

Local Mental Health Board Meeting

Monday, February 7th, 2023

In Person with Hybrid Option for Public

Members Present: Dee Olivarez, Sue Jones, Chris Bulkeley, Sara Gaines, Christy Correa, Jonathan Raven, John Archuleta, Joe Galvan, Maria Simas, Robin Rainwater, Kimberly Myra Mitchell, Margaret "Meg" Blankinship, Brad Anderson

Members Absent: Nicki King

CALL TO ORDER

Welcome and Introductions: Meeting called to order at 6:01 pm by Jonathan Raven

Public Comment: None

Approval of Agenda: motion to approve Robin Rainwater, 2nd Sue Jones

Yea "I"	Nay	Abstention
13	0	0

Motion: Passes change to the meeting location, WSPD Community Room 500 Jefferson

Approval of Meeting Minutes from January 8th, 2023: motion to approve Chris Bulkeley, 2nd Joe Galvan

Yea "I"	Nay	Abstention
8	0	1-Robin Rainwater

Motion: Approved with change to "Correspondence" *to read Letter from Linda Wight included with agenda packet for tonight*

Chair Report: Introduction to new Board Members

Meg Blankinship: Shared personal experience and passion for Mental Health Services. Has long career in health care and sees the impact in Emergency rooms and Health Care.

Kimberly Mitchell: Primary experience as a consumer and peer perspective. Familiar with Crisis Mental Health System locally. Has worked as EMT and Wildland Firefighter.

Bylaws Review: We may want to have further discussion and decide whether to change some things around standing committees. Chris says that even though he has worked on this since the summer he recommends we reword some things around the standing committees. Joe Galvan sees the benefits around the flexibility of an ad hoc committee. Meg states she is not clear on how we get the work done and what is the work that needs to be done. Dee wants to step back and understand from the start how do we as a collective board initiate the action. Theresa suggested considering how you would onboard new board member. Theresa states, once a year the board would take some time to evaluate what are the top two or three areas that people really want to consider. It could be things that come up through

the year that the board finds important. If the Board of Supervisors has an area they are really interested in, they could make recommendations.

Theresa adds keep in mind if Proposition 1 passes you may have to rewrite the Bylaws.

Christy Correa-We have been meeting as a standing committee since the summer. Because of these meetings, the board will be doing site visits.

Sue Jones-Standing committees are for deliberation because they must be open to the public; ad hoc is more for getting something done. Coordination done by ad hoc committees. We don't need to put too many specifics in the bylaws. We want to have some flexibility.

Robin Rainwater-A good ad hoc committee could be to do a strategic plan for the board. We don't have one, and we all really need one. Program Committee may be running strong now but, in a year, or two that may change. Robin feels strongly we may want ad hoc for strategic planning to help the board with direction; to identify three topics and/or three goals.

Theresa Comstock-There might be an ad hoc or prompts but the whole board would be involved with the planning, and there would be public input. She provided the example of brainstorming, writing ideas down, and circling the top three.

Will add future agenda item for strategic planning discussion and give advance notice for community members to discuss.

Bylaw Approval: No motion on Bylaws at this time, will be tabled until future meeting.

Standing Sub-Committees

Budget Finance-Chair: Joe Galvan, Members: Christy Correa, Nicki King, Maria Simas

- **Joe Galvan, Chair**- None

Communications and Education-Chair: Dee Olivarez, Members: Maria Simas, Christy Correa

- **Dee Olivarez, Chair**-None

Program Committee-Chair: Christy Correa, Members: Brad Anderson, Dee Olivarez

- **Christy Correa Program Chair**-Sara Gaines appointed by Jonathan Raven. Report given by Sara Gaines. Developed a site visit guide for Yolo County. We have been reviewing in meeting. What we need from the board is to look through and discuss. The committee would like input on changes before trying to schedule some site visits. Send input or feedback to Christina by February 21st and she will forward to Sara. Would like to bring back a revised copy and actual report and finalized list so we can vote on in March meeting. Suggest we add a client interview to the form. Current form focuses on staff and directors. The site has a confidential form (Karleen will evaluate what anonymous means). Templates come from other county examples and have been developed to

work for Yolo. San Francisco is the only county where they do site visits where they interview. Doesn't believe it works that well for other members, but my recommendation is to go with observation report.

