

Yolo County Health Council

February 8, 2024

Minutes

ANTHONY VOLKAR, CHAIR
XIMENA DIEZ-JACKSON, CO-VICE CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING, COMMUNITY ROOM

25 NORTH COTTONWOOD STREET

WOODLAND, CA 95695

Yolo County Health Council

Minutes – February 8, 2024

The Yolo County Health Council met on the 8th Day of February 2024 at 9:00 a.m. in-person in the Gonzalez Building, Community Room, 25 North Cottonwood Street, Woodland, CA 95695.

VOTING MEMBERS PRESENT: Anthony Volkar, District 1; Ximena Diez-Jackson, District 2; Leon Schimmel, District 4; Valerie Olson, District 5; Michelle Famula, At-Large Member; Dawn Myers, Commission on Aging & Adult Services; Sherri Olswang, Woodland Healthcare; Lori Duisenberg, First 5 Yolo; Linda Copeland, MCAH Advisory Board; Jeneba Lahai, Yolo County Children's Alliance; Erika Roshanravan, CommuniCare Health Centers and OLE Health; Kathryn Power, Partnership HealthPlan of California; Margaret Trout, UC Davis

VOTING MEMBERS ABSENT: Carri Ziegler, District 3; Nicki King, Local Mental Health Board; Serena Durand, Local Mental Health Board; Ozmar Aburto, CommuniCare Health Centers and OLE Health; Tatyana Bak, Elica Health Centers; Ajay Saini, Elica Health Centers; Mark Ho, Kaiser Permanente; Stacy Berrong, Northern Valley Indian Health; Chester Austin, Northern Valley Indian Health; Brenda Wright, Northern Valley Indian Health; Deven Merchant, Sutter Health; Craig Blomberg, Sutter Health; Stacey McCall, Winters Healthcare; Chris Kelsch, Winters Healthcare; Dale Steakley, Woodland Healthcare

STAFF & GUESTS PRESENT: Deputy Supervisor Sheila Allen, District 4; Samar Lichtenstein, HHSA Program Coordinator; Shelby McGriff, HHSA Program Manager; Rebecca Tryon, HHSA Program Manager; Kanat Tibet, HHSA Program Coordinator; Mary Ann Limbos, HHSA; Dr. Aimee Sisson, HHSA Health Officer; Helen Ng, HHSA Deputy Director; Nilufar Ceyhan, HHSA

9:00 A.M. CALL TO ORDER

The February 8th, 2024, Health Council meeting was called to order at 9:01 a.m. by Anthony Volkar, Health Council Chair.

1. **WELCOME** – *Anthony Volkar, Chair*
2. **ROLL CALL** – *Nilufar Ceyhan, Secretary*
A roll call for voting members was taken, and the quorum was confirmed.
3. **VOTE ON APPROVAL OF AGENDA AND THE JANUARY 11TH, 2024 MINUTES** – *Anthony Volkar, Chair*
Motion: Linda Copeland **Second:** Erika Roshanravan **Discussion:** None **Agenda Vote:** Passed Unanimously
Minutes Vote: 12 Yes, 0 No, 1 abstention: Jeneba Lahai
4. **STATE AND COUNTY UPDATE** – *Mark Bryan, Deputy Chief Administrative Officer*
 - Item not available as Mark Bryan couldn't attend.
5. **BOARD OF SUPERVISORS UPDATE** – *Deputy Supervisor Sheila Allen, District 4*
 - The Board of Supervisors had the second strategic planning session. The results will be shared in a public document.
 - There are still concerns and uncertainties about “one-time funding” coming from the state budget for certain incentives.
 - A decision was made about the new location for the Adult Day Health program, the process is in the contracting stage.
 - Work has started for the newly formed Aging Ad-hoc Committee. Two of the supervisors are working with the staff to better understand the need for services.
 - Yolo County has given a grant to Galileo place in Davis, to provide affordable adult day care services. They are looking into improving transportation assistance.
6. **HEALTH OFFICER UPDATE** – *Dr. Aimee Sisson, Health Officer*
 - Summary of the items covered in the presentation: Health Officer Update

