

Local Mental Health Board Meeting

Monday, July 24th, 2023

In Person

Members Present: Maria Simas, Joe Galvan, Inesita Arce, Sue Jones, Jonathan Raven, Chris Bulkeley, Christy Correa, Brad Anderson, Nicki King, John Archuleta

Members Absent: Serena Durand, Warren Hawley, Robin Rainwater

CALL TO ORDER

Welcome and Introductions: Meeting called to order by Jonathan Raven at 5:30 PM

Public Comment:

- **Carrie Zeigler:** Because we have so many people involved and invested in our community in this meeting, she wanted to share that long-time Executive Director Bill Pride with Davis Community Meals has announced his retirement. We are looking for an Executive Director that will build on the successes we have already built. As a member of the board, she is asking every single person here to find the job announcement and share it. They are looking for someone in our community that would be a great person at this exciting, pivotal time.

Chair Report: none

Nominating Committee Report: Nicki King stated the committee decided the slate would remain the same with Jonathan as Chair, Maria Simas as Vice Chair, and Sue Jones as Secretary. Nicki had received word that there was another interest in Vice Chair but moved forward after no additional responses were submitted. Nicki opened the floor to see if there was anyone else who would like to be nominated for Chair/Vice Chair/Secretary. Seeing there was none, Nicki moved we accept the nominated slate.

Approval of new board officers: moved by Nicki King and 2nd Chris Bulkeley

Yea "I"	Nay	Abstention
8	0	0

Motion: Approved

Approval of Agenda: moved to approve by Sue Jones and 2nd Inesita Arce

Yea "I"	Nay	Abstention
7	0	0

Motion: Approved

Approval of Meeting Minutes from June 26th, 2023: moved to approve Chris Bulkeley and 2nd Sue Jones

Yea "I"	Nay	Abstention
5	0	2

Motion: Passed with one change. The date was noted incorrectly.

Approval of letter of recommendation on CIT to BOS: No recommendations made; this topic will be moved to the September meeting. Jonathan Raven will follow up with Robin Rainwater on completion of the letter of recommendation.

Member Announcements: Christy invited the board to attend [NAMI Annual State Conference](#).

Correspondence: Public responses received and will be shared in Public Hearing Presentation.

Public Hearing: [MHSA LMHB Public Hearing Presentation](#), presented by Brian Vaughn and Karleen Jakowski.

LMHB/Health Council response:

Health Council Member: Aging population is projected to grow over the next few decades. Karleen Jakowski replied: As far as hiring a responder specific to that population, we can't consider it with the current budget, but it's something we can look at for the future. We do have some services offered through our Adult Protective Services, and there is some overlap in services.

Christy Correa: In regard to co-responders, I know we are ramping up and the 24-hour mobile crisis unit will come online eventually. In the meantime, we have co-responders embedded in agencies. I want to consider using Peer Support Specialists to fill the gap. There is a disparity with crisis intervention training with dispatchers. We need to publicize 988 as we come online to make the public aware that the service is available. With FSP, I know we are increasing by 20 more slots. If we know there will be added need in the future, why not secure 40 spots now, so we don't max out a waiting list? Karleen Jakowski stated that HHSA needs to build up some of the training and supports for Peer Support Workers to help, but we want to make sure we can address any traumatic events that they might face and provide them the proper resources for support. We are unable to add more slots in the current budget for FSP. We added as many as we were budgeted. We can't add anything, or we will be over budget. We can reassess when we get a better idea of what our budget looks like. There will be a ballot initiative, and CSS will be cut if the initiative is successful. So, we don't want to ramp up something that we may have to take away in a year.

Joe Galvan: Can we leverage money up front to fund mobile response? Karleen states there is no funding up front, but for the first year we are not required to provide matching funds. It will allow us to draw down revenue very differently than we have in the past. Karleen will share what that looks like in her next Mental Health Director's Report.

Nicki King: Comment on elder care for seniors who have either aged into the mental health system or were in the system before aging in. They have had very good coverage and access. I am very surprised that we didn't get any comments in respect to long-term housing. I believe Crisis Now is going to build a pipeline of people coming into the system and needing services. We are going to have to figure out what to do. There will be more demand than we have support for. We are going to have to plan what we will do in the long term.

Chris Bulkeley: Comment on additional FSP beds. We initially carved out some funding to access short-term housing for individuals working toward permanent housing. We applied for and were

awarded a Bridge to Housing grant, which offered that exact thing. With that funding, they will be able to access housing.

Michelle Famula: Do you feel like you have adequate resources to evaluate more data? Karleen Jakowski replied: A year ago, we didn't have the resources to analyze data, but now we have two teams analyzing data, so we are in a better position. Currently we have sent out an ask for data, we just need to do some follow up for it. Something we need to build into our MOUs is to request the data from local law enforcement agencies.

