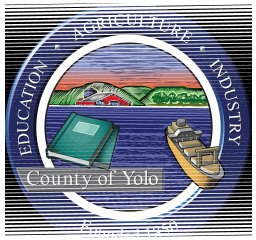
Yolo CHIP Workgroup

Meeting 5
February 9, 2023

RDA CONSULTING



Agenda

2:00 PM	Welcome, Agenda & Today's Objectives
2:05 PM	Roadmap Check-in & Subgroup Updates
2:10 PM	Setting Goals
2:30 PM	Breakout Groups: Brainstorming Objectives
2:55 PM	Homework & Next Steps
3:00 PM	Thank you & Farewell

Meeting Objectives

- Updating Workgroup members on Subgroups work & actions
- To set final **Goals** for Risk Behavior & Service Environment priority areas
- To begin brainstorming **Objectives** for priority area **Goals** selected
- Setting the stage for **Strategy** identification

Updates & Sharing

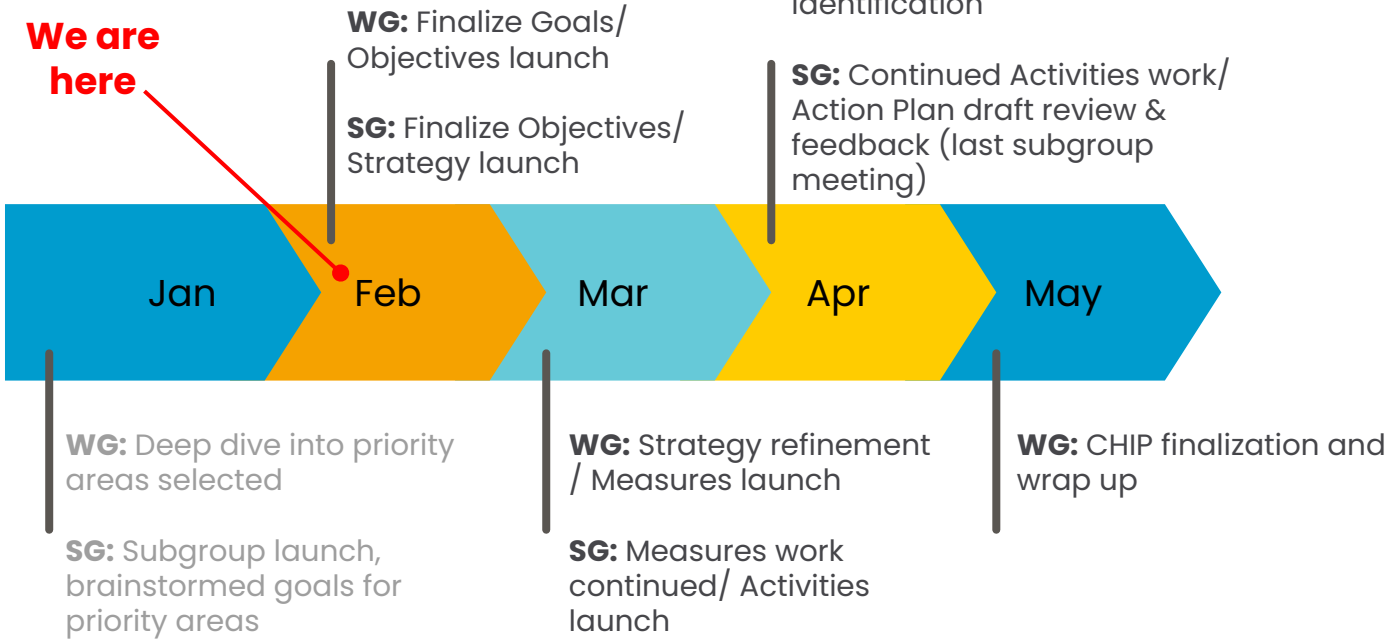
Workgroup & Subgroup Communications

- Google Drive (documents, articles, etc.)
- Workgroup Roster (opt-in needed to share emails)
  - Link to form in the chat or scan QR code to the right →

