

Yolo County MCAH Advisory Board Retreat

January 17, 2024

Minutes

SUZANNE EIDSON-TON, CHAIR
CAROLYN CAMPOS, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET
WOODLAND, CA 95695

The Yolo County MCAH Advisory Board met on the 17th Day of January 2024 in the Community room at the Gonzales Building at 25 N. Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Linda Copeland, Category E; Suzanne Eidson-Ton, MD, Category B; Ahna Suleiman, Category B; Samantha Sime, Category E

VOTING MEMBERS ABSENT: Cherrie Blair, Category A; Carolyn Campos, RN, Category B; Melina Ortigas, Category D; Katherine Eastham, MD, Category B

STAFF & GUESTS PRESENT: Gaby Perez, HHS; Lauren Ayres, Weston A. Price Foundation; Dr. Leon Schimmel, Community Member; Cathy McGovern, CCHC; Tyra Fulcher, HHS; Laura Munoz, HHS; Monique Preciado, 211 Yolo; Shelby McGriff-Borden, HHS; Katya Lopez, HHS; Sandeep Shahi, HHS; Becky Honig, YCCA; Julian Lopez, HHS; Brian Vaughn, HHS

8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Suzanne Eidson-Ton, MD-Chair*
The January 17, 2024, MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was not met.
2. **CONSIDER APPROVAL OF AGENDA** – *Suzanne Eidson-Ton, MD-Chair*
Quorum was not met.
3. **APPROVE THE NOVEMBER 15, 2024, MINUTES** – *Suzanne Eidson-Ton, MD-Chair*
Quorum was not met.
4. **PUBLIC HEALTH BRANCH REPORT**
 - **Brian Vaughn:**
 - **Budget:** MCAH/Public Health has gone through without major changes. That is not the same for Mental/Behavioral health. We are trying to spend every dollar that was received from the state, post COVID. This money will be swept. Currently working on next years budget. There is no growth projected for next year. We still have COVID funding that is sustaining some staff. Because it is federal funding, this money can be carried over.
 - **Managed Care:** Working with Managed Care Providers through CalAIM. As part of CalAIM, we are required to come to an agreement on a population-based outcome that we will work on together with our managed care plans. This will be done with Kaiser and Partnership Health Plan. DHCS is requiring Managed Care Providers to be part of our Community Health Assessment.
 - **CHIP:** Part A of the CHIP (Community Health Improvement Plan) has been published on the Healthy Yolo website. This is the first half of the CHIP.

DISCUSSION

5. **MCAH ADVISORY BOARD 2024** – *Brian Vaughn, Director Public Health Branch*
 - **Brian Vaughn:**
 - The roll of the MCAH Advisory Board is to advise the Board of Supervisors, Brian, and Shelby on all things MCAH. Annually, a presentation should be given to the Board of Supervisors.
 - How can we make this meeting useful for those that would like to come to the meeting and be a part of it?
 - Counties are no longer required to have an MCAH Advisory Board.
 - There was discussion pre-COVID on whether there should be a tighter connection with Health Council.
 - We would like to solicit ideas on how this meeting can be better served and how to increase participation.
 - We will revisit the Bylaws; this will be a good opportunity as to where we want to go as an Advisory Board and informing them of what their role is within the Advisory Board.

