



COUNTY OF YOLO

Health and Human Services Agency

137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board Meeting

Monday, December 4th, 2023, 6:00 PM–8:00 PM

Location: Mary L. Stephens Davis Library
315 E 14th Street, Davis CA 95616

Hybrid Option through ZOOM:

<https://yolocounty.zoom.us/j/84181101920>

Meeting ID: 841 8110 1920

All items on this agenda may be considered for action.

LMHB CALL TO ORDER-----6:00 PM – 6:30PM

1. Public Comment
2. Approval of Agenda
3. Approval of minutes from [October 23, 2023](#)
4. Chair Report-Jonathan Raven
 - Welcome new board member-Sara Gaines
5. Standing Committee Updates
 - Budget and Finance
 - Communication and Education-appoint new chair
 - [Program](#)
6. Review and approve [2024 Board Meeting Calendar](#)
7. Correspondence-[Link](#)

TIME SET AGENDA -----6:30PM – 7:00 PM

8. Medical Care in the Jail-Undersheriff Matt Davis

Jonathan Raven
Chair

Maria Simas
Vice-Chair

Sue Jones
Secretary

*District 1
(Oscar Villegas)*

Joe Galvan
Maria Simas
Dolores Olivarez

*District 2
(Lucas Frerichs)*

VACANT
Nicki King
VACANT

*District 3
(Mary Vixie Sandy)*

Sue Jones
John Archuleta
VACANT

*District 4
(Jim Provenza)*

Sara Gaines
Chris Bulkeley
Jonathan Raven

*District 5 (Angel
Barajas)*

Brad Anderson
Christy Correa
Robin Rainwater

*Board of
Supervisors
Liaisons*

Oscar Villegas
Jim Provenza

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

CONSENT AGENDA ----- 7:00 PM – 7:30 PM

- 9. [Mental Health Directors Report](#)-Karleen Jakowski
 - a. Current RFPs
 - b. Medi-Cal Mobile Crisis Benefit Implementation Plan
 - c. Crisis Now
 - d. CYBHI-The Children and Youth Behavioral Health Initiative
 - e. Crisis Intervention Training (CIT)

REGULAR AGENDA ----- 7:30PM – 7:50 PM

- 10. Board of Supervisors Report
- 11. Criminal Justice Update- Chris Bulkeley
- 12. Public Comment- on tonight's agenda Items

PLANNING AND ADJOURNMENT ----- 7:50PM – 8:00 PM

- 13. Future Meeting Planning and Adjournment

Next Meeting Date and Location

*Pending Board Approved Calendar for 2024

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, December 1st, 2023. Christina Grandison Local Mental Health Board Administrative Support Liaison Yolo County Health and Human Services

ITEM 3
Meeting Minutes
October 23, 2023

Local Mental Health Board Meeting

Monday, October 23rd, 2023

In Person with Hybrid Option for Public

Members Present: Maria Simas, Sue Jones, John Archuleta, Chris Bulkeley, Brad Anderson, Robin Rainwater, Christy Correa

Members Absent: Joe Galvan, Dolores Olivares, Nicki King, Jonathan Raven

CALL TO ORDER

Welcome and Introductions: Meeting called to order by Maria Simas at 6:03 pm

Public Comment: Meg — Complimented Karleen Jakowski for trauma-informed case management. Shared concern that when MediCal mobile crisis benefit starts, if we don't have alternate sites available, our ERs will be impacted. There will be a big increase in need, also with Crisis Now. Without a good place to go, our wait time will increase. Also asked, how will our communities know about services being offered?

Approval of Agenda: motion to approve Brad Anderson, 2nd by Chris Buckley

Yea "I"	Nay	Abstention
7	0	0

Motion: Time Set Agenda for Medical Care in the Jail with Undersheriff Matt Davis will be postponed until December meeting.

Approval of Meeting Minutes from September 18th, 2023: motion to approve by Brad Anderson, 2nd by Chris Bulkeley

Yea "I"	Nay	Abstention
7	0	2

Motion: Approved

Chair Report: Resignations received from Serena Durand and Inesita Arce. Ability to retain board members has been an ongoing issue. If standing committees increase commitment, we need to be sure this does not further impact attendance, retention, and ability to recruit new members as this is a voluntary board. It's important to be realistic about what people can bring from their personal lives. Consider whether some of these items are part discussion and have ad-hoc for specific needs.

