

COUNTY OF YOLO

Health and Human Services Agency

137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board

Regular Meeting: Monday, October 24th, 2022 6:00 PM–8:00 PM

Join Zoom Meeting

<https://us02web.zoom.us/j/82164661979?pwd=YkhmcGpiRkNoYmRKR1QxODFjQ0FRdz09>

Meeting ID: 821 6466 1979

Passcode: 644wP0

All items on this agenda may be considered for action.

CALL TO ORDER ----- 6:00 PM – 6:30PM

1. Public Comment
2. Approval of Agenda
3. Approval AB 361-Brown Act
4. Approval of minutes from [September 26, 2022](#)
5. Chair Report-Jonathan Raven
6. Member Announcements
7. Correspondence- [Brown Act Allowances & Membership: Veterans](#)

TIME SET AGENDA ----- 6:30 PM – 7:00 PM

8. K-12 School Partnership Project-Karleen Jakowski

CONSENT AGENDA ----- 7:00 PM – 7:30 PM

9. [Mental Health Director's Report](#) – Karleen Jakowski
 - a. [COVID-19 update](#)
 - b. ARP Rescue Plan Workgroups

Jonathan Raven
Chair

Xiaolong Li
Vice-Chair

Beverly Sandeen
Secretary

District 1
(Oscar Villegas)
Aleecia Gutierrez
Maria Simas
Beverly Sandeen

District 2
(Don Saylor)
Serena Durand
Nicki King
Inesita Arce

District 3
(Gary Sandy)
Sue Jones
John Archuleta
Warren Hawley

District 4
(Jim Provenza)
Carol Christensen
Robert Schelen
Jonathan Raven

District 5
(Angel Barajas)
Brad Anderson
Xiaolong Li
Robin Rainwater

Board of Supervisors Liaisons
Oscar Villegas
Jim Provenza

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

CONTINUED ON REVERSE

- c. CalAIM
- d. K-12 Services
- e. Upcoming [RFP](#)
- f. Public Media Campaign
 - a. Mental Health/Wellness
 - b. Overdose Awareness/Prevention
- g. Crisis Now
- h. Department of State Hospital Programs
- i. QM Audits/Reviews

REGULAR AGENDA ----- 7:30PM – 7:50 PM

- 10. Board of Supervisors Report – Supervisor Villegas and Provenza
- 11. Criminal Justice Update: MHC- Jonathan Raven
 - [Outcomes Report](#)
- 12. Public Comment- on tonight’s agenda Items

PLANNING AND ADJOURNMENT ----- 7:50 PM – 8:00 PM

- 13. Future Meeting Planning and Adjournment
 - Gina Daleiden will be here December 5th to present on First 5

Next Meeting Date and Location

Regular Meeting: No Meeting in November

Return: December 5th

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, October 21, 2022. Christina Grandison Local Mental Health Board Administrative Support Liaison Yolo County Health and Human Services

Local Mental Health Board Meeting

Monday, September 26th, 2022

Online/Call-in ZOOM

Members Present: Robert Schelen, Carol Christensen, Inesita Arce, Brad Anderson, Beverly Sandeen, Aleecia Gutierrez, Nicki King, John Archuleta

Members Absent: Jonathan Raven, Maria Simas, Warren Hawley, Robin Rainwater, Sue Jones

CALL TO ORDER

1. **Welcome and Introductions:** Meeting called to order by Board Vice Chair Xiaolong Lee at 6:08pm
2. **Public Comment:** none
3. **Chair Report:** No chair report received today, Jonathan Raven off.
4. **Approval of Agenda:** moved by Beverly Sandeen, 2nd by Aleecia Gutierrez

Yea "I"	Nay	Abstention
10	0	0

Motion: Motion to approve agenda passed with change to Time Set Agenda, Jorge Hurtado cancelled presentation.

5. **Approval of Brown Act:** Moved by Beverly Sandeen, 2nd by Carol Christensen

Yea "I"	Nay	Abstention
10	0	0

Motion: Passed, will continue to meet by ZOOM

6. **Approval of Meeting Minutes from July 25th:** Moved by Inesita Arce, 2nd by Brad Anderson

Yea "I"	Nay	Abstention
10	0	2

Motion: Passed

7. **Member Announcements:**

- Nicki King asked board to lead us in unanimous congratulations for Karleen's permanent selection as Mental Health Director
- Nicki King states Mental Health Oversight and Accountability Commission oversees Prop 63 money has proposed some new guidelines for use of PEI money and Nicki will send a copy and discuss at next meeting to decide whether board needs to submit a response
- Alicia Gutierrez-West Sac opening Recovery Café as part of Recovery Café Network, closest one to Sacramento will be in San Jose. We have a preview night on Wednesday this week and community information meeting on Thursday. We are excited about the space and how we transformed it. Located at community Lutheran Church. Space is

where Helena Helmold one of our advocates for the unhoused and mental health provides services.

- Bob Schelen-going to send article from Washington Post to distribute to members, regarding law enforcement going to suicide calls. Will have Christina send out to Board.

8. **Correspondence:** [Press Release](#)

9. **Ad Hoc Committee Report LMHB Bylaws-[Report](#)** given by Beverly Sandeen

10. **Approval of Bylaw Report:**

Yea "I"	Nay	Abstention
10	0	0

Motion: Board approves of striking out the sentence about secretary in the Bylaws

11. **Time Set Agenda:**

- **Project Finding on Mental Health Needs of Older Adults**-Presenter Cancelled
- **Annual Data Notebook Update**-Mila Green shared presentation and can be reviewed in this [LINK](#).

Consent Agenda

12. **Mental Health Directors Report:**

- **Crisis Now**-Aug 30th had board approve contract with contractor for redesign of the juvenile detention facility. The portables where detention is now will be used for Crisis Now. We envision an improved space. Construction is challenging right now so even with the redesign process it's going to take some time. We originally had an ambitious timeline. We are now looking at late 2023 because we need right facility to issue Crisis. Important we launch at right time not a certain time. This a huge and one of most complicated programs. We want to approach it carefully, it's an important portion of Crisis continuum. The contractor we hire will have to hire 70 staff to work in in Crisis Call Center. We will continue to update throughout the entire process.
- **K-12**-Karleen will provide a robust update at next LMHB meeting. Had meeting with Washington Unified, went well. Will gather and present the data in October.
- **9-8-8 Messaging**-On its own does not provide additional resources or service response. It provides an easy number to remember. How the calls get directed, it depends. 13 call centers across CA, 9-8-8 routes call based on area code. Most get call to local area provider. What happens after someone call will depend on the resources each county has access too.
- **ARP Plan**-developmental health and substance abuse treatment program. Working to really define what that will be. Next month we are starting our 3-year planning process. MHSa has different criteria as we start our new community engagement process, we are working on the criteria for Covid recovery. Karlene will investigate what the little grant will be and present at later time.

Regular Agenda

13. **CARE Court**-Karleen Jakowski shared presentation and can be viewed in this [LINK](#)

Care Court Additional Links:

[Framework Link](#)

[CARE Court FAQ Link](#)

Board Response to Care Court Presentation:

- Nicki King worried about statewide model, if there was adequate housing in San Francisco, sure they would have found it by now. She does not see a chance that they will be able to pull it off as a statewide program. If we make that a priority who will we be taking out of the housing cue. Worried it will be difficult to implement and in some case be unfair to those who also have housing needs.

14. **Board of Supervisors Report:** Supervisor Provenza states the Board of Supervisors are equally as excited to have Karleen on Board. The especially now that the board is more engaged in Mental Health Services than ever before.

15. **Criminal Justice Update:** None, Jonathan Raven off today.

