



# COUNTY OF YOLO

## Health and Human Services Agency

137 N. Cottonwood Street • Woodland, CA 95695  
(530) 666-8940 • www.yolocounty.org

### Local Mental Health Board

**Regular Meeting: Monday, March 27, 2023, 6:00 PM–8:00 PM**  
**137 N. Cottonwood Street, Woodland CA 95695-Walker/Thomson RM**

*All items on this agenda may be considered for action.*

#### CALL TO ORDER ----- 6:00 PM – 6:30PM

1. Public Comment
2. Approval of Agenda
3. Approval of minutes from [February 27, 2023](#)
4. Chair Report
5. Member Announcements
6. Correspondence

#### CONSENT AGENDA ----- 7:15 PM – 7:30 PM

7. [Mental Health Director's Report](#) – Karleen Jakowski
  - a. CalAIM
  - b. K-12 Services
  - c. Upcoming [RFP](#)
  - d. Crisis Now
  - e. QM Audits/Reviews
  - f. MHSA 3-year Planning Process

Jonathan Raven  
*Chair*

Vacant  
*Vice-Chair*

Vacant  
*Secretary*

**District 1**  
**(Oscar Villegas)**  
Joe Galvan  
Maria Simas  
Matthew Hargrove

**District 2**  
**(Don Saylor)**  
Serena Durand  
Nicki King  
Inesita Arce

**District 3**  
**(Gary Sandy)**  
Sue Jones  
John Archuleta  
Warren Hawley

**District 4**  
**(Jim Provenza)**  
Carol Christensen  
Chris Bulkeley  
Jonathan Raven

**District 5**  
**(Angel Barajas)**  
Brad Anderson  
Vacant  
Robin Rainwater

**Board of Supervisors Liaisons**  
Oscar Villegas  
Jim Provenza

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

CONTINUED ON REVERSE

**REGULAR AGENDA ----- 7:30PM – 7:50 PM**

- 8. Board of Supervisors Report
- 9. Criminal Justice Update
- 10. Public Comment- on tonight’s agenda Items

**PLANNING AND ADJOURNMENT ----- 7:50 PM – 8:00 PM**

- 11. Future Meeting Planning and Adjournment

Next Meeting Date and Location

April 24<sup>th</sup>, 2023, 6:00PM

Returning to In-Person:

137 N Cottonwood Street, Woodland CA

RM-1600 Thomson Room

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, March 24, 2023. Christina Grandison Local Mental Health Board Administrative Support Liaison Yolo County Health and Human Services

**Local Mental Health Board Meeting**

**Monday, February 27<sup>th</sup>, 2023**

Online/Call-in ZOOM

Members Present: Jonathan Raven, Nicki King, Sue Jones, Brad Anderson, Chris Bulkeley, Maria Simas, Inesita Arce (Arrived Late), Joh Archuleta (Arrived Late)

Members Absent: Carol Christensen, Warren Hawley

**CALL TO ORDER**

1. **Welcome and Introductions:** Meeting called to order by Board Chair Jonathan Raven at 6:02pm
2. **Public Comment:** none
3. **Chair Report:** Welcome Chris Bulkeley our new Veterans Services Rep for Local Mental Health Board appointed by Supervisor Provenza. Jonathan is currently attending CA Association of Collaborative Courts annual conference; he was asked to sit on a panel discussing what Yolo County is doing in Mental Health Court.
4. **Approval of Agenda:** moved for approval by Nicki King, Maria Simas 2nd

Yea "I"	Nay	Abstention
7	0	0

Motion: approved

5. **Approval of Meeting Minutes from January 23, 2023:** moved for approval by Maria Simas, Brad Anderson 2nd

Yea "I"	Nay	Abstention
5		3

Motion:

6. **Member Announcements:**
  - **Brad Anderson**-waiting on a response about Bob Schelen memorial. Want to be sure he attends if something is planned. Sheila Allen will check in with Odd Fellows to see if they are planning something.
7. **Correspondence:** none received
8. **Time Set Agenda: Crisis Intervention Training (CIT) Presentation-Karleen Jakowski**

Public Comment on CIT Presentation-

- Sheila Allen-is any training for Alzheimer's and Dementia-Yes, Older Adult Course primarily covers age related disorders and Alzheimer's and Dementia. We adhere to post standards, but we are also building on top of that for training that could be even more useful for officers
- Christy Correa-Its module units set up on hospital campus that can be set up as interim until Crisis Now is up and running. If it's going to take

years for people in West Sac, what resources are there for people in West Sac. Is there any consideration and be flexible in considering other solutions. When 1 Or 2 crisis counselors are on duty its fine but when they are off duty, we have nothing. Is HHSA willing to modify their plans? Look at using extra MHSA funding to expand the programs that are already working in the meantime until crisis now can get up and running.

