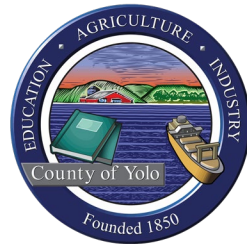




Yolo CHIP Workgroup

Meeting 1
October 18, 2022





SECTION ONE

Introductions





Yolo and RDA teams

Yolo Team

- **Samar Lichtenstein** – Program Coordinator (*main contact*)
- **Rebecca Tryon** – Program Manager

RDA Team

- **Leah Jarvis** – Senior Consultant (*main contact*)
- **Vanessa Garcia** – Consultant
- **Paulina Hatfield** – Associate



Land acknowledgment

We would like to take a moment to acknowledge the land on which we live, work, and play in Yolo County. Since time immemorial, this land has been the home of Patwin people. Today, there are three federally-recognized Patwin tribes: Cachil Dehe Band of Wintun Indians of the Colusa Indian Community, Kletsel Dehe Band of Wintun Indians and Yocha Dehe Wintun Nation. The Patwin people have remained committed to the stewardship of this land over many centuries. It has been cherished and protected, as elders have instructed the young through generations. We are honored and grateful to be here today on their traditional lands.



Agenda

10:30 – 10:35	Welcome, introductions
10:35 – 10:50	Icebreaker
10:50 – 11:00	Setting Foundational norms
11:00 – 11:15	Project and purpose
11:15 – 11:20	Workgroup commitment
11:20 – 11:40	CHA findings group work
11:40 – 11:55	CHIP vision
11:55 – 12:00	Next steps and close



Icebreaker

- Find a partner you don't already know
- Ask your partner:
 - Name
 - Organization or affiliation
 - *Why is improving health in Yolo County important to you?*
- Be prepared to introduce your partner to the group!



Foundational norms

- What do you think is important to create as a group norm that will allow you and others to participate comfortably and fully?

WHY?

To help us work together successfully, as a team, encouraging the participation of all



Foundational norms

- What do you think is important to create as a group norm that will allow you and others to participate comfortably and fully?

WHY?

To help us work together successfully, as a team, encouraging the participation of all



Foundational norms

- Assume good intentions
- Treat all with respect
- Practice active listening
- Participate consistently
- Take space, make space
- *Everyone knows a little, together we know a lot*

WHY?

To help us work together successfully, as a team, encouraging the participation of all



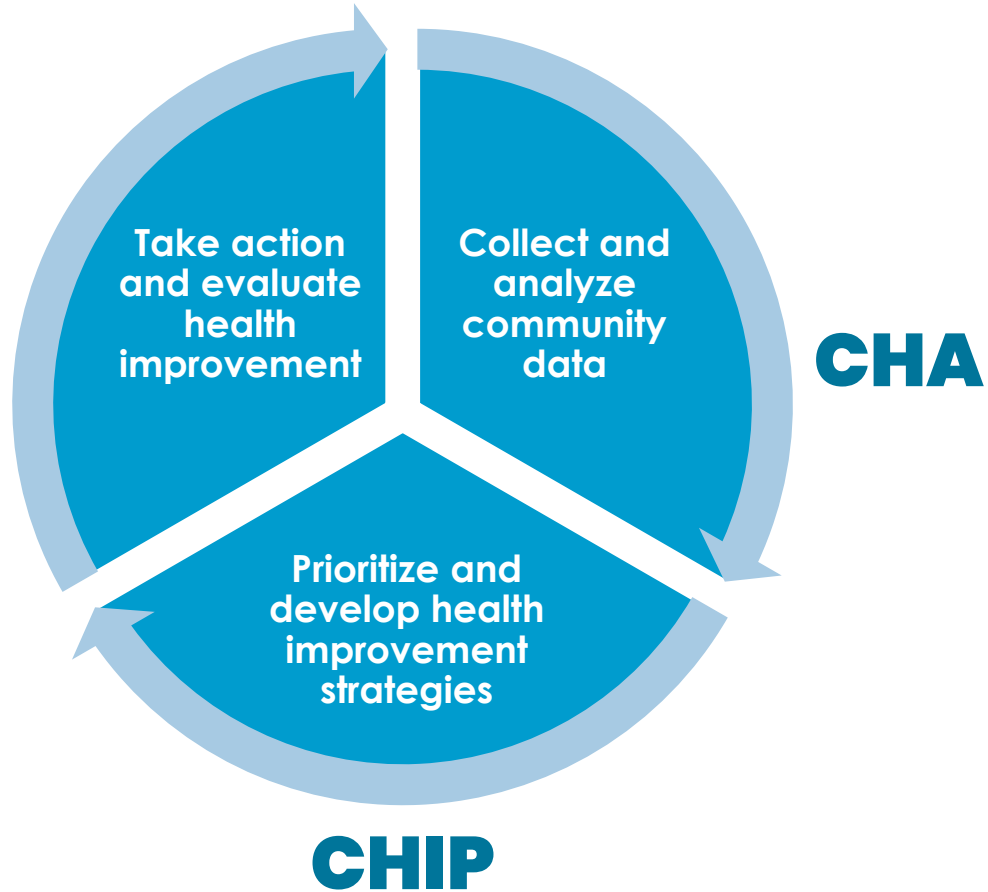
SECTION TWO

Community Health Assessment & Community Health Improvement Plan





CHIP Development & Implementation





Why are we here?

