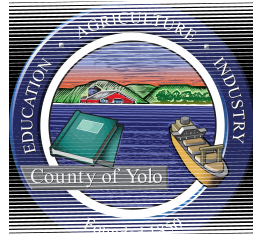




Yolo CHIP Workgroup Meeting

May 18, 2023





Agenda

1:00 PM	Welcome
1:05 PM	Roadmap Review & Community Engagement Sharing
1:20 PM	Vision Setting
1:45 PM	Action Plan Review & Partnership Identification
2:20 PM	Thank you & Next Steps



Foundational norms

- Assume good intentions
- Treat all with respect
- Practice active listening
- Participate consistently
- Take space, make space
- Everyone knows a little, together we know a lot
- Respect difference in opinions
- Don't interrupt
- Speaking with good volume
- If you can't hear well, then feel comfortable speaking up
- Define acronyms
- Be succinct
- Have all phones on silent, step away to take a call

WHY?

*To help us
work together
successfully,
as a team,
encouraging
the
participation
of all*



Meeting Objectives

- Reflecting on action plan to-date
(Priorities, Goals, Strategies & Objectives)
- CHIP Vision Setting
- Action Plan Review & Partnership
Identification



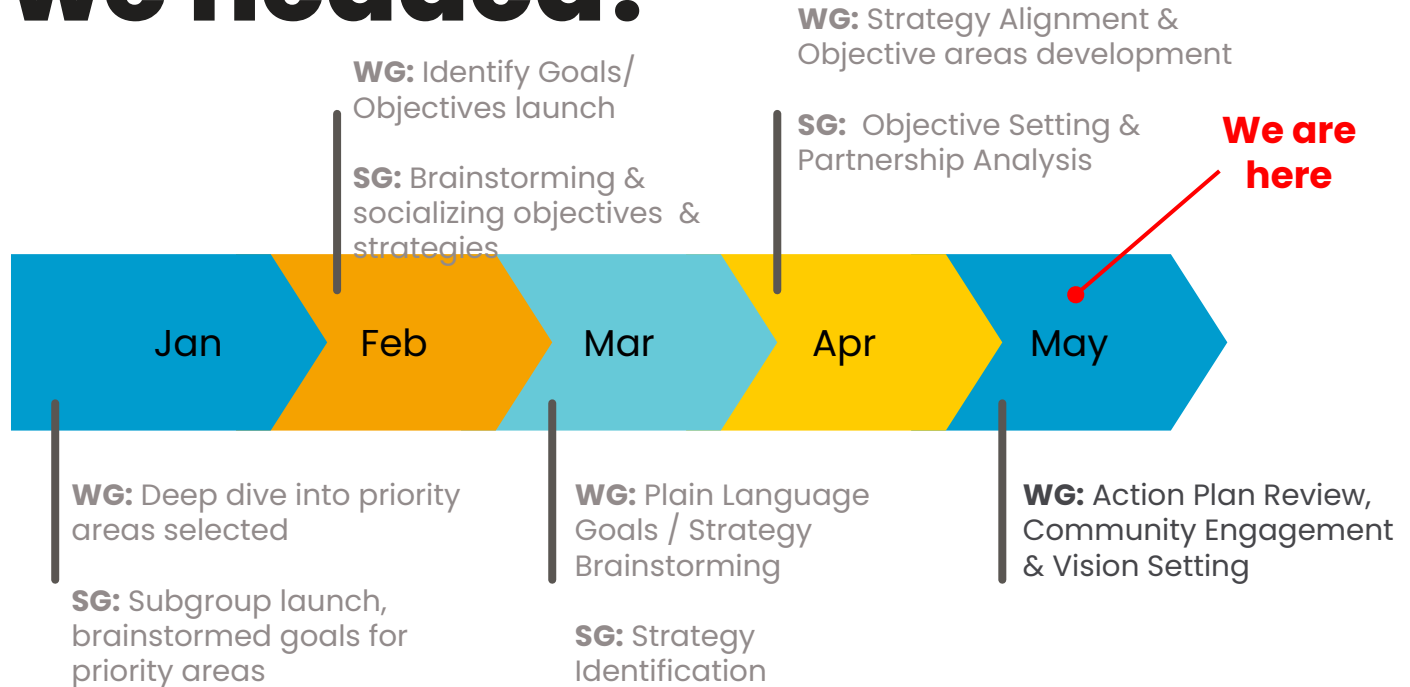
Roadmap & Community Engagement





Roadmap: Where are we headed?

