

Yolo County Health Council

January 11, 2024
Minutes

ANTHONY VOLKAR, CHAIR
XIMENA DIEZ-JACKSON, CO-VICE CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY
GONZALEZ BUILDING, COMMUNITY ROOM
25 NORTH COTTONWOOD STREET
WOODLAND, CA 95695

Yolo County Health Council

Minutes – January 11, 2024

The Yolo County Health Council met on the 11th Day of January 2024 at 9:00 a.m. in-person in the Gonzalez Building, Community Room, 25 North Cottonwood Street, Woodland, CA 95695.

VOTING MEMBERS PRESENT: Anthony Volkar, District 1; Ximena Diez-Jackson, District 2; Carri Ziegler, District 3; Leon Schimmel, District 4; Valerie Olson, District 5; Michelle Famula, At-Large Member; Pat Moore-Pickett, At-Large Member; Dawn Myers, Commission on Aging & Adult Services; Lori Duisenberg, First 5 Yolo; Linda Copeland, MCAH Advisory Board; Nicole Hollingsworth, Yolo County Children's Alliance; Nicki King, Local Mental Health Board; Erika Roshanravan, CommuniCare Health Centers and OLE Health; Ajay Saini, Elica Health Centers; Mark Ho, Kaiser Permanente; Stacy Berrong, Northern Valley Indian Health; Kathryn Power, Partnership HealthPlan of California; Margaret Trout, UC Davis; Stacey McCall, Winters Healthcare

VOTING MEMBERS ABSENT: Sherri Olswang, Woodland Healthcare; Jeneba Lahai, Yolo County Children's Alliance; Ozmar Aburto, CommuniCare Health Centers and OLE Health; Tatyana Bak, Elica Health Centers; Deven Merchant, Sutter Health; Craig Blomberg, Sutter Health; Dale Steakley, Woodland Healthcare;

STAFF & GUESTS PRESENT: Deputy Supervisor Sheila Allen, District 4; Mark Bryan, Deputy Chief Administrative Officer; Brian Vaughn, Public Health Director; Karleen Jakowski, HHS Mental Health Director; Shelby McGriff, HHS Program Manager, MCAH Director, CHVP Director; Nilufar Ceyhan, HHS

9:00 A.M. CALL TO ORDER

The January 11th, 2024, Health Council meeting was called to order at 9:01 a.m. by Anthony Volkar, Health Council Chair.

1. **WELCOME** – *Anthony Volkar, Chair*

2. **ROLL CALL** – *Nilufar Ceyhan, Secretary*

A roll call for voting members was taken, and the quorum was confirmed.

3. **VOTE ON APPROVAL OF AMENDED AGENDA AND THE NOVEMBER 9TH, 2023 MINUTES** – *Anthony Volkar, Chair*

Motion: Michelle Famula **Second:** Linda Copeland **Discussion:** None **Agenda Vote:** Passed Unanimously
Minutes Vote: 19 Yes, 0 No, 1 abstention: Margaret Trout

4. **STATE AND COUNTY UPDATE** – *Mark Bryan, Deputy Chief Administrative Officer*

- Governor has released the January budget for the upcoming year. There is a plan for reserving back \$350M of legislative money that goes out to counties. Still waiting for the full analysis. Departments will be working together to come up with strategies when the recommended budget is received in June.

5. **BOARD OF SUPERVISORS UPDATE** – *Deputy Supervisor Sheila Allen, District 4*

- There are several at large open positions in the Health Council now. Applications are coming in and interested and qualified candidates are encouraged to apply online.
- The Board of Supervisors continue their work on updating the strategic plan. There will be another session coming up.
- The American Rescue Plan (ARP) funds run through the end of December. Any unspent funds will probably be asked back.
- A motion was accepted to give up one of the positions in Partnership Healthplan's governing board to open space to the newly joining counties. Yolo County still has two positions.
- Board of Supervisors are taking position for the proposed changes to the Mental Health Services Act in the upcoming ballot.