- Linda Wight-happy we are looking at other options, will HHSA be extra vigilant to tracking success, look at calls that come in when social worker isn't available, and people decline to have officers come. She doesn't see that reflected in the statistics. Look at advertising is done to city merchants, apartment complex, shopping centers so they can request a Mental Health response instead of police response. Want to be proactive in changing something before the program is lost.
- Jen Danzer-thank you to Karleen, Mario, and Rob for presentation. Thanks, Rob, for providing refresher training on behalf of NAMI. Had valuable conversations with officers. The officers were engaged and plea for the crisis services. ER is not the place to take someone who is having mental health crisis. Often when they take clients to ER Department is evaluated and released before officers can complete their paperwork. They want to see more help offered to the folks in crisis.

#### Board Comment on CIT-

- Sue Jones-What kind of training do staff get when dealing with children? Developmental disorders are covered as part of training and staff from Alta Regional also provide a portion of the training.
- Nicki King-40-hour training is initial how often do they do additional training. Robert Villareal states training lasts for two years then officers receive an 8-hour refresher training which is more intensive and collaborative and focuses on personality disorders and stigma. 8-hour refresher is a deeper dive, meant to tailor training to each individual need for the community.
- Sue Jones-what's the biggest problem? Space? -Karleen states physical space is significant as well as cost and construction timelines. Also issue with long-term funding model with program. Yolo is committed to making program available to anyone in community regardless of insurance.
- Robin Rainwater-what type of things led to arrest on crisis intervention calls? Secondary issues such as warrant? Robert Villareal states he can't speak specifically to protect privacy, but the crisis responders respond to disturbance calls, violence calls, and varied other calls and then evolution for criteria is done. If they meet criteria, they can be assisted by Crisis Responders and if not, they are turned over to law enforcement. Calls

start as a mental health call and then the call can turn into something different and require transition to officers need to take over.

- Brad Anderson-attending a crisis call with Turning Point (SB82) as a Peer Support Worker and Rob Villareal was present. It was difficult to find client next day to provide services.
- Robin Rainwater-need for expansion of FSP slots, why would an FSP client wait in jail for housing. Per Karleen, FSP has been expanded and there are plans to add additional slots but wants to be considerate of staff and ensure adequate staffing to support expansion. Mario had suggested an idea that HHS plans on piloting which would add funding to support housing for those coming into ACCESS as a bridge to until they get into permanent housing. That will come in the form of either holding beds or supplementing payment. Into on building this into MHSA 3-year plans. Jonathan Raven also notes that while housing in custody isn't ideal, returning them to community is worse place to be. Keeping in custody is a safe option and the jail expansion will help change a lot of the issue that are currently be experienced, there will be much better services offered.

## Consent Agenda

### 9. Mental Health Directors Report:

- **K-12 School Partnership**-is intended to be a supplement to the services they are already funding. Some of schools have had issues with critical vacancies and this has filled the need for those schools who lack a school counselor. Schools will not be getting rid of positions; services will continue to be filled until position is filled. It's not a long-term permanent coverage.
- **Placer County System of Care/Lotus Center**-coordinated a visit to Lotus Center after Placer County System of care conference. It's a receiving care model implement about 6 months ago. It was a takeaway from Crisis Service Continuum. They have a much larger funding structure. It's a pilot for them, it was beautiful and has been very well received. Individuals are benefiting from services that are being provided. They aren't currently billing for any services, it entirely funded through contributions and privately funded. No sustainable plan for revenue.
- **MHSA**-not a specific listening session planned at this juncture. Jonathan recommends anyone interested reach out and if it can be arranged it will be scheduled for this board.
- **Suicide Prevention of Yolo County SPYC Hotline Closure**-hotline closed abruptly, and it was unexpected. Unable to sustain the business model. Assured by Well Space that all calls original directed to Yolo were being rerouted to their call center. 988-routing based off area code from call number.

## Regular Agenda

10. **Board of Supervisors Report:** Chris Bulkeley will inquire on salary for Crisis Clinicians. Sheila Allen states there will be a series of community input requested on how to use remaining ARP funds for children. If you are up for it, we are looking for participants. Yolo county Aging Alliance

is hearing form caregivers on what they need. Most responses are in need for housing so that children can move to area and offer assistance.

11. **Criminal Justice Update:** none

12. **Public Comment on Agenda Items:** none

**13. Future Meeting Planning and Adjournment:**

Next Meeting: March 27,2023 at 6pm-In Person at 137 N. cottonwood Street, Woodland in Thomson Room

Adjourned: 8:20pm

Yolo County Health & Human Services Agency

Mental Health Director's Report

March 27<sup>th</sup>, 2023 (6-8pm)

a) **CalAIM—**

HHS Leadership gave a CalAIM presentation to the BOS on March 7, 2023, providing an update on the eight Behavioral Health milestones HHS is working on, the status of HHS implementation of these mandated changes, and the implications of the upcoming payment reform components as of July 1, 2023.

