

# COUNTY OF YOLO

Health and Human Services Agency

### PUBLIC HEALTH BRANCH REPORT

February 2024

Program	August 2023	September 2023	October 2023	November 2023	December 2023	January 2024
Medi- Cal/PHC Enrollees	63,280	61,604	60,681	59,640	N/A	N/A
WIC Participants	3,550	3,562	3,588	3,572	3,558	3,562
CMSP Cases	2	2	2	1	0	0

#### **Mental Health Services Act**

- The Yolo County Mental Health Services Act (MHSA) Annual Update FY 2024-2025 kickoff began Tuesday January 16th with a Community Engagement Work Group (CEWG) meeting (slide deck).
- As part of the Community Planning Process, MHSA requires counties to engage in community planning and engagement annually to gather feedback on community needs to inform the development of the plan.
- This year Yolo MHSA is requesting support with the following:
  - Yolo County MHSA Community Member Survey (anonymous)
    - Complete and distribute this electronic survey
    - The survey will remain open until February 9, 2024, 11:59 pm
    - Hardcopies will also be available in HHSA buildings and community locations
  - Regional Listening Sessions-participation (TBD Feb/March)
    - Additional information on the listening session dates and formats will be forthcoming by email
    - Email <u>Ivila@evalcorp.com</u> if you would like to be invited to a Community Listening Session
  - Yolo MHSA Community Flyer distribution (attached)
    - Please post and share with others
- Please email <u>MHSA@yolocounty.org</u> if you have any questions or require any additional information.
- Thank you for your interest in Yolo County's Mental Health Services Act Community Planning Process!

#### February MHSA Suicide Prevention and Mental Health First Aid (MHFA) Trainings

There are a few upcoming training opportunities (with multiple dates) to learn about suicide
prevention and mental health first aid. These trainings are open to all interested
individuals, Yolo County staff, provider staff, community volunteers, and council members.
To register for these free trainings, please e-mail your contact information to MHSA-

MHTrainings@yolocounty.org. Classes are calendared monthly and posted publicly on the Yolo County Calendar of Events website.

## Suicide Prevention in the Workplace

- This training is 2 hours in length and includes videos, group discussions/exercises and roleplays to create a better understanding of your role in suicide prevention.
  - o February 13th 9:00 a.m. 11:30 a.m.

## QPR (Question, Persuade, Refer)

- QPR is a 2-hour suicide prevention training. The mission is to reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.
  - o February 6th or 27th 9:00 a.m. 11:00 a.m.

#### Mental Health First Aid

- Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Please Note: This training has a 2-hour, self-paced pre-work that needs to be completed before the training.
  - February 8th 8:30 a.m. 4:00 p.m.
- Adult MHFA is a course that teaches you how to identify, understand and respond to sign
  of mental illness and substance use disorders. The training gives you the skills you need
  to reach out and provide initial help and support to someone who may be developing a
  mental health or substance use problem or experiencing a crisis. Please Note: This
  training has a 2-hour, self-paced pre-work that needs to be completed before the training.
  - February 22nd 8:30 a.m. 4:00 p.m.

#### Women, Infants, and Children (WIC)

- The WIC program supports breastfeeding/chestfeeding parents in many ways. One way is providing education and support when preparing to return to work. Many Yolo County parents stop breastfeeding due to a lack of support at work. California has some of the strongest protections for lactation workers in the country. Employers must provide reasonable break time and use of a room or other location (shall not be a bathroom) to express milk privately. The space shall also be safe, clear, and free of hazardous material. In addition, the space must contain a place to sit and a surface to place a pump; have access to electricity or ways to operate an electric or battery-powered pump; and be located near refrigeration and a sink with running water. WIC has an excellent handout to guide participants. California WIC | Breastfeeding and Returning to Work or School.
- Yolo County WIC offers peer counseling to pregnant and postpartum participants wanting
  to breastfeed/chestfeed. A WIC peer counselor is a mother in the community with personal
  breastfeeding experience trained to give information and support to new moms/parents.
  She will mentor, coach, and support them. To learn more about WIC's Breastfeeding Peer
  Counseling or to refer to the program, contact Lizeth.betancourt@yolocounty.org.

