

**Local Mental Health Board Special Meeting**

**Wednesday, February 16<sup>th</sup> 2022 at 6pm**

Online/Call-in ZOOM

Members Present: Maria Simas, Beverly Sandeen, Serena Durand, Nicki King, Inesita Arce, Sue Jones, Carol Christensen, John Archuleta, Robert Schelen, Jonathan Raven, Brad Anderson, Robin Rainwater

**CALL TO ORDER**

1. **Welcome and Introductions:** meeting called to order at by Board Chair, Nicki King at 6:03 pm
2. **Public Comment:** none
3. **Approval of Agenda:** Bob Schelen Moved, Beverley Sandeen 2nd

<b>Yea "I"- 8</b>	<b>Nay-0</b>	<b>Abstention-2</b>
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Motion: Passed with amendments to the agenda order

4. **Chair Report: Karen's Departure**-Karen has been the Mental Health Director that Yolo County has ever had. She's done a phenomenal job at holding both positions as HHSA Director and Mental Health Director and we thank you for all of that including the Public Guardian role. Thrilled you are moving on to Steinberg Institute.

**Jonathan Raven**-20 years ago when I started, we did things much differently then we do now. We used to see people who committed crimes we would see as nails and you treat a nail with a hammer. Our office has evolved to find there are many other tools we can use. Many time crimes are driven by other issues. Karen was really one of the primary individuals that helped us evolve. She helped develop relationships with the DA office. We are looking for someone in the future to do what you have done to build the bridges and trust.

**Carol Christensen**-as a newcomer I have been blown away with all of the services offered in this county. A big reason I'm on the board is to help him and to bring my voice.

**Bob Schelen**-when I was board chair there were a carousel director that were found wanting. Previous directors were CYA, Karen was able to stop the carousel. She put the needs of the consumers first and so for that I thank her. I hope we can continue that friendship as she works with the Steinberg institute.

**Babs Sandeen**-as a former role as a council member in city of West Sacramento. She helped get us to understand the importance of supportive housing. We are so grateful for the legacy you leave. Thank you for everything you have done for all of us.

**Maria Simas**-your leadership has made a difference. You supported the consumers and have knowledge around their needs. Thank you so much for your service.

**Brad Finlayson**-thank you for all the support and friendship even before you became the director. You used to come to Cool Beans, and you were positive and supportive in many ways. You are great at your position. I could see a huge difference once you took over. There were significant changes.

**Linda Wight**-Never in my wildest dreams did I expect to know the name of a mental health director. More importantly, I never expected her to know me by name and always inquire about my loved one by name. Thank you for being an exceptional listener and caring so much!

## TIME SET AGENDA

### 5. **Chad Rinde reports the interim Director as Karlene Jakowski pending board confirmation Mental Health Director.**

We will recruit HHS Director first members of LMHB will be included in panel. If candidate possess the ability to hold both positions, they will also be appointed to Mental Health director if not a separate position will be recruited. Identify two reps from LMHB on panels moving forward. We are still identifying schedule for dates and timelines. Will be hiring recruiting firm to we have a broader reach.

### 6. **MHSA Spending Plan-Ad Hoc Committee Recommendation**

#### **Board Comment:**

**Babs Sandeen**-states committee met twice and feels comfortable moving forward

Sue Jones-any items we are unable to do no doesn't mean we won't be able to discuss and work on in future.

**Bob Schelen**-supports moving onward but urges us to keep issues in forefront. Believe we can do the things we are asking supervisors to do.

**Carol Christensen**-have come to a comfortable level of support.

**Jonathan Raven**-in support. One of Jonathan's concerns was with sustainability. Hearing what all of you said with feeling comfortable about it make me feel comfortable moving forward but leaving those issue we are not able to address now on the forefront.

**Karen Larsen**-MHSA Revenues are almost double what we are used to. It looks like we are underspending. We are only at about 20%. For ongoing services, we are recommending we didn't figure in Medi-Cal revenue we are able to draw down. So, we feel confident that these services are sustainable. Our people need us now. Capital improvements are nice, but we have people who are struggling and need to get into services now. Sooner the better.

7. **Approval the LMHB supports the proposed mid-year MHSA spending adjustments made to your Board by HHSa in addition to a public outreach and education effort to de-stigmatize housing for the mentally ill. At the time of the one-year amendments to the Yolo County MHSA plan, the LMHB encourages the BOS to include funding for one-time capital upgrades for existing housing from the mentally ill as recommended by NAMI in its**

<b>Yea "I" - 10</b>	<b>Nay-0</b>	<b>Abstention-0</b>
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Motion: Moved by Nicki, Second by Bob Schelen

8. **Public Comment on Motion:**

Linda Wight advocate for MH funds be used for housing in the county. Connect better linkage for correct amount of support.

**Teri Smyth**-CHOC co-owner of Homestead supportive housing. Supportive of funding for permanent supportive housing. Funding would help reduce operation cost and improve quality of life for the residents.

**Anya McCann**-Nami support for mid-year spending and thank you for supporting additional recommendations for public outreach process and encouraging the one-time upgrades. Everyone will benefit from the items on list.

**James McCloud**-Housing Director for Y3C-possibly doing energy efficient upgrades would benefit residents due to the fact they are the ones paying for their own power bill. Y3c divides by residents and give them the bill. We help with managing their usage, so we don't get gigantic bills. Inflation has practically priced them out of the market. Solar would help eliminate the power bill from hanging over their heads.

**Elizabeth from Farmhouse**-opportunity to ask to be apart of the funding that has become available. Built before 1965 and as a nonprofit we haven't been able to upgrade the house to make it more energy efficient. Extreme heat desperately affects the well-being of someone on psychiatric medications. Can affect their sense of thirst with medications they take. Leads to greater health issue. Having some funding to upgrade things like dual pane windows. Some clients affected by cold, many were affected by homelessness and cold can trigger PTSD for them.

9. **Naming Opportunity**-Board Recommends June Forbes and Lt. Tina Day for naming opportunity. Nicki will prepare a letter to forward to the Sheriffs office. Karen Larsen would like to note that she is in support of Lt. Tina Day as she is about to retire and has been a huge advocate for Mental Health Services.

## PLANNING AND ADJOURNMENT

1. **Next Meeting:** February 28<sup>th</sup>, 2022 at 6pm
2. Meeting Adjourned 7:25pm