

COUNTY OF YOLO

Health and Human Services Agency

137 N. Cottonwood Street • Woodland, CA 95695 (530) 666-8940 • www.yolocounty.org

Local Mental Health Board Meeting

Monday, September 18, 2023, 6:00 PM-8:00 PM
25 N Cottonwood Street, Woodland
Location: Community Room

-5:30 PM - 7:00PM

All items on this agenda may be considered for action.

Jonathan Raven *Chair*

Maria Simas *Vice-Chair*

Sue Jones **Secretary**

District 1 (Oscar Villegas)

Joe Galvan Maria Simas Dolores Olivarez

District 2 (Lucas Frerichs)

Serena Durand Nicki King Inesita Arce

District 3 (Gary Sandy)

Sue Jones John Archuleta Warren Hawley

District 4 (Jim Provenza) Vacant

Chris Bulkeley Jonathan Raven

District 5 (Angel Barajas)

Brad Anderson Christy Correa Robin Rainwater

Board of Supervisors Liaisons

Oscar Villegas Jim Provenza

LMHB CALL TO ORDER------

- 1. Public Comment
- 2. Approval of Agenda
- 3. Approval of minutes from July 24, 2023
- 4. Chair Report-Jonathan Raven
 - Welcome Dolores Dee Olivarez
 - Introduction of Board Members
- 5. Standing Committees
 - Budget and Finance
 - Communications and Education
 - Program
- 6. Ad Hoc Committee-amend bylaws
- 7. Meetings in West Sacramento and Davis
- 8. Appointment of Liaison to Health Council
- 9. Recommendation to BOS on Crisis Intervention Training
- 10. Member Announcements
- 11. Correspondence

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

CONSENT AGENDA ------7:00 PM – 7:25 PM

- 12. Mental Health Directors Report-Samantha Fusselman
 - a. Crisis Services
 - b. Current RFP's
 - c. Behavioral Health Bridge Housing (BHBH)
 - d. Community Engagement
 - e. Behavioral Health Leadership
 - f. Young Adult Court San Francisco Trip
 - g. External Quality Review-DMC-ODS
 - h. K-12 Partnership
 - i. Recovery Month 2023

REGULAR AGENDA -----7:25PM – 7:55 PM

- 13. Board of Supervisors Report
- 14. Criminal Justice Update- Chris Bulkeley
- 15. Public Comment- on tonight's agenda Items

PLANNING AND ADJOURNMENT -----

----- 7:55 PM – 8:00 PM

16. Future Meeting Planning and Adjournment

Next Meeting Date and Location

October 23rd, 2023, 6pm In-Person: 25N Cottonwood Street, Woodland CA Community Room

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, September 15, 2023. Christina Grandison Local Mental Health Board Administrative Support Liaison Yolo County Health and Human Services

Item. 3 Meeting Minutes July 24, 2023

Local Mental Health Board Meeting

Monday, July 24th, 2023

In Person

Members Present: Maria Simas, Joe Galvan, Inesita Arce, Sue Jones, Jonathan Raven, Chris Bulkeley, Christy Correa, Brad Anderson, Nicki King, John Archuleta

Members Absent: Serena Durand, Warren Hawley, Robin Rainwater

CALL TO ORDER

Welcome and Introductions: Meeting called to order by Jonathan Raven at 5:30 PM

Public Comment:

• Carrie Zeigler: Because we have so many people involved and invested in our community in this meeting, she wanted to share that long-time Executive Director Bill Pride with Davis Community Meals has announced his retirement. We are looking for an Executive Director that will build on the successes we have already built. As a member of the board, she is asking every single person here to find the job announcement and share it. They are looking for someone in our community that would be a great person at this exciting, pivotal time.

Chair Report: none

Nominating Committee Report: Nicki King stated the committee decided the slate would remain the same with Jonathan as Chair, Maria Simas as Vice Chair, and Sue Jones as Secretary. Nicki had received word that there was another interest in Vice Chair but moved forward after no additional responses were submitted. Nicki opened the floor to see if there was anyone else who would like to be nominated for Chair/Vice Chair/Secretary. Seeing there was none, Nicki moved we accept the nominated slate.