Roadmap & Subgroups Check-in

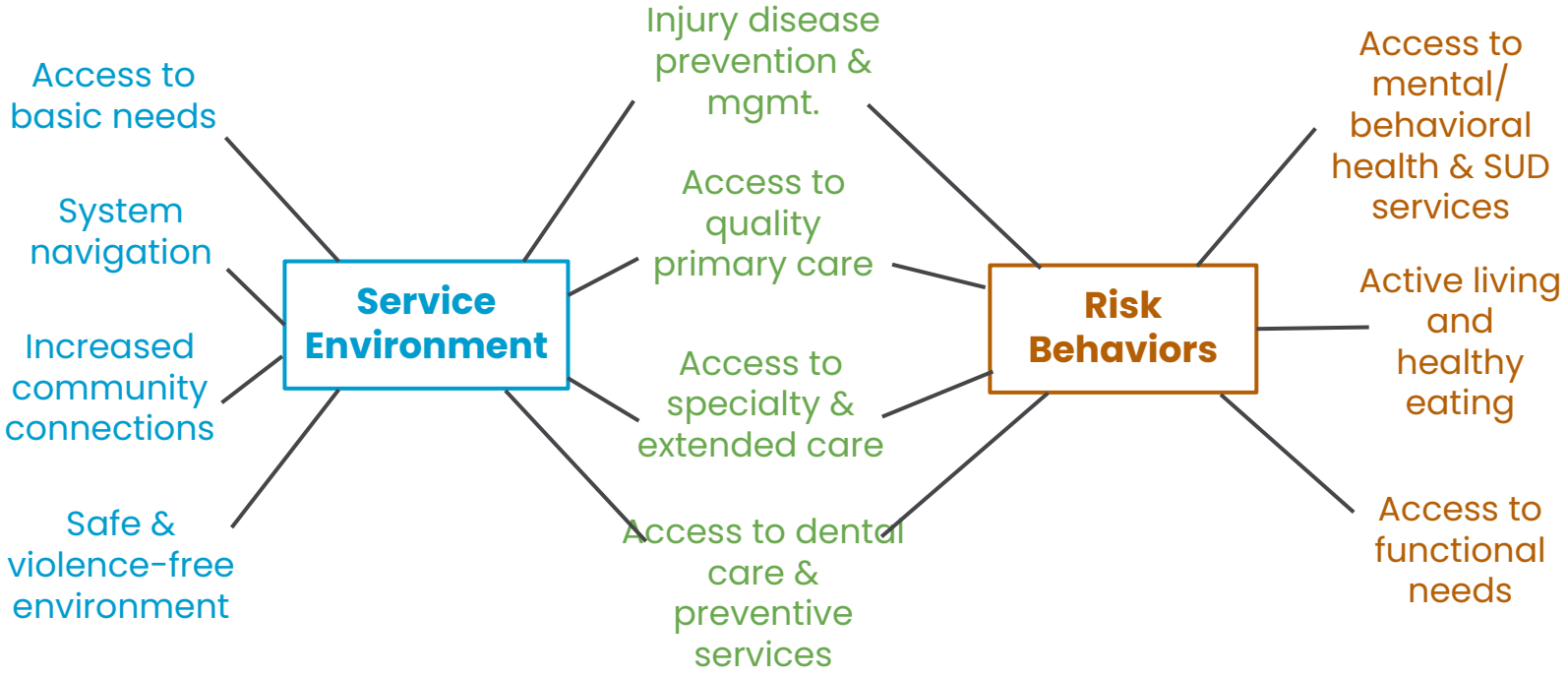
Roadmap: Where are we headed?

WG → Workgroup
SG → Subgroup



Setting Goals

Which SHNs does each priority area affect?



