



COUNTY OF YOLO

Health and Human Services Agency

PUBLIC HEALTH BRANCH REPORT

September 2023

Program	January 2023	February 2023	March 2023	April 2023	May 2023	June 2023	July 2023	August 2023
Medi-Cal/PHC Enrollees	63,486	63,600	63,995	64,505	64,686	64,095	63,950	63,280
WIC Participants	3,499	3,491	3,550	3,524	3,560	3,564	3,546	3,550
CMSP Cases	3	3	4	3	3	3	3	N/A

Emergency Medical Services and Emergency Preparedness

- Emergency Medical Services (EMS): The EMS team secured grant funds for our paramedic providers to reimburse their costs for training providers in a substance use disorder treatment program including administration of buprenorphine. We also began work on drafting EMS protocols to alleviate the system impacts of extended patient offload times at hospitals and to have standardized Emergency Medical Dispatching across the county. Once finalized these protocols will improve the availability of ambulances for 911 calls across the county. We also began work with Woodland Memorial Hospital to create a Mobile Intensive Care Nurse (MICN) program that will improve the hospital's ability to provide medical direction to EMS providers in the field. Finally, staff updated County new paramedic training to include a functional exercise on the management of multi-casualty incidents (MCIs) and continued to hold these trainings as well as monitoring ongoing continuous quality improvement projects.
- In August, EMS staff performed the following certification, licensure, and investigation activities:

EMT Certifications (New & Renewal) per Month	51
Paramedic Accreditations (New & Renewal) per Month	5
Active Open Investigations per Month	2
Number of Ambulance Inspection/Certifications per Month	6

- Our RDMHC and MHOAC programs continue to coordinate the allocation of federally provided COVID-19 therapeutics to our healthcare partners in Yolo County and the Mutual Aid region. In addition to these activities, our MHOAC and RDMHC duty officers participated in a Tabletop Exercise of the National Disaster Medical System (NDMS) with regional, state, and federal partners. The RDMHC program also participated in a state ammonia release training/exercise along with regional partners. Our MHOAC program responded to a local power outage impacting our hospital partner by coordinating situation reporting and information sharing amongst partners.

Community Health Report

- **Emergency Preparedness (EP):** Our EP team worked to update and revise our healthcare coalition response plan. Our EP team also collaborated with our partners in the Public Health branch to plan a Medical Point of Dispensing (MPOD) exercise using an influenza vaccination clinic scheduled for October 17, 2023 in the Bauer Building. This clinic is open to all county staff as well as the public.

Mental Health Services Act

- **Yolo County Mental Health Services Act (MHSA) 3 Year Plan:** The MHSA 3 Year Plan was approved by the Yolo County Board of Supervisors on August 29, 2023. We are working to finalize the plan with the BOS approval documents. MHSA has 30 days to submit the final plan to the State but we'll post as soon as the documents are incorporated. There were no additional changes from the latest posted draft with public comments. It can be accessed on the MHSA website in the interim <https://www.yolocounty.org/mhsa>.
- **September 2023 is Suicide Prevention Month:** September is National Suicide Prevention Month, all month, mental health advocates, prevention organizations, survivors, allies and community members unite to promote suicide prevention awareness.

According to data from the American Foundation for Suicide Prevention, in the United States there are approximately 132 suicides per day and suicide is the 11th leading cause of death. In California, suicide is the 3rd leading cause of death for ages 10-24 and the 2nd leading cause of death for ages 25-34.

“Share Hope Together” is the theme for this year’s message and reflects the importance, value, and power of the act of sharing. By sharing hope with one another and throughout our communities, we can support and help connect individuals to resources-allowing us to take action for suicide prevention together.

In Yolo County we can all help prevent suicide. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention, crisis resources, and confidential support to people in suicidal crisis or mental health-related distress:

- Call or text [988](https://988lifeline.org/talk-to-someone-now/) Suicide and Crisis Lifeline 24/7 (<https://988lifeline.org/talk-to-someone-now/>)
- Veterans text or call [988](https://988lifeline.org/es/obten-ayuda/) dial 1 or text 838255
- Línea 988 de Prevención del Suicidio y Crisis- Envía "AYUDA" al [988](https://988lifeline.org/es/obten-ayuda/) (<https://988lifeline.org/es/obten-ayuda/>)

The risk of human self-destruction can be reduced through awareness, education, intervention, and treatment. Research shows people who are having thoughts of suicide feel relief when someone asks after them in a caring way. Findings suggest acknowledging and talking about suicide may reduce rather than increase suicidal ideation. Studies have also shown that brief, low-cost intervention and supportive, ongoing contact may be an important part of suicide prevention, especially for individuals after they have been discharged from hospitals or care services. In September and all

year long everyone can do their part to prevent suicide. A digital toolkit is available to “Share Hope Together” for suicide prevention (www.suicideispreventable.org/prevention-kit.php). Promote Suicide Prevention Month online by using the hashtags #SuicidePrevention and #takeaction4mh.

