

**Local Mental Health Board Meeting**

**Monday, January 8<sup>th</sup>, 2023**

In Person with Hybrid Option for Public

Members Present: Dee Olivarez, Sue Jones, Chris Bulkeley, Sara Gaines, Christy Correa, Jonathan Raven, John Archuleta, Nicki King, Joe Galvan

Members Absent: Maria Simas, Robin Rainwater, Brad Anderson

**CALL TO ORDER**

**Welcome and Introductions:** Meeting called to order at 6:07 pm by Jonathan Raven

**Public Comment:** none

**Approval of Agenda:** motion to approve Chris Bulkeley, 2<sup>nd</sup> by Christy Correa

Yea "I"	Nay	Abstention
9	0	0

Motion: Approved

**Approval of Meeting Minutes from December 4<sup>th</sup>, 2023:** motion to approve Dee Olivarez, 2<sup>nd</sup> Christy Correa

Yea "I"	Nay	Abstention
8	0	1-Joe Galvan

Motion: Approved with following corrections

- Dee on Pg. 2 within Jonathan's section - my name is misspelled (Delores Olivares). My recommendation is that we correct to (Dee Olivarez).
- Dee on Pg. 2 within the Program section - my recollection of the action item during our committee meeting is as follows, *"Dee will reach out to District 4 West Sacramento City Council Member (Verna Sulpizio-Hull), to obtain a recommendation on a mental health services representative who can present on the imminent mental health needs of West Sacramento."*

**Chair Report:** Jonathan has retired from District Attorney's office as of December 31<sup>st</sup>, 2023. Started new job with California District Attorneys Association (CDA). Planning to bring some of these issues to our members statewide.

**Bylaws Review:** ad hoc committee wishes to hold off one more month. Found membership terms that are inconsistent with County's policy manual. Will need to revise before next meeting.

**Comment on Bylaws**

- **Dee Olivarez**-she emailed suggested edits. It is Dee's understanding that tasks would be assigned by the board and chair. Joe Galvan responded, that's how he interpreted it. Dee's follow-up is that if no specific task is assigned, what activities should the committees undertake to continue the work necessary to report back updates to chair or board? What document could be reviewed as guiding for committee members to use as a roadmap? Bylaws weren't clear. Because we are at the infancy stages of resurrecting the standing committees, it almost seems like the chairs would benefit from reintroduction to how the committees should perform. Wants to make sure that point isn't missed. Should the action item be that we get a conjoined presentation on the priorities of the board. Jonathan Raven suggests we set the priorities at the meeting. Which means that the bylaws, as they read now, are correct. Tasks come from the board or the chair.
- **Nicki King**-it is her sense that it's the decision of the committee how to act around specific issues unless there was a directive from the board chair. Membership and chair have responsibility to look at something to see if it rises to the level of something that should be shared with the Board of Supervisors.
- **Joe Galvan**-looks at it a little more narrowly. The language is specific that the board chair and committee assign issues. It doesn't read as the committee creating their own topics without the guidance of the board. That's how he interprets it without historical knowledge of how the bylaws were previously interpreted. Joe says he sees it that if there is something a committee should look at more closely, then they bring it to chair and board and the chair can either act on it or send to subcommittee for further review. The process should be organized to come through the board first, so it is not arbitrarily discussed. He like the process as it is currently written. Guidance of the board and chair is important to have as a roadmap for a committee. It prevents duplicated work.
- **Christy Correa**-what she is hearing is that a member of the board is looking for more refinement, and she agrees there are some areas that could be clearer. Possibly reference the Welfare Institution Codes (WIC) provided by the California Association of Local Behavioral Health Boards and Commissions (CALBHBC). It references the duties.
- **Sue Jones**-the codes are broad. How specific do we want to get in the bylaws?
- **Jonathan Raven**-for many years we have not received outcome measures for the programs that receive funding under MHSA. There are many reasons why, but it's something that Karleen has been focusing on to get that data. Because the committees haven't met for a long time, there is some confusion. He would like to move forward and see how it works. If we need to adapt the bylaws down the road, we can do that.
- **Karleen Jakowski**-many years ago, outcomes weren't being tracked. Several years ago, HHSA adopted a model called Results Based Accountability (RBA). It's not program evaluation that will tell you if the program is effective in another county or state, but it will tell you if it's effective in specific metrics that we indicate. External programs have RBAs attached for all contracts to be reported monthly and quarterly, but we have not included that system in our internal programs. We are looking at building a more robust approach to measures for what we would consider high priority programs. We are working on that now. There are many challenges, but we understand how important it is to have the data.
- **John Archuleta**-we had, in years before, a question regarding metrics to see if programs were working efficiently. If we had metrics, we could look at the data to make recommendations to the board. Our committees could use that data to make good suggestions to be more effective.