Goals

Goal: "A broad statement about what you want to achieve"

Creating a meaningful goal:

- Broad (aspirational), future oriented statement
- Defines scope of achievement (who do you want to impact in what way)
- Provides framework for objectives

1. All children and youth in Yolo County thrive in healthy educational, play & care environments

Google Form Feedback

"What does *Healthy* mean in this goal" "What Risk Behavior is being addressed?"

Rewrite suggestion: All children and youth in Yolo County should have the opportunity to thrive and be healthy.

Discussion, Comments, Edits…

How does this encompass youth? +1 (period of time between childhood and adult age - was initially added, support use of using only "youth")

When think of common term youth don't think of children (support keeping both words) +3 (work for youth homelessness youth is 8-20, so children is good to keep) (really different needs)

Gives better idea using children + youth

What risk behavior is being addressed? No indication that it's a risk behavior could easily be service environment also.

No opposition to rewrite suggestion.

2. All residents of Yolo County experience barrier and stigma free awareness and care for substance use disorders and related risk behaviors

Google Form Feedback

"What is meant by awareness: awareness of services? of SUD?"
"Mental health feels left out of this goal, does it fit in somehow"
"Wording and position of *barrier* is difficult to understand intent"
"similar to goal 4"

Rewrite suggestion: Equitable and stigma free access to care for mental health, substance use disorders and related risk behaviors.

Discussion, Comments, Edits…

Distinction b/w SUDs and MH - like how it's written, MH & BH are sort of the same but should be kept separate in goal - shared understanding will help in PH & BH to work together

Can touch on access barriers, getting treatment, and other barriers in #4 to distinguish from #2

Focus is on residents' experience which is different than access - two different aspects of the challenge. Not as much in favor of rewrite - takes focus away from residents' experience

- Change access to experience

3. Every child who interacts with the foster care system will be placed in an environment that supports their health and growth

Google Form Feedback

"liked wording of this goal"
"What Risk Behavior is this goal addressing"
"Important to engage foster youth for addressing if selected - ensuring representative input and voice"

Discussion, Comments, Edits...

Should we include youth?
Suggestion: every child and youth who interacts... +1 (all children and youth)

Only addresses foster youth in system there are other youth who are justice-involved; is it only specific to foster care? (juvenile-dependency system, homeless youth - how embody all of them?) [may be too broad to include all]

4. Equitable and stigma free access to mental and behavioral health care is available to all Yolo County Residents

Google Form Feedback

“seems similar to goal #2.”
“use of *Equitable* and *available to all* seems duplicative - can we select one phrase”

Discussion, Comments, Edits…

5. Yolo County will support early detection, intervention & treatment systems and resources that are accessible for all residents throughout their life course

