

Yolo County MCAH Advisory Board

April 17, 2024
Minutes

SUZANNE EIDSON-TON, CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

HANSEN CLINIC
215 BEAMER STREET
WOODLAND, CA 95695

The Yolo County MCAH Advisory Board met on the 17th Day of April 2024 at the Hansen Clinic at 215 Beamer Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Linda Copeland, Category E; Ahna Suleiman, Category B; Melina Ortigas, Category D; Samantha Sime, Category E; Suzanne Eidson-Ton, MD, Category B

VOTING MEMBERS ABSENT: Katherine Eastham, MD, Category B

STAFF & GUESTS PRESENT: Gaby Perez, HHSa; Lauren Ayers, Weston A. Price Foundation; Dr. Leon Schimmel, Community Member; Monique Preciado, 211 Yolo; Shelby McGriff-Borden, HHSa; Katya Lopez, HHSa; Laura Munoz, HHSa; Laurie Somerhausen, HHSa; Raquel Aguilar, HHSa; Julian Lopez, HHSa; Lizeth Bentacourt, HHSa; Guadalupe Lugo, YCCA; Katya Lopez, HHSa

8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Suzanne Eidson-Ton, Chair*
The April 17, 2024, MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was met.
2. **CONSIDER APPROVAL OF AGENDA** – *Suzanne Eidson-Ton, Chair*
Motion: Ahna Suleiman **Second:** Melina Ortigas **Discussion:** None **Vote:** Unanimous
3. **APPROVE THE MARCH 20, 2024, MINUTES** – *Suzanne Eidson-Ton, Chair*
Motion: Ahna Suleiman **Second:** Melina Ortigas **Discussion:** Suzanne Eidson-Ton abstained from the minutes due to meeting absence. **Vote:** Unanimous
4. **PUBLIC HEALTH BRANCH REPORT-** *Shelby McGriff, MCAH Director*
 - **Shelby McGriff:**
 - **Flu:** We are still seeing flu activity in wastewater. Other counties have decided to remove the mandatory flu vaccine or masking for healthcare workers at the end of March. Because we are still seeing it in the wastewater Dr. Sisson has decided to continue with those requirements.
 - **Measles:** We are still seeing measles cases rise in CA. We are at 3 cases, and they have all been linked to international air travel. For those working with patients and families, be aware of measles symptoms and work on vaccination rates. It is top priority for our Infectious Disease team, they are currently reviewing MMR rates at schools and outreaching to schools.
 - **Partnership Health Plan and Dignity Health negotiations:** The contract has expired as of April 1, 2024. They are still in negotiations and operating in good faith to reach an agreement. This means around 17,000 Partnership members in Yolo County are having to find a new medical home. They can all choose their new medical provider until May 1st. After May 1st Partnership will start assigning Primary Care Physicians to members. Any Dignity Health Patients with acute conditions, cancer, pregnancy, and other serious medical conditions can apply for continuity of care. Those applications are all reviewed case on a case-by-case basis.

DISCUSSION

5. **ADVISORY BOARD MEMBERSHIP & PARTICIPATION:**
 - **Shelby McGriff:**
 - This item will be moving to another meeting. We are currently working with a contractor to potentially come in and work and level set our board and revise our bylaws.
6. **WIC/BREASTFEEDING PRESENTATION** – *Lizeth Betancourt, IBCLC*
 - **Lizeth Betancourt, IBCLC**

- Data: The data being shared is only WIC Data.
- The WIC data is the more reliable in the county for all the age groups, not all health care providers keep good breastfeeding data.
- The American Academy of Pediatrics (AAP) recommends exclusive breastfeeding for about the first 6 months of life.
- WIC continues to support breastfeeding after solid foods are introduced for as long as parent and baby desire for 2 years and beyond.
- WIC is a Special Supplemental Nutrition Program for pregnant and postpartum women and children ages 0-5.
- WIC provides nutrition education, healthy food packages, medical/community referrals, and comprehensive breastfeeding support.
- WIC serves up to 60% of all infants born in California.
- Impacts the future health outcomes of infants and children.
- WIC supports families wanting to breastfeed their children. This support is provided by on-site IBCLCs, lactation educators/counselors, Breastfeeding Peer Counselors, Registered Dietitians, and WIC nutrition assistants.
- WIC also makes non-nutrition related referrals for participants.
- Yolo County WIC has an IBCLC, not all WIC offices have one.
- All WIC staff provide prenatal education, can answer general breastfeeding questions, and general support. If something is out of WIC staff's scope of practice or a medical need, participants are referred to follow back with their healthcare provider.
- There is a Warm Line accessible to anyone in Yolo County. You don't have to be a WIC participant to utilize the Warm Line: 1-800-663-8658
- The Warm Line is not available 24 hours a day. Callers can leave a message and they will get a call back within 24 hours.
- Yolo County ranked #1 in all the state for in hospital county breastfeeding rates and both hospitals in Yolo County ranked in the top 15.
- Asians and the Hispanic populations in Yolo County have the biggest gaps for exclusive breastfeeding.
- All Pregnant women get the same food package. Once the baby is born and enrolled in WIC, WIC asks if mom is fully breastfeeding, mostly breastfeeding, some breastfeeding, not breastfeeding.
- Someone that is mostly breastfeeding, is breastfeeding most of the time and supplementing with formula.
- All moms qualify for WIC up to 6 months after delivery.
- Mom's that are mostly breastfeeding can stay on the program for up to 12 months and receive a bigger food package.
- The food packages include cheese, eggs, cereal, peanut butter, dry beans, whole grains, fruits and vegetables, milk, and yogurt.
- Breastfeeding moms in addition to receiving everything in the food package they also get canned fish and more fruits, vegetables, whole grains, milk, eggs, and cheese.
- A mom that is mostly breastfeeding receives formula, but their package reduces by a little bit.
- Some and non-breastfeeding mom's they get a smaller food package.
- Information is given to moms on the mercury in tuna.
- Children 1-5 get the same food package, toddlers from 1-2 the only difference is milk, infants 0-6 months receive no food, all babies start getting baby food and baby cereal when they turn 6 months, when babies turn 9 months, they start receiving actual fruits and vegetables if families choose it, breastfed babies get additional food because they aren't getting any formula.
- The largest number of participants are 1-4-year-olds at 58%, infants make up 19%, pregnant moms 8%, breastfeeding 12%, and other postpartum 3%.

