



YOLO COUNTY

Health & Human Services Agency

Resource · Partner · Support System

Mental Health Director's Report

September 4, 2024

A) Current Requests for Proposals (RFPs)

Therapeutic Foster Care (TFC)

The Health and Human Services Agency (HHSA) released the TFC RFP on July 17, 2024. Proposals were due August 21, 2024. HHSA did not receive any proposals for TFC.

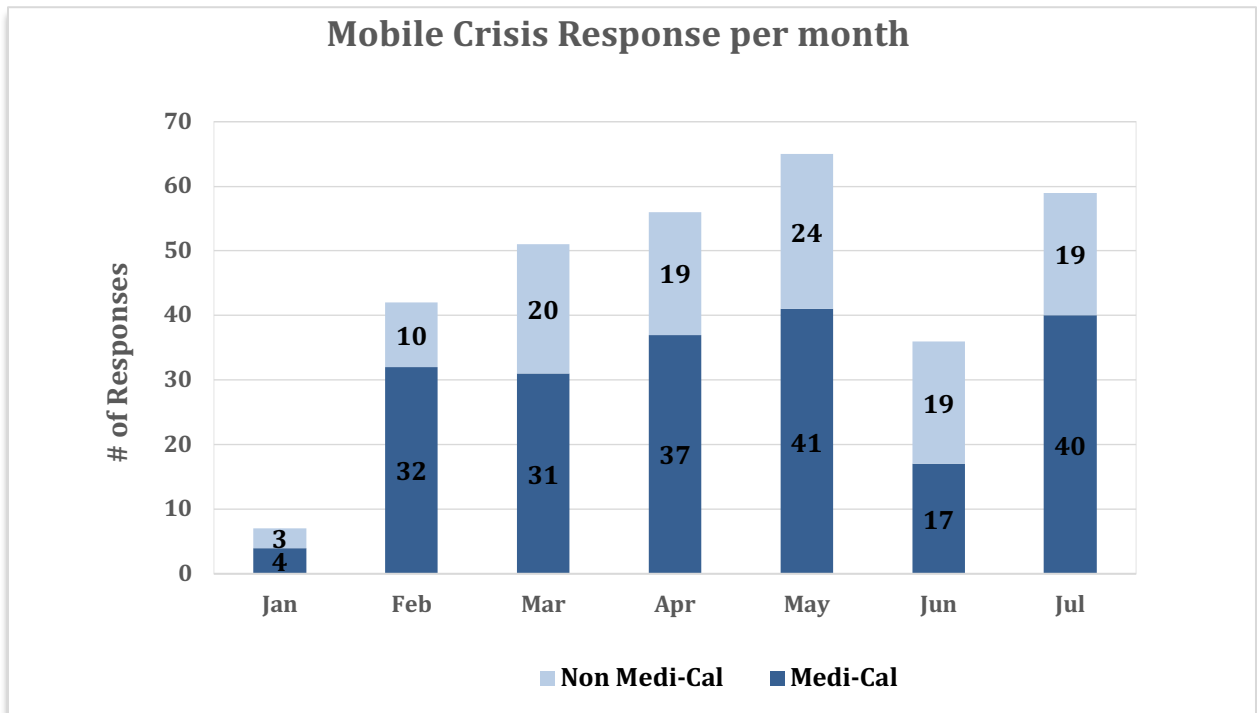
B) Crisis Continuum Updates

Mobile Crisis Data

Below you will find utilization data from the first seven months of the Medi-Cal Mobile Crisis benefit.

