDPH considers COVID-19 transmission to be widespread in the Purple tier. Most of California's counties are also currently in the Purple tier. Since Yolo County is at the same risk level as the rest of California, there is no need to quarantine after travel within California.
- Residents, employers, and employees are advised to reference maps of COVID risk level *before* travel to make informed decisions and *upon return* from travel to determine the need for quarantine. Be sure to use a map that presents average daily cases or case rate for the previous one to two weeks, rather than total cases to date, in order to show current risk levels. If the risk level of the destination is higher the risk level in Yolo County, quarantine is recommended. The world and US maps [here](#) are user-friendly.
- A negative test during an individual's quarantine period does not shorten the 14-day quarantine period.
- Instructions for quarantine are available on the Yolo County website in: [English](#), [Spanish](#), and [Russian](#).

### Davis

600 A Street  
Davis, CA 95616  
Mental Health (530) 757-5530

### West Sacramento

500 Jefferson Boulevard  
West Sacramento, CA 95605  
Service Center (916) 375-6200  
Mental Health (916) 375-6350  
Public Health (916) 375-6380

### Winters

111 East Grant Avenue  
Winters, CA 95694  
Service Center (530) 406-4444

### Woodland

25 & 137 N. Cottonwood Street  
Woodland, CA 95695  
Service Center (530) 661-2750  
Mental Health (530) 666-8630  
Public Health (530) 666-8645