

COUNTY OF YOLO HEALTH AND HUMAN SERVICES AGENCY

POLICIES AND PROCEDURES

SECTION 6, CHAPTER 12, POLICY 001

PRACTICE GUIDELINES: ADOLESCENT BEST PRACTICE GUIDELINES

POLICY NUMBER:	6-12-001
System of Care:	SUBSTANCE USE
FINALIZED DATE:	02.07.2023
EFFECTIVE:	07.01.2022
SUPERSEDES # :	Supersedes Policy #'s: 6-5-011 Practice Guidelines: Youth Treatment Guidelines

A. **PURPOSE**: This policy outlines the required standards of clinical practice for treating youth ages 12-17 that shall be implemented by Yolo County Health and Human Services Agency (HHSA) Behavioral Health (BH) and its network providers funded by the Substance Abuse Block Grant (SABG).

B. DEFINITIONS:

- 1. **Network Provider**: Any provider, group of providers, or entity that has a network provider agreement with Yolo County HHSA BH and receives Medicaid funding directly or indirectly to order, refer or render covered services as a result of the contract (Title 42 Code of Federal Regulations [42 CFR] § 438.2)
- C. **RELATED DOCUMENTS**: Adolescent Substance Use Disorder Best Practices Guide

D. POLICY:

- Yolo County HHSA BH and its network providers funded by SABG are required to implement and be in compliance with state and federal regulations and standards set forth in the California Department of Health Care (DHCS) Services Adolescent Substance Use Disorder Best Practices Guide.
 - a. Future updates and new guidelines developed by California DHCS for adolescent services shall be adopted as needed.

6-12-001 Practice Guidelines: Adolescent Best Practice Guidelines

E. PROCEDURE:

- 1. Yolo County HHSA BH and its network providers shall familiarize themselves with the most up to date requirements as outlined in the Adolescent (SUD) Best Practices Guidelines and implement accordingly.
- 2. Network providers shall develop internal policies and procedures which meet the requirements outlined in this policy and their executed contracts with Yolo County HHSA.

F. REFERENCES:

- 1. 42 CFR 438.236
- 2. California Department of Health Care Services Adolescent Substance Use Disorder Best Practices Guide
- 3. 45 CFR Part 75, Subpart B "General Provisions"

Approved by:

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Date

2/7/2023

Date