

Yolo County Health Council

January 12, 2023

Minutes

ANTHONY VOLKAR, CHAIR
NICKI KING, CO-VICE CHAIR
CHESTER AUSTIN, CO-VICE CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING, COMMUNITY ROOM

25 NORTH COTTONWOOD STREET

WOODLAND, CA 95695

The Yolo County Health Council met on the 12th Day of January 2023 at 9:00 a.m. via video or teleconferencing.

VOTING MEMBERS PRESENT: Anthony Volkar, District 1; Ximena Diez-Jackson, District 2; Carri Ziegler, District 3; Leon Schimmel, District 4; Valerie Olson, District 5; Michelle Famula, At-Large Member; Pat Moore-Pickett, At-Large Member; Dawn Myers, Commission on Aging & Adult Services; Lori Duisenberg, First 5 Yolo; Nicki King, Local Mental Health Board; Keeley Albright, CommuniCare Health Centers; Jessica White, Elica Health Centers; Chester Austin, Northern Valley Indian Health; Deven Merchant, Sutter Health; Margaret Trout, UC Davis; Stacey McCall, Winters Healthcare; Tandy Burton, Woodland Healthcare

VOTING MEMBERS ABSENT: Nick Birtcil, At-Large Member; Celeste Armstrong, EMCC; Tatyana Bak, Elica Health Centers; Jeneba Lahai, Yolo County Children’s Alliance; Mark Ho, Kaiser Permanente; Kathryn Power, Partnership HealthPlan of California

STAFF & GUESTS PRESENT: Deputy Supervisor Sheila Allen, District 4; Sherri Olswang, Woodland Healthcare; Aimee Sisson, Health Officer; Brian Vaughn, Public Health Director; Nilufar Ceyhan, HHSA; Alexander Tengolics, Manager of Governmental Relations; Marina Valle, C.A.R.E. Consulting

9:00 A.M. CALL TO ORDER

The January 12, 2023, Health Council meeting was called to order at 9:01 a.m. by Anthony Volkar, Health Council Chair.

1. **WELCOME** – *Anthony Volkar, Chair*
2. **ROLL CALL** – *Nilufar Ceyhan, Secretary*
A roll call for voting members was taken, and the quorum was confirmed.
3. **VOTE ON APPROVAL OF AGENDA, THE [NOVEMBER 10, 2022 MINUTES](#), AND CONTINUATION OF VIRTUAL HEALTH COUNCIL MEETINGS** – *Anthony Volkar, Chair*
Motion: Chester Austin **Second:** Deven Merchant **Discussion:** None **Agenda Vote:** Unanimous
Minutes Vote: 16 Yes, 0 No, 2 Abstain: Lori Duisenberg, First 5 Yolo; Margaret Trout, UC Davis
4. **STATE AND COUNTY UPDATE** – *Alexander Tengolics, Manager of Governmental Relations*
 - Alexander Tengolics, Manager of Governmental Relations:
 - January 3rd, Yolo County issued a local emergency declaration due to the storms.
 - January 10th, the Governor’s budget was released. There is a significant budget deficit projected.
 - Mark Bryan is now the Deputy County Administrator.
5. **BOARD OF SUPERVISORS UPDATE** – *Sheila Allen, Deputy Supervisor, District 4*
 - Sheila Allen, Deputy Supervisor, District 4:
 - Lucas Frerichs was elected to District 2 and is assigned to the Health Council.
 - Gary Sandy was re-elected for District 3.
 - Large areas of Yolo County lost electricity for multiple days due to the winter storm. There are discussions about the follow-up to reach those with medical needs for electricity. The Commission on Aging has been working on emergency preparedness and discussion of potential contact lists.
 - At the end of November, City of Davis had a resolution called Hate-Free Together, which consists of community conversations about the hate-speech actions that have been happening in Davis and working together to improve the community.
 - Yolo Adult Day Health has a subcommittee working on finding a space to expand the number of slots that are available for clients.
 - Request for the Health Council to receive regular updates on the Yolo Adult Day Health Care expansion project.

6. HEALTH OFFICER UPDATE – Dr. Aimee Sisson, Health Officer

Summary of the items covered in the presentation [Health Officer Update](#)

- Yolo's COVID-19 case rate is decreasing.
- Yolo has Substantial Community Transmission.
 - 7.9/100k/day
 - 55/100k/week
- SARS-CoV-2 wastewater levels are high and rising.
- Yolo COVID-19 hospitalizations are low.
 - COVID-19+ Patients in Yolo Hospitals:
 - 1/5/23 - 3, 1 ICU
 - 12/5/22 - 5, 2 ICU
 - 1/27/22 - 29, 8 ICU
- Yolo is at Medium COVID-19 Community Level.
- XBB.1.5 causing growing proportion of cases.
 - XBB.1.5 now causing at least 8% of cases
 - Doubling weekly
 - Evades immunity from vaccine and prior infection
 - BQ variants still dominant
 - BQ.1 (31%) and BQ.1.1 (41%) dominate
 - Bivalent vaccines remain effective but monoclonal antibodies are not
- Bivalent boosters recommended for 6 months +.
 - Bivalent boosters target Omicron (BA.4/5) and the original SARS-CoV-2 strain
 - Boost waning immunity and offer improved Omicron protection
 - Everyone 6 months+ recommended to receive single bivalent dose
 - As of 1/6, 25% of Yolo residents 5+ have received bivalent booster (58% of 65+)
 - As of 1/6, 19% of California residents 5+ have received bivalent booster (43% of 65+)
- Seek COVID-19 treatment early if have symptoms.
 - COVID treatments are safe and effective
 - Must be started within 5-7 days
 - Oral COVID treatments are free
 - Mobile Test-to-Treat bus open 8-4 daily
 - SesameCare offers free telehealth consultation and treatment
 - 1-833-686-5051
 - sesamecare.com/covidca
- It's not too late to get vaccinated against influenza.
 - Flu activity is Moderate and decreasing
 - Flu hospitalizations and lab detections decreasing
 - Vaccination recommended annually for 6 mo+
 - 65+ recommended to receive high-dose or adjuvanted vaccine if available
 - Flu vaccine and COVID booster can be given at same time
 - Vaccines available through healthcare providers & retail pharmacies
 - Effective 11/1, healthcare workers must get vaccinated or wear a mask indoors
- RSV activity has decreased after early peak.
 - Respiratory syncytial virus (RSV) is common and mild except in infants and older adults
 - Can cause bronchiolitis and pneumonia
 - Hospitalization may be required if severe
 - High-risk infants can receive monthly monoclonal antibody during RSV season to prevent RSV infection
 - Pediatric bed availability improved

