

How to Wear a Face Mask



Masks should:

- Completely cover the nose AND mouth
- Fit snugly against the sides of the face without gaps
- Have two or more layers of washable, breathable fabric

Masks should be worn:

- Any time you are in public
- Any time you are traveling
- When you are around people you don't live with
- Inside your home if someone you live with is sick with symptoms of or has COVID-19



Yolo County
www.yolocounty.org/coronavirus



Layer two masks.

Layering a cloth mask over a surgical mask increases protection and reduces the number of droplets that come through the mask.



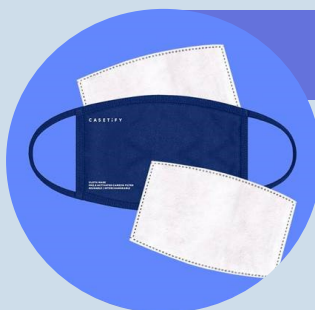
Knot and tuck.

This improves the fit of a medical mask. Knot the ear loops where they join the mask then tuck the extra material under.



Wear a mask with nose wires.

This helps to prevent air from leaking out of the top of the mask and lessens fogging, if you wear glasses.



Use a mask with a filter.

Adding a filter acts similarly to a surgical mask and helps lower the transmission of airborne droplets.