- Mom’s or families that had a loss in the pregnancy can still be eligible for WIC up to 6 months if they complete the recertification.
- California is at 19% of exclusive breastfeeding in the US.
- Breastfeeding rates in Yolo County are continuing to go up.
- WIC’s breastfeeding Peer Counselor is a mom in the community that provides support and shares information.
- WIC is funded for a .6 FTE from the state for a parttime Peer Counselor. Her caseload is 85.
- Peer Counselors call WIC mom’s monthly to form a relationship and provide education.
- Once the baby is born the Peer Counselor calls 2 days after delivery and continues to call weekly until the baby is 1 month.
- WIC doesn’t provide pumps prenatally because they have different types of pumps.
- Give away pups are electric for mom’s that are returning to work and breastfeeding is going well.
- Manual pumps for stay out home mom’s that need to pump once or twice.
- Hospital grade pumps are available for moms with a baby in the NICU or some type of separation.
- Education is provided every time a pump is given out.
- Insurances will give families a breast pump every 4 years.
- Some of the challenges for breastfeeding families are societal pressures, maternity leave is too short or unpaid, returning to work or school, lack of breastfeeding friendly daycares, poor lactation accommodation, pressure to supplement or introduce solids earlier, and economic issues.
- If you have any questions, you can reach out to Lizeth by phone (530) 666-8427 or by email at lizeth.betancourt@yolocounty.org

ANNOUNCEMENTS

7. MEMBER ANNOUNCEMENTS/SHARING

- **Laurie Somerhausen:**
 - WIC has a website www.myfamily.wic.ca.gov that has all the information about WIC, the food packages, and online education.
 - The following information was shared via email regarding the discussion of Dignity Healthcare and Partnerships contract ending: Newborns born prior to 4/1/24 with connection to the Dignity provider for CoC (Continuity of Care) request would fall into the covered CoC for under 3 categories, not only because of the Mom’s affiliation to Dignity. There are a lot of nuances, and we are happy to review each case to connect the member, should the scenario not appear on the surface to qualify.
 - Example, reviewing family linkage if mom granted CoC to Family Medicine at Dignity for example for post-partum, complicated delivery or neonate period supporting CoC, newborn visit with Pediatrician already conducted, etc.
 - Newborns will be assigned to a new provider or medical home as of 5/1/24. Our Care Coordination or member services team can also help the family review options for new PCP selection.
- **Guadalupe Lugo:**
 - Every year in April, Yolo County Children’s Alliance has an annual campaign to bring awareness about Child Abuse and Prevention.
 - This year they are having pin wheel gardens throughout the county.
 - They will be having their pin wheel garden at their Family Resource Center in West Sacramento.
 - The theme for this year is “Be the One.”
- **Suzanne Eidson-Ton:**
 - We were scheduled to present at the Board of Supervisors meeting this month. They are holding interviews and had to change our presentation date. We will now be presenting on June 25th.

- **Lauren Ayers:**
 - Has been told by Shelby that she must send anything she wants the group to hear to Shelby, Brian and Shelby will then review and decide if it's up to their standards and she has different standards. She believes that this interferes with her freedom of speech, and she will not go along with that. People can decide if they would like to read it or not. The information that she sends out is minority information and she believes this county has a high percentage of people that didn't want to get the vaccine or that it be mandated, and they were ignored. There very mean comments being made about Dr. Sisson when she was giving a presentation to the board of Supervisors, this is what happens when people are angry and feel they aren't being heard. Whatever she is bringing is in a sensible way and she is trying to be polite. She is going to continue to send stuff to the group.

- **Shelby McGriff:**
 - Next meeting should be back in the Gonzales Building.
 - Gaby will add it to the invite.
 - We will have another presentation in May and will not meet again until August. We are hoping once we come back, we will have an update about our bylaws.

10: 00 A.M. ADJOURNMENT

8. Next Meeting: May 15, 2024

10:00 A.M. ADJOURNMENT

Respectfully submitted by:



Gaby Perez, Secretary
Yolo County MCAH Advisory Board