

## Mental Health Director's Report

December 4<sup>th</sup>, 2023

### A) Current Requests For Proposals (RFPs):

- Crisis Residential- A new contract with Yolo Community Care Continuum (YCCC) for Crisis Residential Treatment at Safe Harbor is in process, it will be in place by Dec 31, 2023.
- Integrated Behavioral Health Services- The Health and Human Services Agency (HHSA) selected CommuniCare+OLE as the vendor to offer Integrated Behavioral Health Services through their Creando Recursos y Enclaves para Oportunidades (CREO) program, a new contract is being crafted currently.
- 24/7 High Tech Call Center- The RFP for a new High Tech Call Center has closed and County Procurement and Fiscal is processing the proposals received so the RFP panel can then score them.
- Community Based Navigation Center/Services- The RFP for the Community Based Navigation Center has also closed, with one proposal received. The RFP panel is currently scoring the submission.
- Youth Substance Use Disorder Services- The RFP for Adolescent Substance Use Disorder services closed, and a vendor for outpatient services has been selected.
- Children's System of Care- The RFP for the Children's System of Care, which includes children's Full-Service Partnership, Community Based Mental Health Programs, Therapeutic Behavioral Services, and Wraparound programs will be released in early January.
- Therapeutic Foster Care- The RFP for Therapeutic Foster Care will be released in Spring 2024.

### B) Medi-Cal Mobile Crisis Benefit Implementation Plan:

By December 31, 2023, county Mental Health Plans (MHPs), Drug Medi-Cal (DMC) counties, and Drug Medi-Cal Organized Delivery Systems (DMC-ODS) counties shall provide, or arrange for the provision of, qualifying mobile crisis services in accordance with the requirements below. Qualifying community-based mobile crisis intervention services will be available 24 hours a day, 7 days a week, 365 days a year, and will include the following service components: 1) Crisis assessment, 2) Mobile crisis response, 3) Crisis planning, 4) Facilitation of a warm handoff, 5) Referrals to ongoing supports, and 6) Follow up check-ins. Yolo County submitted a draft written mobile crisis implementation plan to DHCS, outlining its planned mobile crisis services. Yolo County's tentative plan includes utilizing a contracted provider to supplement existing mobile crisis teams which include Clinicians and Peer Support Workers embedded with local enforcement agencies. Yolo County HHSA is currently working on assessing a realistic timeline for implementation of these expanded benefits and will provide a more detailed update at the next scheduled Local Mental Health Board meeting.

Additional information regarding the mobile crisis benefit can be found here [CalAIM Mobile Crisis Services Initiative](#).

### C) Crisis Now:

HHSA staff continue to work on implementing Crisis Now. The Crisis Now Model includes: 1) High-tech Call center, 2) Mobile Crisis Response 3) Receiving Chairs/Sobering Center, and 4) Short-term Crisis beds. The initial proposal and timeline created in 2020 has been delayed in favor of a phased approach with the intent to create a more sustainable model, which HHSA staff are referring to as Crisis Now 2.0.

The following includes updates on each component.

- High Tech Call Center- As mentioned in the RFP updates above, the RFP for a new High Tech Call Center has closed and County Procurement and Fiscal is processing the proposals received so the RFP panel can then score them.
- Mobile Crisis- Efforts to implement 24/7-365 countywide mobile crisis response is underway as discussed above.

- Receiving Center- Architecture and engineering plans are being finalized for the receiving center in Woodland with tentative opening in Fall of 2024. HHSa is concurrently exploring the potential to contract for receiving chairs as a second pilot project in close geographic proximity to West Sacramento.
- Short Term Crisis Residential- Lastly, a new contract with YCCC for Crisis Residential Treatment at Safe Harbor is in process for short and long-term beds, which will be in place by Dec 31, 2023.

**D) CYBHI:**

The Children and Youth Behavioral Health Initiative (CYBHI) is a \$4.7 billion investment in youth behavioral health in the State of California. One component of the CYBHI is a series of grants that focus on scaling evidence-based practices (EBP) and community-defined evidence practices (CDEP) for youth behavioral health. The children’s mental health team collaborated closely with partner agencies, including school districts, the office of education as well as all the community-based children’s mental health providers, to strategize how to coordinate applications to expand the array of services available to children in Yolo County.

HHSa submitted two applications in CYBHI Round 2 to scale trauma informed programs and practices. One application focused on training and scaling Child Parent Psychotherapy which would specifically support children 0-5 and their families. The second application is to train and scale Cue Centered Therapy which is an evidence-based practice from the Stanford School of Medicine. This modality directly acknowledges the allostatic load created when a child has multiple and/or repeated adverse childhood experiences. The Department of Health Care Services (DHCS) has yet to release the awards.

HHSa and the Yolo County Office of Education (YCOE) collaborated to apply in Round 5 which focuses on Early Intervention Programs and Practices. The joint application for funding focuses on standing up a youth mobile crisis response team to support the kindergarten through 12<sup>th</sup> grade (K-12) schools in Yolo County. If awarded, this mobile crisis team would be an ancillary and connected service to the current K-12 School Partnership Programs. DHCS should announce the awards in January 2024.

**E) Crisis Intervention Training (CIT):**

In November 2023, Yolo HHSa conducted six 8-hour CIT Refresher trainings (11/6, 11/8, 11/9, 11/20, 11/22, and 11/30) to 96 individuals (sworn officers, dispatchers, and non-sworn Police Department staff) from six different law enforcement jurisdictions (Yolo County Probation, Woodland Police Department, West Sacramento Police Department, Davis Police Department, Sacramento Sheriff’s Office, and Lincoln Police Department), including:

<b>Law Enforcement Jurisdiction</b>	<b>Number of Staff Trained</b>
Yolo County Probation	17
Woodland Police Department	2
Davis Police Department	22 (including 7 dispatchers)
West Sacramento Police Department	47 (including 12 non-sworn employees)
Sacramento Sheriff Department	1 (dispatcher)
Lincoln Police Department	7
Total Sworn Law Enforcement Officers	76
Dispatchers	8
Non-Sworn Police Department	12

An initial 40-hour CIT Training is scheduled next week, and 12 participants are registered.