- One thing that has worked well that is different from Health Council, is that every meeting is a different topic. The MCAH Advisory Board takes a deep dive on one topic.
- There is the opportunity to pick one or two areas and dive in deep, gather information and make a recommendation to the Board.
- **Linda Copeland:**
 - The meetings have gone smoothly.
 - Has learned a lot of about my community. Impressed with everyone.
 - Would like to see more of the business and education community involvement.
 - As the MCAH Liaison to the Health Council, it would be helpful to provide the feedback that is presented at the Health Council meeting.
- **Dr. Schimmel:**
 - The data that has been presented in the past has been very valuable. The data was helpful determining what we should focus on and what to recommend to the Board of Supervisors.
 - Would like to see more representation from Educators and Early Childhood Educators, 0-5.
 - Would ask that as people join, they bring gaps that their agencies are facing. This information is helpful for how we develop our advice.
- **Cathy McGovern:**
 - It was hard to attend consistently. Was able to take back to job information on CPSP and the changes with CPSP. Sometimes it was difficult to provide feedback, as new people join explaining to people what the goal of the Advisory Board.
- **Suzanne Eidson-Ton:**
 - It strengthens our community connections and the connection of agencies with each other. This is a good thing, even if it is not the primary purpose.
- **Ahna Sulieman:**
 - Pre-Pandemic, it felt like we were focused on action and the recommendations were actionable. We saw the YOBI project materials. Refocusing on those types of recommendations might be helpful on getting people here. Everyone has been re-engaging after COVID. Agencies should also bring their strengths.
- **Lauren Ayers:**
 - It would be nice to have participation from Alternative Medicine.

6. MCAH PRIORITIZATIONS – *Suzanne Eidson-Ton, Chair*

- Poverty continues to be a significant driver of poor outcomes for families and children in Yolo County. We recommend continuing to support poverty prevention and alleviation programs, such as the YOBI project.
- Mental health has become increasingly impacted for families and adolescents throughout the COVID pandemic and beyond. We recommend supporting increased access to mental health services to adolescents and their families, as well as continued support for programs that address peri-partum mental health.
- Childcare and early education services for children in the first 5 years of life is foundational for establishing healthy and stable families and future citizens of the County. We support continuing to expand affordable quality childcare and early education opportunities for young children.
- Finally, we have noted that inter-agency referrals and coordination of services is quite a challenge in effectively serving our population. We recommend that the County provide support to enhance and expand 211 as to enable both client self-referrals to needed services, as well as inter-agency referrals for existing clients.

7. MCAH TITLE V NEEDS ASSESSMENT – *Shelby McGriff-Borden, MCAH Director*

- Title V grant provides core funding to California.
- Its focus is to improve the health and well being of mothers, children, and youth, including children and youth with special healthcare needs.
- This grant is federally administered by HRSA and their Maternal, Child, Health Bureau.
- It is authorized under Title V of the 1935 Federal Social Security Grant.
- It was converted to a block grant in 1981.
- The Title V block grant requires the state to conduct a statewide Title V Needs Assessment every 5 years.

- To inform the overall State Needs Assessments CDPH requires all local MCAH programs in the local jurisdictions to conduct a local Health Needs Assessment on the MCAH population.
- Our local Title V Needs Assessment will help create the 5-year Action Plan for the state.
- The Action Plan informs the development of the local health jurisdictions MCAH scope of work.
- The ask for the state is to determine 3 priorities at each level to focus on in maternal health (birthing parents), infants, Children, adolescents, and children with special healthcare needs.
- **Maternal Health/Birthing Parent:**
 - Economic support and housing support: poverty and migrant workforce.
 - Basic needs, food, housing, poverty.
 - Pre and inner-conception health, health and education during pregnancy can be used to address healthy weight before getting.
 - Connecting to well women visits.
 - Mental Health
 - Respectful and culturally competent care.
- **Infant:**
 - Breastfeeding
 - Economic family support
 - Parenting resources: increase collaboration between home visiting programs.
- **Child:**
 - Oral Health
 - Physical activity, weight, and access to healthy school food.
 - Mental Health
 - Economic family supports and school readiness.

ANNOUNCEMENTS

8. MEMBER ANNOUNCEMENTS/SHARING

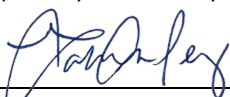
- There were no updates/announcements.

11: 00 A.M. ADJOURNMENT

9. Next Meeting: February 21, 2024

11:00 A.M. ADJOURNMENT

Respectfully submitted by:



Gabby Perez, Secretary
Yolo County MCAH Advisory Board