Approval of new board officers: moved by Nicki King and 2nd Chris Bulkeley

Yea "I"	Nay	Abstention
8	0	0

Motion: Approved

Approval of Agenda: moved to approve by Sue Jones and 2nd Inesita Arce

Yea "I"	Nay	Abstention
7	0	0

Motion: Approved

Approval of Meeting Minutes from June 26th, 2023: moved to approve Chris Bulkeley and 2nd Sue Jones

Yea "I"	Nay	Abstention
5	0	2

Motion: Passed with one change. The date was noted incorrectly.

Approval of letter of recommendation on CIT to BOS: No recommendations made; this topic will be moved to the September meeting. Jonathan Raven will follow up with Robin Rainwater on completion of the letter of recommendation.

Member Announcements: Christy invited the board to attend NAMI Annual State Conference.

Correspondence: Public responses received and will be shared in Public Hearing Presentation.

Public Hearing: MHSA LMHB Public Hearing Presentation, presented by Brian Vaughn and Karleen Jakowski.

LMHB/Health Council response:

Health Council Member: Aging population is projected to grow over the next few decades. Karleen Jakowski replied: As far as hiring a responder specific to that population, we can't consider it with the current budget, but it's something we can look at for the future. We do have some services offered through our Adult Protective Services, and there is some overlap in services.

Christy Correa: In regard to co-responders, I know we are ramping up and the 24-hour mobile crisis unit will come online eventually. In the meantime, we have co-responders embedded in agencies. I want to consider using Peer Support Specialists to fill the gap. There is a disparity with crisis intervention training with dispatchers. We need to publicize 988 as we come online to make the public aware that the service is available. With FSP, I know we are increasing by 20 more slots. If we know there will be added need in the future, why not secure 40 spots now, so we don't max out a waiting list? Karleen Jakowski stated that HHSA needs to build up some of the training and supports for Peer Support Workers to help, but we want to make sure we can address any traumatic events that they might face and provide them the proper resources for support. We are unable to add more slots in the current budget for FSP. We added as many as we were budgeted. We can't add anything, or we will be over budget. We can reassess when we get a better idea of what our budget looks like. There will be a ballot initiative, and CSS will be cut if the initiative is successful. So, we don't want to ramp up something that we may have to take away in a year.

Joe Galvan: Can we leverage money up front to fund mobile response? Karleen states there is no funding up front, but for the first year we are not required to provide matching funds. It will allow us to draw down revenue very differently than we have in the past. Karleen will share what that looks like in her next Mental Health Director's Report.

Nicki King: Comment on elder care for seniors who have either aged into the mental health system or were in the system before aging in. They have had very good coverage and access. I am very surprised that we didn't get any comments in respect to long-term housing. I believe Crisis Now is going to build a pipeline of people coming into the system and needing services. We are going to have to figure out what to do. There will be more demand than we have support for. We are going to have to plan what we will do in the long term.

Chris Bulkeley: Comment on additional FSP beds. We initially carved out some funding to access short-term housing for individuals working toward permanent housing. We applied for and were

awarded a Bridge to Housing grant, which offered that exact thing. With that funding, they will be able to access housing.

Michelle Famula: Do you feel like you have adequate resources to evaluate more data? Karleen Jakowski replied: A year ago, we didn't have the resources to analyze date, but now we have two teams analyzing data, so we are in a better position. Currently we have sent out an ask for data, we just need to do some follow up for it. Something we need to build into our MOUs is to request the data from local law enforcement agencies.

Michelle Famula asked about developmental disabilities. Karleen Jakowski replied that we have a memorandum of understanding with Alta Regional giving our children's mental health services team access to their services. On the adult side, I'm not aware of an MOU, but we have done a lot of work on the children's side to carve out those services. We have an AB 2083 interagency team to work on having collaborative conversations. There is an opportunity for us to look at a similar model for adults, but it hasn't happened yet.

Nicki King: One strength of the Mental Health Services Act is the requirement for community engagement and input. Because the needs in this county are going to be different than in other counties. I am concerned about any plan that proposes to put up fences around the dollars that can be accessed for mental health services. Look carefully at that initiative to see if it's in the best interest of Yolo County.

