

Local Mental Health Board Meeting

Monday, October 23rd, 2023

In Person with Hybrid Option for Public

Members Present: Maria Simas, Sue Jones, John Archuleta, Chris Bulkeley, Brad Anderson, Robin Rainwater, Christy Correa

Members Absent: Joe Galvan, Dolores Olivares, Nicki King, Jonathan Raven

CALL TO ORDER

Welcome and Introductions: Meeting called to order by Maria Simas at 6:03 pm

Public Comment: Meg — Complimented Karleen Jakowski for trauma-informed case management. Shared concern that when MediCal mobile crisis benefit starts, if we don't have alternate sites available, our ERs will be impacted. There will be a big increase in need, also with Crisis Now. Without a good place to go, our wait time will increase. Also asked, how will our communities know about services being offered?

Approval of Agenda: motion to approve Brad Anderson, 2nd by Chris Buckley

Yea "I"	Nay	Abstention
7	0	0

Motion: Time Set Agenda for Medical Care in the Jail with Undersheriff Matt Davis will be postponed until December meeting.

Approval of Meeting Minutes from September 18th, 2023: motion to approve by Brad Anderson, 2nd by Chris Bulkeley

Yea "I"	Nay	Abstention
7	0	2

Motion: Approved

Chair Report: Resignations received from Serena Durand and Inesita Arce. Ability to retain board members has been an ongoing issue. If standing committees increase commitment, we need to be sure this does not further impact attendance, retention, and ability to recruit new members as this is a voluntary board. It's important to be realistic about what people can bring from their personal lives. Consider whether some of these items are part discussion and have ad-hoc for specific needs.

Brad — Concerned about subcommittees, drive, additional work, adding more time commitments. We have dug in a little harder, but we are trying to retain people. The program committee he attended was very easy, but he understands the stress of additional time commitment.

Chris — It's up to the board what subcommittees we have, and then we need to add that to our bylaws. So, we have structure for certain things like annual report and ad-hoc for single issues.

Robin — Ad-hoc meetings allow for management of time in a smaller block. Specific timeframe outlined.

Christy Correa — Budget and Finance isn't considered cancelled because it's still on the bylaws. We are down 5 spots right now, so my anticipation is filling those vacancies and sharing the load once full. Prepare for getting committee staffed with new members. Need a chair appointed to communication and education committee. If we have 15 members, we will be able to accomplish our duties.

John — Doesn't have a whole lot of response, still learning about committees to have a better understanding of what the time commitment will look like. Willing to make more of a time commitment. Will put in time and effort.

Maria Simas — Vacancies are current issue, and we are waiting for appointments from BOS.

Christy — Communicated expectation for the program committee to meet once a month for 30 minutes and to prepare a monthly report to board with updates and research on our current programs. Recommendations and solutions for others coming on board. Committee members can decide when more research is needed for items the committee wants to cover. (Potential of 1 hour per month.)

Standing Sub-Committees:

Budget Finance — Christy Correa and Joe Galvan, Chair. Theresa Comstock (Executive Director, CA Association of Local Behavioral Health Boards & Commissions) recommends eliminating this as a standing committee. The committee will only be eliminated if LMHB votes to approve doing so when it votes on the bylaws at December meeting.

Communication and Education — Maria Simas, Sue Jones, Christy Correa, and Inesita Arce, Chair. Inesita has resigned, and a new chair will need to be appointed. We also need more members.

Program — Sue Jones, Brad Anderson, Dee Olivarez, and Christy Correa (Chair) met via Zoom. Christy provided update. Committee would like to propose to the board as an agenda item to begin site visits, to include those site visits that we choose as a board in our strategic plan for 2024, and to get a Crisis Now update by Mental Health Director. Christy attended Woodland 2x2 meeting where Nolan Sullivan and Supervisor Barajas had a conversation about Crisis Now. Christy is hearing some conflicting dates about when Crisis Now will be available. Where are we landing? Part of the communication and education committee needs to be that advertising piece to the community and stakeholders. Wants to make sure there is engagement, so when we have stabilization center opened that it's advertised beyond PD and County and the community knows what's going on. Talked about the MHSA FSP slots. Curious if we have cleared the 11 waiting in custody. Have we expanded since we had the 20 FSP slots the Supervisors provided? How are we doing on filling those FSP slots? Requested an update in December. Also discussed jail-based program that is partly HHSA with CalAIM initiative and partly new concept with sheriff and Adult Services that utilizes Mental Health Court and Addiction Intervention Court participants so we can have more interaction with sheriff department. Utilizing MHC/AIC programs as mentors to possible candidates in custody, to help with enrollment. Will meet 1st Wednesday of the month at 5 pm. Will provide synopsis to board every month.

Table the discussion about vacancies and positions until next meeting.

