

County of Yolo

HEALTH DEPARTMENT

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> Final Report Announced on Probable H1N1 Influenza Cases in Yolo County Two Cases Reclassified as Human Influenza

Woodland, CA—Yolo County health officials received a report from the Sacramento Public Health Laboratory late last night that the two probable H1N1 cases had been reclassified as human influenza A instead of the novel virus.

"This is good news for the two individuals who have been ill," stated Dr. Joseph Iser, Yolo County Health Officer, "and I have approved Holmes being open for student attendance as early as tomorrow."

The Yolo County Health Department has worked closely with the Davis Joint Unified School District who has temporarily closed Holmes Junior High School because of one of the probable cases.

"With a novel virus, we want to prevent the transmission as quickly as possible. Closing a school early with a possible case is important in making this happen," stated Dr. Iser. "We understand the impact a closure has on the students and families and appreciate their support and the support of the District to keep our children healthy."

Nationwide health officials expect to continue to see more cases of H1N1 influenza. The symptoms of H1N1 influenza are similar to symptoms of regular seasonal flu and include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have also reported diarrhea and vomiting associated with human H1N1 flu.

People experiencing more than mild flu-like symptoms, particularly individuals who have recently traveled to Mexico, should call their health care provider for advice. Anyone experiencing severe symptoms, such as trouble breathing, should seek medical care immediately.

Flu is generally spread by direct contact with germs from an infected person, from either uncovered coughs or sneezes or by touching something the infected person has handled. So prevention is extremely important.

"It is important for people to continue to take common sense steps to protect themselves from spreading disease," adds Dr. Iser. "Washing your hands frequently, sneezing and coughing into a tissue or your sleeve, and staying home when you are sick are important steps individuals can take to stop the spread of disease."

For more information about H1N1 influenza, go to: www.cdc.gov/h1n1flu, call the CDC hot line at 1-800-232-4636, or call the California state warm line at 1-888-865-0564 Monday-Friday 7:00 a.m. to 6:00 p.m. and Saturday-Sunday 8:00 a.m. to 4:00 p.m.

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