WG → Workgroup
SG → Subgroup

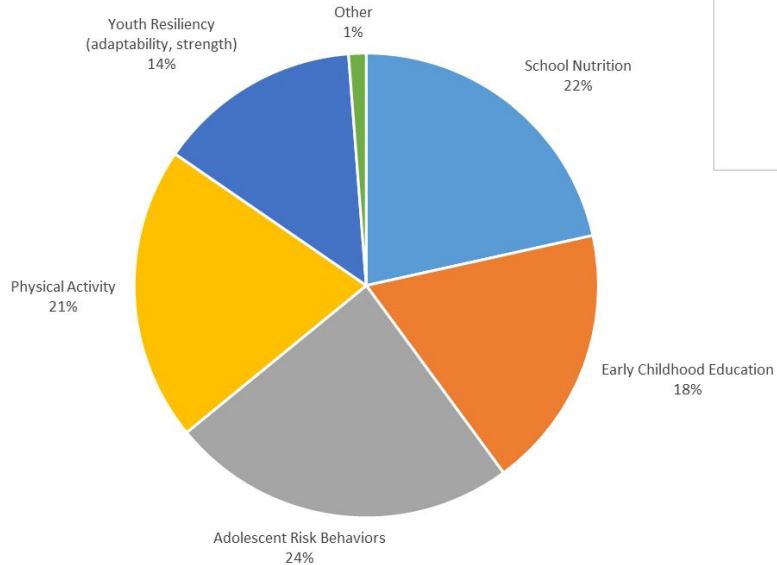




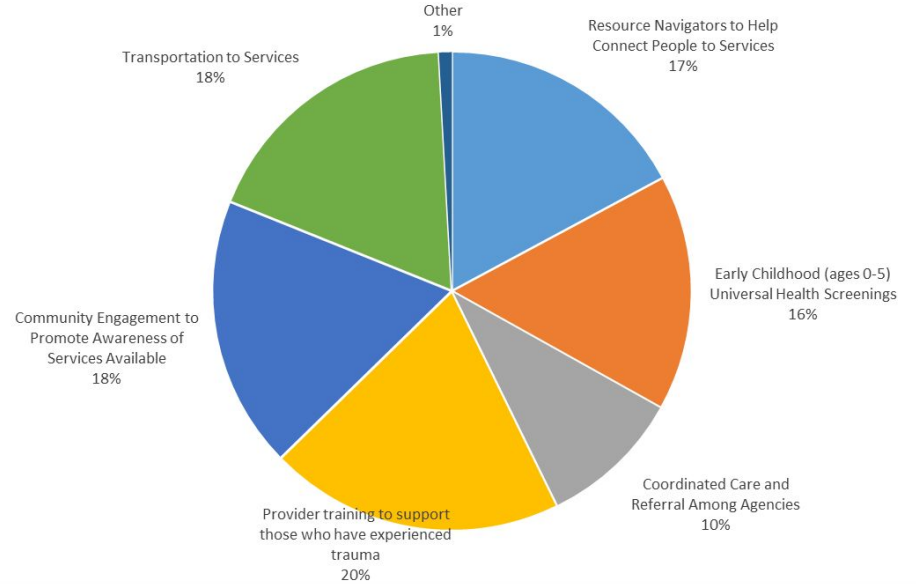
Community Engagement Recap



What areas of Risk Behavior should Healthy Yolo focus on?



What areas of Service Environment should Healthy Yolo focus on?



Approximately 200 community participants to date...