16. **Public Comment on Agenda Items:**

- **NAMI**-Busy putting final touches on Mental Illness Awareness Week. [LINK](#)

17. **Future Meeting Planning and Adjournment:**

Next Meeting: October 24th, 2022

Adjourned: 7:36pm

Yolo County Health & Human Services Agency

Mental Health Director's Report

October 24th, 2022 (6-8pm)

a) **COVID19 update** - For more information please visit our Dashboard on our County Webpage, here is the [LINK](#).

b) **ARP Rescue Plan Workgroups** –

- **Mental Health:** HHSA is engaging in further discussion regarding the funding that was allocated and approved for up to \$150k for a comprehensive countywide Mental Health Needs Assessment and to develop a Mental Health and Substance Abuse Treatment mini grant program for the remaining \$285k in funding with an opportunity to match with up to an additional \$285k in MHSA funds.
- **Food Security:** No additional updates at this time.
- **Children, Youth, and Families:** The CYF ARP workgroup recently convened and received a presentation regarding the Yolo Basic Income Pilot, a project that seeks to impact the most vulnerable families with children under the age of six by bringing the family to \$1 above the poverty line. The workgroup was considering the possibility of recommending ARP funding to support this pilot project, which is in progress.
- **Homelessness:** County staff have met with City of Woodland, City of Davis, and HPAC leadership and will be bringing the final recommendations for Housing and Homelessness ARP funding to the Board of Supervisors on Tuesday October 25th.

c) **CalAIM** –

On Tuesday, October 18th, staff from Partnership, HHSA, our hospital partners, and several community-based providers met to discuss the Community Support benefits of Short-Term Post Hospitalization and Recuperative Care. Partnership presented on the reimbursement rates and expectations of services in these two categories. On Thursday October 27th and Friday October 28th staff have meetings regarding hospital and CalAIM connections and the Enhanced Care Management categories of SMI and SUD to continue exploring these supports in Yolo County. Partners and providers are encouraged to connect directly with Partnership and can find more information [here and here](#).

HHSA's Behavioral Health (BH) CalAIM initiative workgroups have moved forward the nine required initiatives and submitted the first set of required milestones deliverables for the 9/30/22 DHCS deadline. The BH CalAIM workgroups focus now shifts towards the deliverables due in March 1, 2023.

d) **K-12 Services-**

We are about one year into implementation of the K-12 School Partnerships project. HHSA, in partnership with the Yolo County Office of Education, has been meeting with our school district partners throughout the county to discuss the successes and challenges of the implementation of this project thus far. A combined version of those presentations will be reviewed with the Local Mental Health Board on the time set agenda.

e) **Upcoming RFPs**-Please see linked page for information on upcoming RFPs. [LINK](#)

f) **Public Media Campaign(s)**-

Wellness Campaign- Advertising firm EMRL continues to promote the “It Only Takes” ([LINK](#)) wellness campaign throughout Yolo County. The campaign’s objective is to promote the well-being of all-Yolo County residents by providing local resources and reminders of the small things we can do to improve all aspects of our health. The campaign includes several ways to reach individuals in our community including:

- Outdoor Billboards
- Activity/Coloring books for school-aged children
- Wellness Activity/Flash Cards for all ages
- Social Media Campaign
- Educational Emails
- TV Commercials

Updates: A social media campaign (focused on Instagram and Facebook) has started and directs additional audiences to [Itonlytakes.com](#) ([LINK](#)). Additionally, the [Itonlytakes.com](#) ([LINK](#)) website now allows viewers to sign up for emails. Individuals who opt-in to signing up to receive emails will receive a weekly reminder about ways to improve their mental and physical health and well-being. HHSA staff will continue monthly meetings with EMRL until the end of the calendar year.

Overdose Awareness/Prevention- HHSA and CommuniCare staff continue to partner on several pieces of this campaign including planning an upcoming event with tables for different providers and partners to share resources and raise awareness. HHSA received approval from County procurement recently to purchase fentanyl strips and will be working with various internal and external teams to distribute those upcoming. Additionally, staff have worked with Uptown Studios to create an ongoing media and awareness campaign around fentanyl, overdose in general, harm reduction approaches, and how to access care. The scope of that work will include 2-3 animated videos in English and Spanish that can be shared broadly and will be posted on the HHSA’s website

- Partner toolkit that will include talking points, social media posts, and other materials to distribute to providers in English and Spanish to schools, migrant centers, housing programs, rural communities, and more partners are being identified currently
- Marketing materials including flyers, postcards, giveaway items, Eblasts, stickers, informing/education materials on where to find support, resources, Narcan, and testing strips

In recent months there has also been a lot of interest in exploring partnerships with school districts in Yolo County and HHSA has taken several approaches to partnership with them in this work, especially after the CDPH press release about rainbow fentanyl, <https://www.cdph.ca.gov/Programs/CCDPHP/sapb/Pages/Rainbow-Fentanyl-Alert.aspx>. Staff have met with Yolo County Office of Education to explore having Narcan on campus. Dr Sisson has been working with multiple schools to sign as a licensed provider so they can access Narcan for their campus and so far it includes:

- Brideway Island Elementary in West Sacramento
- Washington Middle College High School in West Sacramento
- Yolo High in West Sacramento

Additionally, our Friday Night Live team has created two videos that will play before every movie at the State theater in Woodland on the following dates:

- The Opioid video began playing on 9/23/22 and will continue through 9/23/23, [OPIATES-BEFORE THE MOVIE \(canva.com\)](#)
- The Fentanyl video will play between 10/28/2022 through 10/28/2023, [FENTANYL KILLS-BEFORE THE MOVIE \(canva.com\)](#)

g) Crisis Now –

On August 30, the Board approved an agreement with Lionakis to work on redesign plans, anticipated costs, and construction timelines for the remodeling needs of the non-secure portion of JDF and the old Probation portables necessary for Crisis Now call-center, receiving/sobering center, and stabilization center operations. HHSA and General Services staff continue to work with Lionakis on the site remodeling work. While an exact timeline is unknown, Lionakis included a 7-month estimate in their proposed scope of work. Given this timeline, HHSA staff worked with the procurement department to cancel the current Request for Proposals (RFP) “due to a material change in scope and timeline.” HHSA and procurement will work on re-issuing an RFP in the coming months. We’re setting our target to launch all Crisis Now services for July 1, 2023, but we want to ensure this program is as successful as possible, and we will launch at the right time, allowing for completed construction, appropriate staffing hiring and training, communication to partners, and the community at large.

h) Department of State Hospital (DSH) Programs

The DSH contract administration is currently transitioning from the District Attorney’s Office to HHSA. All DSH referrals must be from the state hospital waitlist and determined to be incompetent to stand trial (IST). There is housing money associated with each client accepted into the program through December 2022.

In the coming months, HHSA expects to receive a contract revision from DSH that will take this pilot program Yolo has been operating and make it a permanent, ongoing part of our forensic system of care. We look forward to our continued partnerships with the DA, PD, probation, jails and criminal justice system and treatment providers.

i) **QM Audits/Reviews**

On August 30-31, 2022, HHSa participated in the DMC-ODS EQRO review by remote means. During the two-day review, two consumer focus groups were held, a group of line staff were interviewed, and contract provider management representatives were interviewed. This was in addition to sessions focusing on client care, access, service timeliness, and outcomes. The review team left on a positive note and we expect a draft report for HHSa review and input by the end of October 2022.

HHSa prepared and submitted the final Corrective Action Plan (CAP) response for the recent DHCS SABG and DMC-ODS audits that occurred on June 29, 2022. We are awaiting final DHCS response as to whether the submitted CAP is accepted.

From: [Theresa Comstock](#)
To: [Dyanica Grapason](#)
Subject: CORRECTION: Brown Act Allowances & Membership: Veterans (CALBHB/C)
Date: Friday, September 30, 2022 2:45:44 PM

Please note the correction highlighted below.

Dear Chairs and Staff Liaisons,

Please be aware of the following important updates affecting local mental/behavioral health boards/commissions (due to recently signed legislation: [AB 738](#) and [AB 2449](#)).

1. **Brown Act Allowances:** The Brown Act has been updated to provide:

- **Public Emergency Allowances** have been extended through January 1, 2024. (See [Brown Act Guide, Page 6](#).)
- **Allowances for Members** due to "Just Cause" or "Emergency" [*When not operating in a public emergency.*] (In effect January 1, 2023 - January 1, 2026): A local board/commission member may participate remotely without posting their physical location on the agenda under certain circumstances and with certain requirements. [See [Brown Act Guide, Page 4](#) for circumstances and requirements.]