John Lee: I'm a Davis resident. Forty years ago, I was on the Health Council. We have the best prenatal rural program in the state. A month ago, I got a letter to the editor in the *Chronicle*. It was about universal healthcare, and next it was about what Nicki stated. We criminalized mental health services. I developed this plan to completely start over the health plan, and I sent it to the chair of the health committee in the senate. I recommend reading a book about how the Lanterman-Petris-Short Act was created.

Collaboration between LMHB and Health Council:

Michelle Famula: In the last five years before my retirement, I was asked to bring in counseling and health services to unify the Mental Health program. Synergy and advocacy benefit both sides. How are there ways for those of us who care about health and wellbeing to work together in synergy in a way that is most helpful? When would it be a good time to reach out in commonality for both of our groups?

Brian Vaughn: Hopefully, there is an opportunity moving forward to collaborate with both boards to bridge the gap of health and mental services. We should plan something in the future to really get to know each other. Let's look into other opportunities that respect each position of the two boards.

Carrie Zeigler: I find it super confusing that there are lots of different streams of funding, whether they go to mental health services or physical health. How do we come together to make sure the funding is going toward the needs we feel the county has? Are there places we can work together to advocate for certain projects? Can we come together and talk to each other and make more comprehensive asks?

Health Council Member: I've seen solid divisions between behavioral analysis and mental health services. I'm trying to be an ambassador to help behavioral analysts and mental health services work together. I just wanted to get that out there.

Nicki King: I have been the representative for the Local Mental Health Board (LMHB) to the Health Council for the last three years, and Jonathan Raven will need to appoint someone else because this is my last year with LMHB. I'm the liaison to both boards. There is a dedicated seat for an LMHB rep. Brian Vaughn stated that the LMHB notifies the Health Council who the representative will be and there is no approval process.

Public Hearing Adjourned 7:30 PM

Consent Agenda:

Mental Health Director's Report, Karleen Jakowski

Crisis Intervention Outcomes Report:

- Jonathan Raven was really impressed that they had the data organized.
- Christy Correa applauded the work that went into it. She recommended that when the
 coordinator is hired, they work with the POST regional consultant. They will be a great support
 for resources.
- Sue Jones asked about the timing of the new classes and coordinator. If we are trying to nudge
 the police chiefs, we can share that we have these classes coming on board. Karleen stated that
 once the Board of Supervisors approves the position in August, we can go to recruitment. It will
 probably be the end of the calendar year or next calendar year realistically, because of the time
 it takes for the hiring process.

Public Comment: Does the course include training on autism spectrum disorders? Karleen stated that we have a course that covers specialized diagnosis, but there is always more work we can do. Autism spectrum disorders are covered in one current module in the training, but we can do deeper work.

Regular Agenda

Board of Supervisors Report: Supervisor Villegas is one of two Board liaisons to be an ear at the table to hear what the dialogue is at the meeting and in large part to support the efforts of the LMHB. American Recovery funding will be discussed on tomorrow's Board of Supervisors agenda.

Criminal Justice Update, Chris Bulkeley: Mental Health Court has an upcoming graduation on Aug 7th. He related a recent incident. Law enforcements were called for a 5150 hold for someone who was suicidal. He fought law enforcement and ended up in jail. In a coordinated effort, we were able to have a clinician complete the 5150 in the jail and have him hospitalized. We were able to prevent further movement in the criminal justice system. Some calls start with no crime. They are having a psychotic episode, but they are triggered by weapons or law enforcement, and then we have a crime. It's a bad outcome when you have a welfare call, and they end up in jail.

Public Comment on Agenda Items: none

• Future Meeting Planning and Adjournment:

- No Meeting in August Summer Break
- Next Meeting: September 25th, 2023, at 6 PM in the Community Room located at the Gonzales Building, 25 N Cottonwood Street in Woodland.

