

# COUNTY OF YOLO

### Health and Human Services Agency

137 N. Cottonwood Street • Woodland, CA 95695 (530) 666-8940 • www.yolocounty.org

#### **Local Mental Health Board Meeting**

Monday, October 23rd, 2023, 6:00 PM-8:00 PM Location: Arthur F. Turner Community Library 1212 Merkley Avenue, West Sacramento

#### Ionathan Raven Chair

Maria Simas Vice-Chair

Sue Jones Secretary

#### District 1 (Oscar Villegas)

Joe Galvan Maria Simas Dolores Olivarez

#### District 2 (Lucas Frerichs)

VACANT Nicki King VACANT

#### District 3 (Mary Vixie Sandy)

Sue Jones John Archuleta VACANT

#### District 4 (Jim Provenza) Vacant

Chris Bulkeley Jonathan Raven

#### District 5 (Angel Barajas)

**Brad Anderson** Christy Correa Robin Rainwater

#### Board of **Supervisors** Liaisons

Oscar Villegas Jim Provenza

#### **Hybrid Option through ZOOM:**

https://volocountv.zoom.us/j/85314289837?pwd=OzduSUJaZjJYZHI2S3lrekNlV3NhZz09

Meeting ID: 853 1428 9837

Passcode: 319554

All items on this agenda may be considered for action.

#### LMHB CALL TO ORDER-----

--- 6:00 PM - 6:45PM

- 1. **Public Comment**
- 2. Approval of Agenda
- 3. Approval of minutes from September 18, 2023
- 4. Chair Report-Maria Simas
  - Resignations-Serena Durand, Inesita Arce
- 5. **Sub Committee Reports** 
  - Time Commitment for Subcommittee Participation-Maria Simas
  - Budget and Finance-Joe Galvan, Chair
  - **Communications and Education-Member of Committee**
  - **Program-Christy Correa**
  - AD-Hoc Committee: Bylaws-Jonathan Raven, Chair
    - **Edited Bylaws**
    - Clean Copy Bylaws
- 6. Legislation Updates-Christy Correa
- 7. Recommendation to BOS on Crisis Intervention Training
- 8. Member Announcements
- 9. Correspondence

TIME SET AGENDA ------6:45PM – 7:15 PM

10. Medical Care in the Jail-Undersheriff Matt Davis

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

#### CONSENT AGENDA ---

- 7:15 PM - 7:30 PM

- 11. Mental Health Directors Report-Karleen Jakowski
  - a. CalAIM Payment Reform
  - b. Current RFPs
  - c. Medi-Cal Mobile Crisis Benefit Implementation Plan
  - d. Prop 47 Update
  - e. Youth Hospitalization Coordination Program

REGULAR AGENDA ------7:30PM – 7:50 PM

- 12. **Board of Supervisors Report**
- 13. Criminal Justice Update- Chris Bulkeley
- 14. Public Comment- on tonight's agenda Items

#### 

15. Future Meeting Planning and Adjournment

#### **Next Meeting Date and Location**

No Meeting in November

Next Board Meeting: December 4th, 6-8pm

In-Person:

Mary L. Stephens Library; Blanchard Room

315 E 14th Street, Davis CA

Hybrid Option through ZOOM

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, October 20, 2023. Christina Grandison Local Mental Health Board Administrative Support Liaison Yolo County Health and Human Services

# ITEM 3. September 18, 2023 Meeting Minutes

#### **Local Mental Health Board Meeting**

#### Monday, September 18th, 2023

In Person

Members Present: Joe Galvan, Inesita Arce, Sue Jones, Jonathan Raven, Chris Bulkeley, Christy Correa, Brad Anderson, John Archuleta, Dee Olivarez

Members Absent: Serena Durand, Warren Hawley, Robin Rainwater, Nicki King, Maria Simas

#### **CALL TO ORDER**

Welcome and Introductions: Meeting called to order by Jonathan Raven at 6:02 pm.

#### **Public Comment:**

- Jen Danzer, Nami Yolo: Invites everyone to October 8<sup>th</sup> NAMIWalks at Woodland Community College.
- Todd Henry, Deputy Chief of Davis Police Department: Is on the Placer County LMHB. Davis PD recently filled a position that specifically addresses trying to reduce interaction between law enforcement and people with mental illnesses. It's a unique position.

**Approval of Agenda:** moved to approve Joe Galvan and 2<sup>nd</sup> Brad Anderson

	Yea "I"	Nay	Abstention
Ī	9	0	0

Motion: Approved with correction to the start time

**Approval of Meeting Minutes from July 24**th, **2023:** moved to approve Brad Anderson and 2<sup>nd</sup> Inesita Arce

Yea "I"	Nay	Abstention
7	0	2

Motion: Approved

**Chair Report**: Jonathan Raven states Warren Hawley hasn't been coming to meetings in a while, so he reached out to check on his attendance. He resigned a year ago. If you choose to leave the board, please reach out to do a formal resignation. Notify Chair and Liaison.

Welcome: Dee Olivarez is from South Sac and recently moved to West Sac. Has been the Deputy Director of Gambling Control Commission for 5+ years at Executive Level. Vocal advocate in the LGBTQ community. Also serves as planning commissioner.

Board members reintroduced.

#### **Standing Sub-Committees:**

Budget Finance: Joe Galvan (Chair), Christy Correa, Jonathan Raven

Communications and Education: Maria Simas, Sue Jones, Christy Correa, John Archuleta, Inesita Arce (Chair)

Program: Sue Jones, Brad Anderson, Dee Olivarez, Christy Correa (Chair)

Ad Hoc Committee (Bylaws Review): Chris Bulkeley, Sue Jones, Jonathan Raven

**Meetings in West Sacramento and Davis:** Current bylaws require the board to commit to one meeting in West Sacramento and one in Davis each year. Christina Grandison will look into hybrid meeting capabilities and location availability beginning next month in West Sac. Christy Correa states she has been advocating for participation.

