

Yolo County Health Council

March 10, 2022

Minutes

ANTHONY VOLKAR, CHAIR
NICKI KING, CO-VICE CHAIR
CHESTER AUSTIN, CO-VICE CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING, COMMUNITY ROOM

25 NORTH COTTONWOOD STREET

WOODLAND, CA 95695

The Yolo County Health Council met on the 10th Day of March 2022 at 9:00 a.m. via video or teleconferencing.

VOTING MEMBERS PRESENT: Anthony Volkar, District 1; Ximena Diez-Jackson, District 2; Leon Schimmel, District 4; Valerie Olson, District 5; Nick Birtcil, At-Large Member; Michelle Famula, At-Large Member; Dawn Myers, Commission on Aging & Adult Services; Lori Duisenberg, First 5 Yolo; Jeneba Lahai, Yolo County Children’s Alliance; Nicki King, Local Mental Health Board; Keeley Albright, CommuniCare Health Centers; Jessica White, Elica Health Centers; Mark Ho, Kaiser Permanente; Chester Austin, Northern Valley Indian Health; Kathryn Power, Partnership HealthPlan of California; Deven Merchant, Sutter Health; Margaret Trout, UC Davis; Stacey McCall, Winters Healthcare; Tandy Burton, Woodland Healthcare

VOTING MEMBERS ABSENT: Carri Ziegler, District 3; Pat Moore-Pickett, At-Large Member; Celeste Armstrong, EMCC

STAFF & GUESTS PRESENT: Jill Perez, Chief Deputy County Administrator; Supervisor Jim Provenza, District 4; Sara Simmons, Assistant Deputy to Supervisor Saylor; Aimee Sisson, Health Officer; Brian Vaughn, Public Health Director; Sherri Olswang, Woodland Healthcare; Mary Ann Limbos, Deputy Health Officer; Yong Xiong, HHSA; Karri Halcomb, HHSA; Steven Jensen, HHSA; Nilufar Ceyhan, HHSA; Lana Rossi, HHSA; Maria Duran, HHSA; Brielle Mansell, Legal Services of Northern California; Erika Roshanravan, CommuniCare Health Centers

9:00 A.M. CALL TO ORDER

The March 10, 2022 Health Council meeting was called to order at 9:01 a.m. by Anthony Volkar, Health Council Chair.

1. **WELCOME** – Anthony Volkar, *Chair*
2. **ROLL CALL** – *Yong Xiong, Secretary*
Roll call for voting members was taken and quorum was confirmed.
3. **CONSIDER APPROVAL OF AGENDA AND THE APPROVAL OF THE [FEBRUARY 10, 2022 MINUTES](#)** – Anthony Volkar, *Chair*
Motion: Nick Birtcil **Second:** Valerie Olson **Discussion:** None **Agenda Vote:** Unanimous
Minutes Vote: 18 Yes, 0 No, 1 Abstain, 3 Absent. Jeneba Lahai, Yolo County Children’s Alliance, abstained from voting as she did not attend the February 10, 2022 meeting.
4. **STATE AND COUNTY UPDATE** – *Jill Perez, Chief Deputy County Administrator*
 - Assistant County Administrator Daniel Kim submitted his resignation and March 11, 2022 will be his last day
 - Board of Supervisors is in the final stage of selecting a permanent County Administrator Officer and hopes to have an approval by the end of March 2022
 - Interim County Administrator Chad Rinde has appointed Nolan Sullivan to be the Interim HHSA Director
 - Recruitment for a permanent HHSA Director is in progress and a selection will be made in June 2022
 - Yolo County continues to work closely with St. John’s and Dignity Health to find a resolution to keep the new facility plans for Yolo Adult Day Health Center moving forward
5. **BOARD OF SUPERVISORS UPDATE** – *Sara Simmons, Assistant Deputy to Supervisor Don Saylor & Supervisor Jim Provenza, District 4*
 - American Rescue Plan (ARP) Mini Grant applications are available on the Yolo County website and due March 31, 2022
 - Board of Supervisors allocated funds after hearing from the ARP Child, Youth, and Family Workgroup
 - \$200,000 – Yolo County Office of Education for a Needs Assessment
 - \$2,200,000 – Implementation after a Needs Assessment
 - \$2,200,000 – Child Care subcategory
 - \$600,000 – Equity subcategory
 - \$300,000 – Child Welfare subcategory

- In April 2022, the Child, Youth, and Family Workgroup will make recommendations as to whether additional funds should go to Child Care and provide additional analysis regarding the Yolo Crisis Nursery proposal
- Supervisor Don Saylor's Soup's On event benefiting Davis Media Access will take place on April 21, 2022
 - Additional information can be found here: donsaylor.org/soups-on
- First 5 Yolo Welcome Baby program, which aims to help mothers and babies during the first few weeks postpartum, had its first patient and is expected to expand significantly