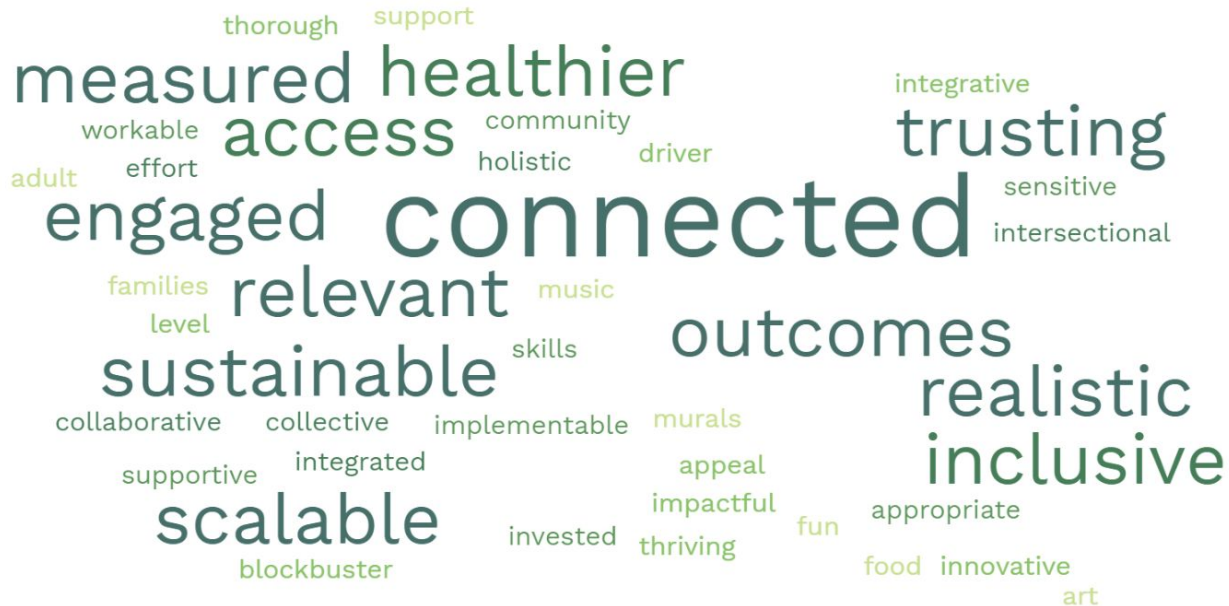


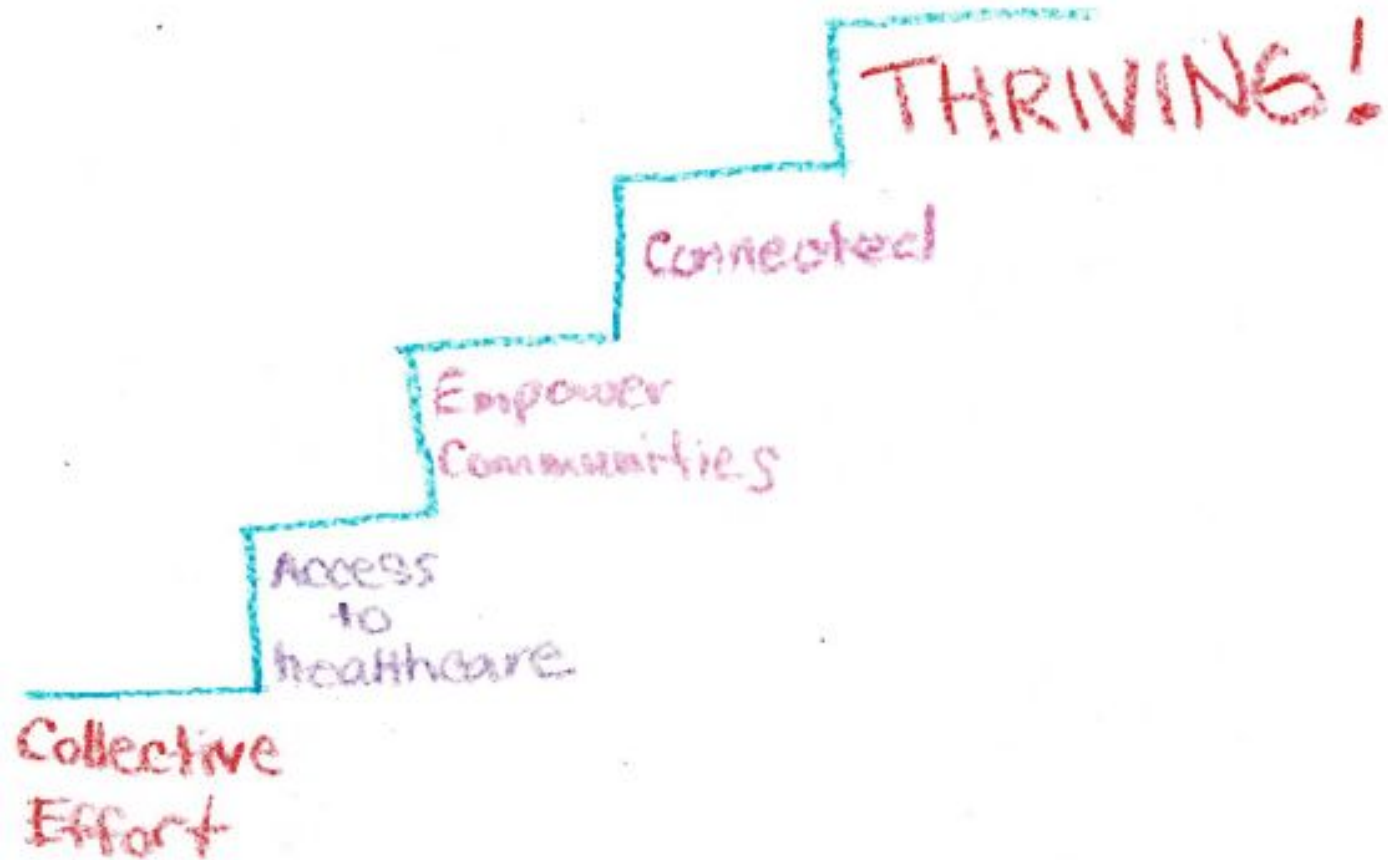
Visioning

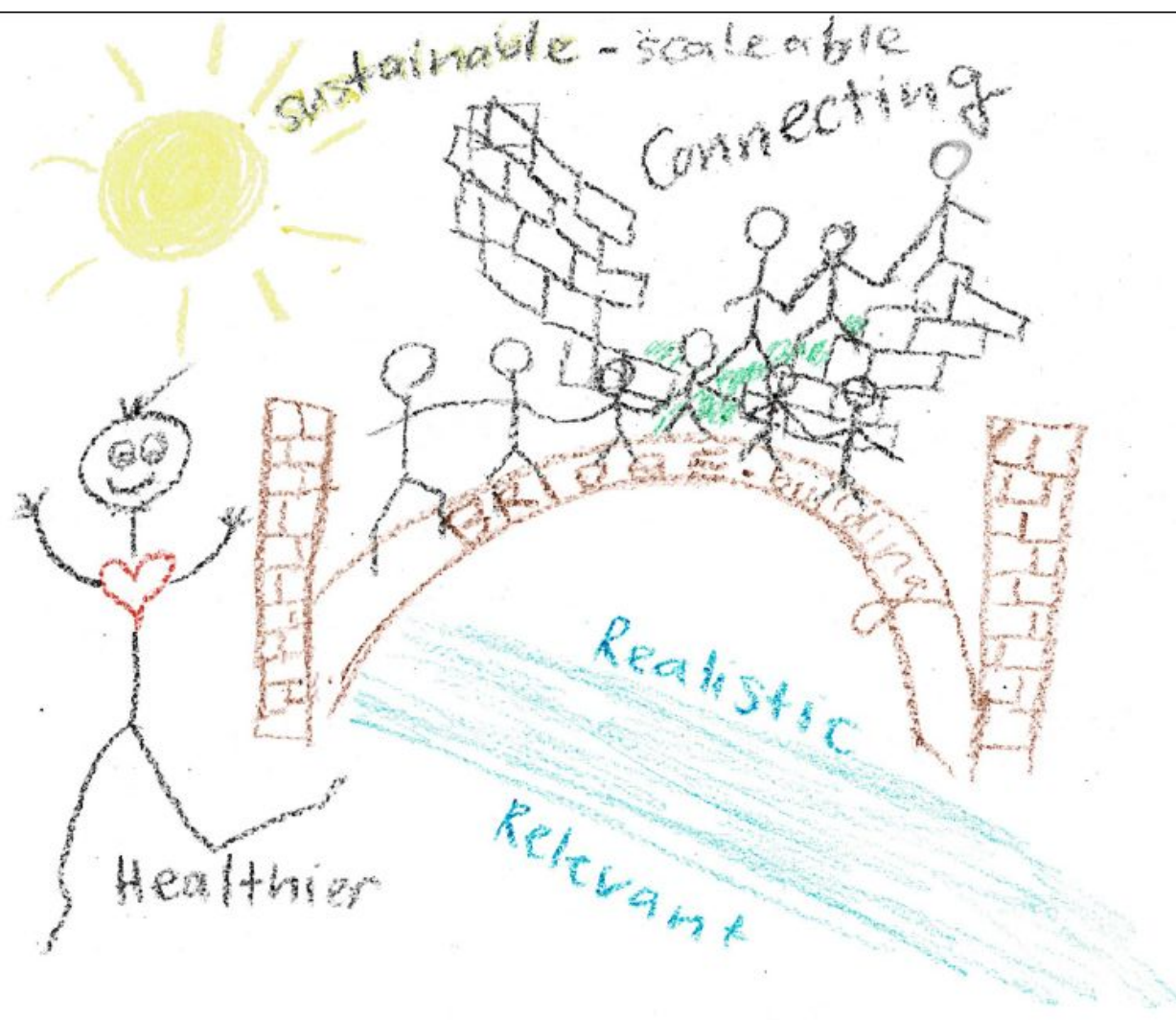




Reflecting on Initial Visioning (Oct. 2022)







Sustainable - scalable

Connecting

Healthier

Realistic

Relevant

SCALABLE

DRIVER

REALISTIC

APPEAL(ABLE)

RELEVANT

1. Integrated

2. Measured outcomes

3. Innovation

4. Community empowerment

5. Actionable strategies

- CONNECTOR

- BLOCK BUSTER



fun

music

families

art
murals

food

adult
support

Healthy

Inclusive

Impactful

Implementable

Thorough



accessible parks

access to better
transportation

workable
at community
level



access to
Mental Health

Basic Needs
met

Quality of Life
Average Life
Span