Appointment of Liaison to Health Council: Christy Correa

Approval of letter of recommendation on CIT to BOS: Robin Rainwater is not present for today's meeting, has been ill and unable to complete rewrite for letter. Communication and education committee is required to submit a report to BOS. The board will instead integrate the letter into the annual report. CIT training report reviewed last meeting, provided by Karleen Jakowski, had given us a snippet, but Christy Correa would like a detailed report on who will be attending. How many from Davis, Woodland, and West Sac and the differential between 40-hour and 8-hour trainings. Only for the upcoming trainings, not those who have already attended. Sam will work on collecting the information requested by Christy Correa.

Currently have 36 officers scheduled for the 40-hour training, and 129 officers will complete the 8-hour refresh. West Sac PD has signed up to participate.

Member Announcements: Christy would like board to be updated with the legislation.

**Correspondence**: Received from Christy Correa.

**Consent Agenda:** 

Mental Health Directors Report: Samantha Fusselman/Tony Kildare

**Crisis Services:** Mobile Crisis is a MediCal benefit. It's a requirement for all beneficiaries to have that service. We will continue to provide crisis response regardless of payer.

**Young Adult Court San Francisco Trip:** It's for Transitional Age Youth (TAY). Some have MH/SUD disorders, but they don't have to. Jonathan connected with Judge Chan, and a group took a field trip. Hoping to bring YAC to Yolo County.

#### **Public Comment:**

Donna Neville: Happy to hear that we are focusing on Annual Report. It is within the LMHB
purview, but she believes in the past it corresponded with fiscal years. Believes at the board you
have a lot of power.

#### Regular Agenda

**Board of Supervisors Report:** none

**Criminal Justice Update, Chris Bulkeley:** Mental Health Court Graduation, photos shared from today's graduation. It's touching to watch. Sam was honored to witness. Struck by graduate's speech, the 4-year process to make this transition, and how many people were involved to provide this support. Very moving. Took 16 months to decide whether to accept her into MHC. 5

to 6 years ago she would have been off to state prison. The driving factor was her serious mental illness.

MHC Team will be participating in NAMIWalks again.

MHC participated in the Pride event in Woodland a month ago.

We have several individuals waiting on the contract who have been on list for months. Really need to release them, but there's not a stable environment for them to go to.

Prop 47: We have two grants we are behind in getting started. CommuniCare is handling the case management. Smaller grant offers wrap around services for 8 individuals in the county.

If you would like to participate in MHC Graduations, we will have one next month. Send Chris B. an email and he will send you the link.

Earlier we had a participant so successful that he was able to have his case dismissed. We had previously agreed to release on probation.

Public Comment on Agenda Items: none

#### Future Meeting Planning and Adjournment:

- Next Meeting: October 23<sup>rd</sup>, 2023, at 6 pm in the Community Room located at the Gonzales Building, 25 N Cottonwood Street in Woodland.
- Add legislative update to future meetings: Christy Correa will be providing updates monthly to the board.

Adjourned: 7:30

# ITEM 5. Subcommittee Reports Communication and Education Program

Ad-Hoc: LMHB Bylaws

#### LMHB Communications & Education Committee Mtg- 9-27-2023 Meeting Minutes

Committee members present: Inesita Arce (Chair), Maria Sims, John Archuleta, Sue Jones, Christy Correa Members of the public present: Kimberly Mitchell

Started meeting at 5:30 pm with introductions

#### **Annual Report:**

Discussed requirements of WIC 5604.2 stated in Bylaws

Christy read bylaws and pointed out 3 prongs of duty of our committee to LMHB "Communications and Education: The Communications and Education Committee shall provide leadership by assisting the Board to inform the public on mental health issues in Yolo County, developing education opportunities for the Board and coordinating the development of the Board's annual report required by the Health and Welfare Code and Yolo County Ordinance. Discussed resources & examples of other county Annual Reports shared (via email to members) by Christy from the California Association of Local BH Boards & Commissions (CALBHB)

Discussed using past Annual Report (2018) as a template for 2023 Annual Report. Christy commented the content of the 2018 Annual Report was not relevant and needed to substitute with current initiatives.

Discussed duties of Boards & Commissions (MHSA) Code Section 5848 on responding HHSA MHSA 3 year Expenditure Plan by reviewing and revising with recommendations.

Christy discussed reaching out to CALBHC for guidance and resources as needed

John suggested reviewing past 12 months of Mental Health Director's Reports as a starting point for current content for 2023 Annual Report.

Inesita asked committee members to review past six months of LMHB MHD monthly reports as a starting point.

Google Doc can be used for collaboration at next meeting.

Committee members are to draft points of consideration for an outline to be shared at next C & E Committee meeting.

988 Street Sign project tabled for next meeting.

Leg update \*related to MHSA for Annual Report tabled to next meeting.

Inesita will send put next C & E Committee meeting agenda and invite soon.

Meeting adjourned by Inesita at 6:11 pm.

#### **Program Committee 10/06/2023 Meeting Minutes**

Present: Christy Correa, Sue Jones, Dee Olivarez, Brad Anderson via Zoom

Meeting began at 6 pm by chair- Christy Correa.

Next meeting will utilize a different Zoom link, to be sent out in agenda by Christy.

**Site Visits:** Program committee makes recommendation to LMHB to include site visits to various Yolo County MH Programs in 2024, and to be included in 2024 Strategic Plan.

Crisis Now updates from HHSA on MHSA funding and implementation updates for 988 call center by Jan 2024, and Crisis Stabilization Center by Spring 2024 (build out & RFP).

MHSA FSP Slots updates coming from Mental Health Director upon return. 20 additional spots were approved by BOS on 8/29/2023.