6. **HEALTH OFFICER UPDATE** – *Dr. Aimee Sisson, Health Officer*

- Summary of the items covered in the presentation: Health Officer Update

- Wastewater levels of SARS-CoV-2 are High and decreasing.
- Hospitalizations for COVID-19 are decreasing in CA.
- JN.1 Omicron variant now dominant
 - Descendant of BA.2.86, highly mutated variant
 - No evidence of increased disease severity
 - Vaccine expected to provide protection
- RSV activity in Yolo is High and decreasing.
- Flu activity in Yolo is Moderate.
- It's not too late to vaccinate.
 - We are seeing COVID-19, influenza, and RSV co-circulating this winter
 - We have vaccines available against all 3 major viruses
 - COVID-19: everybody 6 months and older should get an updated vaccine
 - Influenza: everybody 6 months and older should get an annual vaccine
 - RSV: recommended for 60 years and older, pregnant, and infants
 - Getting vaccinated is the best way to protect yourself against the worst outcomes of severe disease, hospitalization, and death
 - The best time to get vaccinated is NOW (if not already vaccinated)
 - You can get all 3 vaccines at the same time
- Vaccine uptake in California is low.
 - 21% of California adults 18+ and 7% of children <18 years old have been vaccinated with the updated 2023-24 COVID-19 vaccine
 - 45% of California adults 18+ and 45% of children <18 years old have been vaccinated with the 2023-24 seasonal influenza vaccine
 - 17% of California adults 60+ and 11% of pregnant persons have been vaccinated with an RSV vaccine
- Masking recommended for all in Yolo County.
- Press release issued 12/27 to increase awareness.
- County efforts focused on long-term care facilities.
 - We are seeing outbreaks of COVID-19 and influenza in LTCFs
 - Public Health provides support to outbreak facilities:
 - Guidance from disease investigation specialist
 - Combination COVID/Flu A/Flu B antigen tests
 - Flu vaccination clinic for residents and staff
 - Encourage use of antiviral treatment and chemoprophylaxis
 - Public Health supports outbreak prevention in LTCFs:
 - Fit testing train-the-trainer
 - Sharing of [CDPH guidance](#), CMS requirements, testing resources
 - Sharing of AFLs and CAHANS
 - Monthly updates to Healthcare Preparedness Coalition
 - Flu vaccination clinic for residents and staff as vaccine supplies allow
- CDPH updates isolation guidance for COVID+ persons.
- General Public
 - Stay home until 24h without fever and other symptoms mild and improving
 - Wear a mask around others for 10d
- Workers
 - Stay home until 24h without fever and other symptoms mild and improving
 - Wear a mask around others for 10d
- Healthcare workers

- Excluded from work until 5d, improving sx, and negative test (or 10d without test)
- Fit-tested N95 for 10d
- CDPH updates guidance for COVID close contacts.
 - General Public:
 - Test and mask right away if have symptoms
 - If no symptoms, test if at high risk of severe disease
 - If no symptoms, mask indoors around high-risk persons for 10 days and consider testing within 5d after last exposure and before contact with high-risk persons
 - Workers:
 - Test if symptomatic, at high risk of severe disease, or in contact with high-risk persons
 - If workplace in outbreak, all symptomatic close contacts must test or be excluded; close contacts must also mask for duration of outbreak
 - Employer must offer testing during paid time and at no cost to all close contacts, regardless of outbreak status
 - Healthcare workers:
 - Test 24h after exposure and again on day 3 and day 5
 - Wear a fit-tested N95 for 5d
- TB contact investigation at UC Davis.
 - Identified member of UC Davis community with active TB disease
 - TB is caused by bacterium *Mycobacterium tuberculosis* that spreads from person-to-person through air
 - Yolo County Public Health partnering with UC Davis Student Health Services and UC Davis Occupational Health to identify and notify close contacts with at least 8 hours of exposure to infectious individual
 - Approximately 50 close contacts identified
 - Close contacts will receive evaluation and testing and additional follow-up as needed
 - Yolo County averages 6 cases of active TB disease each year
- Additional Health Alerts
 - Severe and Fatal Confirmed Rocky Mountain Spotted Fever among People with Recent Travel to Tecate, Mexico
 - <https://emergency.cdc.gov/han/2023/han00502.asp>
 - Update on COVID-19 Medications and Transition to Commercial Marketplace
 - <https://www.cdph.ca.gov/Programs/OPA/Pages/CAHAN/Update-on-COVID-19-Medications-and-Transition-to-Commercial-Marketplace.aspx>
 - Clade I Mpox Virus with Geographic Spread in the Democratic Republic of the Congo: Recommendations for California Health Care Providers
 - <https://www.cdph.ca.gov/Programs/OPA/Pages/CAHAN/Clade-I-Mpox-Virus-with-Geographic-Spread-in-the-Democratic-Republic-of-the-Congo-Recommendations-for-California-Health-Car.aspx>

7. PUBLIC HEALTH BRANCH UPDATE – Brian Vaughn, Public Health Director

- Initial analysis of the Governor’s budget showed no significant impact on the Public Health funding. Public Health Branch is working on maintaining the current programs and their capacity.
- First part, Part A, of the Community Health Improvement Plan was published. Goals and measures are still to be set for the long-term plan, but this first piece of the Plan summarizing the work over 6 months can be obtained from Healthy Yolo website.
- Branch is working on the new strategic plan coming up this spring.
- Started the application for reaccreditation.