- **Meg Blankinship**-If County hasn't done site visits in a while, we want to make sure it comes across as more collaborative as opposed to adversarial. Observers are getting everything they are asking for and staff being observed aren't concerned about why they are being observed and where the information is going. It's good to have the BH director review the report to be sure it's ready before it becomes a public document. Your role is to look for information that could help you advise.
- **Maria Simas** – We need to make sure we understand any HIPAA issues regarding doing client interviews while they are in a care facility. Karleen was going to check and see if they had guidelines.

Member Announcement: None

Correspondence: None

Time Set Agenda: Welcome Theresa Comstock from CALBHB/C-Training

- **Dee Olivarez**-How often should standing committees be meeting? Theresa hasn't seen Standing Committee be functional. She recommends, look at subject matter, could it be short term with a goal or objective that could be met and then that meeting could end?
- **Chris Bulkeley**-Do most boards do annual report and is that with a standing or ad hoc committee? Theresa recommends ad hoc or executive committee review.
- **Joe Galvan**-In your experience, that flexibility lends itself to more robust discussion and a quicker solution. Theresa: Exactly, small group can be a good tool.
- **Meg Blankinship**-Question about jurisdiction from last slide: How do boards handle placements out of county? Should we do site visits out of county? Theresa: In practice, boards will usually go outside their county if services for their county are being provided in those locations.
- **Sue Jones**-For site visits, do you have tips or pitfalls that we should be thinking about? Theresa: I would choose sites where board is unbiased. It should be less than a quorum. Information provided in best practice information shared with the board.
- **Theresa**-Performance outcome data looks like it could use some updating, but there was some information available. These are pulled from reports that you guys have.

Karleen Jakowski-Increased support from agency is required to help with coordination with getting data and contracts. Brittany Petersen previously held the liaison role in the past. She has a lot of skill and expertise in analytical skills. She will provide additional administrative support. We are still working out some of the logistics and how we will work out contacts.

Jonathan Raven-Has worked quite extensively with Brittany, and she will be a good addition.

Consent Agenda:

Mental Health Director's Report-Karleen Jakowski, Mental Health Director

Continuum of Care-Slow going with quantity of after-hours calls. We have a lot of daytime calls, and we strengthened our staff to meet the two-person staff requirement. We requested data, which we will review and share with the board in next report. The first few after-hours calls didn't go perfectly, so we have some kinks to work out. We did have some successes and positive outcomes. Kinks noticed were with 24-hour crisis line. Heritage Oaks struggled with routing calls appropriately and placed calls on hold for extended times or they gave incorrect information. We have selected a new 24-hour crisis line provider through the RFP process. We are going to work out as many kinks as possible before we transition to the new provider.

AMR is deployed by the crisis line after hours, and we are working on having licensed MH professionals also go out in person, but we are working out the safety issues. AMR has received specialized training to respond to crisis calls. It's not ideal to partner, because it's very expensive.

Jonathan Raven-On co-responders, this is the first time we are fully staffed. Our co-responders were going out and covering outside their jurisdictions. On CIT, prior to last year, there were some concerns with training but feels we have made a lot of progress.

Samantha Fusselman-States they are in the process of hiring a new staff to coordinate all the training. Anticipating doing one 40-hour training before end of June. They are getting requests for even more, and now UC Davis is requesting additional training. They anticipate hopefully offering more when they have an outreach specialist.

Karleen Jakowski-We have one supervising crisis clinician coordinating all the training. We have budgeted to hire one extra staff to assist with strengthening the material and coordinating the training.

Christy Correa-Within the three local law enforcement departments, there are over 300 officers, so that's a lot of training to coordinate.

In the past month, we have been working with UC Davis, and there is more opportunity for us to increase our partnership. We have had positive discussions around crisis.

Kimberly Mitchell-Has been a disconnect in crisis on campus. When a student is in crisis in the community, the agencies don't interface with each other and there is no overlap in communication.

Jonathan Raven-Steady progress on outcome measures for MHS funded programs.

Karleen Jakowski-Confirmed dates for West Sacramento, Esparto, and Davis for Community Listening Sessions. Great partnership with county supervisors and staff, week of Feb 26th.

Karleen Jakowski-Did not want to put out an RFP until we knew what we wanted in a provider. Seemed like cart before the horse to develop outcome measures. Would like to see where we are in March. Internal teams have been working diligently to see that our data is being collected. Karleen will follow up with Tony and Samantha for data. That's been our focus internally.