CIT (Crisis Intervention Team) trainings for Yolo officers to be scheduled in 2023 and waiting for update from Crisis Services Team/HHSA on upcoming trainings. Christy met with WSPD Chief Strange on WSPD scheduling CIT trainings at WSPD on Wednesdays and having support of HHSA for their trainings.

JBP (Kail Based Program) update by Christy and developments being discussed by HHSA and Sherriff's Office for more partnerships with HHSA (CalAIM Initiative)

Report out to LMHB on 10/23/23 to include committee work to review Yolo County MH programs, including CIT, Crisis Now 988 call center and stabilization center updates for Spring 2024. Requesting discussion for 2024 site visits by LMHB.

Future Program Committee meetings to be held on the first Wednesday of the month at 5:00 pm.

Meeting adjourned at 6:45 pm.

#### **Local Mental Health Board Bylaws**

#### ARTICLE I

#### **SECTION I: MISSION, VALUES AND RESPONSIBILITIES**

#### Mission:

Yolo County Local Mental Health Board supports the wellness, recovery, and resilience of all Yolo County residents through the identification of local mental health assets and needs, informed advocacy and education and collaboration with policymakers, service providers, consumers, and family members.

#### Values:

- · Every person deserves well-being and quality of life
- Every person has value, importance, and is unique
- Meaningful consumer and family participation
- Cultural sensitivity, appropriateness, and appreciation for the diversity of the region
- Highest quality, integrated services and supports
- Strong social safety net
- Political and personal accountability
- Advocacy beyond the minimum mandated care
- · Evaluation and evidence based decision making

**Duties and Responsibilities:** (Welfare and Institutions Code, Section 5604; Yolo County Ordinance 2-2.1302)

The Yolo County Mental Health Board shall <u>have the following duties and responsibilities:</u>

Review and evaluate the Yolo County mental health needs, facilities, services
and special problems in any facility within the county or jurisdiction where mental
health evaluations or services are being provided, including, but not limited to,
schools, emergency departments, and psychiatric facilities.

Updated: 05/03/19

2. Review any county agreements or contracts entered into pursuant to Section 5650 of the Welfare and Institutions Code.

- Advise the governing body and the local mental health director as to any aspect of the local mental health program.
- 4. Review and approve the procedures used to ensure citizen and professional involvement in all stages of the planning process.
- Submit an annual report to the County Board of Supervisors on the needs of performance of the county's mental health system.
- Review and make recommendations on applicants for the appointment of a local director of mental
  health services. The Mental Health Board shall be included in the selection process prior to the vote
  of the geoverning beody.
- Review and comment on the county's performance outcome data and communicate its findings to the <u>California Behavioral Health Planning CouncilCalifornia Mental Health Department, the Board of Supervisors and the State Mental Health Commission.</u>
- Assess the impact of the realignment of services from the state to the county on services delivered to clients and the local community as required by Section 5604.2 (b) Welfare and Institutions Code.

SECTION II: RELATIONSHIP WITH THE COUNTY BOARD OF SUPERVISORS

It is the intent of the Board to maintain excellent relations with the Yolo County Board of Supervisors. The primary role of the Board is to advise the County Board of Supervisors on all mental health issues in Yolo County as defined by the California Welfare and Institutions Code.

SECTION III: RELATIONSHIP WITH THE COUNTY DIRECTOR OF MENTAL HEALTH

It is the intent of the Board to maintain a collaborative and supportive relationship with the County Director of Mental Health and staff.

#### SECTION IV: SECTION II: MEMBERSHIP

- 1. The Mental Health Board shall consist of sixteen (16) members appointed by the Board of Supervisors as follows:
- (a) Permanent members: There shall one permanent member of the board, who shall be a member of the Board of Supervisors.
- (b) Rotating members: There shall be fifteen (15) rotating members appointed as follows:
  - (1) At least fifty (50%) percent of the members shall be consumers or the parents, spouses, siblings, or adult children of consumers, who are receiving or received mental health services;
  - (2) At least (20%) of the total membership shall be consumers and at least twenty (20%) percent of the total membership shall be families of consumers.
  - (3) At least one member shall be a military veteran or veteran advocate. The county shall notify its county veterans service officer about vacancies on the board, if a county has a veterans service officer. For purposes of this section, "veteran advocate" means either a parent, spouse, or adult child of a veteran, or an individual who is part of a veterans organization, including the Veterans of Foreign Wars or the American Legion.

**Commented [SWJ1]:** Theresa's recommendation based on change in WIC 5604.2.

**Commented [SWJ2]:** Theresa recommended deleting because redundant w/#3 & #5 above.

- 2.(c) The Board of Supervisors shall, through its appointments to the Mental Health Board, strive to reflect the ethnic diversity of the client population of the County.
- 3.(d) The Board of Supervisors is encouraged to appoint individuals who have experience and knowledge of the mental health system. (§ 5, Ord. 1159, eff. May 20, 1993)

- 4. There shall be an equal number of appointees by each member of the Board of Supervisors.
- 5. Except as provided in the next paragraph, a member of the board or the member's spouse shall not be a full-time or part-time county employee of a county mental health service, an employee of the State Department of Health Care Services, or an employee of, or a paid member of the governing body of, a mental health contract agency.

A consumer of mental health services who has obtained employment with an employer described in the paragraph above and who holds a position in which the consumer does not have any interest, influence, or authority over any financial or contractual matter concerning the employer may be appointed to the board. The member shall abstain from voting on any financial or contractual issue concerning the member's employer that may come before the board.