- Wastewater levels of SARS-CoV-2 are Medium and decreasing.
- Hospitalizations for COVID-19 are decreasing in CA.
- RSV activity in Yolo is High and decreasing.
- Flu activity in Yolo is Low.
- It's not too late to vaccinate.
 - We are seeing COVID-19, influenza, and RSV co-circulating this winter
 - We have vaccines available against all 3 major viruses
 - COVID-19: everybody 6 months and older should get an updated vaccine
 - Influenza: everybody 6 months and older should get an annual vaccine
 - RSV: recommended for 60 years and older, pregnant, and infants
 - Getting vaccinated is the best way to protect yourself against the worst outcomes of severe disease, hospitalization, and death
 - The best time to get vaccinated is NOW (if not already vaccinated)
 - You can get all 3 vaccines at the same time
- Vaccine uptake in California is low.
 - 25% of California adults 18+ and 14% of children <18 years old have been vaccinated with the updated 2023-24 COVID-19 vaccine
 - 48% of California adults 18+ and 53% of children <18 years old have been vaccinated with the 2023-24 seasonal influenza vaccine
 - 20% of California adults 60+, 15% of pregnant persons, and 29% of infants <8 months have been vaccinated with an RSV vaccine
- Masking recommended for all in Yolo County.
- CDPH updates isolation guidance for COVID+ persons.
 - General Public: Stay home at least one day until 24h without fever and other symptoms mild and improving. Wear a mask around others for 10d
 - Workers: Stay home at least 24h, until 24h without fever and other symptoms mild and improving. Wear a mask around others for 10d
 - Healthcare workers: Excluded from work until 5d, improving sx, and negative test (or 10d without test). Fit-tested N95 for 10d
- CDPH updates guidance for COVID close contacts.
 - General Public: Test and mask right away if have symptoms.
 - If no symptoms, test if at high risk of severe disease
 - If no symptoms, mask indoors around high-risk persons for 10 days and consider testing within 5d after last exposure and before contact with high-risk persons
 - Workers: Test if symptomatic, at high risk of severe disease, or in contact with high-risk persons
 - If workplace in outbreak, all symptomatic close contacts must test or be excluded; close contacts must also mask for duration of outbreak
 - Employer must offer testing during paid time and at no cost to all close contacts, regardless of outbreak status
 - Healthcare workers: Test 24h after exposure and again on day 3 and day 5. Wear a fit-tested N95 for 5d
- Wellness vending machine update:
 - Machines have COVID-19 tests again!
 - West Sacramento (HHSA), Esparto (Library), and Davis (Library) locations operational
 - Winters City Hall vending machine out of order
 - COVID-19 antigen tests available inside City Hall, at Winters Healthcare, and in HHSA lobby
 - Woodland La Superior vending machine out of order
 - COVID-19 antigen tests available in HHSA lobby

- New STI testing program has launched.
 - Take Me Home replaces Don't Think, Know program
 - Pilot project
 - Free HIV and STI tests sent by mail
 - Available to any Yolo County resident ages 14+
 - <https://takemehome.org/>
- Two recent measles cases in California.
 - Global rise in measles cases due to reduced vaccinations during COVID-19 pandemic
 - Los Angeles County and San Diego County recently announced cases of measles in persons returning from international travel
 - Measles is highly contagious and spreads through the air
 - Measles starts with a fever, cough, conjunctivitis (pink eye), and runny nose, followed by white spots inside the mouth and a rash that begins on the face, along the hairline, and behind the ears and spreads downward
 - **Providers should keep measles in mind when patients have fever and rash, especially after returning from travel. Contact Yolo County Public Health immediately.**
 - CDPH Health Advisory: <https://www.cdph.ca.gov/Programs/OPA/Pages/CAHAN/Fever-and-Rash-Consider-Measles-Traveling-Abroad-Protect-Against-Measles.aspx>

7. PUBLIC HEALTH BRANCH UPDATE – *Dr. Aimee Sisson, Health Officer*

- Public Health Branch report is out.
- The community survey for the MHSA process closes by February 9th midnight.
- Public Health was left intact in the Governor's proposed budget, which will be revised in May. There is around \$200M in funding for local public health departments including Yolo County.
- The contact investigation software program, How-Connect received a one-time funding in last year's budget but there is no funding planned for that program moving forward. Yolo County is advocating for the continuation of this program.
- Public Health goals are being shared with the Board of Supervisors for strategic planning.