- **September MHSA Suicide Prevention and Mental Health First Aid (MHFA) Trainings**

There are a few upcoming training opportunities (with multiple dates) to learn about suicide prevention and mental health first aid:

Suicide Prevention in the Workplace

This training is 2 hours in length and includes videos, group discussions/exercises and roleplays to create a better understanding of your role in suicide prevention.

- **Wednesday September 27**
9:00 a.m. - 11:30 a.m.

QPR

QPR is a 2-hour suicide prevention training. The mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

- **Tuesday September 26**
9:00 a.m. - 11:00 a.m.

Mental Health First Aid

Mental Health First Aid (MHFA) is a course that teaches you how to identify, understand and respond to sign of mental illness and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. Please Note: This training has a 2-hour, self-paced pre-work that needs to be completed before the training.

Youth MHFA-Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions, challenge or is in crisis.

- **Thursday September 28**
8:30 a.m. – 4:00 p.m.

These trainings are open to Yolo County staff, provider staff, community volunteers, and council members. To register for these free trainings, please e-mail your contact information to MHSA@yolocounty.org. Additional classes will be calendared for October.

Maternal, Child, and Adolescent Health Program (MCAH)

- **Black breastfeeding week:**
 - The CDPH MCAH Division created a social media post to bring awareness to Black Breastfeeding week. Visit the link below for more information:
 - [MCAH Black Breastfeeding week](#)
 - For more information, please visit the websites below provided by CDPH MCAH Division:
 - [Black Breastfeeding week](#)
 - [Black Women Do Breastfeed](#)
 - [Cinnamoms](#)
 - [Reaching Our Sisters Everywhere](#)
 - [Reach Our Brothers Everywhere](#)

- **Comprehensive Perinatal Services Program (CPSP):**
 - **Perinatal Services Resources:** The know-your-rights video for pregnant and parenting workers in California below covers how to get accommodations for pregnant workers and rights to paid leave for pregnant and parenting workers. The links below are available for English, Spanish, Cantonese, Mandarin, Vietnamese, Farsi, and Arabic. The videos were made with support from the Skadden Foundation and shared by CDPH.
 - **English:** [Pregnant and Parenting Workers' Rights to Paid Leave and Accommodations in California](#)
 - **Cantonese:** [怀孕及照顾孩子的加州工作者获得有薪休假和工作便利的权利](#)
 - **Mandarin:** [怀孕及照顾孩子的加州工作者获得有薪休假和工作便利的权利](#)
 - **Spanish:** [Derechos laborales de las personas empleadas embarazadas y/o con hijos a los permisos pagados y a los acomodos en California](#)
 - **Vietnamese:** [Quyền tại nơi làm việc của nhân viên mang thai và nuôi con nhỏ về việc nghỉ phép và thu xếp tiện ích ở California](#)
 - **Arabic:** [كاليفورنيا في والتسهيلات الأجر مدفوعة إجازة على للحصول العمل مكان في والمربيات الحوامل الموظفات حقوق](#)
 - **Farsi:** [كاليفرنيا ایالت در ووالدین دار بار بر ایزنان کار محل از طرف قانونی حقوق](#)
 - Yolo County has 6 CPSP providers offering services to Yolo County families.

