

# Yolo County MCAH Advisory Board

May 15, 2024  
Minutes

SUZANNE EIDSON-TON, CHAIR

**YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY**

GONZALES BUILDING  
25 N. COTTONWOOD STREET  
WOODLAND, CA 95695

The Yolo County MCAH Advisory Board met on the 15th Day of May 2024 at the Gonzales Building at 25 N. Cottonwood Street, Woodland, CA at 8:30 a.m.

**VOTING MEMBERS PRESENT:** Linda Copeland, Category E; Ahna Suleiman, Category B; Melina Ortigas, Category D; Suzanne Eidson-Ton, MD, Category B

**VOTING MEMBERS ABSENT:** Katherine Eastham, MD, Category B; Samantha Sime, Category E

**STAFF & GUESTS PRESENT:** Gaby Perez, HHSa; Lauren Ayers, Weston A. Price Foundation; Shelby McGriff-Borden, HHSa; Katya Lopez, HHSa; Laura Munoz, HHSa; Katya Lopez, HHSa; Sue Van Wazer, YCCA; Tyra Fulcher, HHSa

**8:30 A.M. CALL TO ORDER**

**1. WELCOME AND INTRODUCTIONS – Suzanne Eidson-Ton, Chair**

The May 15, 2024, MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was met.

**2. CONSIDER APPROVAL OF AGENDA – Suzanne Eidson-Ton, Chair**

**Motion:** Linda Copeland      **Second:** Ahna Suleiman      **Discussion:** None      **Vote:** Unanimous

**3. APPROVE THE APRIL 17, 2024, MINUTES – Suzanne Eidson-Ton, Chair**

**Motion:** Linda Copeland      **Second:** Ahna Suleiman      **Discussion:** None      **Vote:** Unanimous

**4. PUBLIC HEALTH BRANCH REPORT- Shelby McGriff, MCAH Director**

- **Shelby McGriff:**
  - **Governor Newsom’s May revise:** The biggest elimination proposed was \$300 million a year Future of Public Health Funding. There are other proposed cuts that will affect the MCAH population. These include proposed cuts to some home visiting, TK programs, and mental health. We’ll have more information in the next several months.
  - **Mental Health Awareness Month:** May is Mental Health Awareness and Maternal Mental Health month. Shelby, MCAH Staff, and Elsa from YCCA accepted the resolution for Maternal Mental Health Awareness. HHSa is doing a lot of training around trauma informed workplace and what trauma and toxic stress looks like in the workplace.
  - **OKR (Objective Key Results):** The branch is working on OKR’s. We’re trying to focus on showing the work that Public Health is doing. OKR’s are meant to better describe to the public what we’re doing. We are working on our first round of OKR’s and hoping to start them at the beginning of the fiscal year.

**DISCUSSION**

**5. ALTA REGIONAL EARLY START PROGRAM - Diane Williams, Alta California Regional Center**

- **Diane Williams:**
  - Early Start – Early Intervention from birth to 36 months and is based on IDEA (Individuals with Disabilities Education Act) it is nationwide and every state must have early intervention.
  - Anyone can make a referral to the Early Start Program, most referrals come from Physicians.
  - Families call in to the intake line and leave basic information, parent name, phone number, the child’s age, and the child’s name.
  - Once the intake call is made, they are entered into their system and will receive a call within 2 days of the intake call. If the parent doesn’t speak English, they have access to a language line. Families can also complete the intake online.
  - The services are volunteer, families are not required to participate.

- They have 45 days after the intake call to meet with the families and complete a multidisciplinary assessment, determine eligibility, and complete the IFSP.
- Eligibility criteria: Developmental delay, established risk condition, or high-risk infants (child with fetal alcohol syndrome).
- Areas that are assessed: Cognitive, communication (expressive language or receptive language), social and emotional, adaptive, and physical (gross motor and fine motor or health including vision and hearing)
- The timeline for the IFSP: Initial IFSP is completed within 45 days from the date of referral, Periodic review 6 months from initial IFSP, annual review one year from initial IFSP, and transition IFSP needs to occur no later than 90 days prior to the third birthday.
- Early start services are designed to meet the developmental needs of each eligible child and the needs of the family related to enhancing the child’s development. It is a federally required service, non-required/other services are also available/provided.
- Families are required to access their health insurance for those early intervention services that are medical in nature. Co-pays for IFSP therapies can be funded.
- Early start requirement for parent, guardian, or caregivers to access private insurance or health care services plan for Early Start Therapies.
- Federally required services: assistive technology, audiology, family training/counseling, health services, medical services for diagnostic or evaluation purposes only, nursing services, occupational therapy, physical therapy, psychological services, service coordinator/case management, social worker services, special instruction, speech language, and vision services.
- Non-required and other services: Cal Fresh, California Children’s Services/CCS, day care, Early Head Start, housing, Medi-Cal, Public Health Nursing/PHN, supplemental security income/SSI, Women Infant Children/WIC.
- Federal law requires that Early Intervention services be provided in the natural environment.
- Examples of natural environment: Any place your child and family live, learn, and play.
- Transition to Pre-School: IDEA Part C mandates that regional center staff assist families in accessing pre-school special education services and provide information about the community resources, such as Head Start, child development pre-schools, and or public pre-services.
- Regional Center Eligibility: Prior to the 3<sup>rd</sup> birthday, the child’s case is teamed with a multi-disciplinary team to establish ongoing Regional Center eligibility under Lanterman. The team consist of a Psychologist, Physician and Social Worker.

**6. ITEMS FOR FUTURE ADVISORY BOARD MEETING – *Shelby McGriff, Yolo County MCAH Director***

- **Shelby McGriff:**
  - Gaby has been working on getting some presentations scheduled for when we return in August.
  - Samantha Stewart Beats from KYO will be presenting in August.
  - The Restorative Justice Program from the DA’s office will be presenting in September.
  - We have confirmation from 34 Strong to come work with us on our Bylaws. Our Advisory Board doesn’t have a true set of Bylaws. Pre-COVID there was work on the Bylaws and was stalled due to COVID.
  - We are hoping that 34 Strong will come in at the beginning of the next calendar year and will work with us closely on the Bylaws.
  - Will start a calendar with future presentations. There is a link that has been emailed to everyone to submit future topics.

**ANNOUNCEMENTS**

**7. MEMBER ANNOUNCEMENTS/SHARING**

- **Lauren Ayers:**
  - Has asked several times to present on the Weston Price perspective on health. Has not received a response on when she can present and feels ignored. Either you’re willing to listen to things outside the box here or you’re not. If Lauren is not qualified to present, she has many friends that are Nutritionist that can give the presentation on Weston Price. Has submitted papers that she believes has good citations on the issue. Diet

Crime and Delinquency is a booked that came out in the 70's and is about successful results in juvenile halls and prisons, they did a nutrition revamp and the prisoners got much better.

**10: 00 A.M. ADJOURNMENT**

**8. Next Meeting: August 21, 2024**

**10:00 A.M. ADJOURNMENT**

Respectfully submitted by:



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Gabby Perez, Secretary  
Yolo County MCAH Advisory Board