- 6. A member of the Mental Health Board shall abstain from voting on any issue in which the member has a financial interest as defined in Section 87103 of the California Government Code.
- 7. If it is not possible to secure membership as specified in this section from among persons who reside in the county, the governing body may substitute representatives of the public interest in mental health who are not full-time or part-time employees of the county mental health service, the State Department of Health Care Services, or on the staff of, or a paid member of the governing body of, a mental health contract agency. (§ 5, Ord. 1159, eff. May 20, 1993)

**SECTION V:SECTION III: MEMBERSHIP TERMS** 

The initial terms of the fifteen (15) rotating members of the Mental Health Board shall be as follows:

- (a) Five (5) members shall be appointed for a three (3) year term.
- (b) Five (5) members shall be appointed for a two (2) year term.
- (c) Five (5) members shall be appointed for a one-year term.
- 1.(ad) Thereafter, aAs vacancies occur, subsequent appointments shall be made for three (3) year terms. The governing body shall equitably stagger the appointments so that approximately one-third of the appointments expire in each year.

<del>(<u>b</u>e)</del>

- 2. Membership shall be effective upon appointment by the Board of Supervisors. However, all terms shall be deemed to have commenced on February 1 following the initial appointment, and thereafter all terms shall be aligned to begin on February 1 and end on January 31.
- (cf) There shall be an equal number of appointees by each member of the Board of Supervisors.
- (dg) Except as provided in the next paragraph, a member of the beard or the member's spouse shall not be a full-time or part-time county employee of a county mental health service, an employee of the State Department of Health Care Services, or an employee of, or a paid member of the governing body of, a mental health contract agency.
- A consumer of mental health services who has obtained employment with an employer described in the paragraph above and who holds a position in which the consumer does not have any interest, influence, or authority over any financial or contractual matter concerning the employer may be appointed to the board. The member shall abstain from voting on any financial or contractual issue concerning the member's employer that may come before the board. No member of the Mental

**Commented [SWJ3]:** 5 updated per Theresa's recommendation.

**Commented [SWJ4]:** 4-7 were in Membership Terms but belong in Membership.

**Commented [SWJ5]:** Theresa recommended deleting because obsolete.

Health Board or his or her spouse shall be a full-time or part-time county employee of a County mental health service, an employee of the State Department of Mental Health, or an employee of, or a paid member of the governing body of, a Bronzan-McCorquodale contract agency.

(eh) A member of the Mental Health Board shall abstain from voting on any issue in which the member has a financial interest as defined in Section 87103 of the California Government Code.

<del>(f)</del>

- 3.(gi) If, prior to the expiration of a term, a member ceases to retain the status which qualified the member for appointment to the Mental Health Board, the membership of the member shall be terminated, and a vacancy shall be declared.
- (hj) If it is not possible to secure membership as specified in this section from among persons who reside in the county, the governing body may substitute representatives of the public interest in mental health who are not full-time or part-time employees of the county mental health service, the State Department of Health Care Services, or on the staff of, or a paid member of the governing body of, a mental health centract agency. If it is not possible to secure membership as specified from among persons who reside in the County, the Board of Supervisors may substitute representatives of the public interest in mental health who are not full-time or part-time employees of the County mental health service, the State Department of Mental Health, or on the staff of, or a paid member of the governing body of, a Bronzan-McCorquedale contract agency. (§ 5, Ord. 1159, off. May 20, 1993)

#### SECTION VI:SECTION IV: VACANCIES

When a vacancy occurs, the board chair shall contact the appropriate governing board member to determine if she/he has a candidate for the vacancy and/or if the member would consider recommendations from the Mental Health Board.

#### SECTION VII:SECTION V: TERMINATION

The term of office of a rotating member who has three (3) consecutive unexcused absences from meetings of the Mental Health Board may be terminated by the Board of Supervisors after notification to the member and the Mental Health Board. The vacancy thereby created shall be filled by the appointment of another representative of the same group for the remainder of the unexpired term of the member being replaced. (§ 7, Ord. 1159, eff. May 20, 1993) A person so appointed may then serve a maximum of two (2) additional terms following the completion of the unexpired term.

#### **SECTION VIII: SECTION VI: QUORUM**

A quorum for meetings of the Mental Health Board shall consist of one person more than one-half of the appointed members net less than one-half (1/2) of the currently appointed members. A majority vote of the members present shall be required for any motion, resolution, or other action. (§ 6, Ord. 1159, eff. May 20, 1993)

#### **SECTION IX:SECTION VII:** BOARD SELF-EVALUATION

Each year the Board shall conduct a Board Self-evaluation, which shall address issues of effective Board operation and governance and accomplishment of Board statutory requirements and annual goals. The Board may choose to use this resource: "Evaluation Form" (Google Form).

Commented [SWJ6]: Moved to Membership.

Commented [SWJ7]: Propose deleting because this is the

Commented [SWJ8]: Per Theresa

Commented [SWJ9]: Per Theresa

#### SECTION X:SECTION VIII: OFFICERS

The officers shall be a chairperson, a vice-chairperson, and a secretary who shall be Mental Health Board members and who shall serve on a yearly basis and be subject to election by a majority of the Board present and voting by a majority of the Board present and voting in May of each year. (§ 8, Ord. 1159, eff. May 20, 1993)

#### SECTION XI: SECTION IX: MEETINGS

The Board shall be subject to the provisions of Chapter 9 (commencing with Section 54950) of Part I of Division 2 of Title 5 of the Governing Code, relating to meeting of local agencies (The Brown Act.) The Board will meet at least ten (10) times annually.

The Board shall meet and provide opportunities for client and general public input at least once per year in the cities of Davis, Woodland and West Sacramento, California. The Board may at its discretion add additional locations as deemed necessary.

#### SECTION XII:SECTION X: REIMBURSEMENT FOR EXPENSES

Members of the Mental Health Board shall receive reimbursements for their actual and necessary expenses incurred in the performance of their duties outside the boundaries of the County. A member shall obtain written approval form the Mental Health Director prior to attending any event outside the boundaries of the County for which the member wishes to be reimbursed. Odometer reading and receipts will be required for reimbursement in accordance with the rules established by the County Auditor-Controller. Reimbursements shall be budgeted and charged against County Mental Health funds and shall be subject to the budgets limitations and restriction placed on such funds.