Community Health Assessment (CHA) – Being finalized



- Purpose: Provide a big picture view of the overall health status of the Yolo community
- Development integrated data from:
 - The 2021 Community Health Needs Assessment (CHNA)
 - The Community Health Status Survey (CHSS)
 - Other data sources (Human Development Index, CalFresh enrollment, etc)
 - Upcoming public review period



CHIP development



The Community Health Improvement Plan (CHIP) – Up next!

- Purpose: Build upon the findings of the CHA to identify specific priority areas and goals to improve community health over the next three years
- Collaborative approach with many partners involved
- Establishing a CHIP workgroup: October 2022 – March 2023
- *Final CHIP anticipated: May 2023*



Prioritizing SHNs

- Choosing 1–3 priorities to focus on for CHIP
- Example considerations:
 - Influence
 - Knowledge/data
 - Impact
 - Strategy



Workgroup Plan: Timeline



Workgroup Expectations



- Attend six (6) monthly meetings from October to March
 - October: in-person
 - Nov–March: virtual
- Consistent attendance (at least 75% of meetings)
- Reading or work to be done prior to monthly meetings
- Possible participation in a subgroup
- 1-2 representatives per organization, preferably mid-level management



SECTION THREE

Community Health Assessment (CHA) Findings





Snapshot: Demographics

- **Population:** 217,000
- **Race:** Predominantly White or Latino
- **Languages:** English, Spanish, Russian
- **Cities:** Davis, Winters, West Sacramento, Woodland
- **Median Household Income:** \$73,736
- **Life Expectancy:** 81.4 years
- **Persons experiencing homelessness:** 746 individuals
- **Poverty:** 1 in 5 residents living in poverty
- **Education:** High school graduation rates slightly lower than CA, while bachelor's degree attainment rates are higher than the state average



Priority Communities Experiencing Disparities

1. Individuals living in poverty
2. Individuals living in rural areas
3. Migrant farmworkers
4. Aging residents
5. Children ages 12 and under
6. Undocumented residents
7. Persons experiencing homelessness



Overview of Significant Health Needs (SHNs)

1. Access to Basic Needs
2. Access to Mental/Behavioral Health & Substance Use Services
3. Injury & Disease Prevention/Management
4. Active Living & Healthy Eating
5. Access to Quality Primary Care Health Services
6. System Navigation
7. Access to Specialty & Extended Care
8. Increased Community Connections
9. Safe & Violence-Free Environment
10. Access to Functional Needs
11. Access to Dental Care & Preventive Services



1. Access to Basic Needs

64%

Of CHSS respondents stated **high cost of living** as a major social or economic condition impacting health in the county

Source: Community Health Status Survey (CHSS)

\$620,000

Average home sale price

Source: redfin.com

53.8%

Of county **children eligible for free or reduced price meals**

Source: California Department of Education

1 in 3

CHSS respondents **worried that they would run out of food** before they got money to buy more

Source: CHSS

20,911

Individuals were **CalFresh recipients** during FY21-22

Source: Yolo County HHSA



2. Access to Mental, Behavioral Health & Substance Use Services

56%

Of CHSS respondents reported that **mental health** was a top health issue in the county

Source: CHSS

30%↑

Hospitalizations for mental health for persons **ages 15-24** is higher in the county than CA

Source: Office of Statewide Health Planning and Development

51%

Of survey respondents indicated that **life stress or lack of coping skills** was one of the top 3 most impactful influences on health issues

Source: CHSS

35%

Of all CHSS respondents said **there was a time in past 12 months when they felt the need to see a professional** because of problems with **mental/emotional health or use of alcohol or drugs**

Source: CHSS

20.2%

Of adults reported **binge or heavy drinking**

Source: Behavioral Risk Factor Surveillance System



3. Injury, Disease Prevention, & Management

9.6%

Of county residents have a **disability**

Source: American Community Survey Table S1810_C03_001E

13.8%

Of adults **smoke** in the county

Source: Behavioral Risk Factor Surveillance System

24%↑

Number of **deaths due to hypertension** are higher in the county compared to CA

Source: CDPH California Vital Data (CalViDa)

7.6%↑

Emergency department falls for individuals who are 65+ years are higher in the county compared to CA