2. **WIC 5604 Membership: Veterans - [Link to Membership Code Update](#)** (Items in bold (related to veterans) take effect on 1/1/2023). Changes include:

- **Veteran Requirement:** One member shall be a veteran **or veteran advocate** (For counties with a population of 100,000 or more)
- **Veteran Encouragement:** A county shall give a strong preference to appointing at least one member of the board who is a veteran or a veteran advocate. (For counties with a population fewer than 100,000)
- **Vacancy Notification:** A county shall notify its county veterans service officer about vacancies on the board, if a county has a veterans service officer.
- **Definition:** "Veteran advocate" means either a parent, spouse, or adult child of a veteran, or an individual who is part of a veterans organization, including the Veterans of Foreign Wars or the American Legion.

The above changes will be incorporated into future CALBHB/C trainings/resources. Please do not hesitate to reach out with questions.

Thank you to everyone who serves on and/or supports the work of one of CA's 59 local mental/behavioral health boards and commissions!

Best Regards,

Theresa Comstock, Executive Director

CA Association of Local Behavioral Health Boards & Commissions

www.calhbhc.org [Newsletter](#) [Resources](#)

CALBHB/C supports the work of CA's 59 local Mental/Behavioral Health Boards and Commissions

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The background features a dark blue gradient with a series of curved, parallel lines that create a sense of depth and movement. On the right side, there is a grid of light blue lines that recedes into the distance, giving the impression of a tunnel or a perspective view.

Mental Health & Addiction Intervention Court Outcomes

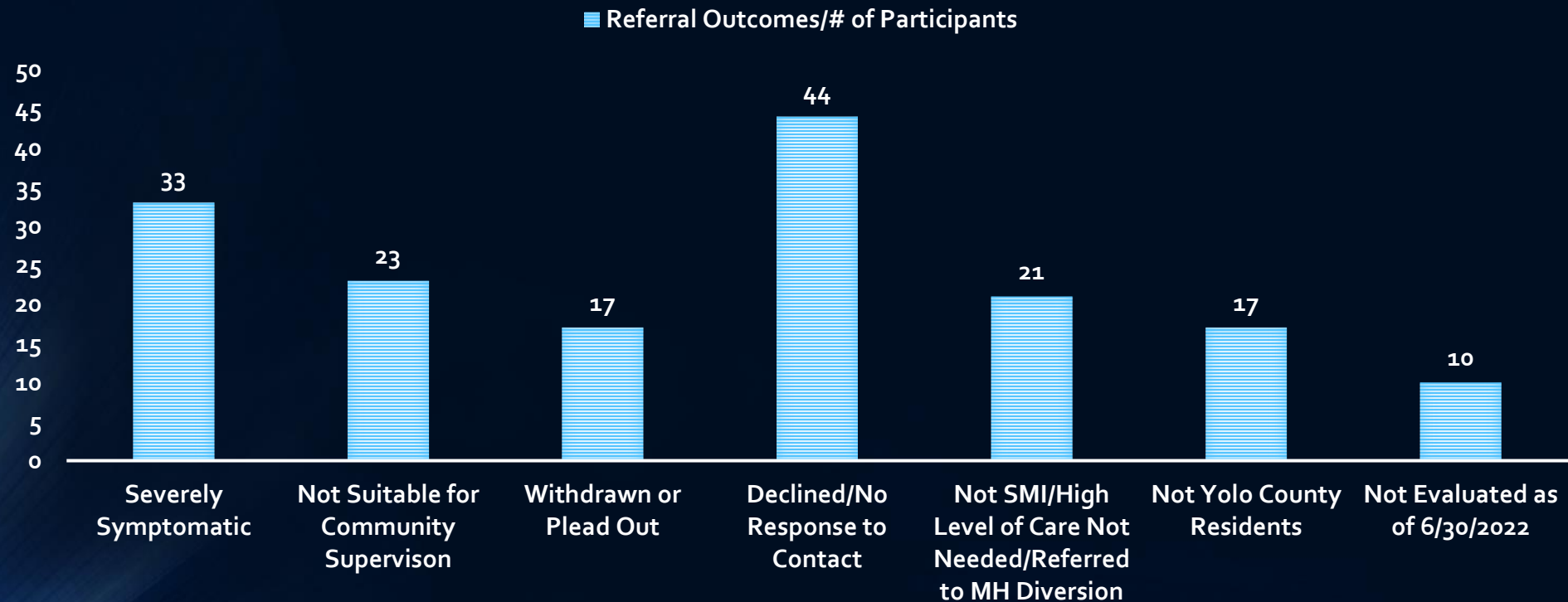
FY 2021-2022

FY 2021-2022 Referrals

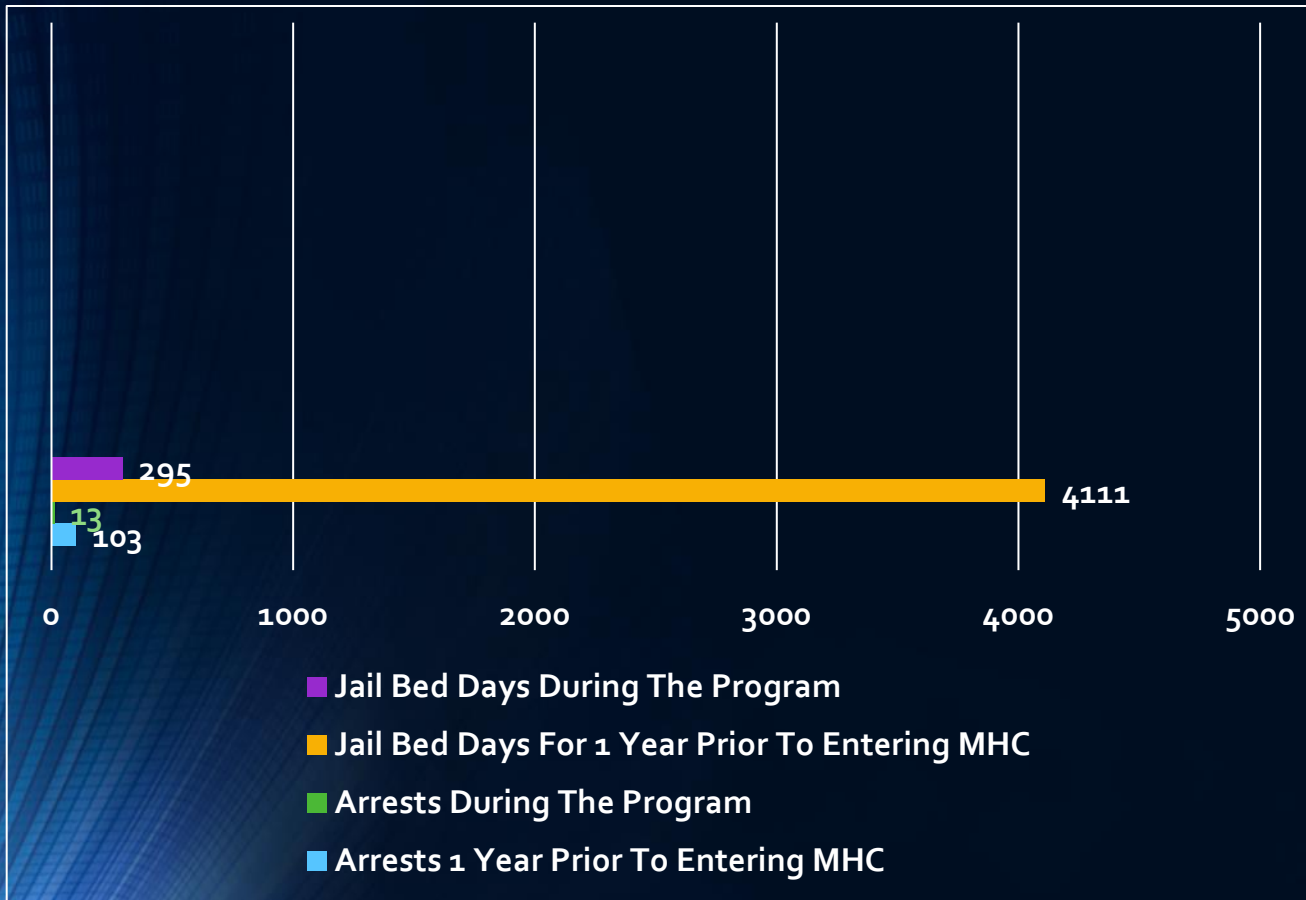
- 189 Participants were referred to AIC/MHC
- 30 of those participants were re-referred to AIC/MHC
- 6 out of those 30 were accepted
- Out of 76 referrals, 12 were accepted into MHC/JMHC (15.8% acceptance rate/total of 36 participants for the FY)
- Out of 103 referrals, 12 were accepted into AIC (11.7% acceptance rate/total of 37 participants for the FY)
- 10 Participants not met with as of 7/1/22 (5 MHC, 5 AIC)