#### **SECTION XIII: SECTION XI: RESPONSIBILITIES OF OFFICERS**

The Chair shall be the principal Board officer, shall <u>c</u>Chair Board meetings and serve as the Board's chief spokesperson. <u>He/sheThey</u> shall carry out the policies of the Board and shall do everything necessary to carry into effect the Board's statutory responsibilities and additional Board goals.

The Vice-Chair shall do everything necessary to assist the Chair in the performance of his/hertheir duties. In the event of absence of the Chair, the Vice-Chair shall exercise all powers of Chair.

The Secretary shall take the minutes of the Executive Committee meetings, review the minutes of the Mental Health Board prior to public distribution and assist the Chair and Vice-Chair in the performance of their duties.

Commented [SWJ10]: Deleted redundancy.

Commented [SWJ11]: This was in the wrong section.

Commented [SWJ12]: Moved from Effective Date section.

Commented [SWJ13]: Not our current practice.

#### **SECTION XIV:SECTION XII: REMOVAL OF OFFICERS**

An officer may be removed for cause from office by the majority vote of all members casting secret ballots at an official Board meeting.

Adequate formal notice, in writing and person, must be given to an officer of such an impending removal action.

#### **SECTION XV:**SECTION XIII: STANDING COMMITTEES

There are three-two standing committees of the Board appointed by the Board Chair. The purpose of the standing committees shall be to assist and support the Board by carrying out specific tasks assigned as needed by the Board Chair and/or the Board. A subcommittee cannot take formal action on behalf of the Board without prior authorization of the Board. All LMH-Mental Health Board members are welcome and encouraged to attend subcommittee meetings. The standing committees are:

Budget and Finance: The Budget and Finance Committee shall provide leadership to the Board by reviewing and reporting on legislative proposals, considering budget and funding issues for mental health in Yolo County, and ensuring all advising functions of the Board are carried out.

Communications and Education: The Communications and Education Committee shall provide leadership by assisting the Board to inform the public on mental health issues in Yolo County, developing education opportunities for the Board, and coordinating the development of the Board's annual report required by the Health and Welfare Code and Yolo County Ordinance.

Program: The Program committee shall provide leadership to the Board on the review and evaluation of Yolo County mental health needs, facilities, services and special problems required by Welfare and Institutions Code and Yolo County Ordinance.

The Chairs of each of the three standing committees shall serve on the Executive Committee of the Board.

#### SECTION XVI: EXECUTIVE COMMITTEE

The Executive Committee of the Board shall consist of the Board Chair, Vice Chair, Secretary, Chair of the Budget and Finance Committee, Chair of the Communications and Education Committee, and Chair of the Program Committee. The Executive Committee shall meet as needed as determined by the Board Chair. The Executive Committee is a standing committee for purposes of the Brown Act.

#### SECTION XVII:SECTION XV: SUB COMMITTEES AND OTHER SPECIAL COMMITTEES

The Chair may at any time appoint task and time specific committees of the board to address strategic goals, projects, or studies. These committees shall be for a time certain and will disband upon completion of the assigned task. (§ 10, Ord. 1159, eff. May 20, 1993).

#### **SECTION XVIII:SECTION XVI:** RULES OF ORDER

The authority of the Brown Act shall govern meetings of this organization and its standing committees and Roberts Rules of Order modified to allow open participation of the Chair, who may also set discussion time limits as appropriate.

**Commented [SWJ14]:** Theresa points out that the Brown Act prohibits secret ballots.

Commented [SWJ15]: Added by County Counsel.

#### ARTICLE II

#### SECTION XIX:SECTION XVII: AMENDMENTS

These bylaws may be amended at any meeting of this organization by a two-thirds vote of the appointed membership of the Yolo County <u>Local</u> Mental Health Board. These bylaws shall be reviewed periodically to ensure compliance with State Law.

#### SECTION XX:SECTION XVIII: EFFECTIVE DATE

These bylaws shall go into effect and become effective immediately upon their adoption.

The Board shall meet and provide opportunities for client and general public input at least once per year in the cities of Davis, Woodland and West Sacramento California. The Board may at its discretion add additional locations as deemed necessary.

#### SECTION XXI: SECTION XIX: CODE OF ETHICS

The following principles and commitments constitute the Board's code of ethics. A code of ethics should include, but not be limited to the following:

As a member of the Yolo County Local Mental Health Board, I:

- Will become knowledgeable about the duties and mission of the Local Mental Health Board, and promote those to the publics with whom I have influence;
- · Will give necessary time, thought, and study to the work of the Board;
- Will attend regular meetings; and participate in committee meetings;
- Will be fully and carefully prepared for each meeting by doing the required reading and completing the necessary tasks for Board and committee work;
- Will work with fellow Board members in a spirit of harmony and cooperation;
- Will respect other speakers and listen to other viewpoints;
- Will share viewpoints, and despite differences of opinion, abide by and uphold final decisions of the board;
- Will abide by the purpose of the Brown Act;
- Will disqualify myself from discussion and vote on an issue where there is a conflict of interest or if the outcome will grant me or my employer any pecuniary or material benefits; and
- The code of ethics should be discussed with new board members and reviewed at least yearly by all members.

Commented [SWJ16]: Moved to Meetings section.

Commented [SWJ17]: Recommended by County Counsel.

Formatted: No bullets or numbering

#### **Local Mental Health Board Bylaws**

#### ARTICLE I

#### **SECTION I: MISSION, VALUES AND RESPONSIBILITIES**

#### Mission:

Yolo County Local Mental Health Board supports the wellness, recovery, and resilience of all Yolo County residents through the identification of local mental health assets and needs, informed advocacy and education and collaboration with policymakers, service providers, consumers, and family members.