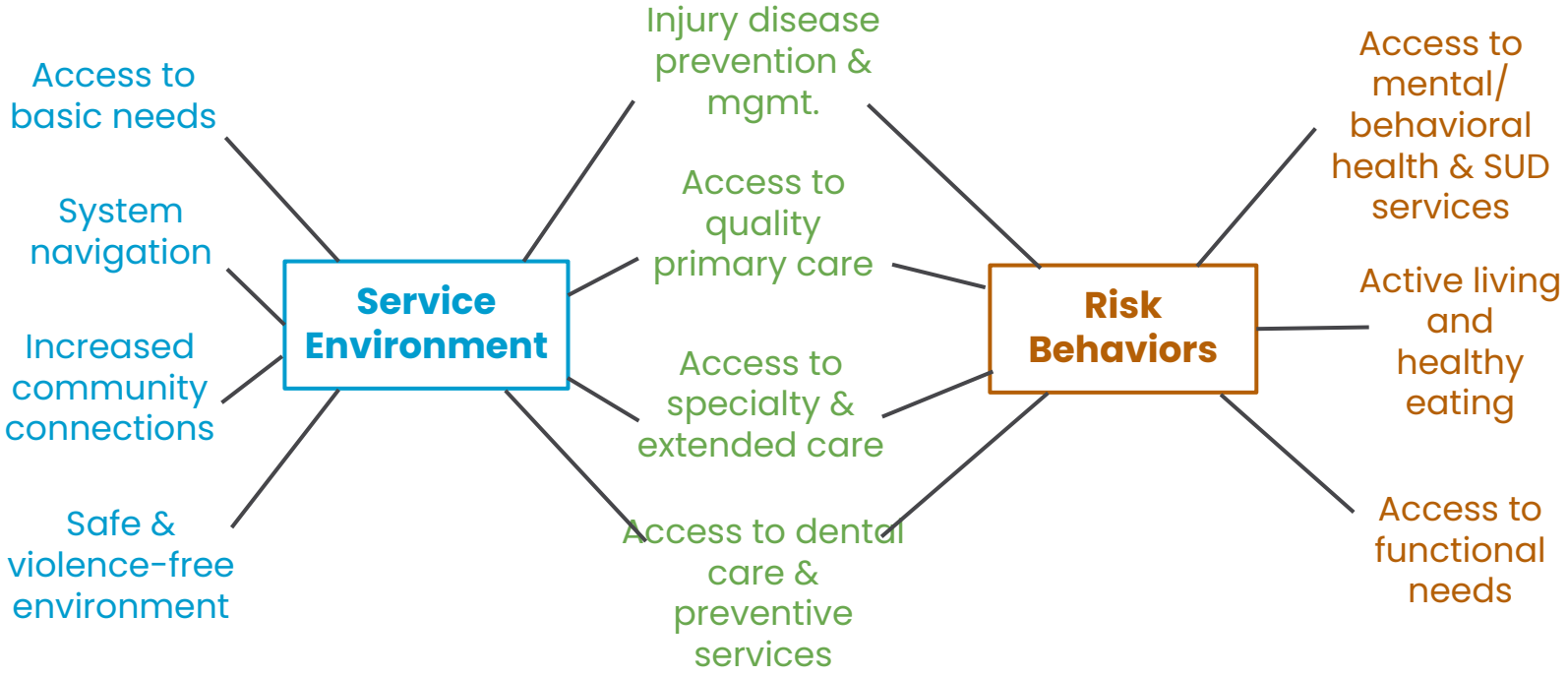
Google Form Feedback

"too much jargon, needs to be simplified - systems, life course"
"Looking for clarity - early detection, intervention, treatment...of what"

Discussion, Comments, Edits...

A bit cumbersome, not sure what is meant Yolo County will support? Is it YC healthcare systems, what is meant? Too broad, sort of everything... early detection of diseases, mental health?

Which SHNs does each priority area affect?



1. All families in Yolo County have equitable access to preventive and primary health & wellness services.

Google Form Feedback

"well worded"

Discussion, Comments, Edits…

families and individuals to capture all people (some don't identify with family)

2. All children under 5 in Yolo County thrive and achieve developmental milestones that support their growth and wellness.

Google Form Feedback

"seems similar to previous goal of all families"
"What developmental milestones - seems vague"
"do we want to single out children under 5? also worried about children over 5 with lack of resources"
"Does singling out such a specific population over other community needs seem the right direction"
"more emphasis needed on early childhood education and quality provider care for COVID induced developmental delays"

Discussion, Comments, Edits...

Very specific, word thrive that's more vague - would take out thrive and suggest it be all children under 5 achieve developmental milestones

3. Integrated and aligned social service and behavior health systems improve quality of life for Yolo County residents

Google Form Feedback

"How do integrated and aligned ss systems and bh systems improve quality of life"
"Should this goal also add in public health with ss and bh systems?"

Discussion, Comments, Edits…

Is it excluding county-based programs? Sounds like social services and mental health but what about other systems like medical systems, etc.?