6. COMMUNITY HEALTH BRANCH (CHB) UPDATE – *Brian Vaughn, Public Health Director*

- Immunization Program received an additional \$2,800,000 in annual allocation to bolster efforts around vaccine preventable diseases
- State will allocate an additional \$500,000 annually to address Sexually Transmitted Disease problems
 - CHB has not yet received this funding because the State is working on a funding methodology
- Recruitment for the EMS Administrator position has closed and applications are currently being reviewed
- CHB is recruiting for Public Health Nurses so please refer applicants to the Yolo County employment website
- An update on data points regarding life expectancy and Human Development Index will be provided to the Health Council in the coming months
- Efforts to launch Health in all Policies will begin this summer (2020-2025 Yolo County Strategic Plan)
- Health Council members are encouraged to participate in the Mental Health Services Act Community Engagement Work Group on March 24, 2022 at 5:30 p.m.
- CHB will be using Version 2022 Standards and Measures for Reaccreditation to apply for and achieve Public Health Accreditation Board reaccreditation
- Department of Health Care Services has a proposal to enter into a direct, no-bid contract with Kaiser to provide services to Medi-Cal recipients
 - Partnership HealthPlan of California has significant concerns and is asking local entities to review the proposal and provide letters of recommendation or voice its concerns
 - Health Council members stated they are interested in learning more about the Kaiser no-bid contract
 - Health Council leadership will invite representatives from both Kaiser and Partnership HealthPlan of California to the next Health Council meeting

7. TOBACCO PROGRAM UPDATE – *Steven Jensen, Health Program Manager*

Summary of the items covered in the presentation: [New Tobacco Prevention Policies in Yolo County](#)

- Establish a minimum floor price to make tobacco less affordable for consumers
 - Sets a price per unit of a tobacco product
 - Prohibits the sale of tobacco products less than set price
 - Set above the market rate
 - Discourages substitution of tobacco products
- Prohibit the redemption of tobacco products to discourage youth and adult consumption
 - Retailers cannot run discounts, promotions, and redeem coupons
 - Eliminates price discrimination
- Establish a minimum package size for tobacco products to reduce tobacco use by raising prices
 - Food and Drug Administration requires that cigarettes be sold in packs of at least 20, but this regulation does not apply to other tobacco products
- Benefits of strong minimum price laws for tobacco products
 - Reduces the total amount of tobacco consumed, prevalence of tobacco use, initiation among youth, and tobacco-related health problems and deaths
- Benefits of a legislative policy vs. voluntary to ensure smoke-free multi-unit housing
 - Broach reach: all multi-unit housing tenants will be protected at one time
 - Permanent: will remain in effect if property changes ownership or new multi-unit complexes open
 - Uniform enforcement strategies: signage, lease addendums, and warning letter

8. COUNTY COVID UPDATE – *Dr. Aimee Sisson, Health Officer*

Summary of the items covered in the presentation: [Yolo County COVID-19 Update](#)

- County COVID-19 case rate is decreasing and no longer high
- County has substantial community transmission based on the CDC Indicators and Thresholds for Community Transmission of COVID-19
- COVID-19 hospitalizations are low
- Omicron remains the dominant variant
- County vaccination rate is near the state average
- Transition to a new phase of COVID-19 response has begun
 - Universal indoor masking
 - County is aligned with State masking recommendations and requirements
 - Masks are strongly recommended for all indoor public spaces
 - Masks are required for all healthcare, long-term care, shelter, correctional, and public transportation settings
 - K-12 schools and childcare
 - Universal indoor masking requirement remain in effect through March 11
 - Beginning March 12, masks will be strongly recommended for all indoors
 - Nobody can be prevented from wearing a mask
 - Differing levels of comfort with new masking guidance
 - Masks that fit and filter well provide excellent protection (N95, KN95, and KF94)
 - Respect for the choices of other is needed
- Effective treatments and prevention are available
 - Vaccination
 - Additional dose is available for immunocompromised patients
 - Pre-exposure Prophylaxis
 - Evusheld, a long-acting monoclonal antibody injection for the immunocompromised, is now available in Yolo County
 - Treatment after COVID-19 infection
 - Paxlovidoral antiviral within 5 days of symptoms
 - Sotrovimabmonoclonal antibody within 7 days of symptoms
 - Bebtelovimabmonoclonal antibody within 7 days of symptoms
 - Molnupiraviroral antiviral within 5 days of symptoms
- What does living with COVID-19 look like?
 - Fewer government mandates and more recommendations
 - Widely available treatments
 - Widely available home antigen tests
 - Monitoring wastewater for virus levels and new variants
 - Booster vaccinations as needed
 - Improved ventilation of indoor spaces
 - Masking and other interventions implemented as needed

