

Yolo County MCAH Advisory Board

February 21, 2024

Minutes

SUZANNE EIDSON-TON, CHAIR
CAROLYN CAMPOS, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

BAUER BUILDING
137 NORTH COTTONWOOD STREET
WOODLAND, CA 95695

The Yolo County MCAH Advisory Board met on the 21st Day of February 2024 in the Williams room at the Bauer Building at 137 N. Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Linda Copeland, Category E; Suzanne Eidson-Ton, MD, Category B; Ahna Suleiman, Category B; Melina Ortigas, Category D

VOTING MEMBERS ABSENT: Cherrie Blair, Category A; Carolyn Campos, RN, Category B; Katherine Eastham, MD, Category B; Samantha Sime, Category E

STAFF & GUESTS PRESENT: Gaby Perez, HHSa; Lauren Ayres, Weston A. Price Foundation; Dr. Leon Schimmel, Community Member; Cathy McGovern, CCHC; Laura Munoz, HHSa; Monique Preciado, 211 Yolo; Shelby McGriff-Borden, HHSa; Katya Lopez, HHSa; Jaime Ordonez, HHSa; Becky Honig, YCCA; Julian Lopez, HHSa; Katya Lopez-Arreola, HHSa; Martha Michel, CCHC; Raquel Aguilar, HHSa

8:30 A.M. CALL TO ORDER

- 1. **WELCOME AND INTRODUCTIONS – Suzanne Eidson-Ton, MD-Chair**
The February 21, 2024, MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was not met.
- 2. **CONSIDER APPROVAL OF AGENDA – Suzanne Eidson-Ton, MD-Chair**
Quorum was not met.
- 3. **APPROVE THE SEPTEMBER 20, 2023, NOVEMBER 15, 2023, & JANUARY 17, 2024, MINUTES – Suzanne Eidson-Ton, MD-Chair**
Quorum was not met.
- 4. **PUBLIC HEALTH BRANCH REPORT**
 - **Raquel Aguilar:**
 - Our Health Officer is recommending that we continue to mask.
 - We are continuing to reinforce vaccines for both the flu and COVID-19.
 - There are vending machines in different areas around the county, for the community to receive free COVID-29 test.
 - **Shelby McGriff:**
 - We don't have any budget information for Public Health. We are expecting that it will stay flat, Which means no increase or reduction.

DISCUSSION

- 5. **FINALIZE 3 PRIORITIES FOR MCAH TITLE V NEEDS ASSESSMENT:**
 - **Shelby McGriff:**
 - In January we went over data and gaps found in Yolo County affecting Maternal, Child, and Adolescent Health population.
 - The Title V block grant provides core funding to California to improve the health wellbeing of mothers/birthing parents, children, youth, and children with special healthcare needs.
 - This is a federally administered grant from HRSA.
 - HRSA requires that the state conducts a five-year needs assessment to receive that funding.
 - In turn the state asks each county to conduct a local needs assessment.
 - Last month we selected some priorities, we are not guaranteeing that these priorities we selected will be part of our needs assessment, but we will take it into the overall discussion of what our county needs.
 - **Adolescent:**
 - Absenteeism- post-COVID

- Mental health and family/community (connection)
- Economic family support
- Respectful and culturally competent care (Trauma Informed Care, Patient autonomy)
- Continued family support and mental health resources post-childhood
- Justice, equity, inclusion
- **Shelby McGriff:**
 - Respectful cultural care for birth parents.
 - Community and social connectedness, not everyone will have a family they can connect with but might have a teacher or coach they can connect with.
- **Ahna Sulieman:**
 - There is a lot of school refusal happening which is tied to mental health.
 - This includes suicide prevention, social emotional health, and relationship violence.
 - Even families with a lot of resources and extensive family support are still struggling to get their kids to school and have children that are hurting.
 - Counties all over the area are launching mental health programs but can't hire providers.
 - Justy, equity, and inclusion address a lot of disparities in adolescent health outcomes that we see.
 - We have seen improvements in early and unplanned pregnancies in some populations and not others.
 - Young people live in an adulthood is society, their reaction is to push it away and we need to share power with them.
- **Cathy McGovern:**
 - Having economic family support be a consistent request for all the categories, it seems to be the root cause for a lot of the issues that come up throughout the different ages.
- **Suzanne Eidson- Ton:**
 - It is important to include the families in mental health for adolescents.
 - We give so much support for pregnant parents, there is no support for parents during the adolescent age.
- **Melina Ortigas:**
 - Another issue that cuts across everything is empowerment and agency.
 - For youth it is important that they have their voices are heard in matters that have to do with them.
 - With the 0-5 age group the goal is that the parent follows the lead of the child, parents don't feel as though the providers are following the lead of the parent and they feel as though they aren't being heard or respected.
 - Parents need more workshops and opportunities to practice the skills they are learning.
 - We need more places for people to come together and do something, to build bonds, and meet people that are different from them.
 - The DA's office is doing justice measures and transparency portal.
 - They just issued two new mandates, the race blind charge and the algorithm to remove race and ethnicity to have more fair trials. They are doing a lot of work with youth, and it would be great to hear from them.
- **Linda Copeland:**
 - Alarmed at some state meetings with the promotion of youth voice.
 - The teens message was anti-parent, peers can't trust their parents and are better off going to their peers.
 - A few school districts have opted to use grants to increase having mental health counselors on school and developing a fee for service program that would be paid by the managed care plans.
- **CYSHCN – Children & Youth with Special Health Care Needs:**
 - Case management
 - Mental health and respite care
 - Access/available of specialty providers
 - Respectful and culturally competent care
 - Economic family support