#### Values:

- Every person deserves well-being and quality of life
- Every person has value, importance, and is unique
- Meaningful consumer and family participation
- Cultural sensitivity, appropriateness, and appreciation for the diversity of the region
- Highest quality, integrated services and supports
- Strong social safety net
- Political and personal accountability
- Advocacy beyond the minimum mandated care
- Evaluation and evidence based decision making

**Duties and Responsibilities:** (Welfare and Institutions Code, Section 5604; Yolo County Ordinance 2-2.1302)

The Yolo County Mental Health Board shall have the following duties and responsibilities:

- 1. Review and evaluate the Yolo County mental health needs, facilities, services and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.
- 2. Review any county agreements or contracts entered into pursuant to Section 5650 of the Welfare and Institutions Code.
- 3. Advise the governing body and the local mental health director as to any aspect of the local mental health program.
- 4. Review and approve the procedures used to ensure citizen and professional involvement in all stages of the planning process.
- 5. Submit an annual report to the County Board of Supervisors on the needs of performance of the county's mental health system.

- 6. Review and make recommendations on applicants for the appointment of a local director of mental health services. The Mental Health Board shall be included in the selection process prior to the vote of the governing body.
- 7. Review and comment on the county's performance outcome data and communicate its findings to the California Behavioral Health Planning Council.
- 8. Assess the impact of the realignment of services from the state to the county on services delivered to clients and the local community as required by Section 5604.2 (b) Welfare and Institutions Code.

#### **SECTION II: MEMBERSHIP**

- 1. The Mental Health Board shall consist of sixteen (16) members appointed by the Board of Supervisors as follows:
- (a) Permanent members: There shall one permanent member of the board, who shall be a member of the Board of Supervisors.
- (b) Rotating members: There shall be fifteen (15) rotating members appointed as follows:
  - (1) At least fifty (50%) percent of the members shall be consumers or the parents, spouses, siblings, or adult children of consumers, who are receiving or received mental health services;
  - (2) At least (20%) of the total membership shall be consumers and at least twenty (20%) percent of the total membership shall be families of consumers.
  - (3) At least one member shall be a military veteran or veteran advocate. The county shall notify its county veterans service officer about vacancies on the board, if a county has a veterans service officer. For purposes of this section, "veteran advocate" means either a parent, spouse, or adult child of a veteran, or an individual who is part of a veterans organization, including the Veterans of Foreign Wars or the American Legion.
- 2. The Board of Supervisors shall, through its appointments to the Mental Health Board, strive to reflect the ethnic diversity of the client population of the County.
- 3. The Board of Supervisors is encouraged to appoint individuals who have experience and knowledge of the mental health system. (§ 5, Ord. 1159, eff. May 20, 1993)
- 4. There shall be an equal number of appointees by each member of the Board of Supervisors.
- 5. Except as provided in the next paragraph, a member of the board or the member's spouse shall not be a full-time or part-time county employee of a county mental health service, an employee of the State Department of Health Care Services, or an employee of, or a paid member of the governing body of, a mental health contract agency.

A consumer of mental health services who has obtained employment with an employer described in the paragraph above and who holds a position in which the consumer does not have any interest, influence, or authority over any financial or contractual matter concerning the employer may be appointed to the board. The member shall abstain from voting on any financial or contractual issue concerning the member's employer that may come before the board.

- 6. A member of the Mental Health Board shall abstain from voting on any issue in which the member has a financial interest as defined in Section 87103 of the California Government Code.
- 7. If it is not possible to secure membership as specified in this section from among persons who reside in the county, the governing body may substitute representatives of the public interest in mental health who are not full-time or part-time employees of the county mental health service, the State Department of Health Care Services, or on the staff of, or a paid member of the governing body of, a mental health contract agency. (§ 5, Ord. 1159, eff. May 20, 1993)

#### **SECTION III: MEMBERSHIP TERMS**

- 1. As vacancies occur, subsequent appointments shall be made for three (3) year terms. The governing body shall equitably stagger the appointments so that approximately one-third of the appointments expire in each year.
- 2. Membership shall be effective upon appointment by the Board of Supervisors. However, all terms shall be deemed to have commenced on February 1 following the initial appointment, and thereafter all terms shall be aligned to begin on February 1 and end on January 31.
- 3. If, prior to the expiration of a term, a member ceases to retain the status which qualified the member for appointment to the Mental Health Board, the membership of the member shall be terminated, and a vacancy shall be declared.

#### **SECTION IV: VACANCIES**

When a vacancy occurs, the board chair shall contact the appropriate governing board member to determine if she/he has a candidate for the vacancy and/or if the member would consider recommendations from the Mental Health Board.

#### **SECTION V: TERMINATION**

The term of office of a rotating member who has three (3) consecutive unexcused absences from meetings of the Mental Health Board may be terminated by the Board of Supervisors after notification to the member and the Mental Health Board. The vacancy thereby created shall be filled by the appointment of another representative of the same group for the remainder of the unexpired term of the member being replaced. (§ 7, Ord. 1159, eff. May 20, 1993)

#### **SECTION VI: QUORUM**

A quorum for meetings of the Mental Health Board shall consist of one person more than one-half of the appointed members. A majority vote of the members present shall be required for any motion, resolution, or other action. (§ 6, Ord. 1159, eff. May 20, 1993)

#### **SECTION VII: BOARD SELF-EVALUATION**

Each year the Board shall conduct a Board Self-evaluation, which shall address issues of effective Board operation and governance and accomplishment of Board statutory requirements and annual goals. The Board may choose to use this resource: "Evaluation Form" (Google Form).

#### **SECTION VIII: OFFICERS**

The officers shall be a chairperson, a vice-chairperson, and a secretary who shall be Mental Health Board members and who shall serve on a yearly basis and be subject to election by a majority of the Board present and voting in May of each year. (§ 8, Ord. 1159, eff. May 20, 1993)

#### **SECTION IX: MEETINGS**

The Board shall be subject to the provisions of Chapter 9 (commencing with Section 54950) of Part I of Division 2 of Title 5 of the Governing Code, relating to meeting of local agencies (The Brown Act.) The Board will meet at least ten (10) times annually.

