



COUNTY OF YOLO

Health and Human Services Agency

PUBLIC HEALTH BRANCH REPORT

May 2024

Program	November 2023	December 2023	January 2024	February 2024	March 2024	April 2024
Medi-Cal/PHC Enrollees	59,640	N/A	N/A	N/A	N/A	54,090
WIC Participants	3,572	3,558	3,562	N/A	3,666	3,654
CMSP Cases	1	0	0	0	0	0

Emergency Medical Services and Emergency Preparedness

- Emergency Medical Services (EMS): The EMS team has been working with our EMS Medical Director (John Rose, MD, FACEP, FAEMS) to revise multiple EMS treatment and operations protocols for implementation June 1, 2024. These updates incorporate partner agency and physician input and include updates to account for the latest evidence-based prehospital care and improve EMS's ability to determine appropriate hospital destinations and decrease ambulance patient offload delays (APOD) at hospitals.
- The EMS team has been continuing coordination and supporting partner agencies in the development of an Emergency Medical Dispatcher (EMD) program at City of Davis, and the development of Tablet Command operational software in coordination with Yolo OES. The EMS team also worked to update EMD protocols and begin the creation of county-wide EMD policy to ensure a consistent and high quality EMD service for all residents in the county.
- The EMS team worked with HHSA, County Counsel and the County Administrator's Office to negotiate a contract with American Medical Response (AMR) for the provision of emergency ambulance services (Basic and Advanced Life Support [ALS]), as well as ALS and Critical Care Transport for interfacility transfers. These negotiations were concluded, and on March 26, 2024 the Board of Supervisors approved the new 5 year contract to start April 1, 2024. With the execution of this new agreement EMS staff has now begun the process of creating a local data repository to collect and analyze all EMS electronic health care records created across all EMS first responder agencies.
- The EMS team also hosted or supported the following meetings and trainings with external partners: Continuous Quality Improvement (CQI), Physician's Advisory Committee (PAC), Field Training Officer Meeting, Emergency Medical Care Committee (EMCC).

Community Health Report

- Between January and April, EMS staff performed the following certification, licensure, and investigation activities:

EMT Certifications (New & Renewal) per Month	134
Paramedic Accreditations (New & Renewal) per Month	38
Active Open Investigations per Month	3
Number of Ambulance Inspection/Certifications per Month	36

- Our RDMHC and MHOAC participated, conducted or supported in the following meetings, trainings and exercises with external partner agencies: Cal OES Region IV MARAC, Regional ChemPack Training, Region IV MHOAC meeting, EHTHER Awareness training, MHOCSA training, Northern California Cal-EMSA – National Guard surge exercise.
- Emergency Preparedness (EP): Our EP team worked through inventorying and moving supplies from our emergency preparedness cache to our warehouse at Community Lane. The team also finalized a large and lengthy project building a new user-friendly Inventory Management System that will improve our department's ability to maintain our cache of emergency supplies and support partners internal and external with these supplies when indicated. The EP Team also held regular Healthcare Preparedness Coalition (HPC) meetings with external partners and completed an annual Coalition Hazard Vulnerability Assessment (HVA). The team successfully completed a Disaster Healthcare Volunteer (DHV) communication drill and is now working with external partners to plan and hold a Medical Response Surge Exercise (MRSE) in June.

Epidemiology and Data Unit

Data/analytics requests:

- Working on a major summary of syphilis epidemiology in Yolo County for the Syphilis Control Plan.
- Provided proposed population health indicators list for accreditation.
- Completed MCAH data request for adolescent mental health need trends and 211 Yolo utilizations for presentation to Board of Supervisors.
- Completed West Sacramento birth data request for the Health Yolo Initiative.
- Completed data request for vaccines administered by Yolo County staff for FY23-24.

Presentations:

- Presented on record linkage to link data sets and address missing data at the annual meeting of the California Conference of Local Health Data Managers and Epidemiologists.

Community Health Report

Routine reports:

- Submitted quarterly COVID LTCF/SNF outbreak report.

Support for Infectious Disease Control programs:

- Continuing to support LTCF outbreak teams with outbreak tracking and report generation for COVID and influenza outbreaks.
- Completed final reporting features (current inventory totals by item and month and distribution totals) within the inventory tracking system we developed for the Primary Prevention team.
- Assisted the Communicable Disease team with locating a TB patient to reconnect to treatment.
- Tested measles contact investigation and outbreak tracking workbooks for the Communicable Disease team and revised based on their feedback
- Medical records supported CD and LTCF teams by processing 254 faxed reports and submitting 85 medical record requests.
- Continuing to track inadequacy of new Kaiser communicable disease reporting and collaborating to improve reporting reliability and reduce both missing data and unreported diseases.