FY 2021-2022 Referrals Cont'd

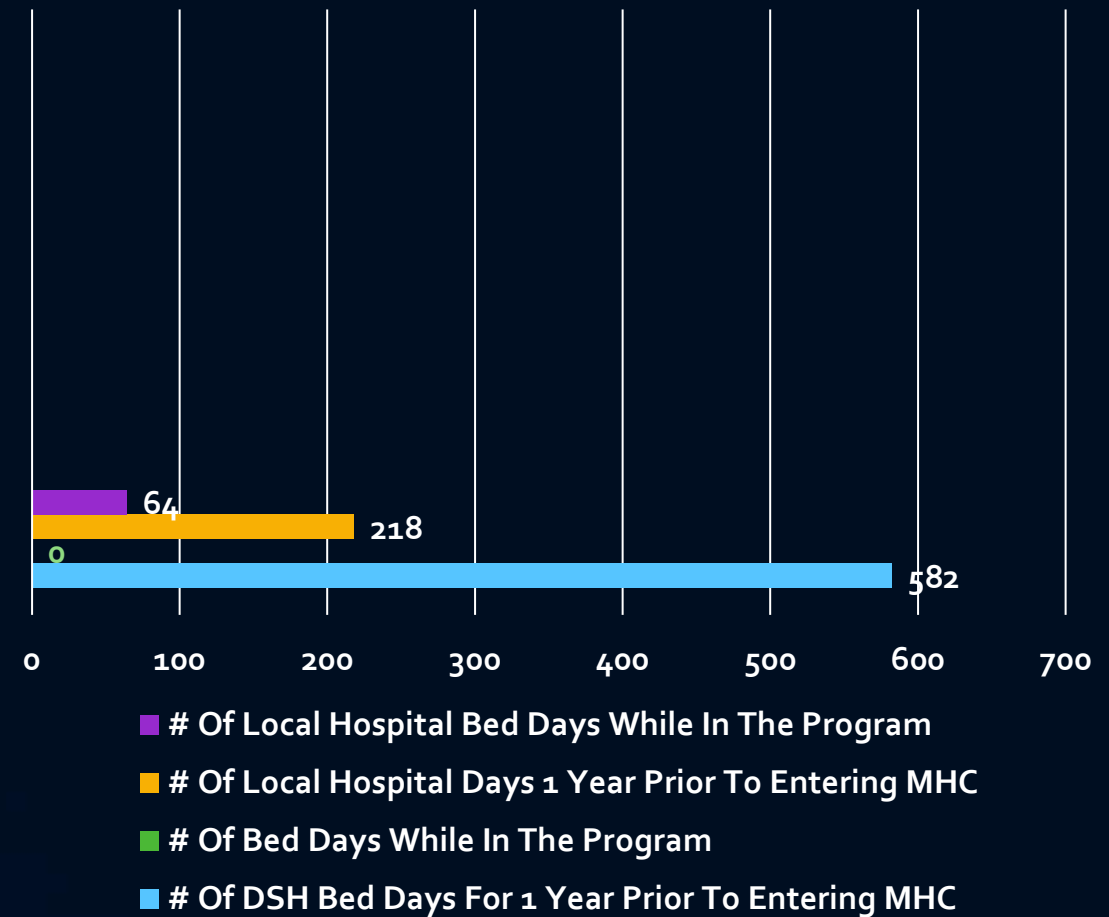
REFERRAL OUTCOMES/# OF PARTICIPANTS



MHC Outcomes for Current Participants

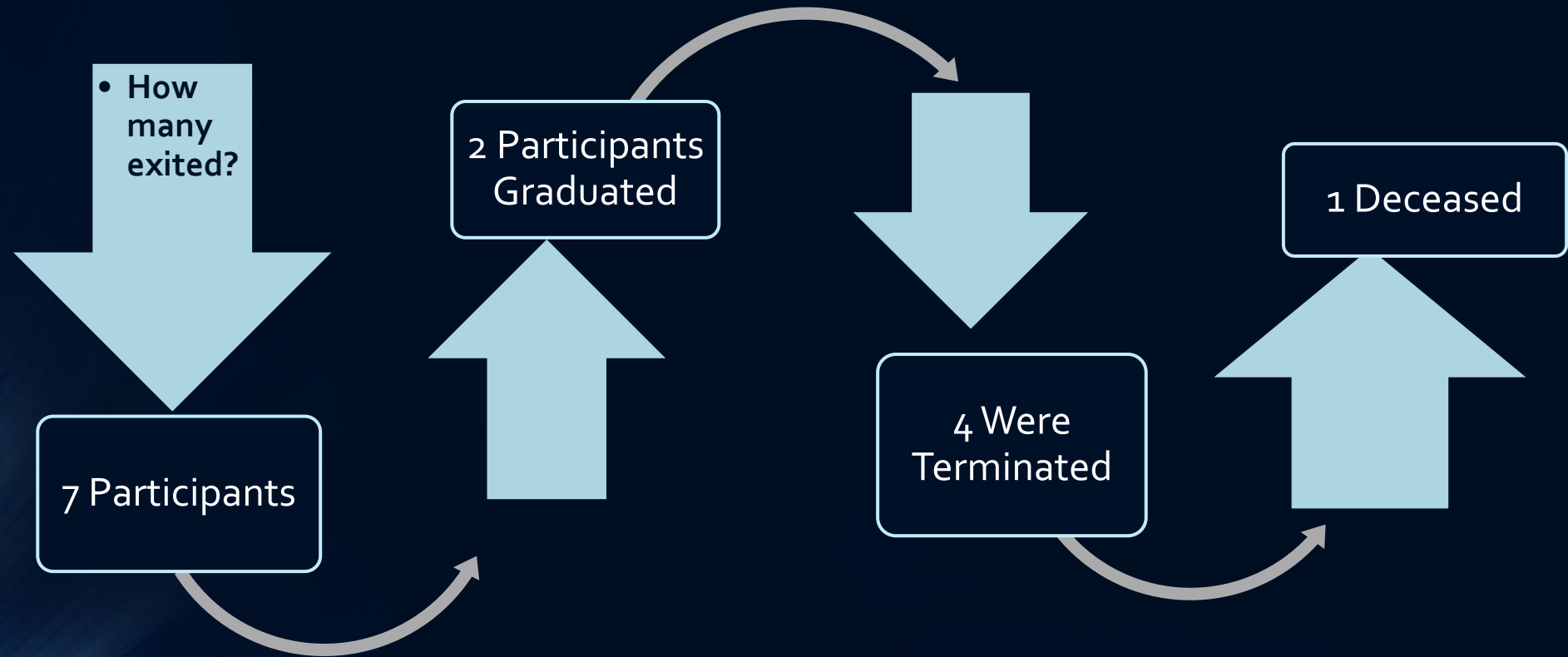


- Participant arrests **decreased by 87.4%** while in the program
- Participants had a **92.8% reduction** of jail bed days while in the program



- **100% reduction** in DSH beds while in the program
- Local hospital bed days were **reduced by 70.6%** while in the program

MHC # of Exits During 2021-2022



MHC Exited Participants One Year Post AIC Program:

➤ 4 Graduates

➤ 5 Dismissed

➤ 2 Opted Out

MHC Exited Participants-One Year Post MHC Program :