The Board shall meet and provide opportunities for client and general public input at least once per year in the cities of Davis, Woodland and West Sacramento, California. The Board may at its discretion add additional locations as deemed necessary.

#### **SECTION X: REIMBURSEMENT FOR EXPENSES**

Members of the Mental Health Board shall receive reimbursements for their actual and necessary expenses incurred in the performance of their duties outside the boundaries of the County. A member shall obtain written approval form the Mental Health Director prior to attending any event outside the boundaries of the County for which the member wishes to be reimbursed. Odometer reading and receipts will be required for reimbursement in accordance with the rules established by the County Auditor-Controller. Reimbursements shall be budgeted and charged against County Mental Health funds and shall be subject to the budgets limitations and restriction placed on such funds.

#### **SECTION XI: RESPONSIBILITIES OF OFFICERS**

The Chair shall be the principal Board officer, shall chair Board meetings and serve as the Board's chief spokesperson. They shall carry out the policies of the Board and shall do everything necessary to carry into effect the Board's statutory responsibilities and additional Board goals.

The Vice-Chair shall do everything necessary to assist the Chair in the performance of their duties. In the event of absence of the Chair, the Vice-Chair shall exercise all powers of Chair.

The Secretary shall review the minutes of the Mental Health Board prior to public distribution and assist the Chair and Vice-Chair in the performance of their duties.

#### **SECTION XII: REMOVAL OF OFFICERS**

An officer may be removed for cause from office by the majority vote of all members at an official Board meeting.

Adequate formal notice, in writing and person, must be given to an officer of such an impending removal action.

#### **SECTION XIII: STANDING COMMITTEES**

There are two standing committees of the Board appointed by the Board Chair. The purpose of the standing committees shall be to assist and support the Board by carrying out specific tasks assigned as needed by the Board Chair and/or the Board. A subcommittee cannot take formal action on behalf of

the Board without prior authorization of the Board. All Mental Health Board members are welcome and encouraged to attend subcommittee meetings. The standing committees are:

Communications and Education: The Communications and Education Committee shall provide leadership by assisting the Board to inform the public on mental health issues in Yolo County, developing education opportunities for the Board, and coordinating the development of the Board's annual report required by the Health and Welfare Code and Yolo County Ordinance.

Program: The Program committee shall provide leadership to the Board on the review and evaluation of Yolo County mental health needs, facilities, services and special problems required by Welfare and Institutions Code and Yolo County Ordinance.

The Chairs of each of the three standing committees shall serve on the Executive Committee of the Board.

#### **SECTION XIV: EXECUTIVE COMMITTEE**

The Executive Committee of the Board shall consist of the Board Chair, Vice Chair, Secretary, Chair of the Communications and Education Committee, and Chair of the Program Committee. The Executive Committee shall meet as needed as determined by the Board Chair. The Executive Committee is a standing committee for purposes of the Brown Act.

#### SECTION XV: SUB COMMITTEES AND OTHER SPECIAL COMMITTEES

The Chair may at any time appoint task and time specific committees of the board to address strategic goals, projects, or studies. These committees shall be for a time certain and will disband upon completion of the assigned task. (§ 10, Ord. 1159, eff. May 20, 1993).

#### **SECTION XVI: RULES OF ORDER**

The authority of the Brown Act shall govern meetings of this organization and its standing committees and Roberts Rules of Order modified to allow open participation of the Chair, who may also set discussion time limits as appropriate.

#### ARTICLE II

#### **SECTION XVII: AMENDMENTS**

These bylaws may be amended at any meeting of this organization by a two-thirds vote of the appointed membership of the Yolo County Local Mental Health Board. These bylaws shall be reviewed periodically to ensure compliance with State Law.

#### **SECTION XVIII: EFFECTIVE DATE**

These bylaws shall go into effect and become effective immediately upon their adoption.

#### **SECTION XIX: CODE OF ETHICS**

The following principles and commitments constitute the Board's code of ethics.

As a member of the Yolo County Local Mental Health Board, I:

- Will become knowledgeable about the duties and mission of the Local Mental Health Board and promote those to the publics with whom I have influence;
- Will give necessary time, thought, and study to the work of the Board;
- Will attend regular meetings and participate in committee meetings;
- Will be fully and carefully prepared for each meeting by doing the required reading and completing the necessary tasks for Board and committee work;
- Will work with fellow Board members in a spirit of harmony and cooperation;
- Will respect other speakers and listen to other viewpoints;
- Will share viewpoints and, despite differences of opinion, abide by and uphold final decisions of the board;
- Will abide by the purpose of the Brown Act;
- Will disqualify myself from discussion and vote on an issue where there is a conflict of interest or if the outcome will grant me or my employer any pecuniary or material benefits; and

The code of ethics should be discussed with new board members and reviewed at least yearly by all members.

## ITEM 11. Mental Health Directors Report

#### **Mental Health Director's Report**

#### October 23rd, 2023

#### A) CalAIM Payment Reform:

All new DHCS Mental Health and Substance Use Disorder service codes as well as service fee rates have been loaded into HHSA's Electronic Health Record, however, provider service fee rates still need to be loaded. HHSA fiscal has issued new claim forms to all providers to support claim submission for FY23-24 services. Internal HHSA testing of state claim generation will now begin, moving us closer to drawing down revenue. Both internal and external providers have been offered targeting code training by the Behavioral Health Quality Management team.

#### B) Current RFPs:

The RFP for a Crisis Residential Treatment Program has closed, and a vendor has been selected. Contract negotiations are ongoing so that a new contract will be in place by Dec 31, 2023. The RFP for Integrated Behavioral Health Services has closed and received proposals are now in the evaluation process with County DFS and Procurement. The RFP for a new High Tech Call Center is active and closes on October 26, 2023. The RFP for the Community Based Navigation Center is also active and it closes on November 9, 2023.