LACKING

TRAINED PROVIDERS
 ACCESS IS LOW
 SPECIALITY TRAINING LACKING
 NOT COHESIVE/INCLUSIVE
 LIMITED AVAILABILITY TO LOW/MID INCOMES

WHOLISTIC/INTEGRATIVE
 APPROPRIATE
 SKILLED
 HIGH QUALITY
 ACCESSIBLE (TIMELY)



Visioning Break Outs

Step 1. Individual Visioning

Step 2. Group Sharing & Discussion

Imagine it is 5 to 10 years from now and your **community is at its healthiest**. What does that look like? What are you most proud of? What is your ideal?



Break Out 1 – Visioning

children have better school meals with better balance of omega 3 and 6 +organic food.

sustainable, resilient, care, whole-child

everyone has access to green space, accessible resources and sustainable community

view of the future that enable children to want to learn and see purpose

innovative, effective, impactful, collective

comprehensive, everything is covered, access to all

functional medicine available to all levels of income

access to certified patient centered medical home

be able to measure less stress across community members

more comfort, happier, more love, less hate

Lack of poverty is a human right - No child in Yolo county is living in poverty

Preventative health and wellness drives community work forward (is prioritized)



Break Out 2 - Visioning

Imagine it is 5 to 10 years from now and your community is at its healthiest. What does that look like and what are you most proud of? What is your ideal? Let's Dream...

