

Local Mental Health Board Meeting

Wednesday, April 3rd, 2024

In Person with Hybrid Option for Public

Members Present: Robin Rainwater, Nicki King, Jonathan Raven, Maria Simas, Dee Olivarez, Sara Gaines, Sue Jones, Melanie Klinkamon, John Archuleta, Brad Anderson, Kimberly Mitchell, Chris Bulkeley, Joe Galvan, Meg Blankinship

Members Absent: None

CALL TO ORDER

Welcome and Introductions: Meeting called to order at 6:03 pm by Jonathan Raven

Public Comment:

Christy Correa- Hi everybody. My name is Christy Correa and for those of you that don't know who I am, I used to be on the Local Mental Health Board until recently. Tonight, I am excited to still be engaged and technically still a Yolo County resident as I am transitioning to our new home in San Diego County in the next couple weeks. I have so much to say in only two minutes. So, I'm going to stay present in the moment today, and I feel like we won the lottery. I'm not a legislative analyst. I don't play one on TV either, but I did get the update from the LAO from the state on the MHSA funding for 23/24 and the "true ups" are out, which are the last two fiscal years. So, I'm so excited to see that the counties are going to get basically double what they've gotten in the past. And that's just a very generic way to say that it's a 90% addition from the two years prior true-up numbers. So, this year is super important with all the initiatives that are coming online and the programs and Care Court and all the different things that each county needs to accomplish. I'm just excited because the funding is there somehow, some way. No, it's just MHSA, but it's better to say the true up is 90% greater than that nothing so I'm encouraging everyone to stay optimistic and have open ideas and look for ways to find housing for people and find ways to get those individuals that are incarcerated in the jail still today waiting for an FSP spot, a way to get them into proper housing, to get treatment, and to keep up. And continue all the hard work that's been done over the last couple years. I just feel like this momentum, this extra funding is perfect timing and that it will help catapult Yolo County to where it can be, with great services in place and providing those critical needs to the people that need it the most. So I'm just excited to hear about the numbers, and I hope that the budget committee really looks into it and works with the county budget office and finds a way to work with HHS to get the programs and the funding that we need in a creative way to make all these different initiatives successful. So thanks, guys.

Correspondence: NONE

Approval of Agenda: motion to approve Chris Bulkeley, 2nd Dee Olivarez

Yea "I"	Nay	Abstention
14	0	0

Motion: Approved

Approval of Minutes from February 7, 2024: motion to approve Maria Simas, 2nd Chris Bulkeley

Yea "I"	Nay	Abstention
14	0	

Motion: Approved

Member Announcements:

Maria Simas-received a toolkit from EAP and she shared with Christina but not in time to get it out for today's meeting. It's extensive and over 52 pages. It's a great tool to engage what resources are available to people based on their circumstance. What they have available to them, whether they're in crisis. And so, if nothing else, really helpful and it's great to share and so hopefully Christina will get a chance to share that with everyone.

Chris Bulkeley-encourages everyone to attend [NAMI Walk](#) on Saturday, September 28th, 2024. It will be held at Woodland Community College from 9am-12pm.

Chair Report: Jonathan Raven reported Prop 1 has passed and obviously there are many impacts, but a direct impact on us is the change in the composition of our board, which impacts our Bylaws. We are now required to have one member under twenty-five, as well as one member who is an employee of a local school district. These changes will be effective January 1, 2025. That's a lot better than legislation that was being run through the senate where they were trying to make that a higher percentage, but the feedback was that it would be difficult to do especially in larger counties. So, this makes a lot more sense. The Bylaws were pretty much amended until last meeting, with further discussion pending as to how many standing committees we want to have, so maybe we can finalize that at the next meeting.

