

## Local Mental Health Board Meeting

Monday, December 6th, 2021

Online/Call-in ZOOM

Members Present: Robert Schelen, Carol Christensen, Brad Anderson, John Archuleta, Aleecia Gutierrez, Nicki King, Nicholas Birtcil, Sue Jones, Maria Simas

Members Absent: Xiaolong Li, Jonathan Raven, Robin Rainwater

### CALL TO ORDER

1. **Welcome and Introductions:** meeting called to order at by Board Chair, Nicki King at 6:05pm
2. **Public Comment:**
  - Richard B-son had a crisis Thanksgiving continued through Friday. Tried to get intervention and was unable to get anything. Very disappointed he couldn't get care during thanksgiving. Called main number for help was giving alternative for calling 911 was crisis not emergency so he didn't call. Apparently, he independently called a number access crisis line which allowed him to vent. Referred him to another line which was not active the day after thanksgiving. 1st call they hung up second call they answered and then did not receive a call back. Tried calling therapist and was out of office. They got back to him Monday which was helpful. A grievance has been submitted. Found a number for Crisis Co-responder number, the person who answered didn't know anything about Madelyn or crisis team. A lot of partners that work on the team, but the coordination needs some improvement. Wife was on board for 6 years; I was on for 6 or 7 years I thought we were doing a little better. Needs better coordination. 911 should know number, and not refer us back to a number that's unmanned on weekends and Holidays. Need an alternative to call someone. It's well known that there is an increase in crisis on the weekend.
  - Lynda Kaufman- We are starting to open up our RCFE for elderly focusing on those with schizophrenia
  - Petrea Marchand-would like to know when the revised evaluation report will come back to mental health board?
3. **Chair Report:** Nicki would like to acknowledge Antonia is leaving the board. She is a valuable member of the board important her participation has been moved for unanimous vote unless there is an objection or abstain that we acknowledge the contribution. Greater understanding of the consumer. Maria has learned so much from Antonia valuable member of the team. Consumer prospective gives great insight. Options for next year's meetings. Meeting moved to 4<sup>th</sup> Thursday. Meet 1 meeting a quarter since we have had more public participation. Is there a possibility of having a hybrid meeting? They seem to go very well.
  - Maria-in one aspect it's nice that we rotate because it allows different prospective from other communities. Some by zoom but it's nice to be in same room see faces so a hybrid calendar would be nice.
  - In summer months it's easier to meet in locations. Winter its more difficult because of weather and driving in dark.

- John-The idea of moving around may be antiquated if we have access to meetings through ZOOM.
- Brad-In person meetings we would all have to wear masks; we have a new variant coming out we might want to table the discussion until we know what this variant is going to do.

**4. Approval of Agenda:**

Yea "I"	Nay	Abstention
9	0	0

Motion: Passed

**5. Approval of AB 361-Brown Act:**

Yea "I"	Nay	Abstention
9	0	0

Motion: Passed

**6. Approval of Minutes:**

Yea "I"	Nay	Abstention
9	0	0

Motion: Passed

7. **Member Announcements:** none

8. **Correspondence:** Letter of Resignation received from Antonia Tsobanoudis

**Time Set Agenda:**

9. **Naming Opportunity** presented by Sheriff Lopez

10. **Data Notebook** presented by Mila Green Data Notebook every year we get CBHPC they are asking for data from each county. Collected from all over the state. Structured questionnaire, all related to Behavioral health delivery. This year we are focusing on racial inequities, last year they focused on telemedicine. We pulled together the relevant data and review before we submit tomorrow morning. Meets legal mandate, serves as educational resource, it allows you all to weigh in and to stimulate conversation on unmet needs and give recommendation.

**Consent Agenda**

11. **Mental Health Directors Report:** Presented by Karen Larsen

- Crisis Now-crisis now is exactly why we are trying to expand our crisis continuum. It's also why nationally they are adopting the 988 number, starting in July. Our local system is working to have the 24/7 coverage. Our access line is available 24/7 but we could do better if we had an access line that could have kept him online or dispatched someone to go out and talk to him in person. The hope is that the system will be going out for RFP at the beginning of the year.

- Public Media Campaign-we partner with DA office seen significant overdose on Fentanyl overdoses. Pretty frantic. We are working a harm reduction campaign and working with DA office on that.
- Project Room Key Homekey-Nicki-read about the use of shelter at the migrant facility, is that way down on Mace Blvd. It seems like a tough place to get people to and from. It was unused during winter hours. It's not the prime location but we are navigating on how to get people there and back. There aren't even any sidewalks going out that far. To help homeless during times of COVID for safe place for quarantine. Is there data on how many contracted COVID, we had plenty of people coming into the hospital unhoused and we helped them. Most did not have COVID and most were 60 and over. Those were most at risk especially if they had additional health issues.
- MHSA Surplus-will bring to BOS at January meeting so they know what surplus is and what our intentions are for spending. Will come back to this board for sharing what our plan is. What we got from other stakeholders if reflected on the slide. Anya-is there going to be a more community involved process for the proposals, there is another QG and it will be discussed then. We always want to continue a percentage has to go to CSS some has to go to kids. We still walk a fine line even with the surplus Will HHS provide more information about what you're planning on funding with the extra.
- K-12 Contract can be used for curriculum development for MH topics. Offering curriculum for Jr high could even be an optional offering that all students have access to. They had rally type outreach and education for general population wants to see if there is the develop curriculum for base help or coping mechanisms. Sounds like youth First Aid Trainer. Would hate to water down mental health to the student, Karen will connect with Aleecia after to discuss.
- Pinetree Gardens Ad Hoc- going to board tomorrow about all the things going on at both homes. All progress and plans. Not only about PTG but our desire to have more board and care so our residents don't have to go elsewhere.
- No Place like Home-we have two NPLH developments we opened or first in West Sacramento, and our second will open in woodland. Its open we have 85 permanent housing, we have stopped PRK/Home key and those people would be moving into NPLH. For West Sac development most, people will be from existing Roomkey/Homekey. Not all but a good portion. Some will come from other places in Yolo County.

## Regular Agenda

1. **Board of Supervisors Report:** presented by Supervisor Provenza number of things board is active and committed on mental health. We did receive a proposal for spending \$500,000. Reconsidering reallocations if the additional 3 million were to come up. We are hearing a report on Pine Tree Gardens if you can tune in. We will hear a report on progress of two houses. If you're interested in this area, I encourage you to join, Under MHSA the board asked for workshop for allocating funds with board input. Looking at January or February for that meeting. The amount is for ½ of MHSA allocations. Large amount which is why they wanted the board to weigh in.

2. **Criminal Justice Update:** none
3. **Public Comment on Agenda Items:** none
4. **Future Meeting Planning and Adjournment:**
5. **Next Meeting:** January 24<sup>th</sup>, 2022

Meeting Adjourned: 8:00pm