The RFP for Adolescent Substance Use Disorder services closed, and a vendor for outpatient services has been selected. The RFP for the Children's System of Care, which includes children's Full-Service Partnership, Community Based Mental Health Programs, Therapeutic Behavioral Services, and Wraparound programs will be released in early January.

#### C) Medi-Cal Mobile Crisis Benefit Implementation Plan:

By December 31, 2023, county MHPs, DMC counties, and DMC-ODS counties shall provide, or arrange for the provision of, qualifying mobile crisis services in accordance with the requirements below. Qualifying community-based mobile crisis intervention services will be available 24 hours a day, 7 days a week, 365 days a year, and will include the following service components: 1) Crisis assessment, 2) Mobile crisis response, 3) Crisis planning, 4) Facilitation of a warm handoff, 5) Referrals to ongoing supports, and 6) Follow up check-ins. Yolo County will submit a written mobile crisis implementation plan to DHCS by October 31, 2023, outlining its planned mobile crisis services. Yolo County's tentative plan includes utilizing a contracted provider to supplement existing mobile crisis teams which include Clinicians and Peer Support Workers embedded with local enforcement agencies. Additional information regarding the mobile crisis benefit can be found here CalAIM Mobile Crisis Services Initiative.

#### D) Prop 47 Update:

In 2022, Yolo County was awarded two Prop 47 grants that total \$7,000,000 to fund the expansion of services to help people living with mental illness and/or substance use disorders who are involved in the criminal justice system. The Yolo County Health & Human Services Agency (HHSA) received \$6,000,000 to fund the Connections to CARE (Community, Assistance, Recovery, and Engagement) program. The Yolo County District Attorney (DA) also received an award of \$1,000,000 to fund the Pathway to Home program. HHSA, the DA, and other county partners, worked collaboratively on applying for each of these grants.

HHSA's Connections to CARE program will use Proposition 47 Grant funds to reduce recidivism by expanding services to address "complex facing system-involved people," including:

- Access to substance use disorder (SUD) treatment
- Trauma-informed intensive case management
- Peer support, housing, and other wrap-around supportive services for adults with a history of SUD and current or recent justice system involvement
- Emphasis on individuals experiencing homelessness

The District Attorney's Office and HHSA are finalizing the Prop 47/Connections to CARE (Community, Assistance, Recovery, and Engagement) MOU with the D.A.'s Office. The D.A. has already hired one staff to serve for this grant. HHSA is in the development stages with the Public Defender's Office to develop a contract for providing expungements. Several contracts are in the final stages to include RAND for the evaluation, Yolo County Children's Alliance for housing, and Yolo Conflict Resolution Center for "Know Your Rights" classes. CommuniCare + Ole's contract has been approved by the BOS and they are in process of hiring staff. Communicare Ole is hiring a peer advocate and it is a full-time benefited position. The Local Action Committee (LAC) contacts have been reviewed and members are being contacted about the program's kickoff meeting which is tentatively scheduled for November 2nd. The BSCC is also scheduled to do a site visit of the Prop 47/Connection to CARE team on November 2nd. All partners are working collaboratively to firm up the client referral process, policies & procedures, and Connections to CARE packet. Future outreach meetings between the D.A.'s office include meeting with law enforcement, homeless outreach teams, City of Davis, other partner organizations that conduct homeless outreach and a full detailing of the program to HPAC and the Executive Commission to Address Homelessness. Once the program is stood up, the Prop 47/Connections to CARE collaborative intends to showcase the program publicly.

#### E) Youth Hospitalization Coordination Program:

The Health and Human Services Agency (HHSA) Children's Mental Health Program identified a need for the coordination of care for youth experiencing a psychiatric crisis. To address this need, in August 2022 the program hired a case manager. The case manager serves as the Children's System Point of Contact for Emergency Departments (ED), Psychiatric Hospitals, and the HHSA crisis co-responders, for all youth experiencing a psychiatric crisis.

In situations where youth are not placed on a psychiatric hold, or when a hold is dropped and the youth returns home, the case manager provides immediate linkage to a service provider if the youth is not linked to services. For linked youth discharging from the emergency room, the case manager ensures that their community-based provider will provide timely services to address the symptoms that led to the emergency room visit. When a youth is placed in a psychiatric hospital, the case manager alerts the established mental health provider so that they can work directly with the hospital staff to develop a discharge plan in coordination with the county case manager. If the youth is not linked to a community-based mental health provider prior to hospitalization, the case manager connects with the legal guardian to discuss discharge planning and a referral to services. The case manager completes the referral and sends the discharge summary to the mental health provider to assist with treatment planning and medication management.

The case manager and clinical supervisor have identified youth that have high utilization of the emergency system. To address this, the case manager collaborates with the community-based provider to become a member of the youth's Child and Family Team. Through this process, the case manager monitors the youth's progress in treatment and provides additional assistance to reduce emergency room visits and psychiatric hospitalizations. Leveraging the integration of the county case manager in the Children's System of Care, further system improvement was achieved by establishing a Youth Hospital Coordination Meeting. This bi-weekly meeting is co-facilitated by the Children's Clinical Manager and case manager. Attendees include all Community-Based Early Periodic Screening Diagnosis and Treatment (EPSDT) providers, local Emergency Department staff, the Mental Health access line provider, and the crisis supervisor. The team reviews all youth that enter the Emergency Department for a mental health issue. This ensures that the emergency rooms have contact information for the current providers, and the county Mental Health Plan is aware of the youth so the case manager can provide linkage and discharge planning. In addition, this meeting provides space for all providers to discuss challenging clinical situations with youth that have been placed on a 5150 hold and use the collective mental health system to identify and support treatment interventions that may be effective for the youth.