Brad — Concerned about subcommittees, drive, additional work, adding more time commitments. We have dug in a little harder, but we are trying to retain people. The program committee he attended was very easy, but he understands the stress of additional time commitment.

Chris — It's up to the board what subcommittees we have, and then we need to add that to our bylaws. So, we have structure for certain things like annual report and ad-hoc for single issues.

Robin — Ad-hoc meetings allow for management of time in a smaller block. Specific timeframe outlined.

Christy Correa — Budget and Finance isn't considered cancelled because it's still on the bylaws. We are down 5 spots right now, so my anticipation is filling those vacancies and sharing the load once full. Prepare for getting committee staffed with new members. Need a chair appointed to communication and education committee. If we have 15 members, we will be able to accomplish our duties.

John — Doesn't have a whole lot of response, still learning about committees to have a better understanding of what the time commitment will look like. Willing to make more of a time commitment. Will put in time and effort.

Maria Simas — Vacancies are current issue, and we are waiting for appointments from BOS.

Christy — Communicated expectation for the program committee to meet once a month for 30 minutes and to prepare a monthly report to board with updates and research on our current programs. Recommendations and solutions for others coming on board. Committee members can decide when more research is needed for items the committee wants to cover. (Potential of 1 hour per month.)

Standing Sub-Committees:

Budget Finance — Christy Correa and Joe Galvan, Chair. Theresa Comstock (Executive Director, CA Association of Local Behavioral Health Boards & Commissions) recommends eliminating this as a standing committee. The committee will only be eliminated if LMHB votes to approve doing so when it votes on the bylaws at December meeting.

Communication and Education — Maria Simas, Sue Jones, Christy Correa, and Inesita Arce, Chair. Inesita has resigned, and a new chair will need to be appointed. We also need more members.

Program — Sue Jones, Brad Anderson, Dee Olivarez, and Christy Correa (Chair) met via Zoom. Christy provided update. Committee would like to propose to the board as an agenda item to begin site visits, to include those site visits that we choose as a board in our strategic plan for 2024, and to get a Crisis Now update by Mental Health Director. Christy attended Woodland 2x2 meeting where Nolan Sullivan and Supervisor Barajas had a conversation about Crisis Now. Christy is hearing some conflicting dates about when Crisis Now will be available. Where are we landing? Part of the communication and education committee needs to be that advertising piece to the community and stakeholders. Wants to make sure there is engagement, so when we have stabilization center opened that it's advertised beyond PD and County and the community knows what's going on. Talked about the MHSA FSP slots. Curious if we have cleared the 11 waiting in custody. Have we have expanded since we had the 20 FSP slots the Supervisors provided? How are we doing on filling those FSP slots? Requested an update in December. Also discussed jail-based program that is partly HHSA with CalAIM initiative and partly new concept with sheriff and Adult Services that utilizes Mental Health Court and Addiction Intervention Court participants so we can have more interaction with sheriff department. Utilizing MHC/AIC programs as mentors to possible candidates in custody, to help with enrollment. Will meet 1st Wednesday of the month at 5 pm. Will provide synopsis to board every month.

Table the discussion about vacancies and positions until next meeting.

Ad HOC Committee (Bylaw Review): Chris Bulkeley, Sue Jones, Jonathan Raven. Theresa Comstock was helping give suggestions on how to make bylaws current. Sue reviewed edited bylaws with comments to explain corrections which are noted in comment section. Bylaws are for review only and we will vote at next meeting.

Approval of letter of recommendation on CIT to BOS: We had agreed at previous meeting not to send letter. We will address this in the annual report.

Member Announcement: Christy Correa has a meeting with Assembly Member Cecilia Aguiar-Curry on Wednesday, to discuss local issues and her family story with mental health service access and mental health diversion program. Is also willing to include any board issue to be shared with assembly member, please feel free to reach out to Christy if you would like to make recommendations. Christy will report back at next meeting.