Michelle Famula asked about developmental disabilities. Karleen Jakowski replied that we have a memorandum of understanding with Alta Regional giving our children's mental health services team access to their services. On the adult side, I'm not aware of an MOU, but we have done a lot of work on the children's side to carve out those services. We have an AB 2083 interagency team to work on having collaborative conversations. There is an opportunity for us to look at a similar model for adults, but it hasn't happened yet.

Nicki King: One strength of the Mental Health Services Act is the requirement for community engagement and input. Because the needs in this county are going to be different than in other counties. I am concerned about any plan that proposes to put up fences around the dollars that can be accessed for mental health services. Look carefully at that initiative to see if it's in the best interest of Yolo County.

John Lee: I'm a Davis resident. Forty years ago, I was on the Health Council. We have the best prenatal rural program in the state. A month ago, I got a letter to the editor in the *Chronicle*. It was about universal healthcare, and next it was about what Nicki stated. We criminalized mental health services. I developed this plan to completely start over the health plan, and I sent it to the chair of the health committee in the senate. I recommend reading a book about how the Lanterman-Petris-Short Act was created.

Collaboration between LMHB and Health Council:

Michelle Famula: In the last five years before my retirement, I was asked to bring in counseling and health services to unify the Mental Health program. Synergy and advocacy benefit both sides. How are there ways for those of us who care about health and wellbeing to work together in synergy in a way that is most helpful? When would it be a good time to reach out in commonality for both of our groups?

Brian Vaughn: Hopefully, there is an opportunity moving forward to collaborate with both boards to bridge the gap of health and mental services. We should plan something in the future to really get to know each other. Let's look into other opportunities that respect each position of the two boards.

Carrie Zeigler: I find it super confusing that there are lots of different streams of funding, whether they go to mental health services or physical health. How do we come together to make sure the funding is going toward the needs we feel the county has? Are there places we can work together to advocate for certain projects? Can we come together and talk to each other and make more comprehensive asks?

Health Council Member: I've seen solid divisions between behavioral analysis and mental health services. I'm trying to be an ambassador to help behavioral analysts and mental health services work together. I just wanted to get that out there.

Nicki King: I have been the representative for the Local Mental Health Board (LMHB) to the Health Council for the last three years, and Jonathan Raven will need to appoint someone else because this is my last year with LMHB. I'm the liaison to both boards. There is a dedicated seat for an LMHB rep. Brian Vaughn stated that the LMHB notifies the Health Council who the representative will be and there is no approval process.

Public Hearing Adjourned 7:30 PM

Consent Agenda:

Mental Health Director's Report, Karleen Jakowski

Crisis Intervention Outcomes Report:

- Jonathan Raven was really impressed that they had the data organized.
- Christy Correa applauded the work that went into it. She recommended that when the coordinator is hired, they work with the POST regional consultant. They will be a great support for resources.
- Sue Jones asked about the timing of the new classes and coordinator. If we are trying to nudge the police chiefs, we can share that we have these classes coming on board. Karleen stated that once the Board of Supervisors approves the position in August, we can go to recruitment. It will probably be the end of the calendar year or next calendar year realistically, because of the time it takes for the hiring process.

Public Comment: Does the course include training on autism spectrum disorders? Karleen stated that we have a course that covers specialized diagnosis, but there is always more work we can do. Autism spectrum disorders are covered in one current module in the training, but we can do deeper work.

Regular Agenda

Board of Supervisors Report: Supervisor Villegas is one of two Board liaisons to be an ear at the table to hear what the dialogue is at the meeting and in large part to support the efforts of the LMHB. American Recovery funding will be discussed on tomorrow's Board of Supervisors agenda.

Criminal Justice Update, Chris Bulkeley: Mental Health Court has an upcoming graduation on Aug 7th. He related a recent incident. Law enforcements were called for a 5150 hold for someone who was suicidal. He fought law enforcement and ended up in jail. In a coordinated effort, we were able to have a clinician complete the 5150 in the jail and have him hospitalized. We were able to prevent further movement in the criminal justice system. Some calls start with no crime. They are having a psychotic episode, but they are triggered by weapons or law enforcement, and then we have a crime. It's a bad outcome when you have a welfare call, and they end up in jail.

Public Comment on Agenda Items: none

- **Future Meeting Planning and Adjournment:**
 - No Meeting in August — Summer Break
 - Next Meeting: September 25th, 2023, at 6 PM in the Community Room located at the Gonzales Building, 25 N Cottonwood Street in Woodland.

Adjourned: 7:37 PM