 In 2021, the California Breastfeeding Coalition hosted a three-part webinar series for California Perinatal Hospitals, implementing changes related to the California Health and Safety Code (HSC § 123367). Deadline for implementation of the code is Jan. 1, 2025. Each session offers expert information, showcases successful hospital practices, and facilitates shared learning and state-of-the-art resources. The webinars and other resources are available on CBC Learn Education Series - California Breastfeeding Coalition.

Women, Infants & Children Program Fully Breastfeeding Rates						
	Three Months		Six Months		11 Months	
	December 2023	January 2024	December 2023	January 2024	December 2023	January 2024
California WIC	26.18%	25.70%	23.97%	23.94%	21.14%	22.42%
Yolo County WIC	35.00%	38.33%	31.48%	36.51%	29.03%	25.53%
Yolo County WIC Peer Counselor	33.30%	22.20%	16.70%	22.20%	-	-
Healthy People 2030 Target	-		42.4%		-	
Source: WIC CDPH Local Agency Report, PHFE Peer Counselor Database *Infants in foster care are excluded from the counts and rates reported above.						

# Maternal, Child, and Adolescent Health Program (MCAH)

#### **Comprehensive Perinatal Services Program (CPSP):**

- Yolo County has 5 CPSP providers offering services to Yolo County families. Yolo County Provider sites offering CPSP services:
  - o CommuniCare, Davis Community Clinic
  - o CommuniCare, Hansen Family Health Center
  - o ComnuniCare, Salud Clinic
  - Capital OB/GYN
  - Woodland Healthcare/Dignity Health
- PSC continues to provide technical assistance and perinatal resources to CPSP Providers during the program's transitional year. A Yolo CPSP Providers meeting was held January 11, 2024.
- January is National Birth Defects Awareness Month. Please view the Centers for Disease Control and Prevention (CDC) fact sheets and information about birth defects.
  - National Birth Defects Awareness Month | CDC
  - Please contact Tyra Fulcher (tyra.fulcher@yolocounty.org) if CPSP questions.

#### **Fetal & Infant Mortality Review (FIMR):**

Please contact Tyra Fulcher (tyra.fulcher@yolocounty.org) for FIMR reported cases.

https://www.cdph.ca.gov/Programs/CFH/DMCAH/FIMR/Pages/default.aspx

### **Sudden Infant Death Syndrome (SIDS):**

- Please contact Tyra Fulcher (tyra.fulcher@yolocounty.org) for SIDS reported cases.
- https://www.cdph.ca.gov/Programs/CFH/DMCAH/SIDS/Pages/default.aspx

### Nurse Home Visiting (NHV) and Adolescent Parenting Program (APP):

- NHV and APP continues to provide case management services to women, infant, children, and the adolescent population through referrals from partner agencies.
- For referral and program eligibility questions, please contact: gaby.perez@yolocounty.org

## **Health Equity and Healthy Communities**

- The Healthy Yolo relaunch is underway, and started with a listening session hosted by TheCaseMade, a national organization. Seven partner agencies attended along with HHSA staff. They Healthy Yolo team also gave an overview of plan to focus around improving Kindergarten readiness with an initial focus in West Sacramento as a way to address CHIP priorities identified last year.
- The Hanna and Herbert Bauer Community garden hosted a fruit tree care class in January with 55 participants. This is always the most popular class, and is a partnership between the garden team in Public Health and the Master Gardeners of Yolo County.
- The CFHL program has begun work with three elementary schools in Woodland on their school garden/produce to students initiatives. This is also a partnership with Yolo Farm to Fork, and in January they worked with 30 kids in three gardens to provide garden based nutrition education and help get the school gardens running again.
- The oral health program packaged and distribute 1800 oral health kits to students who
  received oral health screenings in Woodland and West Sacramento, and also developed
  a media ad for the Yolo County "How To Guide 2024" encouraging families with young
  kids to complete their oral health screenings for Kindergarten entry (a state initiative); This
  has a reach of 142,000 people in Yolo County.
- The Farmworker assessment is nearly at it's goal of 300 surveys, hitting the 270 mark by the end of January. There was also a 10 person focus group held in Winters, the largest focus group so far.