Robin Rainwater-On EQRO, will there be a full presentation? Robin would like to see performance improvement measures.

Karleen Jakowski-We usually just provide feedback, and we won't have report for a couple of months. If board wants a presentation, we can work on that. Samantha Fusselman was previous executive director for BHC. She can come and share somewhere around June meeting.

Survey to close this Friday the 9th. We are getting feedback in several ways. Has been distributed widely. It went to key stakeholders and community listening session.

Senate Bill 43 End Care-

Robin Rainwater-Would like updates.

Karleen Jakowski-Just getting our feet under us. Combined into one update because there is a lot of overlap. We will likely have two work groups. Our intention is to convene a local collaborative with all partners who need to have a seat. We're looking to see some of the statewide work to help plan out what that will look like. Samantha Fusselman will participate on the state side, Public Guardian will participate on that side with CBHDA (California Behavioral Health Directors Association). We also know counties are moving at different paces. There are a very small number of counties already participating and they are already having some challenges. We will learn from the counties who implemented right away. Karleen included some things that need to be developed before we can implement 43. There are zero dollars connected. Biggest gap is in Public Guardian office. Our staff is carrying much higher caseloads. We will offer presentation at the next meeting on PG. There are impacts to Behavioral Health as well, and then there is a whole other piece on where to place people. That doesn't exist right now at all. There are some housing dollars, but they need to build.

Sue Jones-It's an incredibly complicated program that involves civil rights issues. Even though you're doing everything you can to make sure nothing goes wrong, something will still go wrong. In the back end, will you have enough staff available to investigate the complaints on civil rights violations. Tony: We have an investigator assigned from County Counsel, but it's not full time. HHS is continuing to work on getting a full-time position funded. So, complaints can be routed to the investigator, who acts as an independent third party. In next budget cycle, it remains to be seen whether that position will be funded for full time. It was denied last year. If the position can't be funded, we will continue with this ad hoc role to get the coverage. Previously complaints came to us, we would handle them internally, and there was some question as to whether investigations were being done. So, this provides us a third party to respond outside of our staffing.

Chris Bulkeley-County opted to wait until 2026. Are we applying that definition just to mental illness or the other ailments as well under gravely disabled? Karleen: In terms of when we implement, we selected 2026, but there's nothing to prevent us from implementing sooner if we're ready. To be determined.

Karleen Jakowski-It was entirely unrealistic that any county could stand this up in 11 weeks. The MH directors are spending more than 50% of their time writing policy and procedure to keep up. We want to do right by our community and our residents. We are putting our all into it, and we are committed to keep LMHB and BOS apprised of our progress. We have right intentions and understand the frustrations. But it's Karleen's job as MH Director and Public Guardian to do it right.

Sue Jones-So right now "gravely disabled" is legally defined differently depending on the county you are in and whether they've implemented the law yet? Karleen: Yes.

Kimberly Mitchell-What does implementation look like? Karleen: Nothing has happened yet. For us, we must start with criteria and a training around definitions. Work around having appropriate facilities is

more than just us. Lots of work must be done at the state level. Some don't exist period across the state. We will need more board and cares.

Board Comment on Mental Health Directors report:

Public Comment on Mental Health Directors Report:

Linda Wight-Shout out to PG and services they provide and toss out a thought on people already identified as needing guardianship. As people are ready to step down, I hope there are some definitions in place. When people lose the ability to engage in caring for themselves, they have rights too.

Regular Agenda

Board of Supervisors Report: Iulia Bodeanu, Deputy to Supervisor Villegas, was present to represent the BOS. She notes we are happy to partner with getting the MHSA information out. No other report.

Criminal Justice Update-The Department of State Hospitals (DSH) has been funding the DSH program through a grant. DSH is now offering to permanently fund the program. We are moving forward with that as a county. This program allows for those found incompetent to stand trial to be treated in the community, rather than being treated in a locked facility (e.g., the jail or a state hospital). It's also a diversion program, so successful participants will not end up with a criminal conviction. Our Prop 47 grant is operational, and we are getting referrals now, so we are hoping to have people engaged in the program by next month.

Public Comment on Agenda Items: None

Future Meeting Planning and Adjournment:

Next Meeting: Wednesday, March 6, West Sacramento Police Department.

Adjourned: 8:02pm