

COUNTY OF YOLO

HEALTH AND HUMAN SERVICES AGENCY

POLICIES AND PROCEDURES

SECTION 6, CHAPTER 7, POLICY 001

SUBSTANCE USE DISORDER RECOVERY SERVICES

POLICY NUMBER:	6-7-001
SYSTEM OF CARE:	SUD
FINALIZED DATE:	06/28/2023
EFFECTIVE:	07/01/2022
SUPERSEDES # :	Supersedes Policy #'s: N/A

- A. PURPOSE:** To establish uniform guidelines, requirements, and timelines for the delivery of Recovery Services by Substance Use Disorder (SUD) Programs contracted for their provision with Yolo County Health and Human Services Agency (HHSA).
- B. FORMS REQUIRED:**
1. Yolo County Recovery Services Needs Assessment
- C. DEFINITIONS:**
1. **Beneficiary:** A Medi-Cal recipient who is currently receiving services from a Network Provider.
 2. **Network Provider:** Any provider, group of providers, or entity that has a network provider agreement with Yolo County HHSA BH and receives Medicaid funding directly or indirectly to order, refer or render covered services as a result of the contract (Title 42 Code of Federal Regulations [42 CFR] § 438.2)
- D. POLICY:** Network providers shall ensure that all beneficiaries who meet criteria have appropriate access to recovery services and that these services are rendered in accordance with this policy.
1. **Referral:** Beneficiaries are not required to go through an access point in order to be referred into recovery services. They may reach out to the provider directly to enroll.
 2. **Medical Necessity:** Beneficiaries must have an identified risk of relapse based on self or provider assessment and a SUD diagnosis to meet medical necessity for Recovery Services.
 - a. **Diagnosis:** Beneficiaries must have one diagnosis from the Diagnostic and Statistical Manual of Mental Disorders (DSM) Fifth Edition for Substance-Related and Addictive Disorders with the exception of Tobacco-Related Disorders and Non-Substance-Related Disorders

- i. Beneficiaries do not need to be abstinent from drugs or alcohol for any specified period of time and are not required to be diagnosed as in remission to access recovery services. However, the SUD diagnosis may include an 'in remission' specifier as applicable.

3. Service components:

- a. Assessment
 - b. Counseling (Individual and/or group)
 - c. Family Therapy
 - d. Recovery Monitoring: Recovery coaching and monitoring
 - e. Relapse Prevention: Relapse prevention, including attendance in alumni groups and recovery focused events/activities;
 - f. Care Coordination
 - i. Education and Job Skills: Linkages to life skill services and supports, employment services, job training, and education services;
 - ii. Family Support: Linkages to childcare, parent education, child development support services, family/marriage education;
 - iii. Support Groups: Linkages to self-help and support services, spiritual and faith-based support;
 - iv. Ancillary Services: Linkages to housing assistance, transportation, case management, and other individual services coordination.
4. Beneficiaries may receive recovery services immediately after incarceration with a prior diagnosis.
5. Beneficiaries receiving MAT, including Narcotic (Opioid) Treatment Program services may receive recovery services.
6. Recovery services may be provided in-person, by synchronous telehealth, or by telephone/audio-only. Recovery services may be provided in the home or the community.
7. Recovery services may be delivered as a standalone service, concurrently with other levels of care, or as a service delivered as part of these levels of care.

E. PROCEDURE:

1. Intake

- a. Network providers shall complete a brief intake with the beneficiary which shall include but is not limited to collection of demographic information, completion of a consent to recovery services, and provision of information regarding their beneficiary rights.

2. Assessment

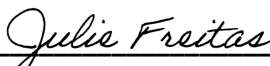
- a. Network providers shall complete the Yolo County Recovery Services Needs assessment within 30 calendar days of admission to recovery services.
 - i. Medical Necessity must be established by a qualified Licensed Practitioner of the Healing Arts (LPHA). If an assessment is completed by an SUD counselor, it must be reviewed and approved through a face-to-face or telehealth review with the MD/LPHA. The MD/LPHA shall type or legibly print their name, sign, and date the Yolo County Recovery Services Needs Assessment, along with the diagnosis.
- b. Reassessments shall be completed utilizing the Yolo County Recovery Services Needs Assessment as clinically appropriate to determine if the beneficiary continues to meet requirements for recovery services, needs referral to SUD treatment within the continuum of care, or should be discharged from services.

- i. If it is determined the beneficiary needs a referral to SUD treatment within the continuum of care, the beneficiary should be referred to a Yolo County Access point for a level of care assessment and referral.
- 3. Recovery Planning
 - a. Network providers shall add identified problems to be addressed in recovery services to the client’s problem list as outlined in Yolo County DMC documentation policies.
- 4. Progress Notes
 - a. Progress Note documentation shall follow the requirements outlined in in Yolo County documentation policies.

F. REFERENCES:

- 1. DHCS Information Notice 21-020: Drug Medi-Cal Organized Delivery System – Clarification on Recovery Services
- 2. DHCS Information Notice 23-001: Drug Medi-Cal Organized Delivery System (DMC-ODS) Requirements for the Period of 2022 – 2026
- 3. DMC-ODS Intergovernmental Agreement

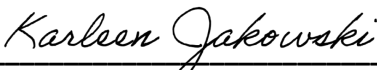
Approved by:



Julie Freitas, LMFT, AOD Administrator
Yolo County Health and Human Services Agency

6/28/23

Date



Karleen Jakowski, LMFT, Mental Health Director
Yolo County Health and Human Services Agency

6/28/23

Date