#### Infectious Disease Control

#### Immunizations:

 The Immunizations team also administered flu vaccines at Riverbend Skilled Nursing to 14 staff and 3 residents. The team continued outreach to skilled nursing facilities, both by phone and in-person, and other long-term care facilities to offer flu vaccinations and n95 respirator fit test train the trainer.

• The Immunizations team has been working with schools and childcares in Yolo County to ensure timely and complete school immunization reporting. This effort kicked off in November and in January the team conducted site visits to schools reporting 4% or more students as unvaccinated or under-vaccinated. In January, the visited three preschool sites, four TK/Kindergarten sites, and two 7<sup>th</sup> grade sites.

### **Wellness Vending Machines:**

Total Items Dispensed

o Masks: 10

o COVID-19 Tests: 2,329

Emergency Contraceptives: 75

Fentanyl Test Strips: 307

Breakdown by City

	Masks	Test Kits	Emergency Contraceptives	Fentanyl Test Strips
Winters		Offline - Warranty	Repairs Pending	1
West Sacramento		401	41	125
Esparto	10	370	34	20
Davis	0	1,558	0*	162
Woodland	Offline - Warranty Repairs Pending			

<sup>\*</sup> Alternate Distribution method being vetted.

- Restock Schedule: Starting February 2024, all machines will be restocked 1x per week on Fridays signage updated 02/01!
- Maintenance: Challenges in Woodland and Winters persist. In the interim Winters Health
  Care and Winters City Hall have agreed to distribute test kits to community members limit
  4 per person per week. Meanwhile we are actively seeking distribution partners for
  Woodland.
- Inventory: Product availability waned in January the status of product is included below:
  - Test Kits: were depleted early January, an order of 30,000 test kits is due to arrive before 02/09/2024.
  - Masks: have been replenished and are actively being repackaged to be reintroduced in February.
  - STI Prevention Kits (condoms & lube): will also be introduced in February repackaging is almost complete.
  - Fentanyl test strips: Inventory has been depleted, and the team is seeking out new sources for free test strips.
  - Emergency Contraceptives: Plan B is being distributed in all sites except Davis, alternate fulfillment option for Davis in the works, the Plan B will be replaced with Julie brand in February.
  - NEW Naloxone: Is due to arrive in the later part of February

 The team is actively completing donation requests and purchase info for Pregnancy Tests, Socks, Hand Sanitizer and Oral Rehydration Salts (ORS). Any community partners with items on our stock list that they would like to donate, or with leads to sources of free or low cost items, please email Kellymarie Chen at Kellymarie.chen@yolocounty.org.

**Resource Distributions:** The team distributed COVID test kits to HHSA Behavioral Health, Winters City Hall, and Davis Library.

**Community Support:** CDPH featured a presentation Best Practices for building Public Health and School Partnerships and featured our Healthy Schools Collaborative as an example!

The team continued to reach out to long-term care facilities to offer n95 respirator fit test training, trained Riverbend Skilled Nursing, and are scheduling training for (4) additional sites in February and March.

**Sexually Transmitted Infections:** The Syphilis Task Force meets every other month, and its purpose is to coordinate syphilis response efforts across various healthcare partners and social service providers. Persons/organizations interested in joining the Task Force may contact HHSA.PrimaryPrevention@yolocounty.org to get connected.

Don't Think Know, the free Gonorrhea and Chlamydia testing program for young women 12- 24 sunset in January. It has been replaced by <u>Take Me Home</u> (<a href="https://takemehome.org">https://takemehome.org</a>) which expanded eligibility to all residents/genders 14 and older and includes at home STI (Chlamydia, Gonorrhea, Syphilis, and Hepatitis C) and HIV testing options.