Correspondence: none

Time Set Agenda: Cancelled

Consent Agenda:

Mental Health Director's Report: RFPs — Safe Harbor through YCCC was required to put out RFP in a particular timeframe. We spent this last year working with Safe Harbor and working with utilization. The contract we will execute as a result of RFP. Focus now is to leverage existing resources. Ideally it will help our vendor be successful. Working on contract negotiations. Also have RFP reviewed for innovation funding targeted outreach and services for Latino community. One with Rise and CommuniCare. Also have RFP open for High Tech Call Center and Community Navigation Center. These are all MHSA contracts. That's why it's not ideal to have MHSA Plan approved late; then we can't move forward with contract amendments without approval. Once it was approved at end of August, our teams got right to work. We also have RFPs for adolescent services and a wide range of children's care. Additional contracts for FSP and wraparound services.

For Crisis Now, our intent is to concurrently move forward on construction on the facility while the RFPs are out. The timeframe for Woodland would be fall 2024, hopefully sooner. RFP will be out for operations in early 2024. Want to make sure we have a general sense of what the final plans are for the facility. We won't wait to open facility before we send out RFPs. Karleen will provide update at a future meeting concerning whether we can contract with a Sacramento provider for West Sacramento.

Christy asked for clarification on names in report. CAL Forensic is WellPath. California Mental Services Authority is a state level entity that contracts on several initiatives statewide.

We will be looking for board members to participate on evaluation panel for Receiving Center.

Youth Hospitalization Coordination program — Karleen and Tony Kildare, both saw it used very effectively at Sutter and Yuba. They really saw opportunity to have far more effective coordination for youth in psychiatric crisis. There is an incredible disconnect. Not connected to mental health services before admission or after release. Our intent is to better coordinate when youth are being hospitalized and be sure they are linked to services quickly. Be a support point person to limit re-traumatization that can happen.

Tony — In Yuba, we had a psychiatric clinic operating onsite 24 hours per day. When we had youth come to clinic, we would be able to see which youth were seen so we could connect to services immediately. Here, they are first getting hospitals together with contracted providers and key people internally so Yolo County can do something similar. We started the multi-disciplinary team a year ago, and now we have a case manager who is responsible for coordinating with nurse, families, and hospitals. Tony told a

story about a child who had to stay in the ER for a week because there was no one for the hospital to connect them to for follow-up. That made new program more urgent.

Sue wants to know if the case manager is being trained on developmental disabilities. Tony replied there are a lot of conversations around our responsibility to serve those with developmental and dual diagnoses with mental health. The case manager isn't in a position to be able to clinically diagnose. If someone has autism, something normal for them can be mistaken for mental illness. If someone isn't trained, they may not be aware. Tony explained the treatment team would help navigate that. Yolo County's Interagency Leadership Team exists to better coordinate between systems. There is a lot of opportunity to connect mental health providers to training, possibly with Alta Regional.

Public Comment: none

Regular Agenda

Board of Supervisors Report: Oscar Villegas — We have a full working board. Mary Vixie Sandy will take her seat tomorrow. What items would you like BOS to report on? Let us know so we are able to provide that for you. Shared that a snafu in our department of finance re 2004 school bond applies to West Sacramento residents. Good news is tomorrow we will have options to right the wrong. Will vote tomorrow on whether WellPath will continue to contract jail services. He would like LMHB members to provide 3 min report to BOS on Annual Report.

Criminal Justice Update: Chris Bulkeley — Refer you back to prop 47 report from Karleen.

Public Comment on Agenda Items: Jen Danzer with NAMI. Offering NAMI Basics course designed for parents or caregivers of children/youth aged 22 or younger. In-person class held weekly Wednesdays 6:30-9:00 Nov 1st to December 13th, contact email: basics@namiyolo.org. First time in 3 years that we will be offering.

- **Future Meeting Planning and Adjournment:**
- Next Meeting: December 4th, at 6 pm in Davis at the Mary L Stephens Library; Blanchard Room.
- Recommendations to move to 1st Monday of the month to support more BOS participation. Will consider at future meeting.
- Notify Davis Supervisors for participation.