Adjourned: 7:37 PM

Item. 6 Local Mental Health Board Bylaws



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen

Director

137 N. Cottonwood Street • Woodland, CA 95695 (530) 661-2750 • www.yolocounty.org

Local Mental Health Board Bylaws

ARTICLE I

James Glica-Hernandez *Chair*

Nicki King Vice-Chair

Vacant Secretary

District 1

Bret Bandley Martha Guerrero Sally Mandujan

District 2

Serena Durand Nicki King Antonia Tsobanoudis

District 3

Richard Bellows James Glica-Hernandez John Archuleta

District 4

Vacant June Forbes Robert Schelen

District 5

Brad Anderson Vacant Vacant

Board of Supervisors Liaison

Don Saylor

Alternate Jim Provenza

SECTION I: MISSION, VALUES AND RESPONSIBILITIES

Mission:

Yolo County Local Mental Health Board supports the wellness, recovery, and resilience of all Yolo County residents through the identification of local mental health assets and needs, informed advocacy and education and collaboration with policymakers, service providers, consumers, and family members.

Values:

- Every person deserves well-being and quality of life
- Every person has value, importance and is unique
- Meaningful consumer and family participation
- Cultural sensitivity, appropriateness, and appreciation for the diversity of the region
- Highest quality, integrated services and supports
- Strong social safety net
- Political and personal accountability
- Advocacy beyond the minimum mandated care
- Evaluation and evidence based decision making

Duties and Responsibilities: (Welfare and Institutions Code, Section 5604; Yolo County Ordinance 2-2.1302)

The Yolo County Mental Health Board shall:

- 1. Review and evaluate the Yolo County mental health needs, facilities, services and special problems.
- 2. Review any county agreements or contracts entered into pursuant to Section 5650 of the Welfare and Institutions Code.

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- 3. Advise the governing body and the local mental health director as to any aspect of the local mental health program.
- 4. Review and approve the procedures used to ensure citizen and professional involvement in all stages of the planning process.
- 5. Submit an annual report to the County Board of Supervisors on the needs of performance of the county's mental health system.
- Review and make recommendations on applicants for the appointment of a local director of mental health services. The Mental Health Board shall be included in the selection process prior to the vote of the Governing Body.
- 7. Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Department, the Board of Supervisors and the State Mental Health Commission.
- 8. Assess the impact of the realignment of services from the state to the county on services delivered to clients and the local community as required by Section 5604.2 (b) Welfare and Institutions Code.

SECTION II: RELATIONSHIP WITH THE COUNTY BOARD OF SUPERVISORS

It is the intent of the Board to maintain excellent relations with the Yolo County Board of Supervisors. The primary role of the Board is to advise the County Board of Supervisors on all mental health issues in Yolo County as defined by the California Welfare and Institutions Code.

SECTION III: RELATIONSHIP WITH THE COUNTY DIRECTOR OF MENTAL HEALTH

It is the intent of the Board to maintain a collaborative and supportive relationship with the County Director of Mental Health and staff.

SECTION IV: MEMBERSHIP

The Mental Health Board shall consist of sixteen (16) members appointed by the Board of Supervisors as follows:

- (a) Permanent members: There shall one permanent member of the board, who shall be a member of the Board of Supervisors.
- (b) Rotating members: There shall be fifteen (15) rotating members appointed as follows:
 - (1) At least fifty (50%) percent of the members shall be consumers or the parents, spouse sibling, or adult children of consumers, who are receiving or received mental health services;
 - (2) At least (20%) of the total membership shall be consumers and at least twenty (20%) percent of the total membership shall be families of consumers.
- (c) The Board of Supervisors shall, through its appointments to the Mental Health Board, strive to reflect the ethnic diversity of the client population of the County.
- (d) The Board of Supervisors is encouraged to appoint individuals who have experience and knowledge of the mental health system.