MOBILE CRISIS UTILIZATION 1/01/24 THROUGH 7/31/24

Mobile Crisis Services Delivered 1/1/24 – 7/31/24								
Payor	Jan	Feb	Mar	Apr	May	Jun	Jul	Grand Total
Medi-Cal	4	32	31	37	41	17	40	202
Non Medi-Cal	3	10	20	19	24	19	19	114
Grand Total	7	42	51	56	65	36	59	316



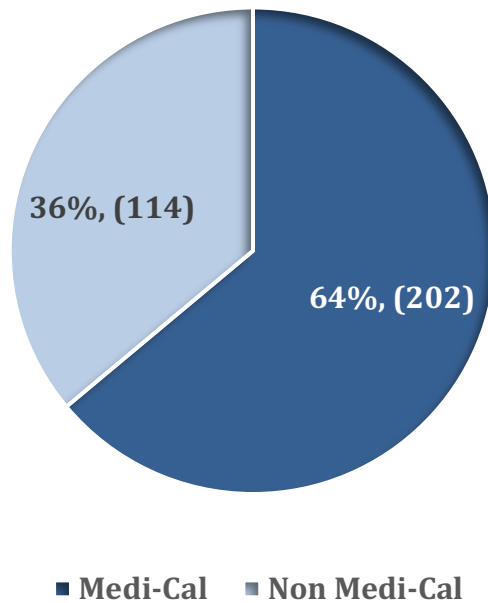


YOLO COUNTY

Health & Human Services Agency

Resource · Partner · Support System

Mobile Crisis Services by Payor ID



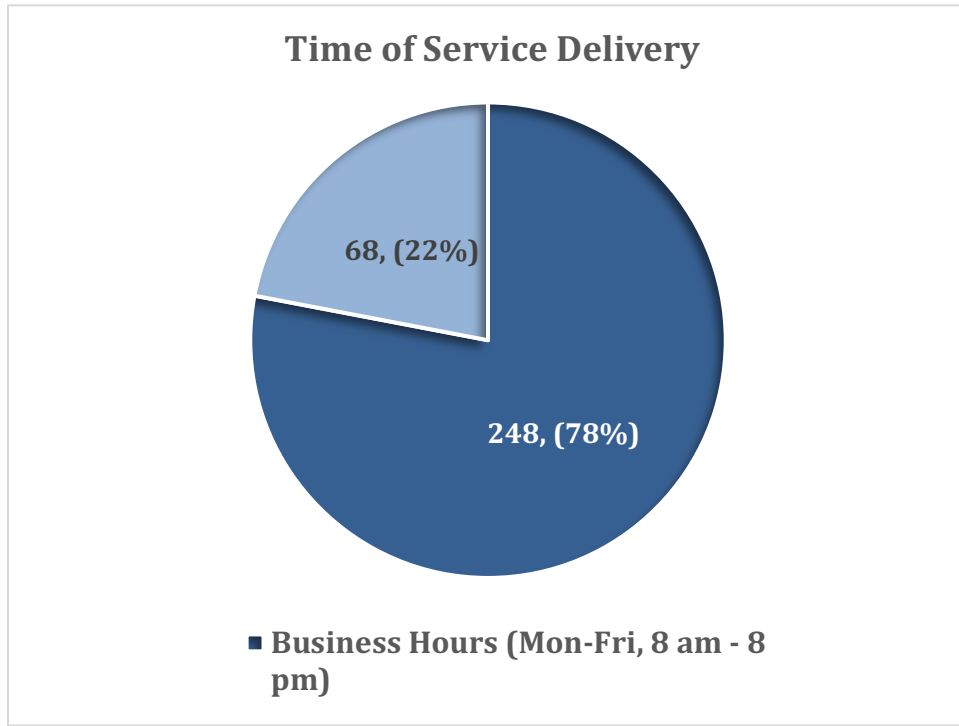
Mobile Crisis Services Delivered 1/1/24 – 7/31/24								
Time of Service	Jan	Feb	Mar	Apr	May	Jun	Jul	Total
Business Hours (Mon-Fri, 8am - 8pm)	5	38	41	39	52	25	48	248
After Hours (8pm-8am) /Holidays/Weekends	2	4	10	17	13	11	11	68
Grand Total	7	42	51	56	65	36	59	316



YOLO COUNTY

Health & Human Services Agency

Resource · Partner · Support System



C) Wellness Centers: September Calendars

Attached you will find the calendars for the HHSA Wellness center groups for the month of September. Next month's outing will be to the pumpkin patch.