Support for the farmworker study:

- Met with Kanat and Esmeralda to discuss farmworker survey data.
- Begun initial analyses.
- Reached out to other entities performing farmworker studies for comparison data.

Other ongoing projects:

- Major progress identifying all vaccine data for Yolo County in CAIR
- Major progress on deduplicating the CAIR vaccine registry by identifying 1371 CAIR accounts with good phone number, email or address linkages to merge in
- Continued maintenance of the integrity of state CAIR and CalREDIE databases with 129 CalREDIE master patient index merges and 177 CAIR account merges.

Mental Health Services Act

Let's Celebrate May is Mental Health Matters Month

- Our mental health has a powerful influence on our quality of life. It affects how we feel, how we see ourselves, how we handle stress, how we make choices, and how we relate to others. Our mental health deserves the same attention as our physical health, but it is far too often overlooked or ignored. With the month of **May designated as Mental Health Matters Month**, there's no better time than now to check in on our own mental health and the mental health of the people we care about. We encourage all Yolo County residents to take action by checking in on your own mental health and the mental health of someone you care about. When you check in with yourself, you might find that you are in need of some self-care activities and other support options to give your mind and body the break they need to recharge. When you check in with others, you can let them know you're there for them if they want to talk as well as help them get support from other sources if they are in need.
- To get started, visit the **[Take Action for Mental Health](https://www.takeaction4mh.com)** website (<https://www.takeaction4mh.com>). Just about all of us have times when we feel sad,

stressed out, anxious or just weighed down. However, when a few bad days seem to repeat often, and last for more than two weeks, this can be more serious. If you recognize signs or symptoms of needing additional support for yourself or someone else, take some time to **Learn More** (<https://takeaction4mh.com/learn-more-resources/>) about the self-care, services, and supports available to help find a path forward.

- If you feel like you are overwhelmed or that mental health challenges are interfering with your life, it's time to seek help. Get Support for yourself or someone you care about by reaching out and connecting with family, friends, peer group support, or other resources available in your community. If you or someone else are in a crisis, call or text the 988 Suicide & Crisis Lifeline ([Talk To Someone Now : Lifeline \(988lifeline.org\)](https://www.988lifeline.org/)) by dialing/texting 988 to speak with a trained counselor who can help.
- The Take Action for Mental Health website also offers many other support resources, including resources to help children and youth, the LGBTQIA+ community, substance use hotline, sexual assault hotline, and a domestic violence hotline. There are many support options to try, and each person can see what works best for them.
- **Be Seen in Green!** Wear green and support mental health awareness. As the official color for mental health awareness, green represents renewal, hope, and vitality. Wearing green symbolizes unwavering support for mental health. This May, let's all step up and do something for ourselves and those around us. Let's take action for our individual and collective mental health in Yolo County.
- **May MHSA Suicide Prevention and Mental Health First Aid (MHFA) Trainings**
There are a few upcoming training opportunities (with multiple dates) to learn about suicide prevention and mental health first aid. These trainings are open to all interested individuals, Yolo County staff, provider staff, community volunteers, and council members. To register for these free trainings, please e-mail your contact information to MHSA-MHTrainings@yolocounty.org. Classes are calendared monthly and posted publicly on the Yolo County Calendar of Events [website](#).

- **Suicide Prevention in the Workplace**

This training is 2 hours in length and includes videos, group discussions/exercises and roleplays to create a better understanding of your role in suicide prevention.

May 16th 9:00 a.m. - 11:30 a.m.

- **QPR (Question, Persuade, Refer)**

QPR is a 2-hour suicide prevention training. The mission is to reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

May 7th or 21st 9:00 a.m. - 11:00 a.m.

- **Mental Health First Aid**

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.

Please Note: This training has a 2-hour, self-paced pre-work that needs to be completed before the training.

May 30th 8:30 a.m. – 4:00 p.m.

- **Adult MHFA-** is a course that teaches you how to identify, understand and respond to sign of mental illness and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. Please Note: This training has a 2-hour, self-paced pre-work that needs to be completed before the training.
May 9th or 23rd 8:30 a.m. – 4:00 p.m.