SECTION V: MEMBERSHIP TERMS

The initial terms of the fifteen (15) rotating members of the Mental Health Board shall be as follows:

- (a) Five (5) members shall be appointed for a three (3) year term.
- (b) Five (5) members shall be appointed for a two (2) year term.
- (c) Five (5) members shall be appointed for a one-year term.
- (d) Thereafter, as vacancies occur, subsequent appointments shall be made for three (3) year terms.
- (e) Membership shall be effective upon appointment by the Board of Supervisors. However, all terms shall be deemed to have commenced on February 1 following the initial appointment, and thereafter all terms shall be aligned to begin on February 1 and end on January 31.
- (f) There shall be an equal number of appointees by each member of the Board of Supervisors.
- (g) No member of the Mental Health Board or his or her spouse shall be a full-time or part-time county employee of a County mental health service, an employee of the State Department of Mental Health, or an employee of, or a paid member of the governing body of, a Bronzan-McCorquodale contract agency.
- (h) A member of the Mental Health Board shall abstain from voting on any issue in which the member has a financial interest as defined in Section 87103 of the California Government Code.
- (i) If, prior to the expiration of a term, a member ceases to retain the status which qualified the member for appointment to the Mental Health Board, the membership of the member shall be terminated, and a vacancy shall be declared.
- (j) If it is not possible to secure membership as specified from among persons who reside in the County, the Board of Supervisors may substitute representatives of the public interest in mental health who are not full-time or part-time employees of the County mental health service, the State Department of Mental Health, or on the staff of, or a paid member of the governing body of, a Bronzan-McCorquodale contract agency. (§ 5, Ord. 1159, eff. May 20, 1993)

SECTION VI: VACANCIES

When a vacancy occurs, the board chair shall contact the appropriate governing board member to determine if she/he has a candidate for the vacancy and/or if the member would consider recommendations from the Mental Health Board.

SECTION VII: TERMINATION

The term of office of a rotating member who has three (3) consecutive unexcused absences from meetings of the Mental Health Board may be terminated by the Board of Supervisors after notification to the member and the Mental Health Board. The vacancy thereby created shall be filled by the appointment of another representative of the same group for the remainder of the unexpired term of the member being replaced. A person so appointed may then serve a maximum of two (2) additional terms following the completion of the unexpired term.

SECTION VIII: QUORUM

A quorum for meetings of the Mental Health Board shall consist of not less than one-half (1/2) of the currently appointed members. A majority vote of the members present shall be required for any motion, resolution, or other action. (§ 6, Ord. 1159, eff. May 20, 1993)

SECTION IX: BOARD SELF-EVALUATION

Each year the Board shall conduct a Board Self-evaluation, which shall address issues of effective Board operation and governance and accomplishment of Board statutory requirements and annual goals.

SECTION X: OFFICERS

The officers shall be a chairperson, a vice-chairperson, and a secretary who shall be Mental Health Board members and who shall serve on a yearly basis and be subject to election by a majority of the Board present and voting by a majority of the Board present and voting in May of each year.

SECTION XI: MEETINGS

The Board shall be subject to the provisions of Chapter 9 (commencing with Section 54950) of Part I of Division 2 of Title 5 of the Governing Code, relating to meeting of local agencies (The Brown Act.) The Board will meet at least ten (10) times annually.

SECTION XII: REIMBURSEMENT FOR EXPENSES

Members of the Mental Health Board shall receive reimbursements for their actual and necessary expenses incurred in the performance of their duties outside the boundaries of the County. A member shall obtain written approval form the Mental Health Director prior to attending any event outside the boundaries of the County for which the member wishes to be reimbursed. Odometer reading and receipts will be required for reimbursement in accordance with the rules established by the County Auditor-Controller. Reimbursements shall be budgeted and charged against County Mental Health funds and shall be subject to the budgets limitations and restriction placed on such funds.

SECTION XIII: RESPONSIBILITIES OF OFFICERS

The Chair shall be the principal Board officer, shall Chair Board meetings and serve as the Board's chief spokesperson. He/she shall carry out the policies of the Board and shall do everything necessary to carry into effect the Board's statutory responsibilities and additional Board goals.

The Vice-Chair shall do everything necessary to assist the Chair in the performance of his/her duties. In the event of absence of the Chair, the Vice-Chair shall exercise all powers of Chair.

The Secretary shall take the minutes of the Executive Committee meetings, review the minutes of the Mental Health Board prior to public distribution and assist the Chair and Vice-Chair in the performance of their duties.

SECTION XIV: REMOVAL OF OFFICERS

An officer may be removed for cause from office by the majority vote of all members casting secret ballots at an official Board meeting.

