



# COUNTY OF YOLO

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**FOR IMMEDIATE RELEASE**  
December 18, 2020

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## Yolo County Issues Revised Quarantine Order

(Woodland, CA) – Yolo County has adopted the California Department of Public Health’s (CPDH) recent quarantine guidance for COVID-19 and updated its [local Quarantine Order](#), that was initially announced on July 24 and later revised on October 27. Yolo County recognizes that a 14-day quarantine may pose a significant economic and mental health burden and may not be possible for certain workers.

Effective immediately, the updated Quarantine Health Order states that:

- Asymptomatic close contacts may discontinue quarantine 10 days after the date of last exposure without testing. All contacts released from quarantine before 14 days must:
  - Self-monitor for COVID-19 symptoms through day 14. If symptoms develop, they must immediately isolate and seek testing.
  - Wear a face covering and maintain at least 6 feet of distance from others through day 14.

There are 3 exceptions to the standard 10-day quarantine:

- Asymptomatic close contacts who are health care workers, emergency responders, or social service workers in the child welfare system or long-term care facilities may discontinue quarantine 7 days after the date of last exposure if a Polymerase Chain Reaction (PCR) test performed after day 5 post-exposure provides a negative result.
  - This 7-day-with-negative-test approach should only be used during staffing shortages.
  - Contacts must wear surgical face masks at all times during work and continue to wear face coverings when outside the home through 14 days after their last exposure. They must also self-monitor for COVID-19 symptoms through day 14 and immediately isolate and seek testing if symptoms develop.
  - Contacts are released from quarantine only to work and to travel to and from work and must otherwise quarantine for 10 days as above.
- During critical staffing shortages (when patient care would otherwise be threatened), asymptomatic health care workers may continue to work after an exposure.
  - Contacts must wear surgical face masks at all times during work and continue to wear face coverings when outside the home through 14 days after their last exposure. They must also self-monitor for COVID-19 symptoms through day 14 and immediately isolate and seek testing if symptoms develop.
  - Contacts are released from quarantine only to work and to travel to and from work and must otherwise quarantine for 10 days as above.
- People who reside or work in high-risk congregate living settings (such as long-term care facilities, prisons, jails, or shelters) or people who reside or work with severely immunocompromised individuals

(such as bone marrow or solid organ transplant recipients or persons undergoing chemotherapy) must continue to quarantine for 14 days after an exposure or upon admission to the facility.

- The requirement for a 14-day quarantine is based on serious consequences of disease spread in this highly vulnerable population.
- Exceptions to the required 14-day quarantine for this population may be requested in writing from the Health Officer in cases of critical staffing shortages where continuity of operations is in jeopardy.

On December 14, the California Department of Public Health (CDPH) issued [COVID-19 Quarantine Guidance](#) based on the U.S. Centers for Disease Control and Prevention's updated recommendations to include options to reduce quarantine for contacts of persons with COVID-19. CDPH now allows people who have no symptoms to quarantine for only 10 days after a close-contact exposure to someone with COVID-19. CDPH limits the use of the 7-day quarantine period with a negative test to only certain health care, emergency response, and social service workers. CDPH also notes that there are settings, such as skilled nursing facilities, in which a 14-day quarantine period should be maintained.

The County will also be revising the local travel advisory to shorten the recommended self-quarantine period to 10 days. A useful calculator for determining end dates for isolation and quarantine periods is available at: [www.yolocounty.org/coronavirus-testing](http://www.yolocounty.org/coronavirus-testing). For additional information regarding COVID-19 visit: [www.yolocounty.org/coronavirus-roadmap](http://www.yolocounty.org/coronavirus-roadmap). For updates follow Yolo County on Facebook at: <https://www.facebook.com/YoloCounty/> or Twitter at: <https://twitter.com/YoloCountyCA>.

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