

Yolo County Health Council

February 9, 2023

Minutes

ANTHONY VOLKAR, CHAIR
NICKI KING, CO-VICE CHAIR
CHESTER AUSTIN, CO-VICE CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING, COMMUNITY ROOM

25 NORTH COTTONWOOD STREET

WOODLAND, CA 95695

The Yolo County Health Council met on the 9th Day of February 2023 at 9:00 a.m. via video or teleconferencing.

VOTING MEMBERS PRESENT: Anthony Volkar, District 1; Ximena Diez-Jackson, District 2; Leon Schimmel, District 4; Valerie Olson, District 5; Michelle Famula, At-Large Member; Pat Moore-Pickett, At-Large Member; Lori Duisenberg, First 5 Yolo; Jeneba Lahai, Yolo County Children’s Alliance; Nicki King, Local Mental Health Board; Mark Ho, Kaiser Permanente; Chester Austin, Northern Valley Indian Health; Deven Merchant, Sutter Health; Margaret Trout, UC Davis; Sherri Olswang, Woodland Healthcare

VOTING MEMBERS ABSENT: Carri Ziegler, District 3; Dawn Myers, Commission on Aging & Adult Services; Celeste Armstrong, EMCC; Keeley Albright, CommuniCare Health Centers; Tatyana Bak, Elica Health Centers; Kathryn Power, Partnership HealthPlan of California; Stacey McCall, Winters Healthcare; Tandy Burton, Woodland Healthcare

STAFF & GUESTS PRESENT: Deputy Supervisor Sheila Allen, District 4; Jill Perez, Chief Deputy County Administrator; Aimee Sisson, Health Officer; Brian Vaughn, Public Health Director; Nilufar Ceyhan, HHSA; Rebecca Tryon, HHSA Program Manager; Robert Herrick, Public Health Epidemiologist

9:00 A.M. CALL TO ORDER

The February 9, 2023, Health Council meeting was called to order at 9:01 a.m. by Anthony Volkar, Health Council Chair.

1. **WELCOME** – *Anthony Volkar, Chair*
2. **ROLL CALL** – *Nilufar Ceyhan, Secretary*
A roll call for voting members was taken, and the quorum was confirmed.
3. **VOTE ON APPROVAL OF AGENDA, THE JANUARY 12, 2023 MINUTES, AND CONTINUATION OF VIRTUAL HEALTH COUNCIL MEETINGS** – *Anthony Volkar, Chair*
Motion: Chester Austin **Second:** Leon Schimmel **Discussion:** None **Agenda Vote:** Passed Unanimously
Minutes Vote: Passed Unanimously
4. **STATE AND COUNTY UPDATE** – *Jill Perez, Chief Deputy County Administrator*
 - Jill Perez, Chief Deputy County Administrator:
 - State will be ending the COVID-19 emergency on February 28th.
 - Meetings subject to the Brown Act must return to in-person.
 - On February 21st, Dr. Aimee Sisson will provide the Board of Supervisors with a COVID-19 update, and the Board will consider ending the local emergency.
 - The Board has approved a new position for DEI (Diversity, Equity & Inclusion) manager out of the County Administrator’s Office.
5. **BOARD OF SUPERVISORS UPDATE** – *Sheila Allen, Deputy Supervisor, District 4*
 - Sheila Allen, Deputy Supervisor, District 4:
 - Yolo County has received a \$9M grant from the State and planning to build a second library with a community room in Davis. City of Davis also committed up to \$1.2M. The plan will be presented to the Board of Supervisors on the February 21st meeting.
 - The need for expansion of the Yolo Adult Day Health Center continues to be a joint project between Yolo County and Dignity Health, with Yolo County holding the license for it. The Health Council can get an update on that and see what needs to be the next steps.
6. **HEALTH OFFICER UPDATE** – *Dr. Aimee Sisson, Health Officer*
Summary of the items covered in the presentation [Health Officer Update](#)
 - State and federal COVID emergencies are ending.