Suggestion: say health systems

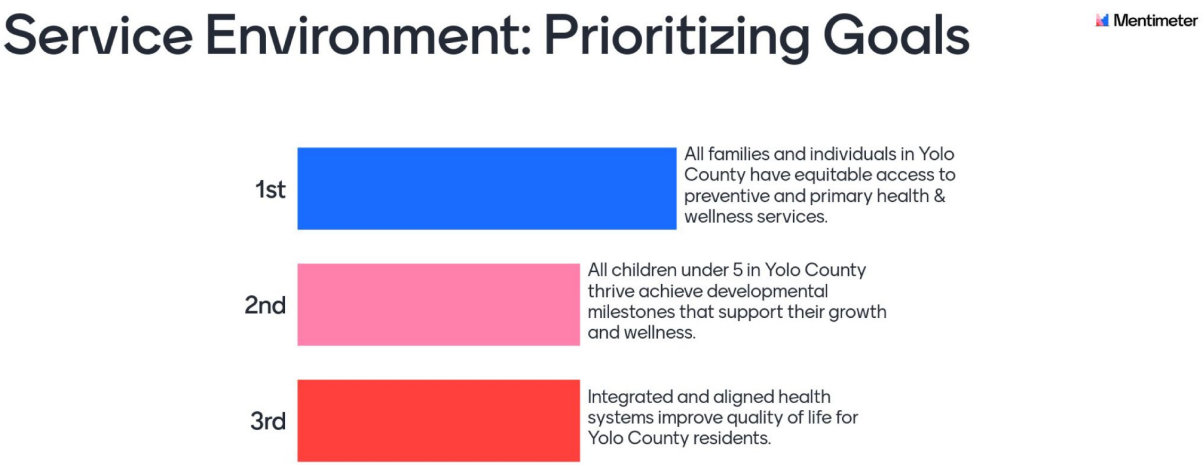
Goals

Time to Vote…

- Use Mentimeter to rank each goal
  - **Click** on the **link in the chat** **or scan** the **QR code below with** your **phone**

SCAN ME →

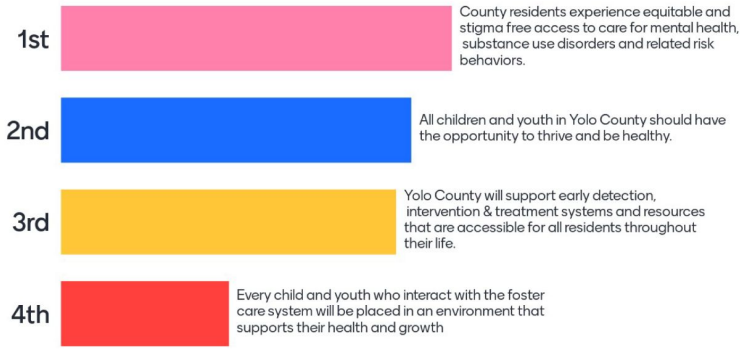
MentiMeter Results: Service Environment



MentiMeter Results: Risk Behaviors

Risk Behaviors: Prioritizing Goals

Mentimeter



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Breakout: Brainstorming Objectives

Objectives

Objective: "Statements about what your work, efforts or actions are intended to accomplish/achieve and how."

Note: You often will need more than one objective to address a single goal.

Example:

- "By the end of 2023, 65% of the county's youth are consuming the recommended amount of fruits and vegetables"
- "By August 2024, there will be an increase in the number of elementary age students in Yolo County who eat at least 5 servings of fruits and vegetables per day from 30% to 60%"

Objectives Brainstorming

Questions to help:

- What awareness must be increased or created and with whom?
- What knowledge or skill must be improved and by whom?
- What behaviors must change? How and by whom?
- What policies must be changed? How and by whom?
- What types of systems changes are needed? (think big system – social, health care, employment, government, etc.)

Objectives Brainstorming: Risk Behaviors

Goal Selected: County residents experience equitable and stigma free access to care for mental health, substance use disorders and related risk behaviors.