This month Yolo County received 73 new chlamydia reports (either lab reports or provider-submitted confidential morbidity reports), 11 new gonorrhea reports, and 24 new syphilis reports. Communicable Disease Investigators investigated these reports to determine if cases are new (ruling out previously reported cases, out of jurisdiction, and unconfirmed), and determine if reports meet case definitions.

**Tuberculosis:** Yolo County received less than eleven reports of suspect TB in December. The TB Public Health Nurse, in cooperation with the Health Officer and Sacramento County, continue to manage active cases reported in previous months. The Yolo County team continues to partner with the UC Davis campus on the contact investigation taking place there. Internally, the team is cross-training Communicable Disease Staff and another staff Public Health Nurse on TB control activities, clarifying and documenting processes, and updating procedures so that the TB workload can be more evenly distributed across the team.

**Outbreaks:** Communicable Disease Investigators monitored new and ongoing outbreaks of COVID-19 and influenza in long-term care facilities. Team members also began reviewing facility's outbreak plans to review their resident vaccination plans, as part of our grant to provide infection prevention technical assistance to long-term care facilities.

**Other reportable communicable diseases:** Excluding cases of COVID-19 and STIs, Yolo County received eLRs or CMRs for the following diseases in December:

- Less than 11 carbapenemase-producing organism
- Less than 11 coccidioidomycosis
- Less than 11 dengue virus infection
- 16 Enteric diseases (Campylobacteriosis, cryptosporidiosis, Giardiasis, Salmonellosis, Shigellosis)
- Less than 11 Haemophilus influenzae (invasive)
- Less than 11 hepatitis A
- Less than 11 acute hepatitis B
- 60 chronic hepatitis B and C
- Less than 11 meningitis bacterial
- o Less than 11 Q Fever
- Less than 11 West Nile Virus
- Staff review case reports and determine if cases are new (ruling out previously reported cases, out of jurisdiction, and unconfirmed), and determine if reports meet case definitions.
   When case definition is met, investigators verify treatment, and interview cases and their contacts as appropriate. In addition to new reports, CD staff carry a case load of previously reported cases that require ongoing investigation to ensure appropriate treatment.

#### **Health Education**

#### **Tobacco Prevention**

• Progress towards reducing exposure to secondhand smoke, the Tobacco Prevention team focused efforts on gaining community support. Staff made two presentations to community groups in December. The groups included the Washington Unified School District's District English Learner Advisory Committee (DELAC) and the Winters Kiwanis Club. Both presentations focused on policies designed to reduce secondhand smoke in outdoor areas and in housing complexes. We are happy to report that both committees expressed interest and support for the initiatives and agreed to draft letters of support. This encouraging response marks a significant step forward in garnering community support to be sent to local city councils. We look forward to building on this momentum and extending our reach to further increase public awareness and support.

#### Traffic Safety - Child Passenger Safety and Bicycle/Pedestrian Safety Programs

- Submitted the 24/25 grant applications to continue the two traffic safety programs.
- The Bike/Ped program is now recruiting for two new limited- term positions. The positions include a Community Health Assistant and an Outreach Specialist. Applications for these positions are posted on the County website.
- After a lot of hard work, Gabi Palomares was approved to become a Child Passenger Safety Instructor. This means Gabi can now teach certification classes, approve certification applications and have a cool new title.
- The program collected, dismantled, and recycled 50 car seats. Taking old seats out of circulation is not only good for the environment, but it also prevents the use of unsafe seats.

# Diversity, Equity, Inclusion, and Belonging (DEIB)

- Continued preparation for Girl's Empowerment Conference in collaboration with Riverbank Middle School in West Sacramento, scheduled for February 13th, 2024
- DEI Coordinator spoke at the City of Davis Martin Luther King, Jr. celebration, 1/15/24
- Presented at the "Building Trust through Transparency" workshop in collaboration with the District Attorney's office and Resilient Yolo, 1/16/24
- Began Affinity Group rollout and introduction to restorative justice mediation in team meetings and process
- DEI provided EQRO response on CC/DEI initiatives and follow-up on Hispanic/LatinX activities 1/23 and 1/29 and 1/30
- West Sacramento Measures for Justice/Community Advisory Board Retreat
- DEIB Hotwash leadership/staff session to debrief and determine next steps in DEIB programming with Gail Kennedy
- Provided Ethnic Services Manager response to CA Behavioral Health Directors Association response regarding CC activities that could possibly be affected by Prop 1.

