

COUNTY OF YOLO

Office of the County Administrator

Gerardo Pinedo
County Administrative Officer

625 Court Street, Room 202 • Woodland, CA 95695 www.YoloCounty.org

FOR IMMEDIATE RELEASE

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Contact: Dwight Coddington Email: PIO@YoloCounty.org

Phone: (530) 908-0186

Public Health Confirms Measles Case in Yolo County

(Woodland, CA) – Yolo County Health and Human Services Agency's Public Health Branch has confirmed that two residents who recently returned from international travel are infected with measles. These are the tenth and eleventh persons diagnosed with measles in California during 2024. The last measles case in Yolo County occurred in 2015.

The children, who were not vaccinated against measles, have mild illnesses and are recovering at home.

Measles is highly infectious, spreading through the air over long distances and through contact with contaminated surfaces. Contact tracing done by Public Health indicates that the individuals visited healthcare facilities in Sacramento County while they were infectious and may have exposed patients, visitors, and healthcare providers at the following venues:

- Kaiser Permanente South Sacramento Emergency Department, 6600 Bruceville Rd, Sacramento; June 12, 2024, between 3:30 a.m. to 5:00 a.m.
- Kaiser Permanente Downtown Commons Pediatric Clinic, 501 J St., Sacramento; June 12, 2024, between 10:23 a.m. and 11:45 a.m.
- Kaiser Permanente South Sacramento Emergency Department, 6600 Bruceville Rd, Sacramento; June 14-15, 2024, between 10:20 p.m. to 2:10 a.m.
- Kaiser Permanente Downtown Commons Pediatric Clinic, 501 J St., Sacramento; June 17, 2024, between 10:48 a.m. and 1:00 p.m.

Kaiser Permanente has identified and contacted patients and employees who may have been exposed by being in close proximity to the persons with measles. However, there may have been visitors also exposed who have yet to be identified. Individuals who were at the above locations during the dates and times listed may be at risk of developing measles and are advised to contact Kaiser Permanente or Sacramento County Public Health's Communicable Disease Program at (916) 875-5881, or Yolo County Public Health's Communicable Disease Program at (530) 490-3953. A specialized team is available to determine whether residents are at risk and whether preventive measures, such as vaccination with MMR, are recommended.

"If you weren't at the Kaiser Permanente South Sacramento Emergency Department or Kaiser Permanente Downtown Commons Pediatric Clinic during the dates and times listed, there is no risk of getting measles from these individuals," said Dr. Aimee Sisson, Yolo County Public Health Officer. "However, this case highlights the risk of getting infected with measles during international travel, especially if you aren't vaccinated. If you

are planning a trip overseas, please make sure you and the people traveling with you are up to date with measles vaccinations."

Measles can be prevented with a measles, mumps, and rubella vaccine (MMR) or a measles, mumps, rubella, and varicella vaccine (MMRV). They are administered in two doses (typically given at one year and four to six years old) and are highly effective: two doses are 97% effective in preventing measles, and one dose is 93% effective.

Globally, vaccinations against measles fell during the COVID-19 pandemic, and cases of measles have surged in many countries. Public Health encourages all residents, especially those planning international travel, to confirm their measles vaccination status. If they have not had measles in the past (every person born in the U.S. before 1957 is assumed to have had measles) and are not up-to-date with MMR vaccination, they are at risk of contracting measles if they are exposed and should contact their healthcare provider for vaccination. Children between six months and one year old can get an early MMR dose before travel, as can children between one and four years old.

People typically develop symptoms 8-12 days after exposure to measles. Measles symptoms begin with fever, cough, red and watery eyes, and a runny nose, followed by a rash three to five days later that starts on the head and spreads downwards. Measles can result in serious complications and even death for young children and vulnerable adults. Exposed people with symptoms should stay home and away from others and contact Public Health immediately. Persons needing care for their measles symptoms should call their healthcare provider's office in advance, rather than visit an office directly, so that the facility can take measures to prevent exposure to others.

Nearly all health insurance plans are required to cover the cost of MMR and MMRV vaccines. Insured persons should check with their healthcare provider or local pharmacy to see what vaccines are offered. Uninsured or underinsured children and adults can access free or low-cost vaccines at clinics enrolled in the Vaccines for Children (VFC) and Vaccines for Adults (VFA) programs. For a list of clinics that offer free or low-cost immunizations for persons who are uninsured or underinsured, call 2-1-1 or visit: www.YoloCounty.org/ImmunizationClinics

For more information on measles, visit: www.CDC.gov/Measles

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