- **Sue**-are we going to fill out a Board Self-Evaluation? Is that something we do as a board or is that something we do as individual members?

**Approval of 2024 Meeting Calendar:** Jonathan suggests opening to board and public for input on meeting rotations. Should we keep meeting as calendar reflects with one meeting held offsite in West Sacramento and one meeting held offsite in Davis, or should we also include an additional rural area offsite either in Winters or Esparto? In the past, Jonathan notes that too many rotations created confusion and did not reflect an increase in public participation.

**Board Comments on 2024 Calendar:**

**Christy Correa**-thinks we need to advertise or get the community there to participate.

**Chris Bulkeley**-This something that Communication and Education Committee could prioritize if you're looking for someone to be responsible for generating participation as part of Outreach and Engagement.

**Nicki King**-important to have more than one meeting in various communities. It equalizes the burden on the public.

**Jonathan Raven**-we have little to no participation when we meet in rural areas. We are allowing for more participation and inclusiveness on virtual.

**Public Comment on 2024 Calendar:**

Public Participant-would like the board to add rural location into rotation if we are trying to increase engagement.

Public Participant-the board may also want to track where people are joining from using the hybrid option. They could be from a rural area and would benefit from in-person meeting.

Public Participant-suggests no change to website and no need to visit rural.

Public Participant-important to rotate. If this is a county-wide entity, then there should be equal opportunity. You need both zoom and physical representation. Publicize the meetings in rural areas, as opposed to just holding the meeting.

**ZOOM Participant Response on 2024 Calendar:** None

**Approval of 2024 calendar:** motion to equalize the rotation of the meeting with exception of rural areas 3 Davis, # woodland, # West Sac; moved by Jonathan Raven, no 2<sup>nd</sup>.

Yea "I"	Nay	Abstention
0	0	0

Motion: no second

**Approval of 2024 calendar:** motion to approve Dee Olivarez, 2<sup>nd</sup> Sue Jones

Yea "I"	Nay	Abstention
9	0	0

Motion: Approved with following addition; one additional offsite meeting to be held in Winters or Esparto or one other community within the county per year May/June. Website will be updated to reflect meeting change to 1<sup>st</sup> Wednesday with additional rural area added.

**Standing Sub-Committees:** Jonathan and Karleen met to discuss additional support from the agency. Probably useful for LMHB to link with an analyst to be able to gather additional data. Karleen: behavioral health is evolving, which means the roles are evolving and we need to look at how much support we are providing. Willing to layer on some additional support.

**Budget Finance-Chair:** Joe Galvan, Members: Christy Correa, Nicki King, Maria Simas

- **Joe Galvan, Chair**-has not met, will be an upcoming meeting. We must be looking at bringing things that bring value to the board. May be hard for us to decide, so we will bring to board and decide based off board feedback. Don't want to waste anyone's time on topics that won't serve the board. If we put forward 3-4-5-6 issues, that's a significant amount of people's time to research and report appropriately, so it needs to be of great value for us to dive deep into those things.
  - **Jonathan Raven**-at one point we were unsure as to whether we would hold meetings as a subcommittee regularly. As of last month, as a board, we decided to keep the Budget and Finance Committee.

**Communications and Education-Chair:** Dee Olivarez, Members: Maria Simas, Christy Correa

- **Dee Olivarez, Chair**-to be explicitly clear on details, would like to meet quarterly. Folks are involved in a lot of demands on their bandwidth. We might increase meetings once we have actual tangible tasks.

**Program Committee-Chair:** Christy Correa, Members: Brad Anderson, Dee Olivarez, Sara Gaines

- **Christy Correa, Chair**-meeting first Wednesday every month. Will switch to first Monday if that works for everyone. We reviewed our scope; we try to remember going into this that we are doing our best to find ways to evaluate the programs in our communities. Current members are Dee and Sara Gaines and Brad. You have the meeting update. We would like to make a recommendation to create an ad hoc committee for site visits. We have proposed a list of sites for the board to decide on making this a part of our 2024 Strategic Plan. Board to approve ad hoc committee to organize visits, narrow down target visits, and then coordinate with site, and schedule.