#### Administration

- PHAB Reaccreditation
- Epidemiology and Data Unit:
  - Data/analytics requests:
    - Provided health indicator, mortality and disparity data on Davis and the Capay Valley for the opening of the Capay Valley Health and Community Center.
    - Provided health indicator and mortality data on West Sacramento for Supervisor Villegas.
    - Provided Dr. Sisson with updated overdose death statistics.
    - Provided Dr. Sisson with updated Valley Fever numbers.
    - Presented penicillin, doxycycline and ceftriaxone treatment data to the Syphilis Task Force.
    - Completed the MCAH 2023 Annual Review for MCAH advisory board retreat.
    - Completed and deployed an inventory tracker for the Primary Prevention team
    - Began identifying key kindergarten readiness indicators for Rebecca and Kanat.
    - Routine reports:
      - Submitted the monthly COVID flash report and quarterly LTCF outbreak report.
      - Supported Immunization Team with their fall flu/COVID clinics and weekly report on vaccines administered and population served.
    - Support for Infectious Disease Control programs:
      - Continuing to support LTCF outbreak teams with outbreak tracking and report generation for COVID and influenza outbreaks.

- Medical records supported CD and LTCF teams by processing 274 faxed reports and submitting 53 medical record requests.
- Coordinating with the UC Davis Cocci lab to troubleshoot CalREDIE ELR reporting issues for Valley Fever labs, improve their collection of necessary reporting items, and eliminate incorrect reporting of non-human lab results as human cases.
- Continued to assist CD and CDPH with case investigation of an invasive amoeba.
- Continued to assist with a very large TB contact investigation, including questionnaire administration, coordinating data sharing, and data analytics.

#### Other ongoing projects:

- Geocoded residences, places of injury and places of death for 2022 and 2023 death certificates.
- Continued maintenance of the integrity of state CAIR and CaIREDIE databases with 112 CaIREDIE master patient index merges and 130 CAIR account merges.
- Completed reviewing and cleaning up 358 CalREDIE records with bad address data.
- Completed reviewing 474 bad addresses for patients in state CAIR database.
- Assessing differences between various population data files to determine best source of data to use for Yolo County.

#### Other news:

 Maintenance of CAIR database resulted in Yolo County having the third lowest change in vaccine doses when CDPH deployed a new master patient identification algorithm. Only Alpine and Modoc were better than us!

# **Upcoming HHSA Meetings & Events**

DATE	TIME	EVENT
February 8	9:00 AM	Health Council
February 21	8:30 AM	MCAH Advisory Board
February 7	6:00 PM	Local Mental Health Board





# Yolo County wants to hear from you!

# Округ Йоло хочет услышать вас!

# **Community Member Survey**

Please scan the QR code to take the survey.



Help us identify mental health issues and barriers to accessing services!



http://tinyurl.com/2tv7zj55



# Опрос Членов Сообщества

Пожалуйста, отсканируйте QRкод, чтобы принять участие в опросе.



Помогите нам выявить проблемы психического здоровья и препятствия в доступе к услугам!



Thank you for your time, your input will help inform and improve mental health programming and policies!

Спасибо, что уделили нам время, ваш вклад поможет разработать и улучшить программы и меры, направленные на охрану психического здоровья!







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# ¡El Condado de Yolo quiere escucharlo a usted!

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Please scan the OR code to take the survey.



Help us identify mental health issues and barriers to accessing services!



http://tinyurl.com/2tv7zj55



Encuesta de los Miembros de la Comunidad

Escanee el Código QR para contestar la encuesta



Ayúdenos a identificar problemas y obstáculos que se encuentran para obtener servicios de salud mental



Thank you for your time, your input will help inform and improve mental health programming and policies!

> ¡Gracias por su tiempo, su aporte nos ayudara a informar y mejorar los programas y pólizas de salud mental!