- Respiratory virus activity is currently high.
 - COVID-19, influenza, and RSV are all circulating right now
 - Take action to protect yourself and your community:
 1. Vax against flu and COVID
 2. Mask indoors
 3. Wash hands regularly
 4. Stay home when sick
 - Masks required for all in healthcare, homeless shelter, and correctional settings

7. COMMUNITY HEALTH BRANCH (CHB) UPDATE – *Brian Vaughn, Public Health Director*

- Governor’s Proposed Budget:
 - \$297 billion/ \$29.5 billion less than projected last year
 - Expansion of transitional kindergarten eligibility and subsidized childcare slots
 - Maintains expansion of Medi-Cal eligibility to all income-eligible residents, regardless of immigration status
 - Proposes \$200m for a Medi-Cal 1115 demonstration waiver focused on reproductive health
 - Public Health realignment growth slowing
 - Maintains \$300m annual for Future of Public Health Investments
 - Reduces Public Health Equity and Readiness Opportunity (HERO) Initiative investments by \$49.8m over 4 years, leaving \$25.8m in one-time investment
 - COVID-19: \$176.6m for implementation of the Governor’s SMARTER Plan
- Local Updates:
 - Community Health is now the Public Health Branch
 - January 10, Yolo County Community Health Assessment (CHA) 2023-25 released
 - Community Health Improvement
 - Plan being finalized now
 - Tobacco wins:
 - November 22, the County Board of Supervisors approved updates to the local Tobacco Retail Licensing Ordinance to Prohibit tobacco coupons and discounts and to establish minimum pack size and price regulations
 - December 6, the City of Winters adopted a ban on the sale of flavored tobacco products
 - COVID-19 After-Action Report (AAR) kicks-off today
 - Career Ladder Grant
 - PH101 training and core competencies
 - Workforce development
 - MSHA 3-year plan development
 - California Home Visiting Expansion (CHVP) funding: \$440k per year
 - Emergency Preparedness team continues response efforts related to recent storms
 - Additional updates in monthly branch updates
- Healthy Worker Survey:
 - In December 2022, HWSA administered the evidenced-based Healthy Worker Survey to assess staff health post COVID-19 pandemic
 - Major findings for Public Health Branch staff include high anxiety and highly burned-out staff
- Mental Health Services Act History:
 - Passed by California voters in 2004 amid calls for fundamental changes to mental health care, the MSHA was a beginning for California to build a community-based mental health system as an alternative to institutionalization.
- Five components of MSHA
 - Services/activities funded by the MSHA
 1. Community Services and Supports (CSS)
 2. Prevention and Early Intervention (PEI)
 3. Workforce Education and Training (WET)
 4. Capital Facilities and Technology (CFTN)
 5. Innovation (INN)

- MHSa Focus Group
 - Intersection of physical and mental health
 - \$35m allocated for FY22-23
 - C.A.R.E. Consulting: Marina Valle

8. MHSa FEEDBACK SESSION – Marina Valle, C.A.R.E. Consulting

- MHSa's goal is to work with the community on issues specific to mental health needs. The county is sponsoring over 30 listening sessions to create improvement opportunities. The Community engagement workgroup is part of an effort to meet fully engaged stakeholders in all planning phases.
- MHSa funds mental health work in the county, including direct services, suicide prevention, early identification of issues, stigma reduction, workforce development, and innovations.
- Focus group discussion was conducted with specific questions regarding community mental health issues.
- Links shared:
 - www.yolocounty.org/mhsa
 - mhsa@yolocounty.org
 - <https://www.research.net/r/YoloMHSADemographicsForm>

9. BRAINSTORM FUTURE COUNCIL MEETINGS – Anthony Volkar, Chair

- State of Emergency is ending at the end of February.
- Health Council is planning to return to in-person meetings in March.
- Valerie Olson requested to have an epidemiologist report as a potential future Health Council item.

10. REPRESENTATIVE REPORT OUT & ANNOUNCEMENTS

- Carri Ziegler's public announcement was an invitation to the community to attend Paul's Place opening celebration on February 8th at 10:30 am.

11. PUBLIC COMMENT

- NONE

ADJOURNMENT

1. NEXT MEETING – February 9, 2023, at 9:00 a.m.

The meeting was adjourned at 11:01 a.m.

Respectfully submitted by:

Nilufar Ceyhan

Nilufar Ceyhan, Secretary
Yolo County Health Council