Maternal, Child, and Adolescent Health Program (MCAH)

- **Comprehensive Perinatal Services Program (CPSP):**
 - Yolo County has 5 CPSP providers offering services to Yolo County families.
 - **Yolo County Provider sites offering CPSP services:**
 - CommuniCare+OLE, Davis Community Clinic
 - CommuniCare+OLE, Hansen Family Health Center
 - CommuniCare+OLE, Salud Clinic
 - Capital OB/GYN
 - Woodland Healthcare/Dignity Health
 - Black Maternal Health Week is recognized each year from April 11-17 to bring attention and action in improving Black maternal health.
 - [CDPH Report](#) on [What is driving the persistent Black maternal and infant health inequities in California?](#)
 - PSC attended the Perinatal Equity Conference on April 12.
 - PSC continues to provide technical assistance and perinatal resources to CPSP Providers during the program's transitional year. A Yolo CPSP Provider meeting was held April 30, 2024.
 - Please contact Tyra Fulcher (tyra.fulcher@yolocounty.org) for CPSP related questions.
- **Fetal & Infant Mortality Review (FIMR):**
 - Please contact Tyra Fulcher (tyra.fulcher@yolocounty.org) for FIMR reported cases.
 - <https://www.cdph.ca.gov/Programs/CFH/DMCAH/FIMR/Pages/default.aspx>
 - **Sudden Infant Death Syndrome (SIDS):**

- Please contact Tyra Fulcher (tyra.fulcher@yolocounty.org) for SIDS reported cases.
- <https://www.cdph.ca.gov/Programs/CFH/DMCAH/SIDS/Pages/default.aspx>
- Nurse Home Visiting (NHV) and Adolescent Parenting Program (APP):
- NHV and APP continues to provide case management services to women, infant, children, and the adolescent population through referrals from partner agencies.
- For referral and program eligibility questions, please contact: gaby.perez@yolocounty.org
- Staff completed the following activities: Perinatal Equity Conference on 4/12; CPR for Healthcare Providers Training on 4/11; 34 Strong Yolo County MCAH Strengths 102: Team Discovery sessions training on 4/18 and 4/19; attended the YCOA Whole Child Equity Summit on 4/23; and HHSA Crisis Intervention & De-Escalation training on 4/30.
- Staff completed the following outreach efforts: Yolo County Library's Día de los Niños at the Clarksburg Library on 4/17 and Día de los Niños on 4/26 at Woodland, Ferns Park.

Health Equity and Healthy Communities

- The CalFresh Healthy Living team's work with substance use treatment centers was featured in the Statewide newsletter put out by Leah's Pantry. The CFHL team served as mentors to share their best practices and tips to other county CFHL programs on how to bring relevant, meaningful nutrition to the residential treatment centers.
- The Oral Health program attended Dia de los Ninos health fair in Woodland on 4/26 and promoted child-focused oral health messages while distributing oral health supplies to about 150 participants; Mighty Molar made an appearance.
- The CFHL Program has been busy providing nutrition and garden-based education to various elementary schools in Woodland and W. Sacramento, including leading the Whitehead Elementary school garden club and teaching garden-based nutrition education to 4th graders in the classroom at both Whitehead and Maxwell elementary schools.
- In W. Sacramento the CFHL program provided nutrition lessons to 5 classrooms, including a newcomer class (ESL), focusing on reducing sugary beverage consumption and making healthy food and snack choices.
- The Healthy Yolo team met with YCOE, the MCAH Home Visiting Program, the CYF branch leadership and the City of W. Sacramento's Home Run program to better understand the system gaps in serving and supporting the needs of low-income families in W. Sacramento
- The Healthy Communities Team coordinators provided input on the County's Climate Action Plan intervention strategies.

Health Education

Tobacco Prevention Program

- Efforts are currently underway to reduce exposure to secondhand smoke in outdoor public places within the City of Winters. Staff is working in partnership with the FNL Winters High School chapter for this purpose. As part of this initiative, in February, the staff conducted a presentation to educate students about the harmful effects of secondhand smoke in public places like outdoor events, dining areas, service lines, and walking paths. The students were informed about the negative impacts of secondhand smoke from cigarettes, e-cigarettes, and cannabis and how their disposal affects the environment. Additionally, staff members made a presentation in March to the Winters Joint Unified School District English Learner Advisory Committee (DELAC). Parents and other committee members were educated about the harmful effects of secondhand smoke, especially for those who are working, visiting, or eating in outdoor areas.
- As a part of their work, the staff working on the Tobacco Endgame project conducted a second round of observational surveys in the City of Winters. The areas observed in Winters included tobacco retailers, parks, and sidewalks. In total, the staff surveyed ten (10) retailers, eleven (11) parks, and fourteen (14) sidewalks.
- February 28-29, staff attended a two-day media training in Redding. The training was to educate participants on the importance of establishing good relationships with media, reporters, and newspapers. The training used real-life examples from the local region. The staff learned about message development, delivery, strengthening local storytelling, and how to use current tools to expand their reach within the communities the program is working on.