**Member Announcement:** none

**Correspondence:** document shared and included in agenda packet.

**Time Set Agenda:** None

**Consent Agenda:**

**Mental Health Director's Report-**Karleen Jakowski, Mental Health Director

**Christy Correa-** What is it, and how does Mobile Crisis Work?

- **Karleen Jakowski-**states that we have staff available 6 days per week. We have after hours and weekend coverage, partnering with AMR, who are using a quick response vehicle to respond to mobile crises. They have completed the training and are certified. They still need to have licensed mental health clinician staff available on standby. We cannot require staff to be on standby, but we have staff who are generously offering to be on standby. We are gathering data to look at the kind of coverage we need. If we are only able to staff with standby, we won't be able to respond as quickly as required. We creatively partnered with AMR; they were a willing partner and a yes, all the way along. Many counties have not yet implemented the benefit. Some counties are looking at EMS to get this going. Calls go through access line. Once high-tech call center is up, the calls will happen more seamlessly; they will be partnered with 988 for triage. We have communicated through law enforcement if they are out when we don't have an on-call clinician on staff, they can call the access line. We can take their assessment and deploy a staff member from a centralized two-person staff. As of today, we have gotten zero calls after hours and weekend. We do not have the funding to staff in a stationary location. We would love to have staff in multiple locations so they can be deployed more quickly. Missing component to crisis now model is a receiving center. Co-responders are providing support calls during the day in the jurisdiction they are working in, Mon-Friday and some on Saturday. Respond as a team in person or through telehealth. Contract with AMR and on call is for after hours and weekends.
- **John Archuleta-**this isn't the co-responders, this would be an addition to them. Karleen responds that crisis co-responders are responding in the jurisdiction they are working in during the day Monday through Friday during business hours.
- **Christy Correa-**want to know if I can send an email as the Program chair to ask about law enforcement officers. How do they know that this is available and up and running in the community? How do we know they are aware? Karleen Jakowski states they have had many meetings with chiefs who are reporting out with teams. This has been discussed in depth to be sure the messaging is out there with law enforcement. Millions of dollars a year to serve who we serve now. Christy: Can the Communications and Education Committee assist with getting the communication out there?
- **Chris Bulkeley-**states he attended the briefs where the information was discussed about the service being available. He confirms the information is out there and offered as officers are coming in or going off shift.
- **Sue Jones-**confused that we haven't received any calls. Karleen Jakowski states, it's only been one week. Tony Kildare states, we are all wondering the same thing. We are working on the structural components to see how things are going to move. At the officer level, we don't know how communication has trickled down. We met with the chiefs; we have sent written

documentation out to chiefs. It's early so the best answer is we don't know yet. It doesn't pay to not have this program utilized. We have a separate program for Children and Youth. We have a separate vendor who specializes with Children and Youth.

- **Christy Correa**-we can each get the word out to the community using our own close connections.
- **Karleen Jakowski**-working on card with details that would be easy to hand out.

**Nicki King**-is Community Workgroup for MH Services Act being offered virtually?

- **Karleen Jakowski**-yes, the work group will meet virtually.

#### **Public Comment on Mental Health Director's Report:**

- **Linda Wight**-thank everyone who has joined the board. Special thank you to Sam and Jonathan for assistance in the crisis that occurred during the holidays. There are a lot of positive things happening in the community. Please don't forget to advertise to families that this program is available, and police don't have to give health care in handcuffs.
- **Kimberly Mitchell**-glad we are using clinicians as responders and wants to say thank you as a consumer. That's what should have been happening this whole time.
- **Tony Kildare**-we chose to take Mobile Crisis on now because there is a benefit to our community. It's still fragile; we have a handful of clinicians that are going to be working afterhours and on the weekends. But we are all dedicated to it, even though the model we have is not sustainable. It's just to get us here so we can have the real model down the road. It's not going to work perfectly, but we are dedicated to it.

#### **Regular Agenda**

**Board of Supervisors Report:** Iulia Bodeanu, Deputy to Supervisor Villegas, was present to represent the BOS. She notes there are no current updates, but she will be present at future meetings and available as a resource for the board.

**Criminal Justice Update:** Chris-we have a MH Court graduation on January 22<sup>nd</sup> at 2 pm in Department 5. We would like board members to come in and observe. We are working on standing up a youth court which will have some behavioral health components.

#### **Public Comment on Agenda Items:**

**Public Zoom Participant**-how do you support those with different languages?

- **Karleen Jakowski**-states that we provide services in all threshold languages.

**Kimberly Mitchell**-appreciates the effort made to make this a reality. A lot of people have been failed in the current system. Especially over-medicalization in healthcare. Glad it's transitioned to clinical rather than medical or law enforcement response.

#### **Future Meeting Planning and Adjournment:**

Next Meeting: Wednesday, February 7<sup>th</sup> at 6 pm in Woodland at the Gonzales Bldg. Community Room

Adjourned: 8:08 pm