Adequate formal notice, in writing and person, must be given to an officer of such an impending removal action.

SECTION XV: STANDING COMMITTEES

There are three standing committees of the Board appointed by the Board Chair. The purpose of the standing committees shall be to assist and support the Board by carrying out specific tasks assigned as needed by the Board Chair and/or the Board. A subcommittee cannot take formal action on behalf of the Board without prior authorization of the Board. All LMH Board members are welcome and encouraged to attend subcommittee meetings. The standing committees are:

Budget and Finance: The Budget and Finance Committee shall provide leadership to the Board by reviewing and reporting on legislative proposals, considering budget and funding issues for mental health in Yolo County and ensuring all advising functions of the Board are carried out.

Communications and Education: The Communications and Education Committee shall provide leadership by assisting the Board to inform the public on mental health issues in Yolo County, developing education opportunities for the Board and coordinating the development of the Board's annual report required by the Health and Welfare Code and Yolo County Ordinance.

Program: The Program committee shall provide leadership to the Board on the review and evaluation Yolo County mental health needs, facilities, services and special problems required Welfare and Institutions Code and Yolo County Ordinance.

The Chairs of each of the three standing committees shall serve on the Executive Committee of the Board

SECTION XVI: EXECUTIVE COMMITTEE

The Executive Committee of the Board shall consist of the Board Chair, Vice Chair, Secretary, Chair of the Budget and Finance Committee, Chair of the Communications and Education Committee, and Chair of the Program Committee. The Executive Committee shall meet as needed as determined by the Board Chair.

SECTION XVII: SUB COMMITTEES AND OTHER SPECIAL COMMITTEES

The Chair may at any time appoint task and time specific committees of the board to address strategic goals, projects or studies. These committees shall be for a time certain and will disband upon completion of the assigned task. (§ 10, Ord. 1159, eff. May 20, 1993)

SECTION XVIII: RULES OF ORDER

The authority of the Brown Act shall govern meetings of this organization and its standing committees and Roberts Rules of Order modified to allow open participation of the Chair, who may also set discussion time limits as appropriate.

<u>ARTICLE II</u>

SECTION XIX: AMENDMENTS

These bylaws may be amended at any meeting of this organization by a two-thirds vote of the appointed membership of the Yolo County Mental Health Board. These bylaws shall be reviewed periodically to ensure compliance with State Law.

SECTION XX: EFFECTIVE DATE

These bylaws shall go into effect and become effective immediately upon their adoption.

The Board shall meet and provide opportunities for client and general public input at least once per year in the cities of Davis, Woodland and West Sacramento California. The Board may at its discretion add additional locations as deemed necessary.

SECTION XXI: CODE OF ETHICS

A code of ethics should include, but not be limited to the following:

As a member of the Yolo County Local Mental Health Board, I:

- Will become knowledgeable about the duties and mission of the Local Mental Health Board, and promote those to the publics with whom I have influence;
- Will give necessary time, thought, and study to the work of the Board;
- Will attend regular meetings, and participate in committee meetings;
- Will be fully and carefully prepared for each meeting by doing the required reading and completing the necessary tasks for Board and committee work;
- Will work with fellow Board members in a spirit of harmony and cooperation;
- Will respect other speakers and listen to other viewpoints;
- Will share viewpoints, and despite differences of opinion, abide by and uphold final decisions of the board;
- Will abide by the purpose of the Brown Act;
- Will disqualify myself from discussion and vote on an issue where there is a conflict of interest or if the outcome will grant me or my employer any pecuniary or material benefits; and
- The code of ethics should be discussed with new board members and reviewed at least yearly by all members.