- State emergency ends February 28
 - Impacts on staff flexibilities
- Federal emergency ends May 11
 - Impacts on free resources (tests, vaccines, treatments)
- BOS to consider end of local public health emergency on 2/21
- Cal/OSHA Non-Emergency Regulations went into effect Feb. 3
- Ending of emergency does not mean COVID has gone away but does represent new era of response
- Yolo's COVID-19 case rate is relatively low and stable.
- SARS-CoV-2 wastewater levels are low.
- Yolo COVID-19 hospitalizations are low.
- Yolo is at Medium COVID-19 Community Level.
- XBB.1.5 is now most common variant.
 - XBB.1.5 now causing 46% of cases
 - Evades immunity from vaccine and prior infection
 - Bivalent vaccine ~50% effective in preventing symptomatic infection
 - BQ variants no longer dominant
 - BQ.1 (14%) and BQ.1.1 (31%)
- Bivalent boosters recommended for 6 months +.
 - Bivalent boosters target Omicron (BA.4/5) and the original SARS-CoV-2 strain
 - Boost waning immunity and offer improved Omicron protection
 - Everyone 6 months+ recommended to receive single bivalent dose
 - As of 1/30, 26% of Yolo residents 5+ have received bivalent booster (60% of 65+)
 - As of 1/30, 20% of California residents 5+ have received bivalent booster (45% of 65+)
 - DoorVax still available, now 2x/week
- COVID antigen tests widely available.
 - Public libraries
 - 5 vending machines
 - *Woodland La Superior Market
 - *West Sacramento Community Center
 - Davis Mary L. Stephens Library
 - Esparto Regional Library
 - Winters City Hall
 - Federal government: www.covid.gov/tests; 4/household
 - Retail pharmacies (8/member/month through insurance)
 - Stock up before May
- Seek COVID-19 treatment early if have symptoms.
 - COVID treatments are safe and effective
 - Must be started within 5-7 days
 - Oral COVID treatments are free
 - SesameCare offers free telehealth consultation and treatment
 - 1-833-686-5051
 - sesamecare.com/covidca
 - Provider Warmline M-F, 6a-5p for real-time advice: [1-866-268-4322](tel:1-866-268-4322) (866-COVID-CA)
 - [Provider FAQs](#) available
 - EUA updated 2/1: positive test no longer required to prescribe
- Flu activity is minimal.
 - Flu activity is Minimal
 - Flu hospitalizations and lab detections decreasing
 - Vaccination recommended annually for 6 mo+
 - 65+ recommended to receive high-dose or adjuvanted vaccine if available
 - Flu vaccine and COVID booster can be given at same time
 - Vaccines available through healthcare providers & retail pharmacies
 - Effective 11/1, healthcare workers must get vaccinated or wear a mask indoors
- RSV activity is low.
 - Respiratory syncytial virus (RSV) is common and mild except in infants and older adults

- Can cause bronchiolitis and pneumonia
- Hospitalization may be required if severe
- High-risk infants can receive monthly monoclonal antibody during RSV season to prevent RSV infection
- Respiratory virus activity is low but not zero.
 - COVID-19, influenza, and RSV are all circulating
 - Take action to protect yourself and your community:
 1. **Vax** against flu and COVID
 2. **Mask** indoors
 3. **Wash** hands regularly
 4. **Stay home** when sick
 - Masks required for all in healthcare, homeless shelter, and correctional settings

7. COMMUNITY HEALTH ASSESSMENT REPORT – Rebecca Tryon, HHS Program Manager

Summary of the items covered in the presentation [Health Council CHA/CHIP](#)

- Healthy Yolo:
 - Assessment (2023-25 CHA)
 - Strategic Planning (CHIP)
 - Implementation
 - Evaluation (continuous)
- For more info & to access the CHA:
 - www.healthyyolo.org
- Comprehensive Data Collection:
 - Community Health Status Survey (1,500+ residents)
 - 47 community health experts, social service providers, CBOs and residents interviewed
 - 14 community service providers completed Service Provider Survey
 - 100+ quantitative metrics from county, state, and federal sources
 - Built upon 2022 Community Health Needs Assessment
- Yolo County’s prioritized significant health needs (SHNs)
 - Access to Basic Needs Such as housing, jobs, and food; access to mental/behavioral health and substance use services; injury and disease prevention and management; active living and health eating; and ect.
- Looking Upstream: Disparities in the Social Determinants of Health
 - Economic Stability; Social and Community context; Neighborhood and Built Environment; Education; Health and Healthcare; and others
- Priority Populations:
 - Unhoused individuals/families
 - Migrant residents/farmworkers
 - BIPOC residents
 - Older adults
 - Rural communities
 - Those living in poverty
- Moving from Analysis to Collaborative Action: Community Health Improvement Plan (CHIP)
 - Two Focus Areas for CHIP: Improving the Service Environment & Addressing Risk Behaviors
 - Focus Areas Impact Multiple SHNs:
 - Service environment
 - Risk Behaviors
- Multi-Sector CHIP Workgroup:

- CommuniCare Health Centers; Community Advisors; Empower Yolo; First 5 Yolo; Health Education Council; National Alliance on Mental Illness (NAMI); and others
- CHA & CHIP address County strategic goals:
 - Health Equity
 - Collective Impact Model for Community Change
 - Addresses priority communities, such as families in poverty/older adults/homelessness
 - Data-driven decisions and outcome metrics
- Call To Action: Health Council Engagement
 - Review and share CHA (www.healthyyolo.org)
 - Advocate to the BOS on CHIP priorities, including supporting funding opportunities that address the 11 SHNs and root causes
 - Provide input on CHIP interventions in the community as appropriate

8. PUBLIC HEALTH BRANCH UPDATE – *Brian Vaughn, Public Health Director*

- COVID-19 specific funding is coming to an end.
- New funding requests made:
 - Public Health Career Ladder grant, 4 years, over half a million dollars a year.
 - \$130,000 a year for workforce development from CDC funding.
 - Almost half a million dollars for the expansion of our California Home Visiting Program
- Requests For Proposals (RFP's) will be issued:
 - Jail physical and mental health services
 - Ambulance provider in the county

9. YOLO COUNTY MORTALITY REPORT UPDATE – *Robert Herrick, Public Health Epidemiologist*

Summary of the items covered in the presentation [Health Council Mortality Update](#)

- What is Mortality and why study it?
 - Mortality is an important indicator of the health of a population.
 - It is defined as the number of deaths in a defined population during a specific period of time.
 - Mortality data can be used to:
 - Identify populations and communities at greater risk of death from specific diseases and injuries.
 - Inform health care and public health planning, resource allocation, and priorities for prevention.
 - Identify and highlight social disparities in health and mortality, which can help to better target resources and strategies that address inequitable societal conditions causing the disparities.
 - Identify and characterize emerging and re-emerging public health issues.
 - Crude Rate – # of deaths divided by population size over a period of time. These do not take into account the age-distribution of the population.
 - Age-adjusted Rate – Rates calculated using statistical techniques that weigh the different age-groups according to a reference standard population (e.g., 2000 Projected U.S. Population). This eliminates the effect of different age distributions when comparing rates.
 - International Classification of Disease (ICD) 10 Codes² – Codes designed to promote international comparability in the collection, processing, classification, and presentation of mortality statistics.
- Leading causes of death:
 - Leading causes of Death Yolo County 2018-21
 - Overall: 1. Cancer 2. Chronic heart disease 3. Alzheimer's disease
 - 2020-21: 1. Cancer 2. Chronic heart disease 3. COVID-19
 - Mortality by Age Groups:

- Leading cause for ages under 45 are preventable deaths; leading cause for ages above 45 are chronic disease
- Mortality by Sex:
 - Higher rate of death among males than females in Yolo County
- Mortality by Race and Ethnicity
 - Deaths led predominantly by chronic disease; COVID-19 leading cause for Hispanic residents
- Chronic diseases are still the major causes of death, even in the era of COVID
 - COVID is the third leading cause of death for 2020-2021, but still well below cancer or chronic heart disease
 - Preventable deaths are the major causes of death for residents under 45 – but a small part of total deaths
 - We have not seen the same increase in drug-related deaths, homicides and suicides as other parts of the US
 - Clear disparities in deaths and life expectancy by race and place – these vary by cause of death

10. TOBACCO PREVENTION UPDATE – Brian Vaughn, Public Health Director

- Update moved to future meetings

11. HEALTH COUNCIL RETURN TO IN-PERSON MEETINGS – Anthony Volkar, Chair

- Reminder that Health Council will meet in person next time in the Community Room at the Gonzalez Building at 25 N. Cottonwood Street in Woodland. In line with the county recommendations, masking is recommended but not required.

12. BRAINSTORM FUTURE COUNCIL MEETINGS – Anthony Volkar, Chair

- None

13. REPRESENTATIVE REPORT OUT & ANNOUNCEMENTS

- Jeneba Lahai, Yolo County Children’s Alliance:
 - Voluntary Income Tax Assistance 2023 - Free tax preparation services are being offered throughout the county.

14. PUBLIC COMMENT

- None

ADJOURNMENT

1. NEXT MEETING – March 9, 2023, at 9:00 a.m.

The meeting was adjourned at 11:05 a.m.

Respectfully submitted by:

Nilufar Ceyhan

Nilufar Ceyhan, Secretary
Yolo County Health Council