Time Set Agenda: [Strategic Planning Presentation](#) with Brittany Peterson

Karleen Jakowski: I don't know how other people felt walking away from the presentation with Theresa Comstock from CALBHB/C, but I couldn't help a laugh every time Jonathan said, "you don't have to do all of those things, right?" And Theresa laughs, and is like, "yeah, you do." When I was going back to it and watching it and looking at the tools and strategy that they recommend under each of those items, you all are doing a lot of things already, but I don't think that they're coming through. These items inform the annual report, the data note, and in how we're engaging the community and sharing participation. And so, I also created a document that crosswalks each of her slides. Left side is each of her slides that talk about duties and responsibilities and the strategies for doing those items and other side is what you are already doing, or you might develop to help you accomplish those duties or goals. It puts it in bite size pieces where it helps cover a lot of information at once. This activity today will help you wrap your collective minds on how you are already doing these duties with some infrastructure we can build in to make it more achievable. This should help you identify your collective priorities as a board. [Crosswalk Link](#)

Karleen Jakowski: Brittany discussed that for the last two things, the Annual Report and Data Notebook, we would like to build the timeline for these things into a long range planning calendar so you are tracking these things ahead of time to help create the annual report and finalize when the ad hoc committee is established. The board can start working on the annual report so it is ready to bring to a meeting to get approval by the deadline. As you see, there are other documents; a number of presentations by HHSa that you will need to accomplish, some of these goals like Budget presentation,

MHSA presentation, Findings from External Quality review and recommendations, and these should be built into the long range planning. This will help with a look ahead into the year in knowing what's coming and what needs to be done. It will also identify open slots to add more items for consideration. The board will know what needs to be done and when the board wants information to help with strategizing around the work to be accomplished.

Brittany Peterson: always found it helpful to have presentation from subject matter expert. Their presentation is interesting and educational as well as from an external organization. If there is something like that, HSA could help to review.

Strategic Planning Exercise

Goal: Prioritize four focused subject matter areas for this calendar year and repeat exercise in December

Board Selected Areas of Interest (Highest Priorities Highlighted in Green)

1. Site Visits

- 3 sites per year
 - Safe Harbor
 - Wellness Center

2. 5150 Evaluation-what's LMHB Role to Support

- Process of entry point
 - Panel or individual presenters
- Local Differences (per hospital)
- Discharge Planning
- Law Enforcement Roles
- Implementation of Crisis Now
- Stigma
- Consumer Perspective

3. SB43 Implementation-how that's integrating substance use

4. SUD Resources

5. Measurable Results with Data for All Programs by MHSA/BHSA

6. Children's Mental Health

7. Adult and Aging Mental Health

8. All Life Cycles Mental Health

9. MHSA Listening Sessions and Survey Review

10. Crisis Now Implementation

11. Medi-Cal Eligibility

- Navigation for other services

12. Kaiser Coordination of Care

13. Community Resources & Communication Development

14. Provider Communication and Resources

15. Role of NAMI

16. Mission, Vision, Goal Development and Values

- Renaming of the Board

17. Support Public Participation

18. In Custody Treatment

- Changes due to CalAIM

Public Comment: None

Consent Agenda:

Mental Health Director's Report-Karleen Jakowski, Mental Health Director

Maria Simas-was pleased to see Public Guardian will be on the Supervisor's agenda.

Karleen Jakowski-thank you for your input. We did have to make some changes to the presentation to meet the new guidelines from the BOS.

Jonathan Raven-encourages everyone to attend in support.

Karleen Jakowski-this will be an informational item only, but it's important for the board to come and show their support at this meeting and at the future meeting where there will be an actionable item.

Brad Anderson-how will Prop 1 affect consumers?

Karleen Jakowski: a lot of work needs to be done locally in order for us to have more concrete information. Some of the complications are that the current programs we fund under MHSA don't necessary crosswalk to allowable programming under the Behavioral Services Act, so there are some programs that we won't be able to fund using BH Services Act funding moving forward. I suspect Prevention & Early Intervention will be the most impacted. We fund Cultural Competence, K-12 School Partnership, Senior Peer counseling, Latino Outreach Program. There are a number of funded programs we will have to take a look at. On a positive note, we will be able to spend more funding on housing. It's not new funding. We have to reprioritize how we are spending our funding. Funding for FSP would decrease under the minimum to spend. You have to spend 35%. That's a decrease in what we currently spend. More money carved off the top and going up to the state, so they are taking an additional percentage of funding for workforce, and they are taking prevention up to the state level and giving funding to the California Department of Public Health to administer prevention programs. There are a number of other funding services for grant funding for children's services. Looking at how we can fill the gaps. We will get 1 million less than we received last year. It's very volatile, and there's no guarantee in funding. Right now, it doesn't look that good, and we do rely on that funding for programming. We aren't going to take rash action to cut programs. We want to be intentional and start identifying other funding resources.