8. LOCAL IMPACTS OF PROP 1– *Karleen Jakowski, HHSA Mental Health Director; Samantha Fusselman, HHSA Adult & Aging Branch Director*

- Mental Health Services Act (MHSA)
 - What is MHSA? Proposition 63 or the Mental Health Services Act (MHSA) passed in 2004, provides a wide range of prevention, early intervention, and treatment services and the development of the infrastructure, technology, and workforce needed to support the public behavioral health system. It is funded by a 1% income tax to those with annual personal incomes above \$1 million.
- MHSA Components:
 - Community Services and Support: Provides direct services to individuals with severe mental illness using a client-centered, wellness and recovery-focused approach, including housing.
 - Prevention and Early Intervention: Helps counties prevent negative outcomes by intervening early in the onset of mental health needs with timely access to services and supports.
 - Innovation: Aims to explore and develop new mental health models that improve the quality of services, promote collaboration, and increase access to services.
 - Capital Facilities and Technological Needs: Supports the development of facilities and technologies used for administrative and direct services.
 - Workforce Education and Training: Supports the building of diverse mental healthcare workforces to include the viewpoints and expertise of clients and their families/caregivers and provide services that are linguistically and culturally competent.
- Proposed Changes to MHSA
 - SB326 (Eggman) - Behavioral Health Services Act
 - Expanded target population
 - Mandated housing expenditure category
 - Proposed allocations include:
 - Housing (30%)
 - FSP (35%)
 - Behavioral Health Services and Supports (30%)
 - Flexible (17.15%)
 - Early Intervention Children (9.15%)
 - Early Intervention All Ages (8.75%)
 - Changes to local mental health boards
 - Substantial changes to planning and reporting processes
- AB531 (Irwin) - Housing Bond
 - Proposes \$6.3 billion bond to build behavioral health treatment, residential care settings, and permanent supportive housing.
 - Dedicates a portion funding to housing for veterans at risk of, or experiencing, homelessness.

9. CRISIS NOW – *Karleen Jakowski, HHSA Mental Health Director; Samantha Fusselman, HHSA Adult & Aging Branch Director*

- Crisis Now 2.0
- 24/7 Crisis and Sobering Center. Creating a whole new system of care for mental health and sobering emergencies
- 24/7 Mobile Crisis
 - Mobile crisis services are a community-based intervention designed to provide de-escalation and relief to individuals experiencing a behavioral health-related crisis wherever they are, providing rapid response, individual assessment and community-based stabilization.

- The mobile crisis services benefit went into effect on January 1, 2024 and will ensure that Medi-Cal beneficiaries have access to coordinated crisis care 24 hours a day, 7 days a week, 365 days per year.
- 988 and Suicide Prevention Services
 - The 988 Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.
 - There are twelve 988 call centers across California and Yolo County is partnering with our regional call center, located in Sacramento.
- Crisis Intervention Teams (CIT)
 - CIT programs are community-based programs that bring together law enforcement, mental health professionals, mental health advocates, and other partners to improve community responses to mental health crises.
 - The goals of Yolo’s CIT program are to:
 - Improve safety during law enforcement encounters with people experiencing a mental health crisis, for everyone involved;
 - Increase connections to effective and timely mental health services for people in mental health crisis;
 - Use law enforcement strategically during crisis situations and increase the role of mental health professionals, peer support specialists, and other community supports; and
 - Reduce the trauma that people experience during a mental health crisis and thus contribute to their long-term recovery.

10. EXPANSION OF MEDI-CAL SERVICES DISCUSSION – Anthony Volkar, Chair

- Medi-Cal Services has been extended. This item will be moved to the next meeting’s agenda due to time limitations.

11. RESPONSES TO HEALTH COUNCIL PRIORITIES SURVEY – Anthony Volkar, Chair

- This item will be moved to the next meeting’s agenda due to time limitations.

12. ITEMS FOR FUTURE COUNCIL MEETINGS – Anthony Volkar, Chair

- No items were discussed.

13. REPRESENTATIVE REPORT OUT & ANNOUNCEMENTS

- The League of Women Voters will host a neutral Pros/Cons Forum on Proposition 1 on January 24th, from 7:00 to 8:30 pm at the Senior Center in Woodland.

14. PUBLIC COMMENT

- No public comments were made.

ADJOURNMENT

1. NEXT MEETING – February 8, 2024, at 9:00 a.m.

The meeting was adjourned at 11:00 a.m.

Respectfully submitted by:

Nilufar Ceyhan

Yolo County Health Council

Nilufar Ceyhan, Secretary
Yolo County Health Council

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