Tobacco Enforcement Program

- Between January 1 and March 31, 2024, the Tobacco Enforcement Program carried out 41 retailer compliance and licensing checks. Twenty-two of these retailers were found to be selling flavored tobacco products and four stores were selling tobacco without a valid Yolo County tobacco retail permit.
- On January 30, 2024, the Tobacco Enforcement Program conducted its initial undercover purchase in-store, to acquire flavored tobacco products (without minor's present). Flavored tobacco items were sold, and the process of revoking the store's tobacco license is currently underway.
- Retailers received support materials including signs, online resources, and guidance on distinguishing unclear flavored tobacco products.
- The Enforcement Program trained one minor to participate as a decoy for future underage sales compliance checks. The program conducted a second round of covert operations, inspecting three establishments, all of which were found to be compliant as they abstained from selling tobacco products to the underage decoy.

Alcohol and Drug Prevention Programs (Friday Night Live)

- Friday Night Live (FNL) / Club Live (CL) / Friday Night Live Mentoring (FNLM) programs are winding down and getting ready for the end of the school year. Currently, the program is supporting a total of 9 school sites with their Friday Night

Live/Club Live chapters. Those sites include Pioneer High School, Douglass Middle School, Woodland High School, Lee Middle School, Sci-Tech Academy in Knights Landing, Esparto Middle School, Winters High School, Winters Middle School and River City High School in West Sacramento. The mission of all these programs is to build partnerships for positive healthy youth development which engage youth as active leaders and resources in their communities. The 2023 Youth Development survey results for Yolo County FNL/CL youth participants shows that 97% of participating youth report that FNL provides a safe, positive environment for learning and expressing thoughts, emotions, and life challenges. Ninety four percent report that FNL increased community engagement and 89% reported that FNL increased school connectedness as well as 95% report that FNL supports leadership development. All programs are receiving alcohol, tobacco, and marijuana education along with life skill activities.

Traffic Safety – Child Passenger Safety and Bicycle/Pedestrian Safety Programs

- The Traffic Safety Team has submitted a report for the second quarter of the Bike and Pedestrian Safety Program and the Child Passenger Safety Program. The report highlights significant progress in achieving its objectives, including:
 - Conducting 108 car seat appointments
 - Distributing 87 car seats
 - Recycling 107 car seats, out of which 30 were recycled in celebration of Earth Day.
 - Fitting and distributing over 130 helmets at the Día De Los Ninos Event
- Wesley Yang was hired as an Outreach Specialist that will support the Bike and Pedestrian Program. Wesley has completed the Smart Cycling Certification and will become a League-certified Instructor this summer.
- After several years of working as a Child Passenger Technician and completing a grueling 5-day course, program staff Gabi Palomares was awarded the title of Child Passenger Safety Instructor. Gabi is the first to achieve this title in Yolo County. As an Instructor, Gabi will be able to provide the technician training course and sign off others as Child Passenger Techs. This new resource will increase the number of technicians working in Yolo County giving families greater access to expert assistance with car seat installations.



Administration

- Completed 4 Mission/Vision/Values Workshops from Nov – January and will roll out new M/V/V to All Staff at March PHB All Staff.
- Completed Objectives and Key Results (OKR) training in February with Module 1, Module 2 in March, and the last Module in April. Staff who attend all 3 of the trainings will receive a certificate for OKR trainings.
- PHB developed and rolled out a PHB Training Academy which includes:
 - Upcoming training, development and growth opportunities
 - Public Health focused asynchronous trainings
 - General business skill (ex. Presentations and excel)
 - Retirement and estate planning
- Since December staff have had the opportunity to unlock and learn about their Full34 for StrengthsFinder, rather than just their Top 5. In March we are planning on opening up coaching sessions for staff interested in learning about how to leverage their strengths for growth and development!
- Program Managers had the opportunity to schedule team building sessions through a Strengths lens over the coming months.
- Strategic Plan Consultant selected through competitive RFQ. The consultant will support the Public Health branch develop, implement, and monitor the new strategic plan in accordance to Public Health Accreditation standards.
- Public Health is preparing to submit our Reaccreditation measures with supporting documentation at the end of May 2024.
- Members of the Branch Leadership team were offered an opportunity to take the Loadstar trainings (Brave Leadership and All of Us) to ensure our leadership team have been trained in trauma-informed principles and trauma-responsive skills and culture. The training, for those who participated, was very well received and we are excited to continue to expand these important skills throughout our branch.

Upcoming HHSA Meetings & Events

DATE	TIME	EVENT
June 13th	9:00 AM	Health Council
June 19th	8:30 AM	MCAH Advisory Board