



COUNTY OF YOLO

Office of the County Administrator

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FOR IMMEDIATE RELEASE

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Community Garden Classes Celebrate Farm to Fork Month

(Woodland, CA) - In celebration of Farm to Fork Month this September, the Hanna and Herbert Bauer Memorial Community Garden, along with the Yolo County Health and Human Services Agency's CalFresh Healthy Living team, are hosting two complimentary classes focused on food preservation from your own garden. These classes are open to all Yolo County gardeners, and you don't need any prior experience to participate. Please join us on Wednesday, September 20, and again on Wednesday, September 27, from 5:15 p.m. to 6:30 p.m.

The Sacramento region is renowned as the Farm to Fork capital of the world, and these classes provide Yolo County residents with the chance to boost their ability to enjoy fresh, locally grown produce. Attendees will gain valuable skills and knowledge that make home gardening and food preservation both enjoyable and straightforward. The September 20 class will cover fruit and vegetable canning, while the September 27 class will delve into fruit and vegetable drying.

These classes are entirely free and part of the Yolo County Health and Human Services Agency's commitment to offering education that empowers residents to incorporate fresh fruits and vegetables into their diets, promoting healthier living. Pre-registration is mandatory for attendance. To register, please contact Nick Gazda at nick.gazda@yolocounty.org or call (530) 666-8429. Please, be sure to register by September 19 for the first class and by September 26 for the second class. The garden is situated at 137 N. Cottonwood Street in Woodland, behind the Yolo County Health and Human Services Agency's Bauer Building. We recommend dressing appropriately for warm weather and bringing some water. In the event of extreme heat or poor air quality, the classes will be moved indoors.

The Hanna and Herbert Bauer Memorial Garden also offers free classes throughout the year. To find out more about the garden's activities and upcoming classes, visit our website at www.yolocounty.org/garden.

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