On March 16<sup>th</sup>, HHS Leadership provided a presentation to contracted providers at the quarterly PSWG meeting, focusing on payment reform, the County's deliverables, and progress in preparation for the July 2023 changes. Contracted providers were asked to complete and return CalMHSA-developed Budget Template tools for each outpatient BH program they have in Yolo County. The data from these tools will inform HHS's upcoming Medi-Cal reimbursement rate negotiations for FY23/24 contracts. Rates will be set based on Yolo's state reimbursement rates and informed by contractor-reported true program costs instead of controlled by cost settlement processes (as happens now)- this is a significant change.

b) **K-12 School Partnerships Project—**

At the Washington Unified School District and County 2x2 meeting, Yolo County Health & Human Services Agency (HHS) shared updates on the K-12 School Partnerships Project and the "It Only Takes" outreach campaign. It was highlighted that the community-based service provider in Washington Unified, has significantly expanded services in the 2022-23 school year, specifically increasing their clinical staff to provide more Tier III services to students. They have maintained a substantial offering of Tier I and II services, providing assemblies and social and emotional learning groups to support students across all the campuses.

The activity books and flash cards developed through the "It Only Takes" outreach campaign were distributed to all five school districts. The books and cards are being used by school counselors as well as distributed by teachers for students to use at home. In one district, they are distributing the materials for students to take home over the upcoming spring break, following an in-class exercise on mindfulness. The flash cards are being used with students as well as by staff to promote mindfulness and conversations about self-care.

The K-12 School Partnerships Project is comprised of four geographic catchment areas, each served by a single contract for services. This structure was detailed in the MHSSA grant to support local control over the implementation and delivery of services. As the partnership has grown and services scaled, there have been adjustments to service delivery in each region based on a district's needs and capacity. At its inception, the Woodland Catchment Area included both the Woodland Joint Unified School District and the Yolo County Office of Education. Due to the differences in the needs between the two educational agencies the decision has been made to have the agencies served by separate contracts. The Yolo County Office of Education will continue to be served by CommuniCare Health Centers and a Request for Proposal (RFP) will be released to procure a new community-based provider to serve WJUSD estimated to begin July 1, 2023.

- c) **Upcoming RFPs**-Please see linked page for information on upcoming RFPs. [LINK](#)

RFP Title	Release/Anticipated Release Date	End Date
Jail/JDF Behavioral Health and Medical Services	3/2/23	4/13/23 3pm
Substance Use Disorder Adult Continuum of Care	3/3/23	5/5/23 4pm
K-12 School Partnerships Program- WJUSD	3/30/23 (approx.)	TBD
High Tech Call Center (Crisis Now Phase I)	April 2023	TBD
Crisis Residential	April 2023	TBD
Professional Support Services-Mental Health Services Program (MHSA)	April 2023	TBD

- d) **Crisis Now**—

The HHSA Crisis Now team is preparing an update to come to the Board of Supervisors, the Local Mental Health Board, and other stakeholders in April that will unveil a reimagined approach to implementing the essential components of the Crisis Now model- someone to call, someone to come, and somewhere to go. This will involve a shift to a phased approach to the full Crisis Now implementation. HHSA is working with the RI International, the developers of the Crisis Now model, for technical assistance during this process. This phased approach is expected to offer additional opportunities for collaboration and may provide funding stability should the planned 3-year pilot prove valuable to the community.

- e) **QM Audits/Reviews**—

The Quality Management team has had several vacancies for an extended period and are thrilled to have onboarded a new Office Support Specialist who started on March 13<sup>th</sup> and will welcome a new Administrative Services Analyst on April 24<sup>th</sup>. QM is currently working on the DMC SABG audit and both the adult and children's system of care have begun their utilization review. Additionally, they are working with the Department of Health Care Services regarding changes to the triennial review process and will begin submitted charts for their informal review (DHCS Technical Assistance Review - Yolo County).

- f) **MHSA 3-Year Planning Process**—

The current stage of the MHSA community planning process is focused on compiling and summarizing the extensive community feedback collected which includes thirty-two (32) listening sessions involving close to 500 participants. This broad feedback will help inform and develop the priority areas for the MHSA 3-Yr. Plan for 2023-2026. General themes that arose from these sessions and feedback include understanding eligibility for and connecting to services, prevention and early intervention services- particularly in regard to early childhood and youth, significant needs related to housing, workforce challenges and impacts to service delivery, stigma reduction and communication/social media presence, Crisis Now, expansion of K-12 project, LGBTQIA+ support, and partnership with and training of law enforcement.

Concurrently, HHSA staff are working to review and align funds to develop a preliminary plan framework. The intent will be to report out a high-level summary to community and LMHB in April for feedback. The final stage will focus on plan creation and final review of a draft, public comment, and public hearing. This process will be reviewed by the Local Mental Health Board and presented to the Yolo County Board of Supervisors for approval. Please visit the MHSA website ([www.yolocounty.org/mhsa](http://www.yolocounty.org/mhsa)) to subscribe for e-notifications to get the latest MHSA updates, events & meeting information delivered to your inbox.