9. COVID AD-HOC COMMITTEE UPDATE – Anthony Volkar, Chair

- The COVID Ad-Hoc Committee met on March 1, 2022 and discussed (1) forming a subcommittee to review the public health response to infectious diseases or (2) creating a data subcommittee
- The COVID Ad-Hoc Committee will meet again on April 5, 2022 to review its two subcommittee options and bring back a formal recommendation to the Health Council for a vote

10. CONTINUATION OF VIRTUAL HEALTH COUNCIL MEETINGS – Anthony Volkar, Chair

- A survey will be distributed to inquire if Health Council members are interested in in-person meetings, virtual meetings, or hybrid meetings

11. BURNOUT AWARENESS AND PREVENTION IN HEALTHCARE – Dr. Erika Roshanravan, CommuniCare Health Centers

Summary of the items covered in the presentation: [Burnout Awareness and Prevention in Healthcare](#)

- Trauma-Informed Care is an approach to care that promotes a culture of safety and empowerment to foster recovery and healing through safe and collaborative relationships
- Burnout, insomnia, anxiety, depression, and PTSD have all increased in healthcare workers (HCWs) during the COVID-19 pandemic
- COVID-19 pandemic has increased the potential for moral injury among HCWs
 - Moral injury occurs when HCWs feel they work in a system that does not allow them to care for their patients in the best way and they have little control over impacting patient outcomes
- Consequences for physicians experiencing burnout
 - Increased substance use
 - Relationship problems
 - Suicidal ideation
- Consequences of burnout for the healthcare system
 - Medical errors
 - Decreased patient satisfaction
 - Early retirement or career change leading to decreased workforce
- Healthcare burnout has increased during the pandemic
 - 2019: 35-54 percent of U.S. nurses and physicians had burnout symptoms
 - 2020: 76 percent of HCWs reported exhaustion and burnout
- What does not work in improving HCWs resilience and well-being?
 - Self-care programs solely focused on individual actions
 - Reliance on extrinsic motivators alone
 - One size fits all approach to wellness
- Levels of change needed to improve HCW well-being
 - Individual
 - Resilience and stress reduction training
 - Organizational
 - Addressing HCW's basic needs
 - Specialized training for new job roles
 - Recognition and communication from leadership
 - Addressing moral injury
 - Programs to encourage peer support and connection
 - Societal
 - Broad funding and policies to support enhanced mental health programs
- After the presentation, Health Council members shared the following ideas to address burnout awareness and prevention in healthcare:
 - Provide time each day for HCWs to catch up on work
 - Find coverage for time off so HCWs can take a vacation without stressing about the backlog of work waiting for them
 - Use medical scribe services to reduce documentation burden for healthcare providers
 - Share the content of this presentation with those who work outside of the clinical sphere (board of directors, administrators, and finance staff) so they can look at this issue from a long-range view and determine how to keep HCWs healthier (e.g., fund support services and/or medical scribe program)
 - Improve organizational communication and encourage employee input to find solutions
 - Rethink, reconsider, and reimagine the workplace (e.g., curtail time-consuming meetings, reduce time spent on e-mails, and adopt flexible work arrangements)
 - Provide support for HCWs who are coping with loss, grief, and bereavement

12. REPRESENTATIVE REPORT OUT & ANNOUNCEMENTS

- Chester Austin, Northern Valley Indian Health (NVIH)
 - Health fair on March 19, 2022 from 11:00 a.m. to 2:00 p.m. at NVIH Woodland located at 1280 E. Gibson Road, Woodland, CA 95776

- Kathryn Power, Partnership HealthPlan of California (PHC)
 - Current and former PHC members who apply and are accepted in the upcoming Sacramento City College community health worker training program may be eligible for up to a \$1,000 scholarship to be applied to tuition and direct educational expenses
 - Those interested in applying for PHC's community health worker scholarship will need to complete PHC's application by April 30, 2022
- Jeneba Lahai, Yolo County Children's Alliance (YCCA)
 - YCCA and partner organizations (Empower Yolo, Inc., RISE, Inc., and UC Davis Students VITA) are offering free tax preparation assistance for eligible families
 - Click on [VITA 2022: Voluntary Income Tax Assistance](#) for more information.
 - YCCA is planning community health fair(s) to address low vaccination rates in West Sacramento (zip code: 95605) and more information will be available at a future date

13. PUBLIC COMMENT

- No public comment

ADJOURNMENT

14. NEXT MEETING – April 14, 2022 at 9:00 a.m.

The meeting was adjourned at 11:02 a.m.

Respectfully submitted by:

Yong Xiong

Yong Xiong, Secretary
Yolo County Health Council