Source: Office of Statewide Health Planning and Development



4. Active Living & Healthy Eating

23,330

People who are **food insecure** in the county

Source: Feeding America, 2019

4 out of 5

Children ages 5-12 were **not physically active** at least an hour every day

Source: California Health Interview Survey,

16th of 58

In CA for **parks per capita**

Source: countyoffice.org/ca



5. Access to Quality Primary Care Health Services

6.8%

Of residents <65 years are **without health insurance**

Source: Small Area Health Insurance Estimates

26%

Of CHSS respondents indicated **traveling 20 minutes or more to get to their regular doctor**

Source: CHSS

20%

Of CHSS respondents noted **going to the emergency department** because they **could not get an appointment with their doctor**

Source: CHSS

9.8%

Of survey respondents felt they had been **treated differently due to the color of their skin**

Source: CHSS

13.2%

Of survey respondents felt they had been **treated differently due to their gender**

Source: CHSS



6. System Navigation

78%

Of provider survey respondents indicated that **system navigation** is the most significant health need

Source: CHNA Provider Survey

13.1%

Of CHSS respondents reported they were **unsatisfied with how quickly they could get a doctor appointment**

Source: CHSS



7. Access to Specialty & Extended Care

10%↑

Alzheimer disease mortality
is higher in the county
compared to CA

Source: CDPH California Vital Data

9%↑

Breast cancer: more
prevalent in the county than
in CA

Source: California Cancer Registry

13%↑

Lung cancer: more prevalent
in the county than in CA

Source: California Cancer Registry



8. Increased Community Connections

20%

Of children **live in** a **single parent household**

Source: American Community Survey Table B09005



9. Safe & Violence-Free Environment

15%

Increase in **firearm fatalities** between 2011–2015 and 2016–2020 periods

332

per 100,000

Number of reported violent crime offenses

2.6

per 1,000

Felony juvenile arrests

25%

Of CHSS respondents listed **crime/violence** as one of the top three individual behaviors that are responsible for health issues in the county

Source: National Center for Health Statistics
– Mortality File

Source: FBI Uniform Crime Reporting

Source: California Department of Justice

Source: CHSS



10. Access to Functional Needs

13.4%

Share of households **without reliable internet access**. CA is 13.1%

Source: American Community Survey Table S28 01

31.9%

Of workers who **commute in their car alone for 30 minutes or more**

Source: American Community Survey Table S0802

8.0%

Of occupied **housing units** that have **no vehicles available**

Source: American Community Survey Table DP04_0058PE



11. Access to Dental Care & Preventive Services

60

days

Average wait times at community clinics for dental appointments have **doubled** from 2016 (30 days) to 2022 (60 days)

Source: 2022 Yolo County Oral Health Needs Assessment Community Dental Provider Survey

19%

Of county dentists **accept Medi-Cal Dental**, but only 6% are accepting new patients

Source: 2022 Yolo County Oral Health Needs Assessment Community Dental Provider Survey

433

per 100,000

Emergency visits for persons aged 18 and older with dental problems as a primary diagnosis

Source: Office of Statewide Health Planning and Development

37%

Kindergarten decay rate in schools screened in 2019–2020

Source: Yolo County HHSA Oral Health Program



Community Assets

367

resources identified to support mental health & physical health needs

Top Trusted Leaders

- Healthcare professionals
- Teachers
- Community leaders
- Non-profit organizations
- Law enforcement

Top Trusted Institutions

- Healthcare centers/hospitals
- Food banks
- Non-profit organizations
- Law Enforcement
- University/Community College



Group Activity: Deep Dive into SHNs

- **Time:** 15 minutes
- **Materials:** SHN worksheet, pen or pencil
- **Purpose:** To understand what the CHA findings tell us about each SHN, what is needed to gain a deeper understanding of each SHN, and what the health impact of each SHN is on Yolo County's population.
- **For the SHN assigned, answer the following:**
 - What are the key takeaways from the data?
 - In 1-2 sentences, summarize what the SHN means.
 - What other data are needed to understand the SHN better?
 - What is the health impact of the SHN? Who does it primarily impact?



SECTION FOUR

CHIP Workgroup





Group Activity: CHIP Visioning Exercise

- **Time:** 10 minutes
- **Materials:** Line paper, crayons
- **Purpose:** To build a collective vision around what the CHIP should accomplish.
- **Group activity options to answer the prompt below:**
 - Choose 5 adjectives and write them down
 - Draw a picture
- **During this exercise, consider the following:**

What will this CHIP accomplish if we do our very best?



Other forms of CHA/CHIP participation



- Participate in the CHA 21-day community comment period
- Stay informed via email updates
- Participate in town hall (April 2023)
- Follow Yolo County HHSA on social media



Future meetings

- We will send a “When2Meet”
– from Paulina Hatfield –
please respond
- Week of November 14
- Week of December 12



Stay in touch!

- Samar Lichtenstein (HHSA):
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Thank you!