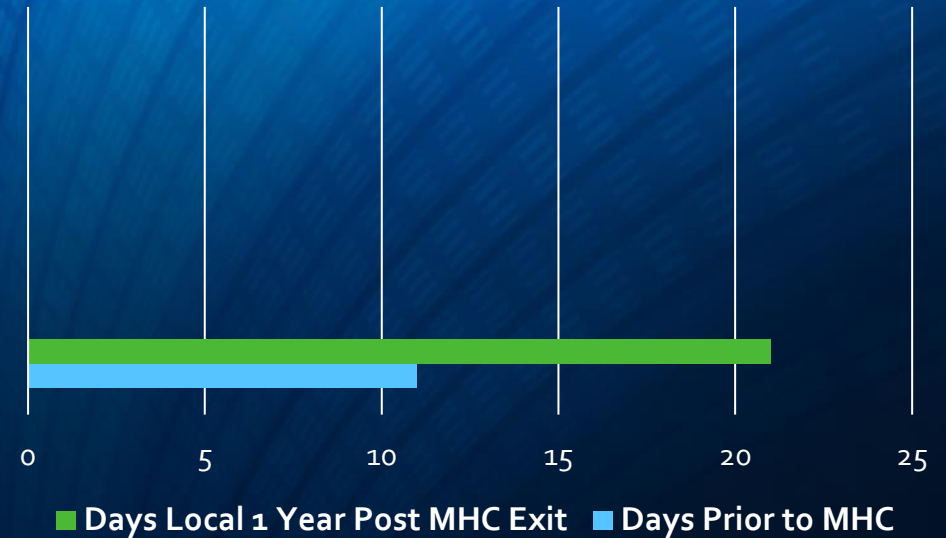
- The outcome of 11 participants was measured:
- 4 Graduated the program
- 5 Were dismissed
- 2 Participants opted out

DSH Hospitalizations



	Total	Graduates	Discharged	Opted out
■ DSH Hospital Bed Days 1 Year Post Exited	0	0	0	0
■ DSH Hospital Days 1 Year Prior to MHC	475	385	90	0

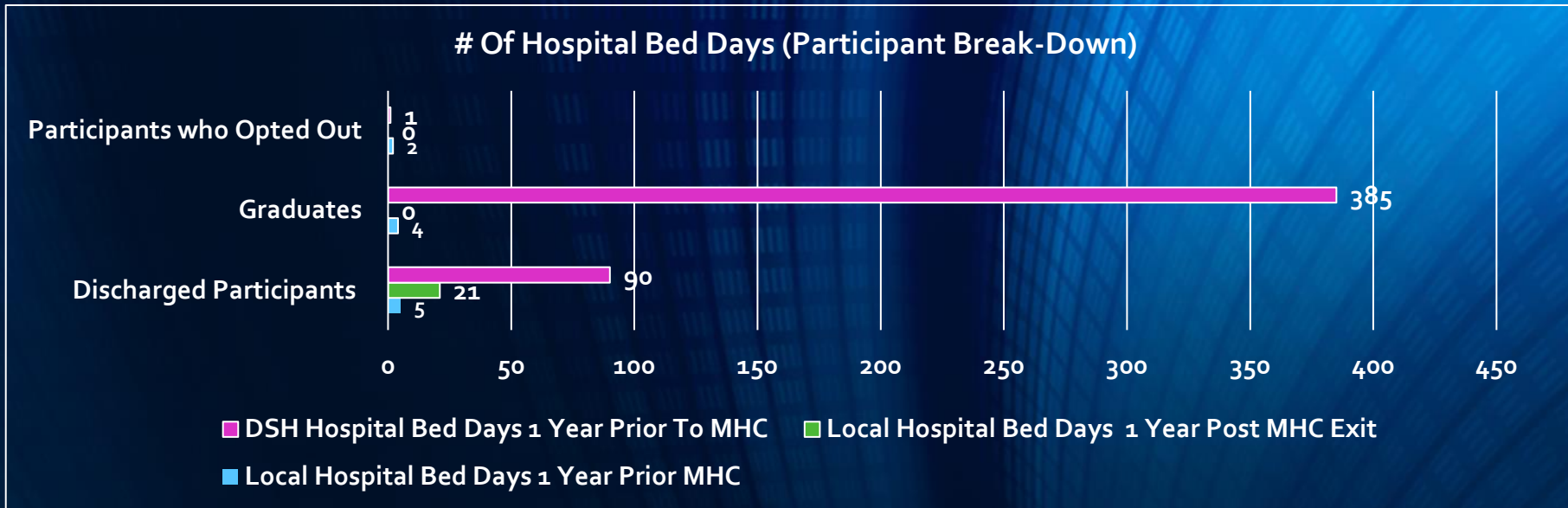
Local Hospitalizations:



- 21 Days for discharged= 79% increase
- 0 Days for graduates= 100% reduction
- 0 Days for participants that opted out= 100% reduction

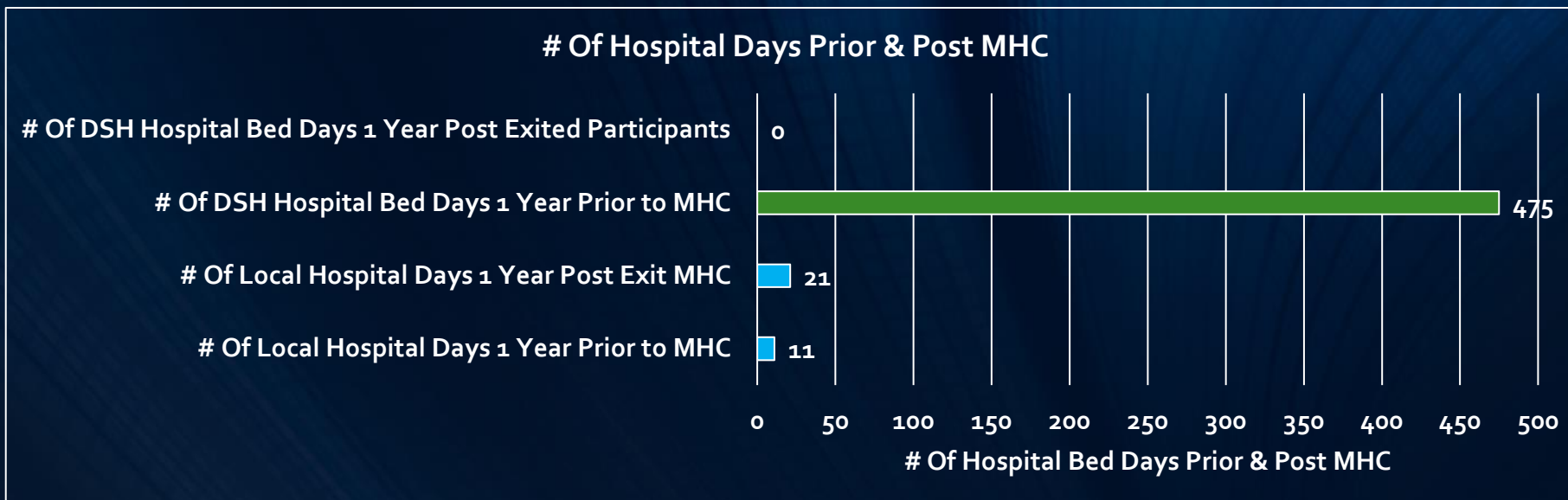
■ DSH Hospital Bed Days 1 Year Post Exited ■ DSH Hospital Days 1 Year Prior to MHC

MHC Hospitalization Comparison:

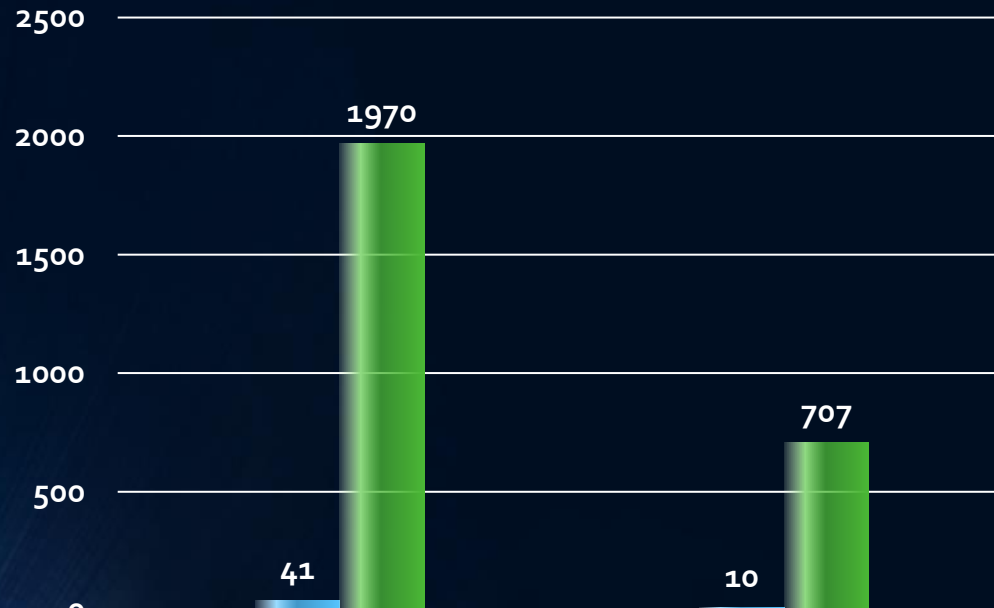


➤ 100% Reduction in DSH Bed Days 1 Year Post MHC Exit

➤ 79% Increase in Local Hospital Bed Days 1 Year Post MHC Exit

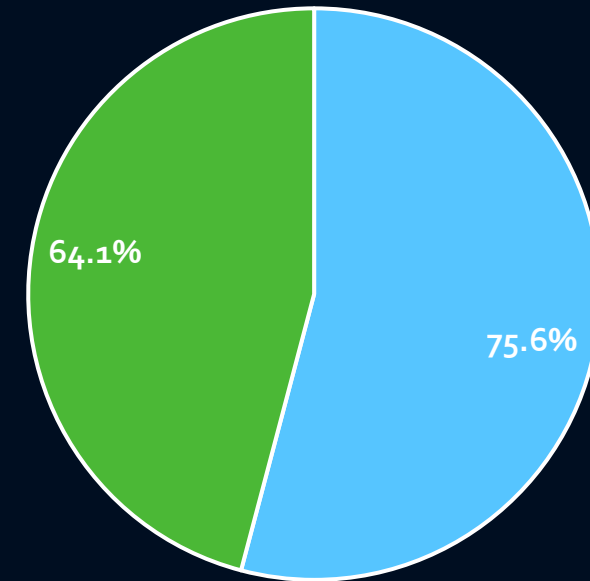


MHC Jail Bed Comparison of Exited Participants



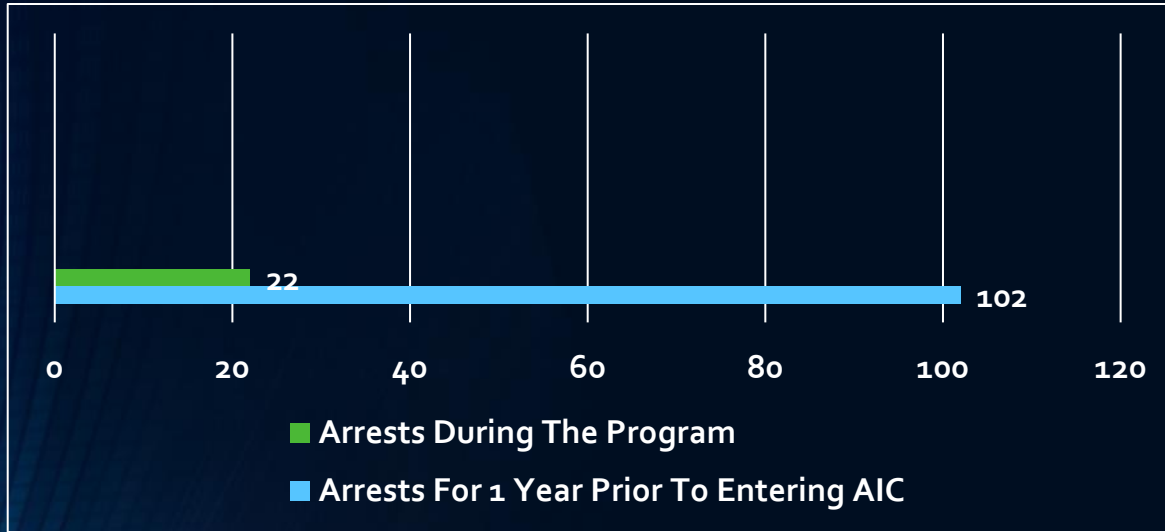
	1 Year Prior to Entering MHC	1 Year Post Exiting the Program
# Of Arrests	41	10
# Of Jail Bed Days	1970	707

■ # Of Arrests ■ # Of Jail Bed Days



■ Reduction in Arrests for Participants 1 Year Post MHC Exit
 ■ Reduction in Jail Bed Days for Participants 1 Year Post MHC Exit

AIC Outcomes For Current Participants



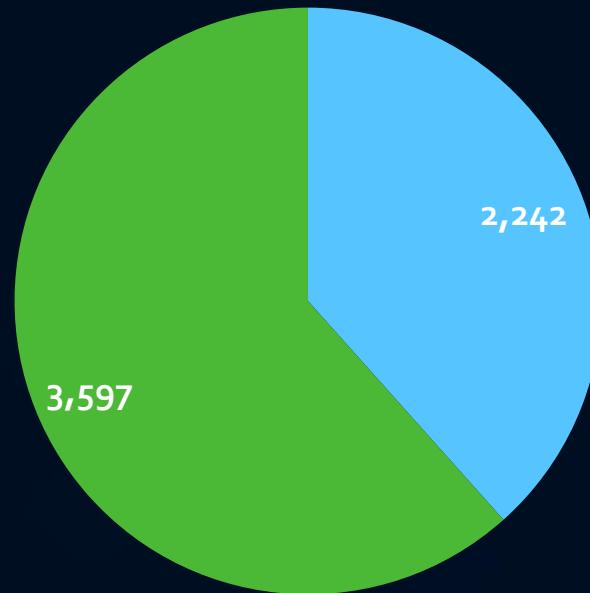
➤ Participant arrests decreased by 78.4% while in the program