- More open spaces
- Affordable housing to all (who want it)
- Access to holistic healthcare options
- More safety
- Children + older adults are fully immunized & preventive healthcare services are available to all
- No shortage of primary care or behavioral health providers
- Better wait times (e.g., for specialty care)
- More cohesion + public events
- Less need for social programs if all get the care they need
- Optimal service needs quickly identified
- Issues are caught early
- Yolo County is where families want to raise their children
- Less crisis & more prevention
- Moving the needle on poverty and education outcomes
- Access to dental providers
- Yolo County is well-resourced w/standard healthcare providers, parks, safe spaces everywhere
- Community can navigate services/knows what's available and how to access them
- Having the ability to grow & age in a wholesome, healthy way, participants of their own health, understanding systems/solid grasp of system/community being active agent to help themselves (community knows best solutions)
- Yolo County is the healthiest place to live
- Not struggling to access healthcare, simplifying processes so folks can access services
- With basic needs met (e.g., access to healthcare), communities will have the energy and resources to connect with family/other community members, friends, can choose where they live, work, play, thrive, worship; Yolo County will be able to self-actualize



Group Vision

Our healthiest community is...



Action Plan Review & Partnership Identification





Priority Areas Identified

Improve the **Service Environment** and equitable access to resources community members need to be their healthiest.

Decrease engagement in **Risk Behaviors** negatively impacting Yolo County Community Members.



Service Environment

Goal: All community members *can easily* access quality behavioral health, physical health & wellness services.

Strategy Areas:

1. Resource Navigation to Connect People to Services
2. Coordinated Care and Referrals Among Agencies
3. Transportation to Services
4. Community Engagement and Awareness of Services Available
5. Early Childhood (0-5) Universal Health Screenings
6. Trauma Informed Training for Providers
7. Housing & Homelessness



Service Environment

Objectives/Desired Outcomes

- Increased follow-through with referrals to needed services and resources.
- Increased equitable access to health and community services.
- Improved overall health and wellbeing.
- Decrease in community members reporting poor mental health days.
- Increased community cohesion and decreased loneliness.

Strategies/Community Actions

Resource Navigation to Connect People to Services

- Convene community organizations and service partners to support development of a Countywide process/platform for the comprehensive coordination of service identification and referral.
- Encourage policy makers and cross-sector leaders to support increased funding for community member navigation support positions such as Community Health Workers and Promotores across all service and educational settings.
- Support community-wide service awareness & program overview training opportunities for CHWs, Care Managers and other service support and navigation professionals to increase cross organization and service knowledge.

Coordinated Care and Referral Among Agencies

- Encourage community leaders and policy makers to support policy, practices and funding designations that retain and recruit more behavioral health, physical health and wellness service clinicians and providers.
- Advocate for transparency and partnership around funding decisions and program operations across healthcare and community-based organizations to make the best use of services and resources for the County.
- Advocate for behavioral and physical health providers to accept private and public insurances for service delivery and access.

Transportation to Services

26.

Encourage community leaders and policymakers to support actions that improve public transportation and mobility for underserved and rural community members.



Service Environment

Objectives/Desired Outcomes

- Improved access to care
- Increased equity in service utilization
- Increased community trust in community institutions and agencies
- Decrease trauma and stress

Strategies/Community Actions

Community Engagement and Awareness of Services Available

- Support unified message planning and sharing across health and human service organizations and providers.
- Expand communication strategies to increase reach within underserved and rural communities and incorporate non-traditional community communication partners.

-



Service Environment

Objectives/Desired Outcomes

- Increase physical and behavioral health for children
- Improved readiness for kindergarten
- More equitable access to preventative care services and early intervention.

Strategies/Community Actions

Early Childhood (0-5) Universal Health Screenings

- Increase access to prevention and early intervention programs and education for children ages 0-5 and their caregivers.
- Support the integration of behavioral, physical and wellness prevention and screening services into more community familiar settings and home-based care services
- Expand access to culturally appropriate home visiting programs throughout Yolo County



Service Environment

Objectives/Desired Outcomes

- Decrease in families and individuals experiencing homelessness.
- Decrease in Adverse Childhood Experiences.
- Improved chronic disease management.

Strategies/Community Actions

Housing & Homelessness

- Advocate for local government, leaders, and policymakers to support funding and infrastructure improvements that provide more safe, stable, and affordable housing for community members of all ages.

Trauma Informed Training for Providers

- Convening cross-sector partners to plan for and establish a process for sharing training, lessons learned and best practices for supporting trauma-informed care and services.



