



# Yolo County Post-Vaccination Guidance

While mRNA COVID-19 vaccines have demonstrated high effectiveness in preventing severe and symptomatic COVID-19 cases, there is currently limited information on how much the vaccines might reduce transmission and how long protection lasts. At this time, vaccinated persons should continue to follow current guidance to protect themselves and others. However, vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet certain criteria.

## Current guidance for persons who are vaccinated:

1. Wear a mask that covers your nose and mouth and fits snugly against the sides of your face without gaps.
2. Maintain at least 6 feet of distance from those who you do not live with.
3. Frequently wash your hands with soap and water or use hand sanitizer.
4. Avoid crowds.
5. Avoid poorly ventilated spaces.
6. Cover your coughs and sneezes.
7. Follow CDC travel guidance.
8. Follow California Department of Public Health and Yolo County travel guidance, including guidance related to personal protective equipment use and SARS-CoV-2 testing.

## Vaccinated persons who were exposed to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet all of the following criteria:

1. Fully vaccinated (i.e., 2 or more weeks following receipt of the second vaccine dose in a 2-dose series, or 2 or more weeks following receipt of one dose of a single dose vaccine).
2. Have remained asymptomatic since the current COVID-19 exposure.

Persons who do not meet all three criteria should continue to follow current quarantine guidance after exposure to someone with suspected or confirmed COVID-19.

## Monitor your health:

- Fully vaccinated persons who do not quarantine should still watch for symptoms of COVID-19 for 14 days following an exposure.
- If you experience symptoms, you should be clinically evaluated for COVID-19, including get a COVID-19 test.

If you have any concerns or questions, please call your primary care doctor first. You can also call the Yolo County COVID-19 Response Operations Center Line at: (833) 965-6268 (833-YOLOCOV).