County of Yolo

COUNTY OF YOLO

HEALTH AND HUMAN SERVICES AGENCY

POLICIES AND PROCEDURES

SECTION 6, CHAPTER 7, POLICY 004

ASSESSMENT OF TOBACCO USE DISORDER

POLICY NUMBER:	6-7-004
SYSTEM OF CARE:	SUBSTANCE USE
FINALIZED DATE:	06.28.2023
EFFECTIVE:	01.01.2022
SUPERSEDES #:	Supersedes Policy #'s: N/A

A. PURPOSE: To outline the requirements for routine assessment of tobacco use disorder in all Substance Use Disorder (SUD) recovery or treatment facilities.

B. DEFINITIONS:

- 1. Tobacco products or device (as defined in Business and Professions Code Section 22950.5):
 - a. A product containing, made, or derived from tobacco or nicotine that is intended for human consumption, whether smoked, heated, chewed, absorbed, dissolved, inhaled, snorted, sniffed, or ingested by any other means, including, but not limited to, cigarettes, cigars, little cigars, chewing tobacco, pipe tobacco, or snuff.
 - b. An electronic device that delivers nicotine or other vaporized liquids to the person inhaling from the device, including, but not limited to, an electronic cigarette, cigar, pipe, or hookah.
 - C. Any component, part, or accessory of a tobacco product, whether or not sold separately.

C. RELATED DOCUMENTS:

1. N/A

D. POLICY:

- 1. Licensed and/or certified SUD recovery or treatment facilities shall assess each client for use of all tobacco products.
- 2. Resources available to providers:
 - a. All medications for tobacco use disorder, including nicotine replacement, are covered benefits on Medi-Cal and are reimbursed through pharmacies when prescribed by licensed prescribers.
 - b. Kick It California (formerly the California Smokers' Helpline): The website explains referral options. There are also recorded webinars and other educational materials for providers, and more information about setting up a referral system within a clinic's electronic health record.
 - c. Licensed and/or certified SUD recovery or treatment facilities can also adopt tobacco-free campus policies. Having a tobacco-free site helps change the social norm of tobacco use, promotes wellness, and reduces exposure to secondhand smoke. The CA Behavioral Health and Wellness Initiative from the Smoking Cessation Leadership Center is a resource for providers and administrators on treating tobacco dependence in behavioral health settings. They also have a toolkit on the topic available for download (Tobacco Free Toolkit for Behavioral Health Agencies).
 - d. California Behavioral Health & Wellness Initiative | Smoking Cessation Leadership Center (ucsf.edu)
 - e. Clinical Cessation Tools | Smoking and Tobacco Use | CDC
 - f. Tobacco Use and Quitting Among Individuals With Behavioral Health Conditions | CDC

E. PROCEDURE:

- 1. Each client shall be assessed for use of all tobacco products at the time of the client's initial intake.
- 2. The assessment shall include questions recommended in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) under Tobacco Use Disorder, or similar evidence-based guidance, for determining that an individual has a tobacco use disorder.
- 3. Licensed and/or certified SUD recovery or treatment facilities shall also do the following:
 - a. Provide information to the client on how continued use of tobacco products could affect their long-term success in recovery from (SUD).
 - b. Recommend treatment for tobacco use disorder in the treatment plan.
 - c. Offer either treatment, subject to the limitation of the license or certification issued by the department, or a referral for treatment for tobacco use disorder.

4. The California Code of Regulations (CCR), Title 9, Section 10567 requires licensed and/or certified SUD recovery or treatment facilities to complete a client health questionnaire for all residents and clients. The Client Health Questionnaire and Initial Screening Questions (DHCS 5103) form has been updated and may be used to meet the requirements of AB 541.

F. REFERENCES:

- 1. DHCS Information Notice 22-024: Assessment of Tobacco Use Disorder in Substance Use Disorder (SUD) Recovery or Treatment Facilities: Passage of Assembly Bill (AB) 541
- 2. Business and Professions Code Section 22950.5

Approved by:	
Julie Freitas	6/28/23
Julie Freitas/LMFT, AOD Administrator Yolo County Health and Human Services Agency	Date
Karleen Jakowski	6/28/23
Karleen Jakowski, MFT, Mental Health Director Yolo County Health and Human Services Agency	Date