Example Objective: *"By the end of 2023, 65% of the county's youth are consuming the recommended amount of fruits and vegetables"*

Questions to help:

What awareness must be increased or created and with whom?

What knowledge or skill must be improved and by whom?

What behaviors must change? How and by whom?

What policies must be changed? How and by whom?

What types of systems changes are needed? (Think big system - social, health care, employment, government, etc.)

- Brainstorm here
  - Informed by good data, can help to break down silos
  - Need understanding of cross-cultural approaches and communication to keep folks engaged (stigma approach; consider linguistic isolation - difficult to reach Russian speaking population)
  - Yolo County will create a public-facing portal to access current data re: mental health, substance use, and related risk behaviors.
  - Refugee populations - many don't speak English, don't know how to access resources or who to speak to
  - Migrants coming in different times of year to do farm work
  - One side provider; community side - stigma; provider training or community side
  - Russian / Latin speaking community - need to get system language to the side
  - Bullying - dispute resolution counselor, need an outlet; can approach person in county and explain their issue; allowing bullied folks to have an outlet
  - Individual outside the system who can receive and issue and not be tied to agency

Next slide →

Objectives Brainstorming: Risk Behaviors Cont.

Goal Selected: County residents experience equitable and stigma free access to care for mental health, substance use disorders and related risk behaviors.

Example Objective: *"By the end of 2023, 65% of the county's youth are consuming the recommended amount of fruits and vegetables"*

- Brainstorm here
  - Yolo Conflict Resolution Center engaged - considering how to allow that space for community members to have issues addressed in trauma informed way
  - Providing harm reduction services, not solely focused on cessation for SUDs
  - Increase system engagement/collaboration to be holistic
  - The use of "language brokers" or "cultural ambassadors" during COVID was helpful. It would be great if this was a county standard in agency outreach.
  - How to work with youth population? Have MH support in conjunction with HHSA, Communicare, Education, support at school sites; have more funding to support as needed; ongoing issue

Questions to help:

What awareness must be increased or created and with whom?

What knowledge or skill must be improved and by whom?

What behaviors must change? How and by whom?

What policies must be changed? How and by whom?

What types of systems changes are needed? (Think big system - social, health care, employment, government, etc.)

Objectives Brainstorming:
Service Environment

Goal Selected: All families and individuals in Yolo County have equitable access to preventive and primary health & wellness services.

Example Objective: *"By the end of 2023, 65% of the county's youth are consuming the recommended amount of fruits and vegetables"*

- Yolo county residents to be aware of services that are currently available (shared from housing services)
- Access to quality services - some services people receive would not be considered 'quality', not enough providers in general
- Access for farm workers, job leave to get services is not available "sick time", transportation issues
- Need more culturally aligned, competent and understanding navigation for services - build off of successful model - Promotoras(es)
  - Increase numbers in county to support.
  - Technical Assistance can be provided too for wrap around needs
- Timely services needed, delayed follow-up, skipping appointments.
- Do we need to define "wellness" – drawing on SDoH and whole person care
- Need number for all resources "one stop shop" (example: for aging resource line)
- CHW benefit growth and inclusion in more organizations (education around building network, billing, etc…). Helping organizations know how to use and integrate

Questions to help:

What awareness must be increased or created and with whom?

What knowledge or skill must be improved and by whom?

What behaviors must change? How and by whom?

What policies must be changed? How and by whom?

What types of systems changes are needed? (Think big system - social, health care, employment, government, etc.)