Item. 12 Mental Health Directors Report

Mental Health Director's Report

September 18th, 2023

A) Crisis Services:

<u>Crisis Now</u>: HHSA Staff continue to work on implementing Crisis Now, with the plan to be in full operation by Fall of 2024. The Crisis Now Model includes: 1) High-tech Call Center, 2) Mobile Crisis Response 3) Receiving Chairs/Sobering Center, and 4) Short-term Crisis Beds. Updates on each component are included below:

- 1) The High-tech Call Center Request for Proposal (RFP) will be released this month and is discussed in more detail below.
- 2) Yolo County's current Mobile Crisis Response will be augmented to include 24/7, 365 response capabilities as described in Medi-Cal Mobile Crisis Benefit summary below.
- 3) The Receiving Center site plans and budget are being finalized in partnership with the Yolo County General Services Department (GSD). GSD will be facilitating construction management of the facility with estimated completion in Spring/Summer 2024.
- 4) The Short-Term Crisis Beds were included in the recently closed Crisis Residential RFP. Proposals are now being evaluated.

Medi-Cal Mobile Crisis Benefit: By December 31, 2023, county Mental Health Plans (MHPs), Drug Medi-Cal (DMC) counties, and Drug Medi-Cal Organized Delivery System (DMC-ODS) counties shall provide, or arrange for the provision of, qualifying mobile crisis services in accordance with the requirements below. Qualifying community-based mobile crisis intervention services will be available 24 hours a day, 7 days a week, 365 days a year, and will include the following service components: 1) Crisis assessment, 2) Mobile crisis response, 3) Crisis planning, 4) Facilitation of a warm handoff, 5) Referrals to ongoing supports, and 6) Follow up check-ins. Yolo County will be required to submit a written mobile crisis implementation plan to the Department of Health Care Services by October 31, 2023, outlining its mobile crisis services policies and procedures. Additional information regarding the mobile crisis benefit can be found here CalAIM Mobile Crisis Services Initiative.

<u>Crisis Intervention Team/Training</u>: In August, staff and leadership from our Crisis Services Team attended the 2023 International Crisis Intervention Team/Training (CIT) Conference in Detroit, Michigan. The Team spent three days with Law Enforcement and Behavioral Health colleagues from across the country, networking and participating in workshops about best practices in CIT. The team was privileged to meet the CIT International Board Co-Chairman, Major Sam Cochran, who developed and implemented the Memphis Model, from which CIT training originated in 1988. Our Yolo County team continues to follow Major Cochran's vision that CIT is more than just a training – it is a collaborative community program with the mission that "safely aiding individuals experiencing a behavioral health crisis in the least intrusive manner improves the quality of life for everyone in the communities we serve, by educating communities about the availability of proactive resources and encouraging family members and caregivers to intervene at the onset of symptoms to prevent crises altogether."

- B) Current RFPs: The RFP for Crisis Residential Treatment (CRT) services closed last month, and Yolo County Procurement is working with Yolo County Health and Human Services Agency (HHSA) to select the new CRT vendor to begin sometime after October 1, 2023. Currently, the RFP for the MHSA-funded Integrated Behavioral Health Services for the Latino Community is open and proposals are due on October 3, 2023. HHSA is finalizing the High-Tech Call Center RFP for release in the next 10 days. This program will replace the current 24/7 Access and Crisis Line services as of January 1, 2024. Later this fall, HHSA will release an RFP for Mental Health Services Act (MHSA)-funded Community-Based Navigation services.
- C) **Behavioral Health Bridge Housing (BHBH):** Yolo County HHSA is excited to announce that we were recently awarded the BHBH Grant. Yolo's proposal included projects for three cities in Yolo County in an effort to end homelessness for our communities. In total the BHBH program will include a total of 63 short and midterm units

across the three projects through FY 26/27. The following three projects were proposed and have been approved:

- Woodland: 20 Bed/SLE Expansion and Case Management at 4th and Hope Shelter
 The additional funding would add beds, staffing and case management to support a larger population. With
 a budgeted amount of \$588,312.72, the project includes a tentative expansion of the County's only
 permanent year-round shelter. The expanded beds would serve for both general shelter and/or sober living
 to support a larger population awaiting permanent housing. The general shelter would include case
 management and the sober living environment that would include advance substance use supports and
 include case management, laundry access, 3 meals per day, and access to transportation.
- <u>Davis</u>: 15-unit master lease, case management and remodel at multi-family residential
 In Davis, the county's current Project Room Key started as a master lease motel and ended up being a
 master leased multi-family residential unit with embedded case management. This program was set to
 expire in June of 2023, but with BHBH, Yolo is now positioned to extend the program through 2027 at the
 current multi-family residential complex or another complex in the city.
- West Sacramento: 28 bed master lease, case management and remodel at repurposed motel
 West Sacramento had one of the State of California's first and most successful project Room Key programs.
 This program was set to expire in June of 2023 with the ramp down of one master leased motel. The City of West Sacramento would like to extend this program in this motel or another motel which is willing to enter the same agreement.
- D) **Community Engagement:** On September 9, 2023, the MHSA Adult team tabled at the American Foundation for Suicide Prevention's "Out of the Darkness" community walk at the Sutter Health Park in West Sacramento. Resources and referrals were provided to over 100 interested community members. To date, the event has raised \$83,000 towards suicide prevention research efforts.
- E) **Behavioral Health Leadership:** HHSA is actively interviewing for Medical Director and hopes to complete the selection process later this month. The Medical Director position has been vacant since February 1, 2021.
- F) Young Adult Court San Francisco trip: On Thursday, August 24th, representatives of the Collaborative Court team (Public Defender, District Attorney, Probation, HHSA, Court, and the County Administrative Officer's office) took an all-day field trip to San Francisco to watch and learn about San Francisco Judge Chan's nationally renowned "Young Adult Court" (YAC). YAC is a specialty court for 18–25-year-olds who are justice involved. The goal of the program is to support young people to gain independence, build healthy living skills, and experience a restorative justice process to become active, healthy members of society. The team hopes to bring this program to Yolo in the near future. Picture below.



- G) External Quality Review DMC-ODS: Yolo County HHSA participated in the annual External Quality Review (EQR) of its DMC-ODS on August 8-9, 2023. The EQR focuses on access, timeliness, and quality of care provided to Medi-Cal beneficiaries who receive DMC-ODS services in Yolo County. Participants included leadership and staff from both Yolo County HHSA and contracted providers, as well as adult recipients of Outpatient/Intensive Outpatient Services and from Residential Treatment. HHSA anticipates receiving the draft report with findings that highlight systemwide strengths, opportunities, and recommendations for improvement later this month.
- H) K-12 School Partnership: These programs continue operating in the four geographical catchment areas of Woodland, Davis, West Sacramento, and the Rural communities. The implementation of the programs is specific to the needs of each region and designed in collaboration with the local educational agency and HHSA. As previously reported, an RFP was issued on 3/28/23 to procure services specifically to serve Woodland Joint Unified School District (WJUSD), to address their service needs distinct from the Yolo County Office of Education (previously served together under one contract). HHSA awarded the contract to Victor Community Support Services (VCSS), who also serves in the West Sacramento Catchment Area. Over the summer, HHSA collaborated with WJUSD and VCSS to develop shared agreements for how the agencies will work together to ensure services for the students are best designed and delivered. VCSS began receiving referrals and serving youth in WJUSD at the start of the school year. HHSA is continuing to take a deep dive into sustainability measures for the K-12 School Partnership Programs, as a whole. Districts, HHSA and community providers are looking at additional revenue options, including increasing the Medi-Cal billing this school year to build in greater sustainability for the services.
- Recovery Month 2023: September is Recovery Month to honor people in recovery, the providers who provide
 the much-needed services, and the addition and creation of new evidence-based services. Please see the
 attached flyer for September/October activities.



SEPTEMBER 2023 RECOVERY MONTH

NATIONAL RECOVERY MONTH

National Recovery Month, which started in 1989, is a national observance held very September to promote and support new evidence-based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery in all its forms possible. **HOPE IS REAL. RECOVERY IS REAL**

Yolo County Access Line 24/7 888-965-6647

September 6th Recovery
Happens 8am State
Capitol

Choose2Recover
Tuesdays @ 10am HHSA
Woodland Wellness
Center

Dual Diagnosis group
Wednesdays @ noon
HHSA Woodland Wellness
Center

October 8th Yolo NAMI walk 9-12 Woodland Community College

Myths VS Facts: Comparing Methadone to Buprenorphine webinar 9/13/2023 9-10am CALL 669-444-9171

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