D) Community Assistance, Recovery, and Empowerment (CARE) Act Implementation

SB 1338 established the Community Assistance, Recovery, and Empowerment (CARE) Act in 2022. The CARE Act creates a new pathway to deliver mental health and substance use disorder services to a subset of Californians with the most complex behavioral health conditions. The CARE Act is a civil court process and eligible participants must be over the age of 18 and have an untreated severe mental illness (schizophrenia spectrum disorder or other psychotic disorder). Additional eligibility criteria can be found [here](#).

Yolo County is set to launch the CARE Act as part of cohort two on December 1, 2024. The local implementation team consists of members from HHSA mental health services, homeless services, public guardian, Adult Protective Services, and substance use disorder services along with partners from the Public Defender's office, District Attorney's office, Yolo County Superior Court, Probation Department, Sheriff's



YOLO COUNTY

Health & Human Services Agency

Resource · Partner · Support System

Department, and County Administrator's office. The implementation team will be offering presentations to the community and building a county website page for all corresponding information and forms needed for prospective petitioners.

HHSA is currently working on updates to Yolo County's electronic health record to capture all the data elements of CARE Act and working with partners to establish the court process flow chart from petition to graduation.

E) Public Guardian Staffing Update

As of August 27, 2024, the Yolo County Board of Supervisors has approved a total of three new Conservatorship Officer positions for the Public Guardian's office. Once these positions are filled, the average caseload for the Conservatorship Officers will be approximately 30 cases per worker, well within the caseload recommendations made by the Grand Jury and assuring that both the Public Guardian staff and clients can thrive. HHSA would like to acknowledge to the Yolo County Board of Supervisors for these critical investments to ensure that the County's most vulnerable citizens are effectively served. Further, HHSA would like to express profound gratitude for the advocacy and support demonstrated by the Local Mental Health Board.

F) Children's Behavioral Health Groups

Yolo County Children's Behavioral Health clinicians continue to facilitate multiple group therapy options for youth, including a Life Skills and Career Group at the Juvenile Detention Facility (JDF), an Emotional Regulation Group and "Girls Circle".

- "Girls Circle is a strengths-based support group for adolescent girls and those who identify with female identity and are 9-18 years of age. The Girl's Circle group promotes resiliency and growth in girls and young women. It uses the principles of motivational interviewing and strengths-based approaches, is trauma responsive, culturally responsive, and utilizes restorative practices. Girls Circle has previously been provided at Pioneer High School and Lee Middle School and will be held at Winters Middle School this coming school year. Pre- and post- surveys conducted with the groups held in the 2023-24 school year demonstrated that 100% found the training useful and relevant and they would recommend it to a peer. Additionally, 96% of participants felt confident in their ability to identify mental health problems and knowing how to access mental health services.
- The emotional regulation group promotes interpersonal skills, including emotional regulation and problem-solving strategies. It is a therapy group for teenagers that experience interpersonal distress and emotional dysregulation. The team is in the process of developing pre- and post-surveys for the groups conducted.
- The Life Skills and Career Group is a 10-week group for juveniles detained at the JDF that focuses on exploring career strengths/interests, developing life skills, and addressing interpersonal effectiveness and skills. The team will be developing pre-



YOLO COUNTY

Health & Human Services Agency

Resource · Partner · Support System

and post- surveys in collaboration with the probation staff to gather data on the group's usefulness and relevance for the target population. Additional JDF groups are being developed.