Risk Behaviors

Goal: All children and youth thrive and develop their healthiest behaviors.

Strategy Areas:

1. School Nutrition
2. Early Childhood Education
3. Adolescent Risk Behaviors
4. Physical Activity
5. Youth Resiliency



Risk Behaviors

Objectives/Desired Outcomes

- Increased access to basic needs
- Increased food and nutrition security
- Mental health improvement
- Improved academic experience (Literacy rates)
- Reduced health disparity/Increased health equity
- Improved overall health & wellness (psychosocial, physical education, etc.)

Strategies/Community Actions

School Nutrition

- Support increased community awareness of eligibility for food programs such as CalFresh and WIC and build more organizational partnerships to increase access to enrollment for food programs.
- Encourage educational system partners and policy makers to support programs, policy, and designation of funding to increase access to nutritious and nutrient rich foods served in school and child care facility settings for children and youth.
- Encourage local governments to support policies and zoning decisions that support increased access to healthy, affordable, and nutritious foods in communities that experience limited availability of fresh, healthy foods.

Early Childhood Education

- Encourage policy makers to expand child care subsidies and supports so that all families can have safe, accessible, and affordable child care and preschool options.
- Support the expansion of reading and literacy programs to more community-based settings and organizations.
- Support policies and actions that will increase the affordability, accessibility, and quality of child care options for families.



Risk Behaviors

Objectives/Desired Outcomes

- Improvement in quality of life
- Reduce disease risk
- Reduce unintended pregnancies
- Improved mental health outcomes (particularly for LGBTQ+ youth)

Strategies/Community Actions

Adolescent Risk Behaviors

- Support increased use and incorporation of evidence-based health education programs addressing sexually transmitted infections (STI) and substance use disorder (SUD) prevention in school-based settings.
- Convene a youth coalition to inform public health messaging and actions to reduce initiation of risk behaviors (substance use, bullying, social media, etc.) in Yolo's children, youth, and young adults.
- Support actions and policies that increase the availability of after-school programs in underserved neighborhoods.
- Encourage leaders and policy makers to support policy and funding efforts to increase availability of school-based behavioral health services and resources.



Risk Behaviors

Objectives/Desired Outcomes

- Improved quality of life
- Improved life expectancy
- Improved mental health outcomes

Strategies/Community Actions

Youth Resiliency

- Partner with YCCA to advocate for policies and practices that support whole child health.
- Support improved mental health by providing and advocating for more programs that equip children, youth, and families with healthy coping skills.

Physical Activity

- Encourage local government and policy makers to support policies and funding that increase access to parks and green space in underserved areas of Yolo County.
- Advocate for the improvement and development of parks and outdoor spaces that support safe and inclusive access for community members of all ages.



Next Steps





Roadmap: Where are we headed?

WG → Workgroup
SG → Subgroup





Next Steps

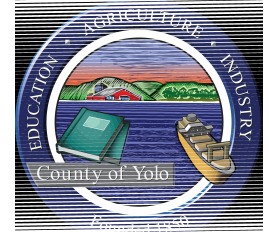
- Upcoming Draft CHIP Review:
June 14th 3-4:30pm (virtual)
- Strategy voting closes:
Tomorrow, May 19th at 5:00 pm
- CHIP Evaluation:
TODAY, Link placed in the Chat



Thank you!



Promoting Safe, Healthy & Resilient Communities



- Community Members
- Winters Healthcare
- Yolo Health Council
- CommuniCare
- Yolo Adult Day Health Center
- UniteUs
- City of Davis
- Children’s Therapy Center
- Victor Community Support Services
- Yolo County HPAC
- Empower Yolo
- North Valley Indian Health
- Sutter Health
- Yolo County HHSA
- First5 Yolo
- ArgAbility/WRASAP
- Weston A. Price Foundation
- NAMI
- PRO Youth and Families
- Yolo County Children’s Alliance
- Yolo Food Bank





Stay in touch!

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Healthy Yolo Website
www.healthyyolo.org

Yolo HHSA social media
<https://www.facebook.com/YoloCountyHHSA/>



Thank you!