

Mental Health Director's Report

September 18th, 2023

A) **Crisis Services:**

Crisis Now: HHSA Staff continue to work on implementing Crisis Now, with the plan to be in full operation by Fall of 2024. The Crisis Now Model includes: 1) High-tech Call Center, 2) Mobile Crisis Response 3) Receiving Chairs/Sobering Center, and 4) Short-term Crisis Beds. Updates on each component are included below:

- 1) The High-tech Call Center Request for Proposal (RFP) will be released this month and is discussed in more detail below.
- 2) Yolo County's current Mobile Crisis Response will be augmented to include 24/7, 365 response capabilities as described in Medi-Cal Mobile Crisis Benefit summary below.
- 3) The Receiving Center site plans and budget are being finalized in partnership with the Yolo County General Services Department (GSD). GSD will be facilitating construction management of the facility with estimated completion in Spring/Summer 2024.
- 4) The Short-Term Crisis Beds were included in the recently closed Crisis Residential RFP. Proposals are now being evaluated.

Medi-Cal Mobile Crisis Benefit: By December 31, 2023, county Mental Health Plans (MHPs), Drug Medi-Cal (DMC) counties, and Drug Medi-Cal Organized Delivery System (DMC-ODS) counties shall provide, or arrange for the provision of, qualifying mobile crisis services in accordance with the requirements below. Qualifying community-based mobile crisis intervention services will be available 24 hours a day, 7 days a week, 365 days a year, and will include the following service components: 1) Crisis assessment, 2) Mobile crisis response, 3) Crisis planning, 4) Facilitation of a warm handoff, 5) Referrals to ongoing supports, and 6) Follow up check-ins. Yolo County will be required to submit a written mobile crisis implementation plan to the Department of Health Care Services by October 31, 2023, outlining its mobile crisis services policies and procedures. Additional information regarding the mobile crisis benefit can be found here [CalAIM Mobile Crisis Services Initiative](#).

Crisis Intervention Team/Training: In August, staff and leadership from our Crisis Services Team attended the 2023 International Crisis Intervention Team/Training (CIT) Conference in Detroit, Michigan. The Team spent three days with Law Enforcement and Behavioral Health colleagues from across the country, networking and participating in workshops about best practices in CIT. The team was privileged to meet the CIT International Board Co-Chairman, Major Sam Cochran, who developed and implemented the Memphis Model, from which CIT training originated in 1988. Our Yolo County team continues to follow Major Cochran's vision that CIT is more than just a training – it is a collaborative community program with the mission that “safely aiding individuals experiencing a behavioral health crisis in the least intrusive manner improves the quality of life for everyone in the communities we serve, by educating communities about the availability of proactive resources and encouraging family members and caregivers to intervene at the onset of symptoms to prevent crises altogether.”

- B) **Current RFPs:** The RFP for Crisis Residential Treatment (CRT) services closed last month, and Yolo County Procurement is working with Yolo County Health and Human Services Agency (HHSA) to select the new CRT vendor to begin sometime after October 1, 2023. Currently, the RFP for the MHSA-funded Integrated Behavioral Health Services for the Latino Community is open and proposals are due on October 3, 2023. HHSA is finalizing the High-Tech Call Center RFP for release in the next 10 days. This program will replace the current 24/7 Access and Crisis Line services as of January 1, 2024. Later this fall, HHSA will release an RFP for Mental Health Services Act (MHSA)-funded Community-Based Navigation services.
- C) **Behavioral Health Bridge Housing (BHBH):** Yolo County HHSA is excited to announce that we were recently awarded the BHBH Grant. Yolo's proposal included projects for three cities in Yolo County in an effort to end homelessness for our communities. In total the BHBH program will include a total of 63 short and midterm units

across the three projects through FY 26/27. The following three projects were proposed and have been approved:

- Woodland: *20 Bed/SLE Expansion and Case Management at 4th and Hope Shelter*
The additional funding would add beds, staffing and case management to support a larger population. With a budgeted amount of \$588,312.72, the project includes a tentative expansion of the County's only permanent year-round shelter. The expanded beds would serve for both general shelter and/or sober living to support a larger population awaiting permanent housing. The general shelter would include case management and the sober living environment that would include advance substance use supports and include case management, laundry access, 3 meals per day, and access to transportation.
- Davis: *15-unit master lease, case management and remodel at multi-family residential*
In Davis, the county's current Project Room Key started as a master lease motel and ended up being a master leased multi-family residential unit with embedded case management. This program was set to expire in June of 2023, but with BHBH, Yolo is now positioned to extend the program through 2027 at the current multi-family residential complex or another complex in the city.
- West Sacramento: *28 bed master lease, case management and remodel at repurposed motel*
West Sacramento had one of the State of California's first and most successful project Room Key programs. This program was set to expire in June of 2023 with the ramp down of one master leased motel. The City of West Sacramento would like to extend this program in this motel or another motel which is willing to enter the same agreement.