G) Behavioral Health Audit

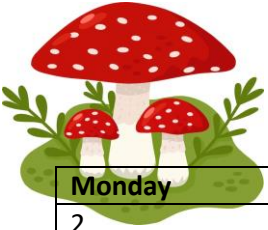
The Behavioral Health Audit was conducted April 30- May 9, 2024 and included a review by the Department of Health Services (DHCS) of Specialty Mental Health (SMH) and Substance Use Disorder (SUD) Services funded by both Drug Medi-Cal (DMC) and the Substance Use Block Grant (SUBG). HHSA received the findings from these audits last week. The findings were overall positive with only four (4) findings for the SMH system, six (6) findings for SUD services through SUBG funding, and zero (0) findings for SUD services through DMC funding. This is a much smaller number of findings than is typical from our audits over the last several years. The Behavioral Health team will be working on developing corrective action plans.

MHSA ADULT WELLNESS CENTER DAVIS

SEPTEMBER 2024

Wellness Center Hours 9:00 am – 12:00 pm

600 A Street Davis, CA 95616 PH (530) 757-5530



Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED LABOR DAY	3 9:00 Clinical SUD and Mental Health 10:00 Morning Chat 11:00 Travel Group	4 9:00 Self Care 10:00 Dual Diagnosis 11:00 Budgeting	5 9:00 Check-In 10:00 Women's Group 11:00 Art	6 9:00 Weekend Planning 10:00 Men's Group 11:00 Choices In Recovery
9 9:00 Weekend Wrap-Up 10:00 Movie	10 9:00 Clinical SUD and Mental Health 10:00 Morning Chat 11:00 Travel Group	11 9:00 Self Care 10:00 Dual Diagnosis 11:00 Budgeting	12 9:00 Check-In 10:00 Women's Group 11:00 Art	13 9:00 Weekend Planning 10:00 Men's Group 11:00 Choices In Recovery
16 9:00 Weekend Wrap-Up 10:00 Movie	17 9:00 Clinical SUD and Mental Health 10:00 Morning Chat 11:00 Travel Group September Event	18 9:00 Self Care 10:00 Dual Diagnosis 11:00 Budgeting	19 9:00 Check-In 10:00 Women's Group 11:00 Art	20 9:00 Weekend Planning 10:00 Men's Group 11:00 Choices In Recovery
23 9:00 Weekend Wrap-Up 10:00 Movie	24 9:00 Clinical SUD and Mental Health 10:00 Morning Chat 11:00 Travel Group PUMPKIN PATCH OUTING	25 9:00 Self Care 10:00 Dual Diagnosis 11:00 Budgeting	26 9:00 Check-In 10:00 Women's Group 11:00 Art	27 9:00 Weekend Planning 10:00 Men's Group 11:00 Choices In Recovery
30 9:00 Weekend Wrap-Up 10:00 Movie				



MHSA ADULT WELLNESS CENTER WEST SACRAMENTO

SEPTEMBER 2024

Wellness Center Hours 10:00 am – 3:00 pm

500-B Jefferson Blvd. W Sacramento, CA 95605 916-375-6340

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED LABOR DAY	3 10:30 Choices in Recovery 11:30 Stretch/Walk 12:30 Men's Group 1:30 Motivation	4 10:30 Check -In 11:30 Women's Group 12:30 Life storytelling 1:30 Bingo	5 10:30 Gratitude 11:30 Travel Group 12:30 Movie	6 10:30 Weekend Planning 11:30 SUD/Dual Diagnosis 12:30 Cooking 1:30 Self Care
9 10:30 Breakfast and Weekend Planning 11:30 WRAP 12:30 Art 2:00 Positivity	10 10:30 Choices in Recovery 11:30 Stretch/Walk 12:30 Men's Group 1:30 Motivation	11 10:30 Check -In 11:30 Women's Group 12:30 Life storytelling 1:30 Bingo	12 10:30 Gratitude 11:30 Travel Group 12:30 Movie	13 10:30 Weekend Planning 11:30 SUD/Dual Diagnosis 12:30 Cooking 1:30 Self Care
16 10:30 Breakfast and Weekend Planning 11:30 WRAP 12:30 Art 2:00 Positivity	17 10:30 Choices in Recovery 11:30 Stretch/Walk 12:30 Men's Group 1:30 Motivation	18 10:30 Check -In 11:30 Women's Group 12:30 Life storytelling 1:30 Bingo September Event	19 10:30 Gratitude 11:30 Travel Group 12:30 Movie	20 10:30 Weekend Planning 11:30 SUD/Dual Diagnosis 12:30 Cooking 1:30 Self Care
23 10:30 Breakfast and Weekend Planning 11:30 WRAP 12:30 Art 2:00 Positivity	24 10:30 Choices in Recovery 11:30 Stretch/Walk 12:30 Men's Group 1:30 Motivation PUMPKIN PATCH OUTING	25 10:30 Check -In 11:30 Women's Group 12:30 Life storytelling 1:30 Bingo	26 10:30 Gratitude 11:30 Travel Group 12:30 Movie	27 10:30 Weekend Planning 11:30 SUD/Dual Diagnosis 12:30 Cooking 1:30 Self Care
30 10:30 Breakfast and Weekend Planning 11:30 WRAP 12:30 Art 2:00 Positivity				