- Expanding HV programs for 3-5
- Affordable childcare
- Access to school-based services
- Increase to teach support
- **Linda Copeland:**
 - There is a higher incidents of child abuse for children with special healthcare needs.
 - There is a lack of specialist to care for these children, including Dentist.
 - Managed Care plans cannot require a diagnosis of Autism before starting treatment.
- **Suzanne Eidson-Ton:**
 - There is a challenge with getting them diagnosed and being able to get into the support system that they need.
 - This is another area we need language and cultural competency; they call and there is no one that speaks their language, or they are misdiagnosed because of their language.
- **Melina Ortigas:**
 - AAP has a family center guide to help families walk through the referral process.
 - If the family has a concern about their child’s development, they can call Alta Regional or the Regional Center directly to get services, it is their legal right, they are not supposed to be asked to get a denial from their insurance.
 - There is a lot of miss information on how to access these supports.
 - Schools having more access to quality education centers for children to go while their parents work.
 - Technology support for teachers.
- **Ahna Sulieman:**
 - As part of the evaluation of the YOBI Program, they are hearing stories of families being told to pull their children from kindergarten because they are not ready for kindergarten.
 - This could be due to behavioral problems and not having the resources to support them.
 - The number of families reporting a diagnosis of ADHD and Autism in the YOBI program is probably higher then 64% and they are using the basic income supplement to get this diagnosis.
- **Raquel Aguilar:**
 - There is a need for services that target ages 3-5, we have a lot of programs that focus on ages 0-5.
 - Expanding home visiting programs to target the 3-5 age group.
- **Shelby McGriff:**
 - Economic support, however, it is worded in each domain is a need across all the domains.

ANNOUNCEMENTS

6. MEMBER ANNOUNCEMENTS/SHARING

- **Shelby McGriff:**
 - Due to the Juneteenth Holiday, our meeting in June will be cancelled. Gaby will send out the cancellation email.
- **Lauren Ayres:**
 - Mom’s Across America is an organization that send out food from cafeterias to labs to test for toxins, nutrient levels, veterinary chemicals, and heavy metals. Results were shocking, no kid can be healthy eating this. Hilary Boynton had 4 miscarriages before she was able to have kids. One of her children had enigma and was being prescribed medications that weren’t helping. She investigated nutrition and the results were beneficial for her family. She became a lunch lady at her children’s schools. Everything they ate was organic. Winters has 65% organic produce. Glycosides spread on wheat before it’s harvested, the glycoside is bad for intestinal flora. Please look at the video Hilary has. Avoidance of heavy metal and other chemicals means less allergies and asthma for children that are born. A lot of you are not aware of the potential of nutrition, we do something 3 times day everyday that can have an impact on our lives. Appleton, Wisconsin changed their food 30 years ago at their independent high school. Gus and drug were a big problem on campus. After they changed the food no guns and

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drugs at all on campus. This worked so well it was adapted at other high schools. Their high school drop out rate dropped. This will be a pilot project of organic foods at schools and you will hear more about it.

11: 00 A.M. ADJOURNMENT

7. Next Meeting: March 20, 2024

11:00 A.M. ADJOURNMENT

Respectfully submitted by:



Gaby Perez, Secretary
Yolo County MCAH Advisory Board