Adjourned: 7:49

ITEM 6
LMHB Proposed 2024 Meeting Calendar

LOCAL MENTAL HEALTH BOARD 2023-2024

MONTH	DATE	LOCATION	MONTH	DATE	LOCATION
JANUARY	01/08/2024	Woodland	JULY	07/01/2024	Davis
FEBRUARY	02/05/2024	Woodland	AUGUST	NO MEETING	NO MEETING
MARCH	03/04/2024	West Sacramento	SEPTEMBER	09/09/2024	Woodland
APRIL	04/08/2024	Woodland	OCTOBER	10/07/2024	Woodland
MAY	05/06/2024	Woodland	NOVEMBER	NO MEETING	NO MEETING
JUNE	06/03/2024	Davis	DECEMBER	12/02/2024	

Locations: **West Sacramento:** Arthur F. Turner Community Library, 1212 Merkley Avenue

Davis: Mary L. Stephens Library; Blanchard Room, 315 E 14th Street

DECEMBER							JANUARY							FEBRUARY							MARCH							APRIL							MAY						
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							No Meeting August 5th-6														30							No Meeting November 4th-5													

County Reserved Holidays **LMHB Regular Meetings** **STANDING COMMITTEE MEETING**

Board Chair: Jonathan Raven, Chief Deputy District Attorney, email: Jonathan.Raven@yolocounty.org

Board Liaison: Christina Grandison Office: 530.661.2903 email: Christina.Grandison@yolocounty.org

ITEM 7
CORRESPONDENCE

My name is Karen Olson, and I have a 28-year-old son who was diagnosed with a serious mental illness 4 to 5 years ago. I am very concerned about the lack of available services within our community for him and others who are mentally ill. My son remains unmedicated because he is suffering from anosognosia – a lack of awareness about his psychiatric condition. When in crisis, I pray that one of the social workers (Madeline or Anna) is available to come out with the WPD, as they are both familiar with him. However, the social workers aren't on duty 24 hours a day, 7 days a week. When someone is in crisis at 5am or on a weekend, they are left suffering. They sometimes hurt themselves, get hurt (or worse, like Kevin Casey, who was recently killed in a hit and run), cause harm to others and/or cause property damage. They should have access to the same services 24 hours a day, every day, including triage crisis care.

In mid-2022, my son was in crisis, and ended up in jail for 8 months because he vandalized a window at a gas station when he was denied access to the bathroom. He is not a criminal – he is mentally ill. He received NO mental health services while incarcerated. He was, however, placed in solitary confinement multiple times. He has a psychiatric diagnosis and is considered gravely ill. That should have been determined soon after he was picked up. He was released to the care of Hope Cooperative, where he was placed in a house with others with similar mental illnesses. He didn't last long there because, again, he is unmedicated. He was moved 4 or 5 times, and finally ended up in a tiny home in Woodland. He didn't have much contact with Hope Cooperative due to staffing shortages and other issues. We need better supervision of the contracts that are issued to providers like Hope Cooperative to ensure that the clients are not left alone for weeks at a time like my son has been. He has recently received a 30-day eviction notice due to extensive damage to his unit. My son can't live with others, and he can't live alone. Hope Cooperative said that he will be placed in another room and board. I often hear, "there are gaps in the system" and "we are understaffed". Hire more employees, perhaps even college interns, to help with understaffing issues.

What we need is more services...NOW. We need more facilities in Yolo County like Pine Tree Gardens in Davis, where those with mental illnesses can get the help that they need.

Thank you for your time.

ITEM 9
Mental Health Directors Report
December 4, 2023

Mental Health Director's Report

December 4th, 2023

A) Current RFPs:

- Crisis Residential- A new contract with YCCC for Crisis Residential Treatment at Safe Harbor is in process, it will be in place by Dec 31, 2023.
- Integrated Behavioral Health Services- HHSA selected CommuniCare+OLE as the vendor to offer Integrated Behavioral Health Services through their CREO program, a new contract is being crafted currently.
- 24/7 High Tech Call Center- The RFP for a new High Tech Call Center has closed and County Procurement and Fiscal is processing the proposals received so the RFP panel can then score them.
- Community Based Navigation Center/Services- The RFP for the Community Based Navigation Center has also closed, with one proposal received. The RFP panel is currently scoring the submission.
- Youth Substance Use Disorder Services- The RFP for Adolescent Substance Use Disorder services closed, and a vendor for outpatient services has been selected.
- Children's System of Care- The RFP for the Children's System of Care, which includes children's Full-Service Partnership, Community Based Mental Health Programs, Therapeutic Behavioral Services, and Wraparound programs will be released in early January.
- Therapeutic Foster Care- The RFP for Therapeutic Foster Care will be released in Spring 2024.