MHSA ADULT WELLNESS CENTER WOODLAND

SEPTEMBER 2024



Wellness Center Hours 10:00 am – 3:00 pm

137 N Cottonwood St. Woodland, CA 95695 Phone: 530-666-8630



Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED LABOR DAY	3 10:00 Meditation 11:00 Stretch/Walk 12:00 Self Care 1:00 Movie	4 10:00 Clinical SUD and Mental health 11:00 Gratitude 12:00 Reflections 1:00 Men’s Group 2:00 Travel Group	5 10:00 Check-In 10:30 WRAP 11:30 Educational Video 12:30 Cooking 2:00 Positivity	6 10:00 Breakfast and Weekend Planning 11:00 Women’s Group 12:00 Art 1:30 Bingo
9 10:00 Gardening 11:00 Weekend Wrap-Up 12:00 Music Monday 1:00 Stress Management 2:00 Wii Games	10 10:00 Meditation 11:00 Stretch/Walk 12:00 Self Care 1:00 Movie	11 10:00 Clinical SUD and Mental health 11:00 Gratitude 12:00 Reflections 1:00 Men’s Group 2:00 Travel Group	12 10:00 Check-In 10:30 WRAP 11:30 Educational Video 12:30 Cooking 2:00 Positivity	13 10:00 Breakfast and Weekend Planning 11:00 Women’s Group 12:00 Art 1:30 Bingo
16 10:00 Gardening 11:00 Weekend Wrap-Up 12:00 Music Monday 1:00 Stress Management 2:00 Wii Games	17 10:00 Meditation 11:00 Stretch/Walk 12:00 Self Care 1:00 Movie	18 10:00 Clinical SUD and Mental health 11:00 Gratitude 12:00 Reflections 1:00 Men’s Group 2:00 Travel Group	19 10:00 Check-In 10:30 WRAP 11:30 Educational Video 12:30 Cooking 2:00 Positivity	20 10:00 Breakfast and Weekend Planning 11:00 Women’s Group 12:00 Art 1:30 Bingo September Event
23 10:00 Gardening 11:00 Weekend Wrap-Up 12:00 Music Monday 1:00 Stress Management 2:00 Wii Games	24 10:00 Meditation 11:00 Stretch/Walk 12:00 Self Care 1:00 Movie PUMPKIN PATCH OUTING	25 10:00 Clinical SUD and Mental health 11:00 Gratitude 12:00 Reflections 1:00 Men’s Group 2:00 Travel Group	26 10:00 Check-In 10:30 WRAP 11:30 Educational Video 12:30 Cooking 2:00 Positivity	27 10:00 Breakfast and Weekend Planning 11:00 Women’s Group 12:00 Art 1:30 Bingo
30 10:00 Gardening 11:00 Weekend Wrap-Up 12:00 Music Monday 1:00 Stress Management 2:00 Wii Games				