Next Steps

Next Steps

Upcoming subgroup meetings:

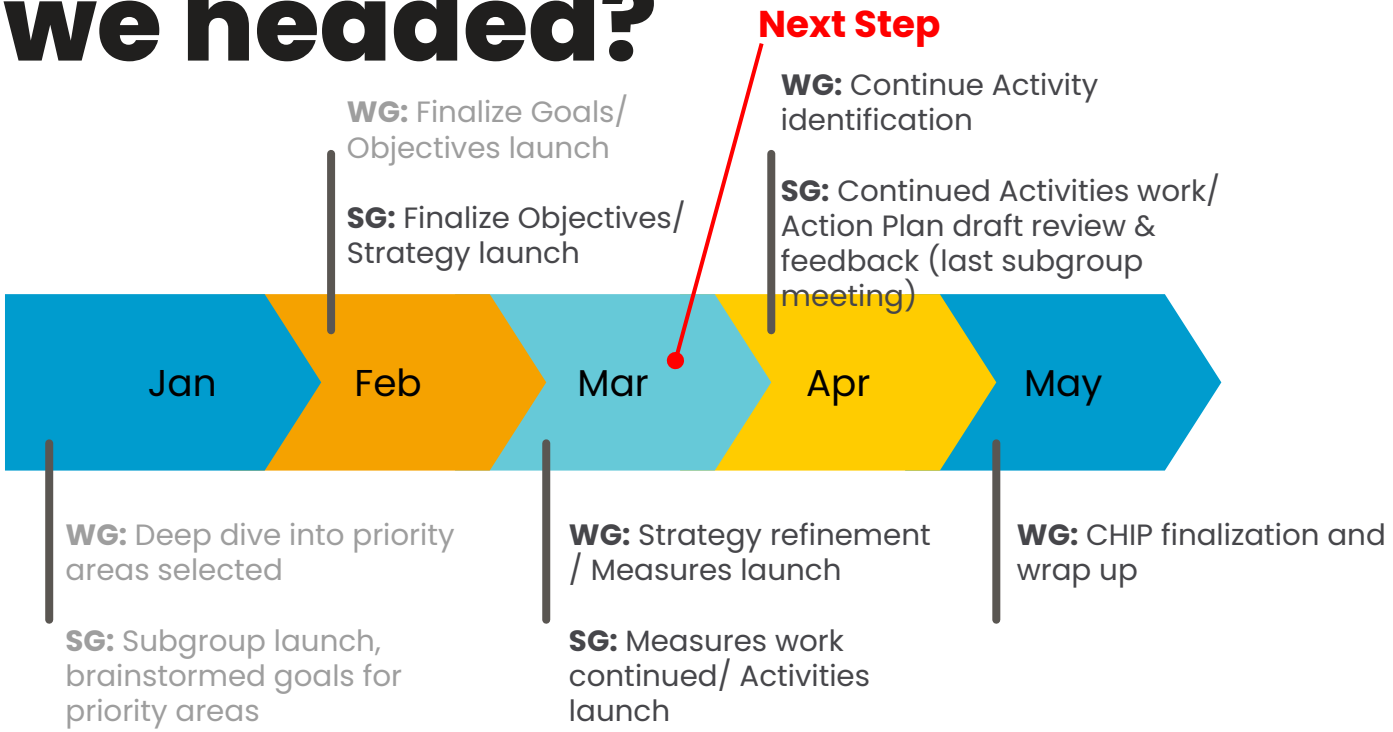
Service Environment: Tuesday, February 14th @ 12:00 to 1:00 PM

Risk Behaviors: Thursday, February 16th @ 10:00 to 11:00 AM

Creating SMART Objectives Worksheet & Agendas coming 2/10!!

Roadmap: Where are we headed?

WG → Workgroup
SG → Subgroup



Strategies

Strategy: “Evidence based or data informed actions, decisions, efforts that will be carried out to meet objectives identified.”

Note: Whereas the objective is WHAT you are going to do, the strategy is HOW you will achieve this objective

Stay in touch!

- **Samar Lichtenstein** (HHSA): samar.lichtenstein@yolocounty.org
- **Courtney Davis** (RDA): cdavis@rdaconsulting.com
- **Vanessa Garcia** (RDA): vgarcia@rdaconsulting.com

Healthy Yolo Website
www.healthyyolo.org

Yolo HHSA social media
https://www.facebook.com/YoloCountyHHSA/

Thank you!