



County of Yolo

HEALTH DEPARTMENT

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Yolo County Public Health Identifies First Two Probable H1N1 Influenza (formerly known as Swine Flu) Cases

Local officials working with the State to prevent further infections

Woodland, CA—Today, Yolo County health officials reported two probable cases of H1N1 influenza (formerly known as swine flu). The two probable cases occurred in an adult and a child. Although most cases throughout the nation have been mild, there have been a few hospitalizations and one death.

“It is important for people to continue to take common sense steps to protect themselves from spreading disease,” states Dr. Joseph Iser Yolo County Health Officer/Director. “Washing your hands frequently, sneezing and coughing into a tissue or your sleeve, and staying home when you are sick are important steps individuals can take to stop the spread of disease.”

The symptoms of H1N1 influenza in humans are similar to the symptoms of regular human flu and include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have also reported diarrhea and vomiting associated with human H1N1 flu.

Flu is generally spread by direct contact with germs from an infected person, from either uncovered coughs or sneezes or by touching something the infected person has handled.

People experiencing more than mild flu-like symptoms, particularly individuals who have recently traveled to Mexico, should call their health care provider for advice. Anyone experiencing severe symptoms, such as trouble breathing, should seek medical care immediately.

Yolo County Public Health is coordinating with state and federal agencies to implement increased influenza surveillance and containment measures. The emergency operation centers at the Centers for Disease Control (CDC) and Prevention and the California Department of Public Health have been activated to investigate this outbreak. Yolo County Public Health is in frequent communication with area healthcare providers, city officials, and local schools.

For more information about H1N1 influenza, go to: www.cdc.gov/h1n1flu, call the CDC hot line at 1-800-232-4636, or call the California state warm line at 1-888-865-0564 Monday-Friday 7:00 a.m. to 6:00 p.m. and Saturday-Sunday 8:00 a.m. to 4:00 p.m.

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