- **Fetal & Infant Mortality Review (FIMR):**
 - Please contact Tyra Fulcher (tyra.fulcher@yolocounty.org) for FIMR reported cases.
 - <https://www.cdph.ca.gov/Programs/CFH/DMCAH/FIMR/Pages/default.aspx>

- **Sudden Infant Death Syndrome (SIDS):**
 - Please contact Tyra Fulcher (tyra.fulcher@yolocounty.org) for SIDS reported cases.
 - <https://www.cdph.ca.gov/Programs/CFH/DMCAH/SIDS/Pages/default.aspx>

- **Nurse Home Visiting (NHV) and Adolescent Parenting Program (APP):**
 - NHV and APP continues to provide case management services to women, infant, children, and the adolescent population through referrals from partner agencies to include, but not limited to, Sacramento Nurse Family Partnership; Kaiser; Welcome Baby; Sutter Health; NorthBay Healthcare; and Help Me Grow.
 - Total referrals in August: 9
 - Total referrals for 2023: 33
 - For referral and program eligibility questions, please contact:
gaby.perez@yolocounty.org

Infectious Disease Control

- **Immunizations:** Fall Influenza clinic dates have been finalized and clinic fliers will be circulated in September. Clinic locations and hours will prioritize access for people without health insurance, factory and field workers, elderly people who are homebound or who have underlying health conditions.
- **Wellness Machines:** Items dispensed via vending machines rose significantly in August, likely in response to increases in COVID-19 and West Nile Virus:
 - **Total COVID test kits dispensed:** 3235
 - **Total masks dispensed:** 691
 - **Total insect repellent wipes dispensed:** 872
- **Sexually Transmitted Infections (STIs):**
 - The Syphilis Taskforce convened on August 17. Those interested in joining Taskforce meetings should email Kellymarie Chen at:
Kellymarie.chen@yolocounty.org
 - In July, the Communicable Disease team received reports of the following STI and investigated any new syphilis cases:
 - 90 reports of chlamydia
 - 24 reports of gonorrhea
 - 36 reports of syphilis
- **Tuberculosis:** In August, Yolo County received <11 reports of suspected TB. These reports were investigated and managed for further testing and treatment as needed.
- **Other reportable communicable diseases:** Excluding cases of COVID-19 and STIs, Yolo County received case reports for the following diseases in August:
 - 11< Coccidioidomycosis
 - 11< Dengue
 - 11< Viral Encephalitis
 - 31 Enteric diseases (Campylobacteriosis, Giardiasis, Salmonellosis, Shigellosis)
 - 11< Legionellosis
 - 11< Malaria
 - 11< Meningitis - viral
 - 36 chronic hepatitis B and C
 - 11<STEC
 - 23<West Nile Virus

Staff review case reports and determine if cases are new (ruling out previously reported cases, out of jurisdiction, and unconfirmed), verify treatment, and interview cases and their contacts as appropriate. In addition to new reports, CD staff carry a case load of previously reported cases that require ongoing investigation to ensure appropriate treatment.

Health Equity and Healthy Communities

- The Hanna and Herbert Bauer Community Garden numbers are in! In the last fiscal year the garden hosted 4 garden classes to 100 attendees, provided 432 pounds of produce to WIC clients and has 100% of its 32 plots rented to residents and staff. Of those who attended garden classes, 93% indicated the garden classes met their expectations and 99% gave the instructors a rating of at least 4 out of 5. Thank you to Nick Gazda and David Linebarger for keeping this program going for the community.
- The Farmworker Assessment project is underway. Led by Esmeralda Garza, the project aims to survey 300 farmworkers and hold focus groups with 70 farmworkers to better understand their needs. In August the team onboarded two additional extra help employees to help with the project and attended two recruiting events, including the first annual Farmworker Day Event at Woodland Community College.
- The CFHL program attended the Washington Unified School District Community school event on 8/9/23, and distributed 500 health snack resources to participants; this activity was part of a larger effort to bring healthy eating and oral health resources and programs to the schools participating in the Community school project.

Women, Infants, and Children (WIC)

- During the Month of August National Breastfeeding Month was celebrated to bring awareness of the importance of human milk for human babies. The Women Infants and Children Program (WIC) supports breastfeeding mothers and parents providing access to healthy food packages and breastfeeding resources such as access to breastfeeding experts, lactation consultants, peer counselors, and breast pump loans. All WIC staff are trained to give support to help clients reach their breastfeeding goals and to help them figure out how to make breastfeeding work for them. To enroll in WIC or for breastfeeding support call (530) 666-8427.

Women, Infants & Children Program Fully Breastfeeding Rates 2023						
	Three Months		Six Months		11 Months	
	July	August	July	August	July	August
California WIC	25.82%	25.96%	22.36%	23.84%	21.55%	20.88%
Yolo County WIC	48.33%	47.06%	31.03%	26.53%	20.59%	31.25%
Yolo County WIC Peer Counselor	44.4%	37.5%	44.4%	25.0%	-	-
Healthy People 2030 Target	-		42.4%		-	
Source: WIC CDPH Local Agency Report, PHFE Peer Counselor Database *Infants in foster care are excluded from the counts and rates reported above.						

