

Yolo County MCAH Advisory Board

November 16, 2022

Minutes

SUZANNE EIDSON-TON, CHAIR
CAROLYN CAMPOS, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET
WOODLAND, CA 95695

The Yolo County MCAH Advisory Board met on the 16th Day of November, at 8:30 AM via video or teleconferencing

VOTING MEMBERS PRESENT: Ahna Suleiman, Category B; Jenna Shaw-Battista, Category B; Lana Casper, LCSW, Category D; Melina Ortigas, Category D; Linda Copeland, Category E; Cherrie Blair, Category A; Dr. Suzanne Eidson-Ton; Category B

VOTING MEMBERS ABSENT: Carolyn Campos, RN, Category B; Kathy Eastham, Category B

STAFF & GUESTS PRESENT: Raquel Aguilar, HHSa; Nicole Mion, Help Me Grow; Gaby Castaneda, HHSa; Vicky Ocampo, Children’s Home Society of CA; Sandeep Shahi, HHSa; Ann Soliday Bench, CCHC; Lizeth Betancourt, HHSa; Tyra Fulcher, HHSa; Brian Vaughn, HHSa; Alexandria Ford, Partnership Health Plan; Leon Schimmel; Martha Michel, Welcome Baby; Gurpreet Kaur, Northern Valley Indian Health; Lupita Vital, HHSa; Nicole Curreri, Partnership Health Plan Sarah Hartman; First 5 Yolo

8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Raquel Aguilar, RN, BSN, PHN*
The November 16, 2022 MCAH Advisory Board meeting was called to order at 8:35 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA & HOLDING VIRTUAL MEETING** – *Raquel Aguilar, RN, BSN, PHN*
Motion: Melina Ortigas **Second:** Linda Copeland **Discussion:** None **Vote:** Unanimous
3. **APPROVE THE OCTOBER 19, 2022 MINUTES** – *Raquel Aguilar, RN, BSN, PHN*
Motion: Ahna Suleiman **Second:** Linda Copeland **Discussion:** None **Vote:** Unanimous
4. **COMMUNITY HEALTH BRANCH REPORT**
 - **Brian Vaughn:**
 - There are talks that we will have to resume meeting in person after February 2023
 - The vaccine schedule for COVID and Flu can be found on our website
 - There have been several tobacco items that have been pushed forward
 - A presentation was given to the board last week on package sizing and discounting which we have no prohibited; this will make it less accessible for kids
 - We are in the process of planning for our Mental Health Services Act funds for a new 3-year plan
 - There is a community engagement workgroup that
 - If you would like to provide feedback, you can look on our website and search MHSA
 - COVID functions have been integrated with infection control team
 - There is approval to higher a Manager for MCAH

ANNOUNCEMENTS

5. **MEMBER ANNOUNCEMENTS/SHARING**
 - The group agreed to meet in person for January’s meeting
 - **Linda Copeland:**
 - Request for applications for Evidence Based Practices for Parents and Caregivers Trainings will not go out until December
 - Department of Healthcare Services will have a 4th round of grants to expand home visiting services
 - There is a state law mandating contingency management treatment that will be coming out with Medi-Cal; this pays people to stay sober and is an evidence-based treatment

PRESENTATIONS

6. REVIEW 0-5 AGE RANGE DATA FROM JULIAN'S PRESENTATION

- Gaby will send out Julian's responses to the questions from last meeting
- We will review the data at January's meeting

7. FIRST FIVE DATA PRESENTATION 0-5 AGE RANGE- SARAH HARTMAN

- Yolo County ranks last for income inequality in the entire state of California
- In 2021 Yolo County had a total poverty rate of 17% with 35,000 people living in poverty
- **Maternal Health:**
 - Daily folic acid use during pregnancy is average with the state and less with those on Medi-Cal in Yolo County
 - Excessive weight gain during pregnancy is slightly lower than the state average
 - Inadequate weight gain during pregnancy is close to that of the state
 - Alcohol use in 3rd trimester is higher in Yolo County than that of the state
 - Smoking in 3rd trimester is higher than that of the state
 - Smoking during postpartum is significantly higher than that of the state, especially in the Medi-Cal population
 - Cannabis use during pregnancy is average with the state except for the Medi-Cal population, those numbers are significantly higher
- **Social Hardships During the Childbearing Year, 2016-2018:**
 - Prenatal Depression is similar in Yolo County with the state except with Yolo County Medi-Cal population, it is significantly higher
 - Postpartum depression is slightly lower in Yolo County to that of the state, again with the exception of the Medi-Cal population, it is higher in this population
 - No practical or emotional support is slightly higher in Yolo County compared to the state
- **Pandemic Impact in California:**
 - Drop in outpatient visits 2019-2020 was highest among children ages 5-12
 - Dental visits in children dropped 40% in 2020
 - Vaccines in children decreased by 40% in 2020
 - Over 16,000 children in CA lost a primary caregiver due to COVID-19 between April 2020-June 2021; 2/3 were Latino/a
- **Home Visiting & Welcome Baby:**
 - More than 2 million CA families had a pregnant women or children aged 0 to 6
 - Home visiting programs have proven benefits to families
 - First 5 Yolo's Welcome Baby is addressing the need by providing critical home visiting services to families immediately postpartum

ADJOURNMENT

8. Next Meeting: January 18, 2023**10:00 A.M. ADJOURNMENT**

Respectfully submitted by:



Gaby Castaneda, Secretary
Yolo County MCAH Advisory Board %