



# COUNTY OF YOLO

## Human Resources Department

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## POST-VACCINE CONSIDERATIONS

As Yolo County employees are vaccinated against the virus that causes COVID-19, Human Resources is proactively sharing this guidance on post-vaccination considerations. Systemic signs and symptoms, such as fever, fatigue, headache, chills, muscle aches, and joint pain, can occur following COVID-19 vaccination. COVID-19 vaccine trials indicate that most of these signs and symptoms are:

- Mild to moderate in severity,
- Occur within the first 3 days of vaccination (the day of vaccination and following 2 days, with most occurring the day after vaccination),
- Resolve within 1-2 days of onset, and
- Are more frequent and severe following the second dose and among younger persons compared to those who are older (>55 years).

**Cough, shortness of breath, runny nose, sore throat, or loss of taste or smell are not consistent with post-vaccination symptoms, and instead may be symptoms of COVID-19 infection.**

### CDC Suggested Approach

The scenarios described below apply to employees who have received the COVID-19 vaccination in the prior 3 days (including the day of vaccination, which is considered day 1), and are not known to have been exposed to COVID-19 in the previous 14 days.

**Symptomatic employees who are within 14 days of an exposure to COVID-19 should remain out of the work site and follow the County's [Guidance on How to Handle COVID-19 in the Workplace](#).**

**SCENARIO 1:** If an employee presents with FEVER, FATIGUE, HEADACHE, CHILLS, MUSCLE ACHES OR JOINT PAIN, the employee may return to work if:

- 1) They feel well enough to work; and
- 2) Do not have cough, shortness of breath, runny nose, sore throat, or loss of taste or smell.

**SCENARIO 2:** If an employee presents with COUGH, SHORTNESS OF BREATH, RUNNY NOSE, SORE THROAT, OR LOSS OF TASTE OR SMELL, the employee should be excluded from work and the department should follow the County's return-to-work guidance.

*Note: Positive viral tests for COVID-19 should not be attributed to the COVID-19 vaccine, as vaccination does not influence the results of these tests.*