Health Education

Tobacco Prevention Program

- Continuing our efforts to address the problem of exposure to secondhand smoke in apartment complexes, the Tobacco Prevention Program participated in two community events in West Sacramento to conduct data collection activities. The team is currently surveying West Sacramento residents about secondhand smoke in MUH. 1. West Sacramento Senior Resource Fair in May 2023. Our objective was to collect opinion polls regarding support for legislation that would ban smoking in apartment complexes. In addition, staff offered smokefree multi-unit housing (SF MUH) educational materials, cessation resources, and giveaways. 2. We collected 50 surveys at YCCA's Backpack & Resource Fair on August 4, 2023, attended by 500+ families.
- We are also partnering with the Mobile Farmers Market program by the Center for Land-Based Learning until October 2023 to reach more West Sacramento residents.
- The team completed nine SF MUH key informant interviews (KII) with influential West Sacramento partners to help provide direction, content, and timing of our activities in West Sacramento. Participants were asked about their priorities, including secondhand smoke issues. A summary of these interviews is being compiled and the team will share once completed.
- On June 27, 2023, the West Sacramento Accountable Community for Health Initiative (ACHI) received a presentation from staff on SF MUH. The Yolo County Tobacco Prevention Coalition identified ACHI as a potential ally for the West Sacramento SF MUH goal. The presentation had ten attendees, comprised of city staff and representatives from various city organization. Subsequently, FAQ and educational materials were emailed to participants to share with respective community members.
- Program Staff, Health Officer Dr. Sisson, and Public Health Director Brian Vaughn, met with Supervisor Frerichs to discuss the current proposed SF MUH ordinance for Yolo County's unincorporated area and long-term vision for tobacco-free initiatives.
- In 2004, The Yolo County Fair became the first smoke-free fair in California. To remind attendants of this policy, staff posted 125 smoke-free signs throughout the fairgrounds.



Diversity, Equity, Inclusion, and Belonging (DEIB)

- Continued collaboration with Resilient Yolo Summit Steering Committee.
- Participated in Yolo County DMC-ODS quality review and audit.
- HHS leadership continues w/DEIB training.

Community Health Report

- Ongoing collaboration with the new county DEI manager and CWS Racial Equity workgroup.
- Held the fourth CCC Expungement Clinic in collaboration with Yolo, Sacramento, and Solano Public Defenders and DA representatives. 30 people served. Worked with Business Process team to develop RBAs and Evaluation to collect data for this event and other trainings.
- Cultural Considerations when engaging Russian/Ukrainian community training. 66 attendees. The trainer also worked with First 5 and the CCC to ensure a brochure translation met CLAS Standards.
- CCC is partnering with CommuniCare on its Dia De Los Muertos celebration.
- CCC is supporting Riverbank Elementary School Youth Conference scheduled for December 7th in West Sacramento.

Administration

- **Epidemiology and Data Unit:**
 - Draft Mortality Report sent to Brian and Dr. Sisson for review.
 - Major progress integrating death certificates and other data sources to update all communicable disease data.
 - CDPH Population Task Force developing guidelines for best population data.
 - Providing monthly COVID reports, including updated wastewater analytics.
 - Continued progress updating missing race/ethnicity and SOGI data in communicable disease records.
 - Continuing to support LTCF outbreak teams with outbreak tracking and report generation for COVID outbreaks.
 - Medical records supported CD and LTCF teams by processing 301 faxed reports and submitting 91 medical record requests in July.
 - Supporting the CD team with West Nile address identification for vector control and supervision of diagnostic specimen requesting and transport to the CDPH Viral and Rickettsial Disease Laboratory.
 - Continued maintenance of the integrity of state CAIR and CalREDIE databases with 129 CalREDIE master patient index merges and 6 CAIR account merges.
 - Continued progress reviewing and cleaning up previously reportable CalREDIE records.
 - Completing documentation for multiple accreditation items.

Upcoming HHSA Meetings & Events

DATE	TIME	EVENT
September 14	9:00 AM	Health Council
September 20	8:30 AM	MCAH Advisory Board
September 25	6:00 PM	Local Mental Health Board