B) Medi-Cal Mobile Crisis Benefit Implementation Plan:

By December 31, 2023, county MHPs, DMC counties, and DMC-ODS counties shall provide, or arrange for the provision of, qualifying mobile crisis services in accordance with the requirements below. Qualifying community-based mobile crisis intervention services will be available 24 hours a day, 7 days a week, 365 days a year, and will include the following service components: 1) Crisis assessment, 2) Mobile crisis response, 3) Crisis planning, 4) Facilitation of a warm handoff, 5) Referrals to ongoing supports, and 6) Follow up check-ins. Yolo County submitted a draft written mobile crisis implementation plan to DHCS, outlining its planned mobile crisis services. Yolo County's tentative plan includes utilizing a contracted provider to supplement existing mobile crisis teams which include Clinicians and Peer Support Workers embedded with local enforcement agencies. Yolo County HHSA is currently working on assessing a realistic timeline for implementation of these expanded benefits and will provide a more detailed update at the next scheduled Local Mental Health Board meeting.

Additional information regarding the mobile crisis benefit can be found here [CalAIM Mobile Crisis Services Initiative](#).

C) Crisis Now:

HHSA staff continue to work on implementing Crisis Now. The Crisis Now Model includes: 1) High-tech Call center, 2) Mobile Crisis Response 3) Receiving Chairs/Sobering Center, and 4) Short-term Crisis beds. The initial proposal and timeline created in 2020 has been delayed in favor of a phased approach with the intent to create a more sustainable model, which HHSA staff are referring to as Crisis Now 2.0.

The following includes updates on each component.

- High Tech Call Center- As mentioned in the RFP updates above, the RFP for a new High Tech Call Center has closed and County Procurement and Fiscal is processing the proposals received so the RFP panel can then score them.
- Mobile Crisis- Efforts to implement 24/7-365 countywide mobile crisis response is underway as discussed above.
- Receiving Center- Architecture and engineering plans are being finalized for the receiving center in Woodland with tentative opening in Fall of 2024. HHSA is concurrently exploring the potential to contract for receiving chairs as a second pilot project in close geographic proximity to West Sacramento.

- Short Term Crisis Residential- Lastly, a new contract with YCCC for Crisis Residential Treatment at Safe Harbor is in process for short and long-term beds, which will be in place by Dec 31, 2023.

D) CYBHI:

The Children and Youth Behavioral Health Initiative (CYBHI) is a \$4.7 billion investment in youth behavioral health in the State of California. One component of the CYBHI is a series of grants that focus on scaling evidence-based practices (EBP) and community-defined evidence practices (CDEP) for youth behavioral health. The children’s mental health team collaborated closely with partner agencies, including school districts, the office of education as well as all the community-based children’s mental health providers, to strategize how to coordinate applications to expand the array of services available to children in Yolo County.

HHSa submitted two applications in CYBHI Round 2 to scale trauma informed programs and practices. One application focused on training and scaling Child Parent Psychotherapy which would specifically support children 0-5 and their families. The second application is to train and scale Cue Centered Therapy which is an evidence-based practice from the Stanford School of Medicine. This modality directly acknowledges the allostatic load created when a child has multiple and/or repeated adverse childhood experiences. DHCS has yet to release the awards.

HHSa and YCOE collaborated to apply in Round 5 which focuses on Early Intervention Programs and Practices. The joint application for funding focuses on standing up a youth mobile crisis response team to support the K12 schools in Yolo County. If awarded, this mobile crisis team would be an ancillary and connected service to the current K-12 School Partnership Programs. DHCS should announce the awards in January 2024.

E) Crisis Intervention Training (CIT):

In November 2023, Yolo HHSa conducted six 8-hour CIT Refresher trainings (11/6, 11/8, 11/9, 11/20, 11/22, and 11/30) to 96 individuals (sworn officers, dispatchers, and non-sworn PD staff) from six different law enforcement jurisdictions (Yolo County Probation, Woodland PD, West Sacramento PD, Davis PD, Sacramento Sheriff’s Office, and Lincoln PD), including:

Law Enforcement Jurisdiction	Number of Staff Trained
Yolo County Probation	17
Woodland Police Department	2
Davis Police Department	22 (including 7 dispatchers)
West Sacramento Police Department	47 (including 12 non-sworn employees)
Sacramento Sheriff Department	1 (dispatcher)
Lincoln Police Department	7
Total Sworn LEOs	76
Dispatchers	8
Non-Sworn Police Department	12

An initial 40-hour CIT Training is scheduled next week, and 12 participants are registered.