Public Comment on Mental Health Directors Report: None

Regular Agenda

Standing Sub-Committees:

Budget Finance-Chair: Joe Galvan, Members: Nicki King, Maria Simas

- Joe Galvan- nothing to report

Communications and Education-Chair: Dee Olivarez, Members: Maria Simas, John Archuleta

- Dee Olivarez-nothing to report

Program Committee-Chair: Sara Gaines, Members: Brad Anderson, Dee Olivarez, Melanie Klinkamon

- **Sara Gaines**-met today and including the observation reports in the packet. We want to do site visits. Is there any input you want to add about the documents?
- **Chris Bulkeley**-will there be a process to address if there is a family member or consumer in that facility?
- **Dee Olivarez**-we don't have all the answers, but we are actively discussing.
- **Sara Gaines**-wondering if the chair should be the one to reach out to the sites. Jonathan states he and Karleen will work on that. We also feel like it's important to get client input through anonymous survey. We were looking at some documents and questions that may be appropriate, and we will bring back to board. We think consumer input is really important.
- **Melanie Klinkamon**-anonymous survey is a good way to get around some of the confidentiality issues.

Board of Supervisors Report: No representation from BOS

Criminal Justice Update: Provided by Chris Bulkeley

Prop 47 Grant is going forward. One program funded by the grant is implemented right now. Connections to Care, the other, is for IST (incompetent to stand trial). We went after a grant, and we can actually implement that now. The other one is getting more and more referrals. We have mental health court graduation on April 15th at 1:30 in Department 5. This is Greg Correa, Christy's son, and it will be held at Yolo County Courthouse. It's a tremendous accomplishment for him. Refreshments will be served. Encourage you to show up and celebrate or watch by YouTube. The other programs will have other graduations.

Jonathan Raven-if you want to ever go see a graduation, this is the one to see.

Public Comment:

Christy Correa- You guys have done an excellent job this meeting. I'm just so proud to listen to you and see the progress and I can just feel the energy and the momentum.

And that just, it makes me so happy. So, thank you. Two years ago, my son, Greg, was in a really bad place, and I didn't have a relationship with him. I had to literally move out to another house so he could stay in my home. Because I didn't want him to be any other place because he wasn't safe. And we had Kaiser back then, but literally the advice I was getting was call 911 or take him to emergency room. I didn't know what to do for him, I didn't know anything. I didn't know about NAMI. I didn't know about a crisis line. I just knew that he was staying at my property in West Sacramento, and he was all alone and he came to Woodland on April 28th in the middle of the night in handcuffs. I told Jonathan early on in this crisis, when my son was in the jail. I remember on May fourteenth, I found Jonathan on a town hall somehow on mental health court, and I was blowing up the chat. I said I need help. My son is in jail, and I know he just needs a doctor. And from then on, Jonathan extended himself, his guidance, and Greg

found his way to mental health court. I told Jonathan I just want my son back. I lost him mentally months, years before. If you guys can come on April fifteenth and see for yourself, I have my son back. He's the person that I know, and we have a relationship. I hate how we got to this place, but I'm so thankful to have had the experience and for the gifted, talented, and caring people that literally saved his life. I have my son back, and we get to start a new life in a place where he can heal some of the trauma he has been through, and I'm hopeful again. For him, having his family back is everything, and it will be the catalyst to him having a happy and productive life again and getting things restored that he lost during these years suffering in psychosis and undiagnosed. So, I am so proud of all of you and all the work that you've done. And the services that we have received. It wasn't an easy path, and I want to help to make it better for other families. The 14 of you on that board are going to be the ones to get it done and I know a lot's going to happen this year, and I'm just so proud to know you and to have been able to work with you. So, thank you.

Jonathan Raven: Thank you, Christy. I think of all the people out there who don't have the support of people like Christy. The moms, the dads, and people. Where that leaves them and how challenging it is, even when you have that support. Not everyone has that support and even having it doesn't mean you are going to get well. It's a journey, but people like Greg are lucky to have moms like Christy, so thank you for lighting a fire under us during your time on the board and thank you for sharing your story.

Future Meeting Planning and Adjournment:

Next Meeting: Wednesday, May 1st at 6pm in Davis at Mary L. Stephens Davis Library

315 E 14th Street, Davis CA 95616

Adjourned: 7:57 pm