➤ Participants had a 90.2% reduction of jail bed days while in the program

AIC Treatment Days For The Current Participants

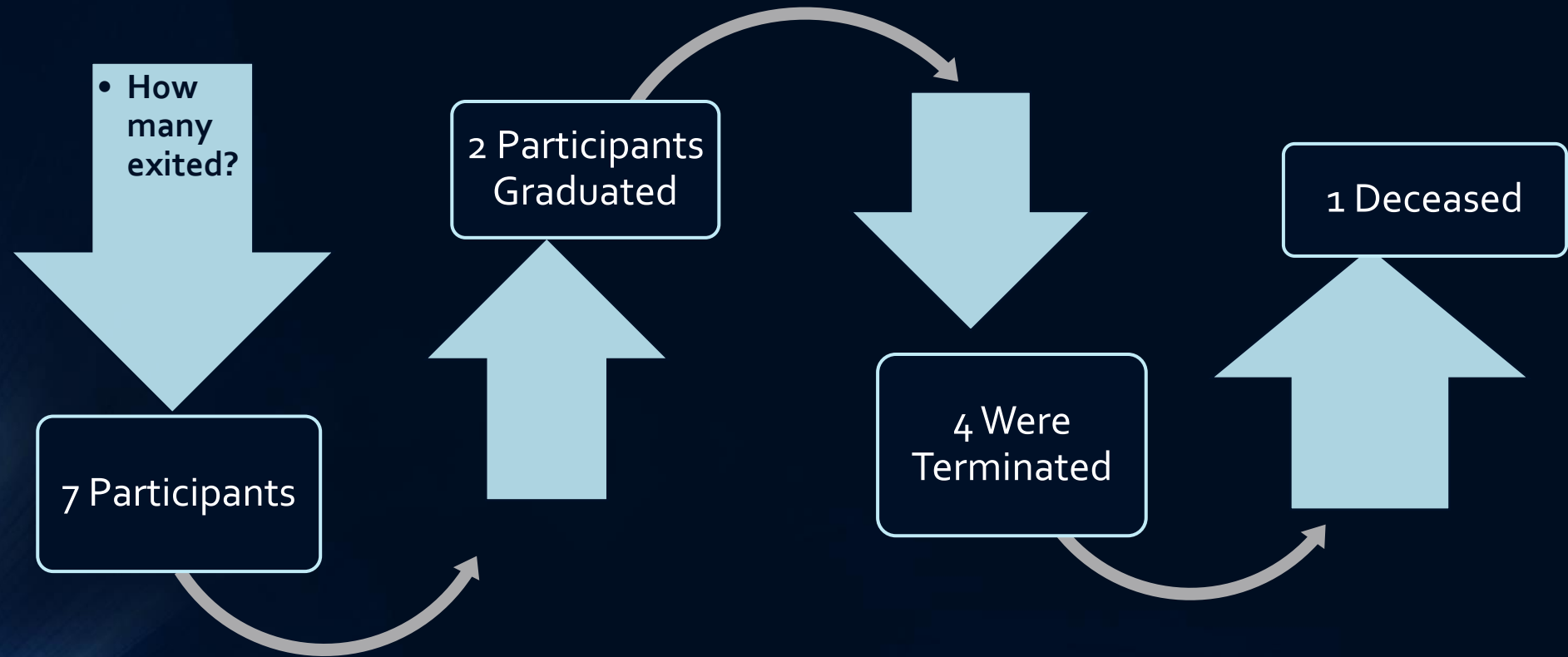
Of Bed Days For All Participants



■ Inpatient Substance Use Treatment

■ Outpatient Substance Use Treatment

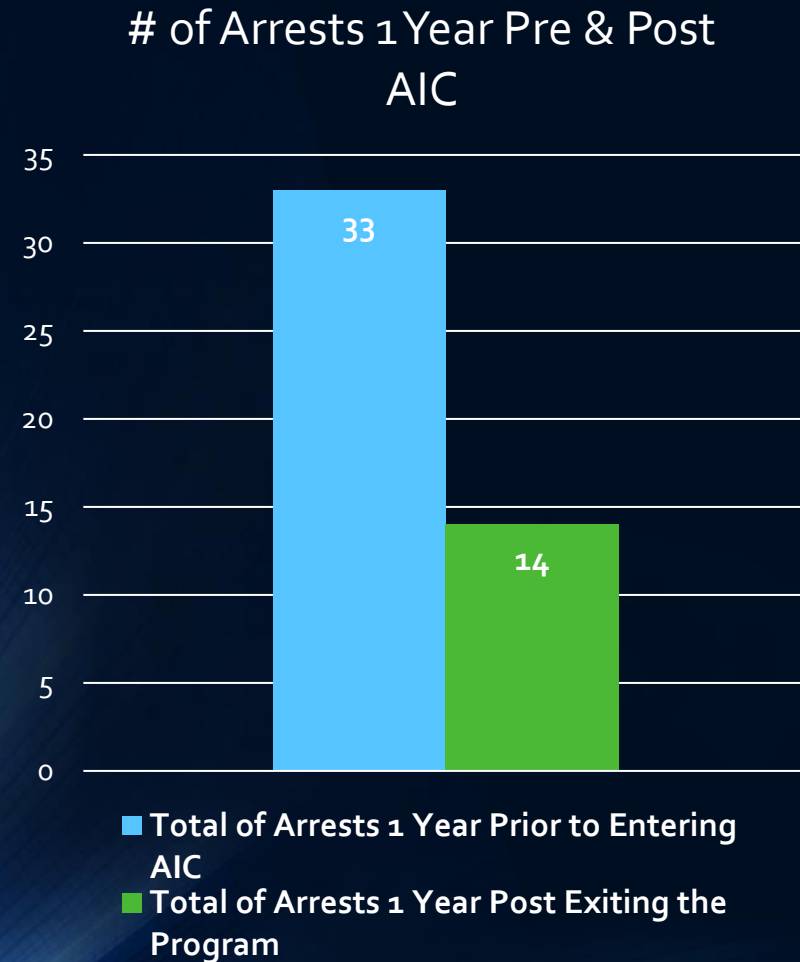
AIC # of Exits During 2021-2022



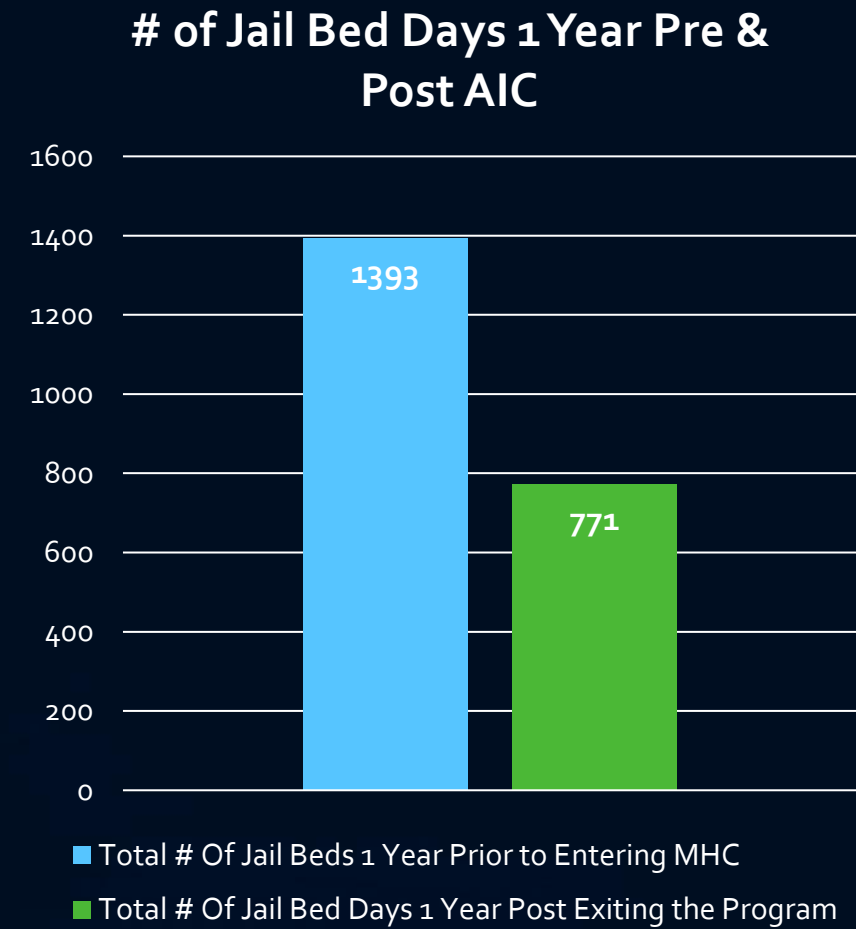
AIC Exited Participants One Year Post AIC Program:

- 4 Graduates
- 3 Dismissed
- 6 Opted Out
- 1 Transferred to MHC

AIC Jail Bed Comparison Of Exited Participants

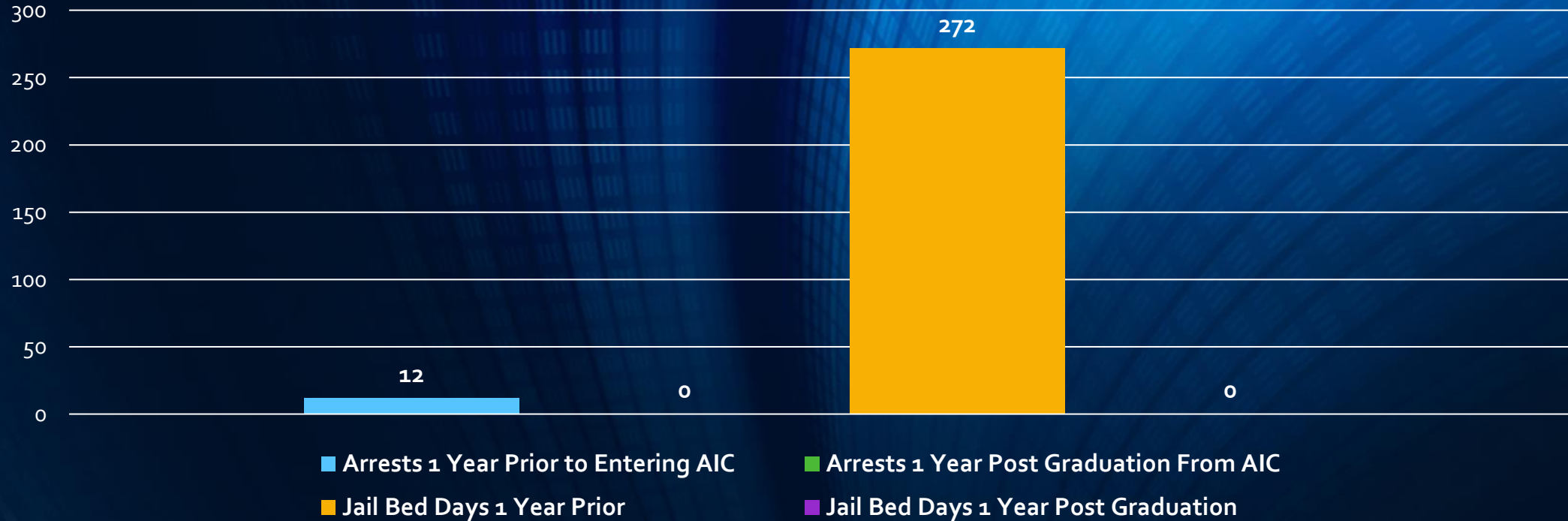


➤ **57.5% Overall Decrease in Arrests**



➤ **44.6% Overall Decrease in Jail Bed Days**

AIC Graduates One Year Prior To Entry VS. One Year Post Graduation



- ✓ 100% REDUCTION IN ARRESTS FOR GRADUATES 1 YEAR POST GRADUATION
- ✓ 100% REDUCTION IN JAIL BEDS FOR GRADUATES 1 YEAR POST GRADUATION

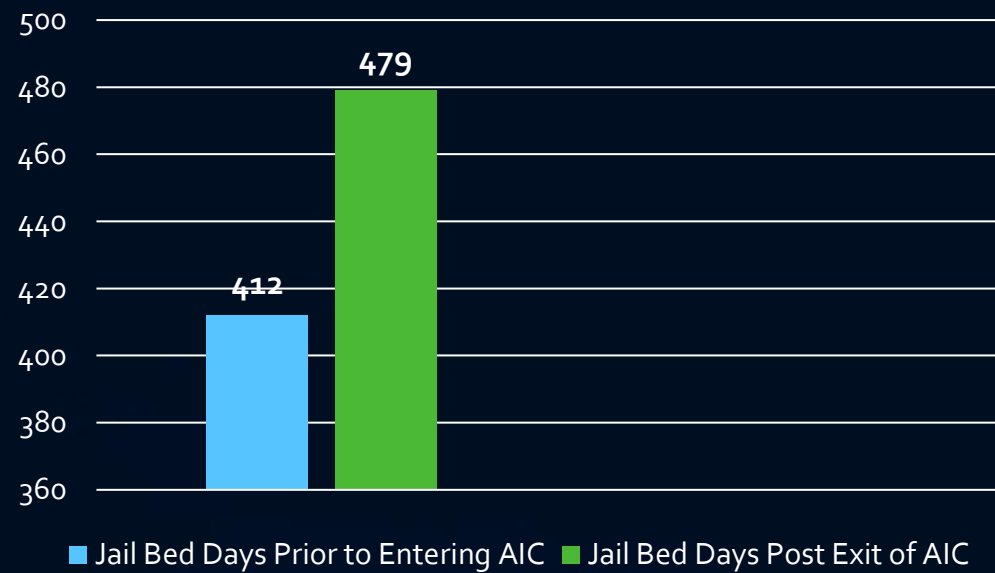
AIC Participants Dismissed One Year Prior To Entry VS. One Year Post Dismissal

Of Arrests 1 Year Prior & 1 Year Post Dismissal



14% Increase in Arrests for Clients that Were Dismissed from AIC

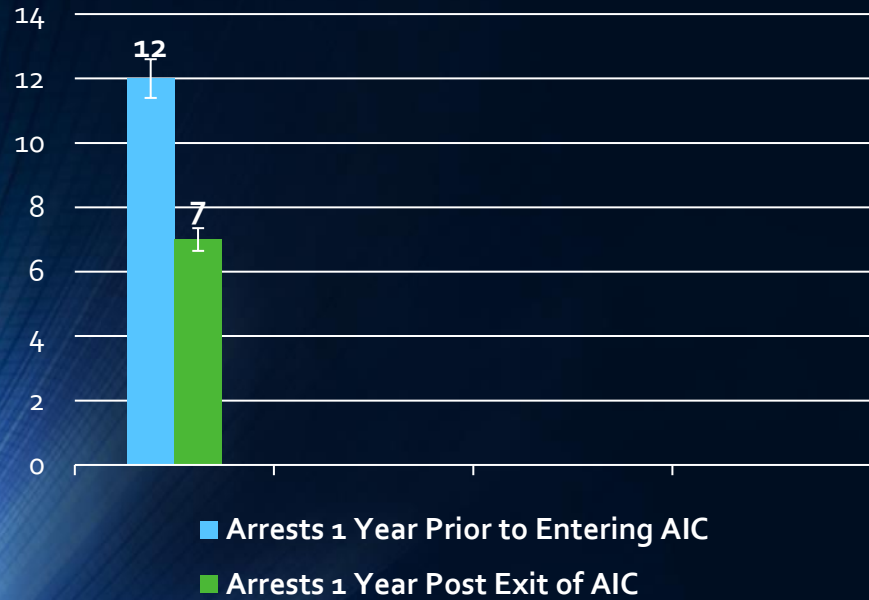
Of Jail Bed Days Prior To Entry & Post Exit of AIC



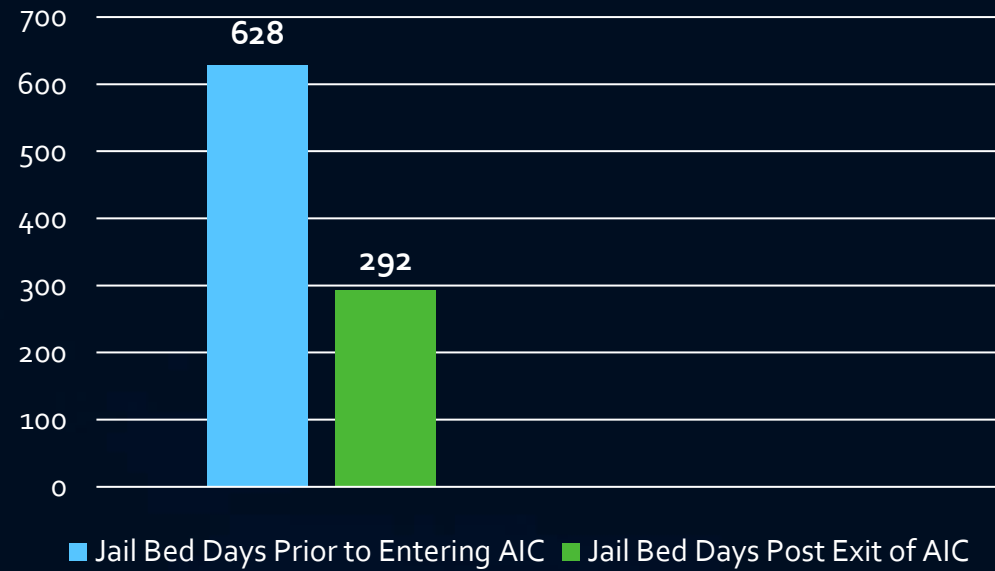
13.9% Increase in Jail Bed Days for Clients that Were Dismissed from AIC

Participants Opting Out One Year Prior To Entry VS. One Year Exiting

Of Arrests 1 Year Prior & 1 Year Post Exit



Of Jail Bed Days Prior To Entry & Post Exit of AIC



41.7% Decrease in Arrests for Clients that Opted Out of AIC

53.5% Decrease in Jail Bed Days for Clients that Opted Out of AIC