

Local Mental Health Board Meeting

Wednesday, June 5th, 2024

In Person with Hybrid Option for Public

Members Present: Nicki King, Jonathan Raven, Maria Simas, Sara Gaines, Sue Jones, Melanie Klinkamon, John Archuleta, Brad Anderson, Kimberly Mitchell, Chris Bulkeley, Joe Galvan, Meg Blankinship

Members Absent: Robin Rainwater

CALL TO ORDER

Welcome and Introductions: Meeting called to order at 6:14 pm by Jonathan Raven

Public Comment: NONE

Correspondence: NONE

Approval of Agenda: motion to approve Chris Bulkeley, 2nd John Archuleta

| Yea "I" | Nay | Abstention |
|---------|-----|------------|
| 12 | 0 | 0 |

Motion: Approved

Approval of Minutes from April 3, 2024: motion to approve Maria Simas, 2nd Chris Bulkeley

| Yea "I" | Nay | Abstention |
|---------|-----|------------|
| 12 | 0 | |

Motion: Approved with changes to John's last name

Member Announcements:

- Brad requests new contact sheet for board members be sent out for updates

Chair Report, Jonathan Raven: Reminder we will take our break in July and meet again in August. Positive announcement: Partnership made a handshake agreement, and it will be put in ink on Friday. This county was impacted less than the other counties, like Shasta. People lobbying and Supervisors really helped bring attention to the subject and that helped.

Bylaw Approval: Delayed for future meeting.

Approval for current officers to remain in place:

| Yea "I" | Nay | Abstention |
|---------|-----|------------|
| 13 | 0 | |

Motion: Approved

Correspondence: None

Time Set Agenda: Panel Discussion on 5150 Holds with Corporal Josh Helton from Davis PD; Rickela Ridout, Supervisor Psych Response Team at Sutter Davis; and Robert Villarreal Crisis Team Supervisor with HHSA. Warning Sensitive Topic. Please view link to panel discussion [here](#). Time was made available for Board and Public Comment.

Public Comment:

Christy Correa: The biggest points she wanted everyone to absorb is that it's important to include the consumer and family feedback. We need to humanize the process more. The 5150 holds aren't someone else. They are family members, children, friends, and coworkers, and too often people with Mental Health issues are othered and dehumanized. Ideally, the system that they would have to encounter, you would think that it would be obvious that they would recognize this vulnerability. Yes, it's necessary and lifesaving but, in these situations, there is vulnerability that requires us to look at how the process is done and remembering that the stigma and dehumanization of the process can gravely affect the outcomes. If these patients are treated with kindness and respect, it can drastically influence the quality of care. Treating someone with gentle kind words can help them be more receptive to their health care process so when a 5150 or any form of restrictive treatment must occur it's essential to treat the individual experiencing it with compassion, dignity, and respect. A person-centered compassionate approach is a nonnegotiable aspect of the mental health treatment system. I hope that existing systems of care will be receptive to this kind of treatment.

Karleen Jakowski: For clinicians in our community, in order for them to be certified and then be signed off in the community, the Mental Health Director must sign off on it, and we take that responsibility very seriously. We are talking about taking people's rights, and we want to ensure that the folks that are certified to write 5150s complete a formalized training facilitated by Rob Villarreal.

Consent Agenda:

Mental Health Director's Report, Karleen Jakowski, Mental Health Director

Karleen Jakowski: There is a lot of data included in this month's report about Medical Mobile Crisis Benefit. I know our previous updates have been more general, and so I encourage you to look over the data. There are also more concrete updates around the implementation of our new High Tech Call Center, including the data that they are able to track and that they are tracking for the timelines for the first set of outcomes and deliverables that we will get from our provider. So, I just encourage folks to review that if you're interested.

Regular Agenda

Board of Supervisors Report, Sheila Allen, Deputy to Supervisor Provenza: It is budget season, so we are looking at the funds for mental health services and other support services that would be of interest to this board. The funds that come from federal government, which are a little more reliable. The State is a little more in flux and on the downside these days, so we are watching carefully to see how everything works out to try and hold this year's budget as is. We will see. The May revised budget came out. We will be having a budget hearing soon, so this group might want to look specifically or hear from the director about what financial impact there will be.

There is a lot of power out in Yolo County right now, so if you know some people who are clearly hot without electricity, our unhoused population will have access to cooling centers and water. Please be mindful of your neighbors.

New library being built in South Davis, will have conference space available. It will also be a resilience center offering solar and battery backup for those who need cooling, heat, access to electricity for oxygen or charging cell phones.

Chris Bulkeley: I'd like to take the opportunity with the group here to say we were very concerned about funding for the Public Guardian and overworked staff, and lack of adequate staffing and resources. We want to point that out since you're here.

Sheila Allen: Yes, we had individual supervisors and their staff provide presentations and then there is a request in the budget process now to add positions and there is an ad hoc committee to look at aging, so we are aware. It's all general funded and we don't have a lot of movement there, but there is a current need and a growing need.

Criminal Justice Update, Chris Bulkeley: We have another Mental Health Graduation on June 12th at 10 am. We have three graduates.

Public Comment:

Future Meeting Planning and Adjournment:

Next Meeting:

Adjourned: 8:12 pm