Ad HOC Committee (Bylaw Review): Chris Bulkeley, Sue Jones, Jonathan Raven. Theresa Comstock was helping give suggestions on how to make bylaws current. Sue reviewed edited bylaws with comments to explain corrections which are noted in comment section. Bylaws are for review only and we will vote at next meeting.

Approval of letter of recommendation on CIT to BOS: We had agreed at previous meeting not to send letter. We will address this in the annual report.

Member Announcement: Christy Correa has a meeting with Assembly Member Cecilia Aguiar-Curry on Wednesday, to discuss local issues and her family story with mental health service access and mental health diversion program. Is also willing to include any board issue to be shared with assembly member, please feel free to reach out to Christy if you would like to make recommendations. Christy will report back at next meeting.

Correspondence: none

Time Set Agenda: Cancelled

Consent Agenda:

Mental Health Director's Report: RFPs — Safe Harbor through YCCC was required to put out RFP in a particular timeframe. We spent this last year working with Safe Harbor and working with utilization. The contract we will execute as a result of RFP. Focus now is to leverage existing resources. Ideally it will help our vendor be successful. Working on contract negotiations. Also have RFP reviewed for innovation funding targeted outreach and services for Latino community. One with Rise and CommuniCare. Also have RFP open for High Tech Call Center and Community Navigation Center. These are all MHSA contracts. That's why it's not ideal to have MHSA Plan approved late; then we can't move forward with contract amendments without approval. Once it was approved at end of August, our teams got right to work. We also have RFPs for adolescent services and a wide range of children's care. Additional contracts for FSP and wraparound services.

For Crisis Now, our intent is to concurrently move forward on construction on the facility while the RFPs are out. The timeframe for Woodland would be fall 2024, hopefully sooner. RFP will be out for operations in early 2024. Want to make sure we have a general sense of what the final plans are for the facility. We won't wait to open facility before we send out RFPs. Karleen will provide update at a future meeting concerning whether we can contract with a Sacramento provider for West Sacramento.

Christy asked for clarification on names in report. CAL Forensic is WellPath. California Mental Services Authority is a state level entity that contracts on several initiatives statewide.

We will be looking for board members to participate on evaluation panel for Receiving Center.

Youth Hospitalization Coordination program — Karleen and Tony Kildare, both saw it used very effectively at Sutter and Yuba. They really saw opportunity to have far more effective coordination for youth in psychiatric crisis. There is an incredible disconnect. Not connected to mental health services before admission or after release. Our intent is to better coordinate when youth are being hospitalized and be sure they are linked to services quickly. Be a support point person to limit re-traumatization that can happen.

Tony — In Yuba, we had a psychiatric clinic operating onsite 24 hours per day. When we had youth come to clinic, we would be able to see which youth were seen so we could connect to services immediately. Here, they are first getting hospitals together with contracted providers and key people internally so Yolo County can do something similar. We started the multi-disciplinary team a year ago, and now we have a case manager who is responsible for coordinating with nurse, families, and hospitals. Tony told a

story about a child who had to stay in the ER for a week because there was no one for the hospital to connect them to for follow-up. That made new program more urgent.

Sue wants to know if the case manager is being trained on developmental disabilities. Tony replied there are a lot of conversations around our responsibility to serve those with developmental and dual diagnoses with mental health. The case manager isn't in a position to be able to clinically diagnose. If someone has autism, something normal for them can be mistaken for mental illness. If someone isn't trained, they may not be aware. Tony explained the treatment team would help navigate that. Yolo County's Interagency Leadership Team exists to better coordinate between systems. There is a lot of opportunity to connect mental health providers to training, possibly with Alta Regional.

Public Comment: none

Regular Agenda

Board of Supervisors Report: Oscar Villegas — We have a full working board. Mary Vixie Sandy will take her seat tomorrow. What items would you like BOS to report on? Let us know so we are able to provide that for you. Shared that a snafu in our department of finance re 2004 school bond applies to West Sacramento residents. Good news is tomorrow we will have options to right the wrong. Will vote tomorrow on whether WellPath will continue to contract jail services. He would like LMHB members to provide 3 min report to BOS on Annual Report.

Criminal Justice Update: Chris Bulkeley — Refer you back to prop 47 report from Karleen.

Public Comment on Agenda Items: Jen Danzer with NAMI. Offering NAMI Basics course designed for parents or caregivers of children/youth aged 22 or younger. In-person class held weekly Wednesdays 6:30-9:00 Nov 1st to December 13th, contact email: basics@namiyolo.org. First time in 3 years that we will be offering.

- **Future Meeting Planning and Adjournment:**
- Next Meeting: December 4th, at 6 pm in Davis at the Mary L Stephens Library; Blanchard Room.
- Recommendations to move to 1st Monday of the month to support more BOS participation. Will consider at future meeting.
- Notify Davis Supervisors for participation.

Adjourned: 7:49