8. CHIP UPDATE – *Samar Lichtenstein, HHSA Program Coordinator*

- CHIP development is part of a five-year cycle to assess community health (CHA), create an action plan (CHIP), and implement the plan (Implementation).
- Why does Yolo County Public Health complete this cycle of work?
 - Best practice to identify priority community health issues, develop and implement strategies for action, and establish accountability to ensure measurable health improvement (NACCHO).
 - An opportunity and framework for Public Health to collaborate with partners to tackle complex issues
 - Requirement for PHAB accreditation and reaccreditation.
- 2023 Community Health Assessment (CHA)
 - Released December 2022
 - Developed with hospital partners
 - Based on 100+ data points (qualitative and quantitative)
 - Community survey with 1,500+ respondents
 - Identifies 11 prioritized Significant Health needs
- 2023 Community Health Improvement Plan (CHIP)
 - Phase I released November 2023
 - Developed with ~25 partner agencies
 - Eight community advisors received stipend
 - Upstream approach to address multiple SHNs

- Two Priority Health Areas: Service Environment and Risk Behaviors
- CHIP Implementation
 - Relaunching Healthy Yolo in spring 2024
 - Healthy Yolo will be multi-sector collective impact collaborative
 - Upstream determinants of health
 - Focus on specific population and geography
- Our Values:
 - Equity: committed to initiatives, policies & strategies that address root causes of inequities
 - Innovation: balancing the use of evidence based-practices with the boldness to try something new
 - Community Engagement: integrating community voice across all aspects of our work
 - Collaboration: aligning efforts for greater impact and sustainability
- Launch Focus: West Sacramento
 - Priority Community (CHNA and CHA)
 - Strong complementary programs and partners
 - (WUSD Community Schools, HomeRun, ACH, YCCA, others)
 - Targeted launch with future countywide expansion based on areas of greatest need
- Opportunities for Health Council engagement and leadership:
 - Designate Healthy Council representative(s) to join Healthy Yolo table
 - Provide guidance to Healthy Yolo team during regular Health Council updates
 - Connect Healthy Yolo backbone team with community members and agency partners
 - Promote Healthy Yolo initiatives to Board of Supervisors

9. YOLO GUN VIOLENCE PREVENTION COLLABORATIVE – *Yolo County Supervisor Lucas Frerichs, District 2*

- Gun Violence is a Public Health Crisis
 - In 2023, guns became the leading cause of death of kids and teens in the US;
 - In 2022, 48,117 people died from guns, which is an average of one person every 11 minutes;
 - In 2021, 54% of gun-related deaths in the US suicides, 43% were murders, and 549 were unintentional;
 - In 2021, 82 children under 10 years old died from unintentional gun deaths, the most in a single year in the past two decades;
- Community Training: Gun Violence Restraining Order (GVRO)
 - Free Gun Violence Prevention Tool Training
 - Wednesday, February 28, 2024, 11:30am-1:30pm
 - Davis Community Church, Fellowship Hall 412 C Street, Davis
- Looking Ahead
 - Raising awareness to gun violence prevention efforts
 - Connecting interested participants to collaborate
 - Facilitate additional Gun Violence Prevention trainings for the community, such as safe firearm storage (Be SMART)

10. RESPONSES TO HEALTH COUNCIL PRIORITIES SURVEY – *Anthony Volkar, Chair*

- Item skipped and to be discussed in the next meeting.

11. ITEMS FOR FUTURE COUNCIL MEETINGS – *Anthony Volkar, Chair*

- Jeneba Lahai: Family Resource Centers

12. REPRESENTATIVE REPORT OUT & ANNOUNCEMENTS

- Michelle Famula: League of Women Voters Davis and Woodland units sponsored two different forums on Proposition 1. The recordings can be found on their website.
- Jeneba Lahai: Volunteer Income Tax Assistance (VITA) provides free tax preparation services for families who make less than \$66,000 a year.

13. PUBLIC COMMENT

- No public comments were made.

ADJOURNMENT

1. NEXT MEETING – March 14, 2024, at 9:00 a.m.

The meeting was adjourned at 11:00 a.m.

Respectfully submitted by:

Nilufar Ceyhan

Nilufar Ceyhan, Secretary
Yolo County Health Council