- D) **Community Engagement:** On September 9, 2023, the MHSA Adult team tabled at the American Foundation for Suicide Prevention's "Out of the Darkness" community walk at the Sutter Health Park in West Sacramento. Resources and referrals were provided to over 100 interested community members. To date, the event has raised \$83,000 towards suicide prevention research efforts.
- E) **Behavioral Health Leadership:** HHSA is actively interviewing for Medical Director and hopes to complete the selection process later this month. The Medical Director position has been vacant since February 1, 2021.
- F) **Young Adult Court San Francisco trip:** On Thursday, August 24th, representatives of the Collaborative Court team (Public Defender, District Attorney, Probation, HHSA, Court, and the County Administrative Officer's office) took an all-day field trip to San Francisco to watch and learn about San Francisco Judge Chan's nationally renowned "Young Adult Court" (YAC). YAC is a specialty court for 18–25-year-olds who are justice involved. The goal of the program is to support young people to gain independence, build healthy living skills, and experience a restorative justice process to become active, healthy members of society. The team hopes to bring this program to Yolo in the near future. Picture below.



- G) **External Quality Review – DMC-ODS:** Yolo County HHSA participated in the annual External Quality Review (EQR) of its DMC-ODS on August 8-9, 2023. The EQR focuses on access, timeliness, and quality of care provided to Medi-Cal beneficiaries who receive DMC-ODS services in Yolo County. Participants included leadership and staff from both Yolo County HHSA and contracted providers, as well as adult recipients of Outpatient/Intensive Outpatient Services and from Residential Treatment. HHSA anticipates receiving the draft report with findings that highlight systemwide strengths, opportunities, and recommendations for improvement later this month.
- H) **K-12 School Partnership:** These programs continue operating in the four geographical catchment areas of Woodland, Davis, West Sacramento, and the Rural communities. The implementation of the programs is specific to the needs of each region and designed in collaboration with the local educational agency and HHSA. As previously reported, an RFP was issued on 3/28/23 to procure services specifically to serve Woodland Joint Unified School District (WJUSD), to address their service needs distinct from the Yolo County Office of Education (previously served together under one contract). HHSA awarded the contract to Victor Community Support Services (VCSS), who also serves in the West Sacramento Catchment Area. Over the summer, HHSA collaborated with WJUSD and VCSS to develop shared agreements for how the agencies will work together to ensure services for the students are best designed and delivered. VCSS began receiving referrals and serving youth in WJUSD at the start of the school year. HHSA is continuing to take a deep dive into sustainability measures for the K-12 School Partnership Programs, as a whole. Districts, HHSA and community providers are looking at additional revenue options, including increasing the Medi-Cal billing this school year to build in greater sustainability for the services.
- I) **Recovery Month 2023:** September is Recovery Month to honor people in recovery, the providers who provide the much-needed services, and the addition and creation of new evidence-based services. Please see the attached flyer for September/October activities.



SEPTEMBER 2023 RECOVERY MONTH

NATIONAL RECOVERY MONTH

National Recovery Month, which started in 1989, is a national observance held every September to promote and support new evidence-based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery in all its forms possible. **HOPE IS REAL. RECOVERY IS REAL**

Yolo County Access Line 24/7 888-965-6647

September 6th Recovery
Happens 8am State
Capitol

Choose2Recover
Tuesdays @ 10am HHS
Woodland Wellness
Center

Dual Diagnosis group
Wednesdays @ noon
HHS Woodland Wellness
Center

October 8th Yolo NAMI
walk 9-12 Woodland
Community College

Myths VS Facts: Comparing
Methadone to Buprenorphine
webinar 9/13/2023 9-10am
CALL 669-444-9171

YOLO COUNTY HEALTH
AND HUMAN SERVICES
AGENCY



